



Merry Christmas

From our home to yours!
Wishing you a happy, healthy and prosperous 2019
- Anne and Ron

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Merry Christmas!

Rhonda MULCAHY
Regional Councillor



Seasons Greetings & Best Wishes for the Holidays.




Ryan Doble
Home Financing Advisor
Brooklin Towne Centre
905.703.5376
ryan.doble@scotiabank.com



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Merry Christmas & Happy New Year!

from all of us to all of you!



Rhonda

Ken

Richard

Sherree

Leanne

Liz

HIGHLIGHTS OF THIS BTC:

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HAPPY HOLIDAYS



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JUSTICE LEAGUE

Less than half the picture: *By Richard Bercuson*



Holiday Driving - Let Someone Else Do It

Instead of driving this holiday season, the BTC strongly recommends you stash the keys and use one of the these services. The Brooklin Town Crier does not endorse any particular company or type of service.

A Designated Driver service will

drive your car back from your location for a fee, with a companion car following.

#Taxi (#8294) - Mobile calls only
The above number will connect you with the closest taxi service.
Fee is from \$1.25 to \$2.50 to make the call, depending on your cell carrier.

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Belltaxi.ca

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circletaxi.ca

City Wide Taxi • 905-579-9393
citywidetaxioshawa.com

DD4U • 905-440-4469
Opens at 5 pm
<https://www.facebook.com/DD4UDesignatedDrivingService/>

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ddkingz.com (Facebook link)

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If you haven't heard of Uber, well, it'll take too long to explain.
For rates, visit: <http://uber-rates-whitby-on-ca.uber-fare-estimator.com/>

Have a wonderful, safe and happy Christmas and New Year!
- Richard

Town of Whitby

December 14 , 2018

UPCOMING EVENTS

Whitby Youth Rooms
Youth ages 12 to 18 years are invited to drop in to any Youth Room on Tuesday, December 18, at 5 p.m. to decorate holiday cookies or come in on any day in December to cozy up and enjoy hot chocolate.
whitby.ca/youthrooms

Pop-Up Makerspace Event
On Tuesday, December 18, from 6:30 p.m. to 7:30 p.m. children of all ages and their caregivers are invited to drop in to the Whitby Public Library for an hour of fun science, technology, engineering, art and math (STEM) activities.
whitbylibrary.ca/events

Free Public Swims
Multiple swim times and locations from December 21 to December 30. Sponsored by Whitby Hydro.
whitby.ca/calendar

Free Public Skating
Multiple skate times and locations now through January 5. Sponsored by Brookvalley Development, Great Canadian Meat Company, Tim Hortons, Trafalgar Castle School and Whitby Hydro.
whitby.ca/calendar

Christmas Victorian Tea
Experience a Victorian Christmas Tea this holiday season. Enjoy a light menu with sweets (for 10 to 16 people) or a full Victorian tea with sandwiches. Register at lyndehousemuseum.com

News

Inaugural Meeting of Council
On Monday, December 3, Mayor Don Mitchell and Members of Council were joined by their families and other community members at the Inaugural Meeting of Council, marking the start of the 2018 to 2022 term.
The Members of Council are:
Don Mitchell, Mayor
Elizabeth Roy, Regional Councillor
Chris Leahy, Regional Councillor
Steve Yamada, Regional Councillor
Rhonda Mulcahy, Regional Councillor
Steve Lee, Councillor, North Ward
Deidre Newman, Councillor, West Ward
JoAnne Alexander, Councillor, Centre Ward
Maleeha Shahid, Councillor, East Ward
To quickly bring them up to speed on Town programs and initiatives, Members of Council also took part in two days of orientation. Regular meetings of Council will resume in January. Once finalized, a schedule will be available at whitby.ca/civicweb

Stay Connected

Receive the latest news and notices to your inbox.
whitby.ca/subscribe

Job Opportunities

The following employment opportunity is available:
Supervisor of By-law and Animal Services, closes December 17
The deadline for applications is 11:59 p.m.
whitby.ca/employment

Notices

Rossland Road to Open December 22
Construction on Rossland Road West, between Lake Ridge Road and McQuay Boulevard, is nearly complete. The road is expected to open December 22.
whitby.ca/notices

Be Safe – Clear Your Sidewalks Within 24 Hours
Snow and ice covered sidewalks can create a safety hazard. Help prevent avoidable slips, trips and falls this winter by clearing your sidewalks within 24 hours of a snowfall. Residents are also reminded sidewalks need to be fully accessible and remain clear of vehicles at all times.
whitby.ca/bylaws

New Edition of The Whitby Perspective Now Available
Learn more about Town initiatives, events and news that impacts you. Subscribe today to have the Whitby Perspective emailed to your inbox. whitby.ca/publications

Free public swimming

Multiple swim times from December 21 to 30

Sponsored by

whitby.ca/calendar

HAPPY HOLIDAYS

Holiday Waste Collection Schedule

Waste collection will be bumped one day forward starting **Tuesday, December 25**. Please ensure your waste is set out by 7:00 a.m. Check out your Whitby Waste Collection Calendar, download the Whitby Waste Buddy app, or go to whitby.ca/waste for more information. Questions? Call 905.668.3437 or email pw.operations@whitby.ca

Blue Collection - Areas 1, 3, 5, 7, 9

	mon	tue	wed	thu	fri	sat
	24	25	26	27	28	29
		Bump a Day!				

Yellow Collection - Areas 2, 4, 6, 8, 10

	mon	tue	wed	thu	fri	sat
	24	25	26	27	28	29
		Bump a Day!				

Festive R.I.D.E. Results: Week Three

After its third week of the Festive R.I.D.E program, DRPS has stopped more than 5,000 vehicles, charging 43 drivers with drinking and driving offences.

Last year at the same time, 52 had been charged. Another 39 motorists have registered a WARN on a roadside screening device and had their driver's licence suspended for three days. Last year at the same time, 47 drivers had their licence suspended for registering a WARN. One driver was confirmed impaired by our Drug Recognition Expert.

Durham Regional Officers conducted R.I.D.E. checks in Ajax, Pickering, Whitby, Oshawa, Clarington, and Township of Uxbridge with the following totals:

Note – 2017 R.I.D.E. stats during same time frame in brackets

5277 (1269)	22 (19)
Vehicles stopped by R.I.D.E.	People were charged with Drinking and Driving Offences
109 (102)	23 (23)
People given Roadside Breath Tests	Criminal Code Charges
22 (14)	94 (77)
People received "3 Day Suspensions" for registering a "WARN"	Charged with various Highway Traffic Act offences
0 (0)	
Novice Driver received a "3 Day Suspension"	



Police remind motorists to become aware of the new cannabis laws while transporting it in your motor vehicle. **A driver cannot have cannabis in a motor vehicle when the seal of its original packaging is open and is within reach of the driver.** In Week Three, there were seven Cannabis Act offences.

Festive R.I.D.E. officers are equipped with Body Worn Cameras (BWC) for the first time and for the duration of the Festive R.I.D.E. season as part of a pilot project.

A complete list of those charged with Impaired/Exceed/Refuse will be posted on our website later this week at www.drps.ca under Hot Topics.

Note: Under the Ontario Highway Traffic Act, anyone charged with a drinking and driving criminal offence will have his or her driver's licence suspended for 90 days and their vehicle impounded automatically for 7 days.

Whitby Hospice Gets Provincial Support

The provincial government announced last week, through local MPP Lorne Coe's office, it is moving forward with plans to build 10 new hospice beds at the VON Durham Whitby Residential Hospice. No details were provided regarding exactly how much money the province will contribute to the expected \$10 million cost.

"Our Government is increasing access to hospice beds across the province, by providing appropriate end-of-life care for those who need it," said Coe.

Coe's office stated that Ontario is investing nearly \$33.6 million to build 193 new hospice beds across the province. When these beds open, the government will provide \$20.3 million each year in operational funding for nursing, personal support, and other services. The government is also supporting an additional 6,000 new long-term care beds, the first wave of more than 15,000 new long-term care beds being added in the next five years. There will be an additional investment of \$90 million in 2018-19 to build 1,100 beds and spaces in hospitals and the community, including 640 new beds and spaces.

Mayor's response

"I am delighted by the Province of Ontario's announcement that they will be moving forward with plans to build ten new hospice beds here in our community," added Whitby Mayor Don Mitchell. "Right now, the only option for terminally ill residents living in Durham Region, including Whitby, is to seek care in local hospitals or at home - something that needs to and will now soon change.

"Over the past couple of years, Town Council has supported the Durham Region Hospice organization and its efforts to have a residential hospice established in Whitby. On April 10, 2018, Whitby Town Council unanimously voted to donate an approximately three-acre parcel of land to Durham Region Hospice for exactly this purpose.

"The new hospice will provide free and much-needed end-of-life care and support to terminally ill residents and their families in a place that aims to feel just like home. It will also provide facility users with important access to an interdisciplinary team of healthcare professionals and volunteers to help manage pain and comfort levels. Ultimately, it will provide those who need it with the care and support they deserve."

Fundraisers

Meanwhile, a major fundraising campaign has been launched, spear-headed by the Brooklin Medical Centre (BMC) along with other Brooklin businesses and organizations. They've targeted January, 2019, as the focus of their efforts. In addition to an auction and a Facebook page called Brooklin Cares, the medical centre will accept small cash donations from patients while online and Facebook options are also being established.

As well, a "Paint Nite" will be held on Fri., Jan. 27 at St. Thomas' Anglican Church at a cost of \$45 per person with proceeds going towards the construction of the new hospice. The link for the fundraiser is: bit.ly/paintBrooklinCares

A 'paint nite' event is one where a professional artists leads audience members through the steps in creating a painting, much like a paint-by-numbers.

"We seldom talk about end-of-life care," says Dr. Caroline McAllister, Physician Lead, Oshawa Community Palliative Care and a physician at the BMC. "But it is crucial for us to start having these discussions. At some point, we will all be faced with the realities of having to care for a loved one. One reality is that most people prefer to be at home as they approach the end of their life.

For more information about Durham Region Hospice and this campaign, email: info@durhamregionhospice.ca, or Donna McFarlane at: donna.mcfarlane@von.ca.

Historically Speaking: By Brian Winter Retired Archivist Town of Whitby



Brooklin's Early Woman Architect

One of the first woman architects in Canada, Lylia McBrien, (1894-1984), lived all her life in Brooklin.

Thickson Roads in 1926 and the former Brooklin Public Library, built in 1961.

Miss McBrien, whose career began in the 1920s, designed the second floor of the William A. Dryden house at Columbus and

No complete record of her architectural accomplishments is known to exist. For much of her life, she was a real estate and insurance broker.

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Next Issue: Friday, January 4, 2019
Deadline: Friday, December 28, 2018

Whitby Mourns Passing of Former Mayor Tom Edwards

The Town of Whitby has set flags at half-staff at all Town facilities to honour the passing of former Mayor Tom Edwards and the significant contributions he made to the community.

An avid advocate and true champion for Whitby, Edwards began his 33-year municipal career in 1964 as Reeve, Ward Councillor, Regional Councillor and then Mayor in 1991.

“Tom was Mayor when I was first elected to Council and has been a friend, mentor and trusted advisor to me ever since,” reflected Mayor Don Mitchell. “Throughout his years on Council, Tom served our community with dignity, grace, professionalism, generosity and kindness. The significant, positive and lasting impact of his dedication and com-

mitment to our community cannot be overstated.”

Under Edwards’ leadership as mayor, a number of major facility and infrastructure projects were initiated and completed, including a new fire hall, addition to the Whitby Seniors’ Activity Centre, four new ice pads at Iroquois Park Sports Centre and a new boat launch facility in Whitby’s Harbour.

Edwards was also instrumental in the creation of a new Whitby Mental Health Centre; the extension of water and sewer services to Brooklin, opening that community to development; and the opening of the Whitby portion of the Waterfront Trail. As Mayor, he championed Whitby Council’s opposition to proposed amalgamations with other munici-

palities along with local support for community projects. He was an active member of a number of municipal, provincial and national organizations, including the Public School Board of Whitby.

The Town of Whitby has placed a public book of condolences in the main lobby at Town Hall for the month of December. The book will be given to the Edwards family following its public display.

Funeral arrangements are as follows:

Visitation:
Friday, December 21, 2018, from 2 p.m. to 4 p.m. and 7 p.m. to 9 p.m.
W.C. Town Funeral Chapel, 110 Dundas Street East, Whitby

Celebration of Life:
Sunday, December 23, 2018, at 11 a.m.
Royal Canadian Legion - Branch 112, 117 Byron Street South, Whitby

‘Snow Angels’ Program to Help Recognize Good Neighbours

Do you have a neighbour who gives their time to shovel your snow? Now you have a simple way to thank them. A new program from the Town of Whitby gives residents the opportunity to recognize ‘Snow Angels’ who help clear the snow and ice off their neighbours’ driveways and/or sidewalks.

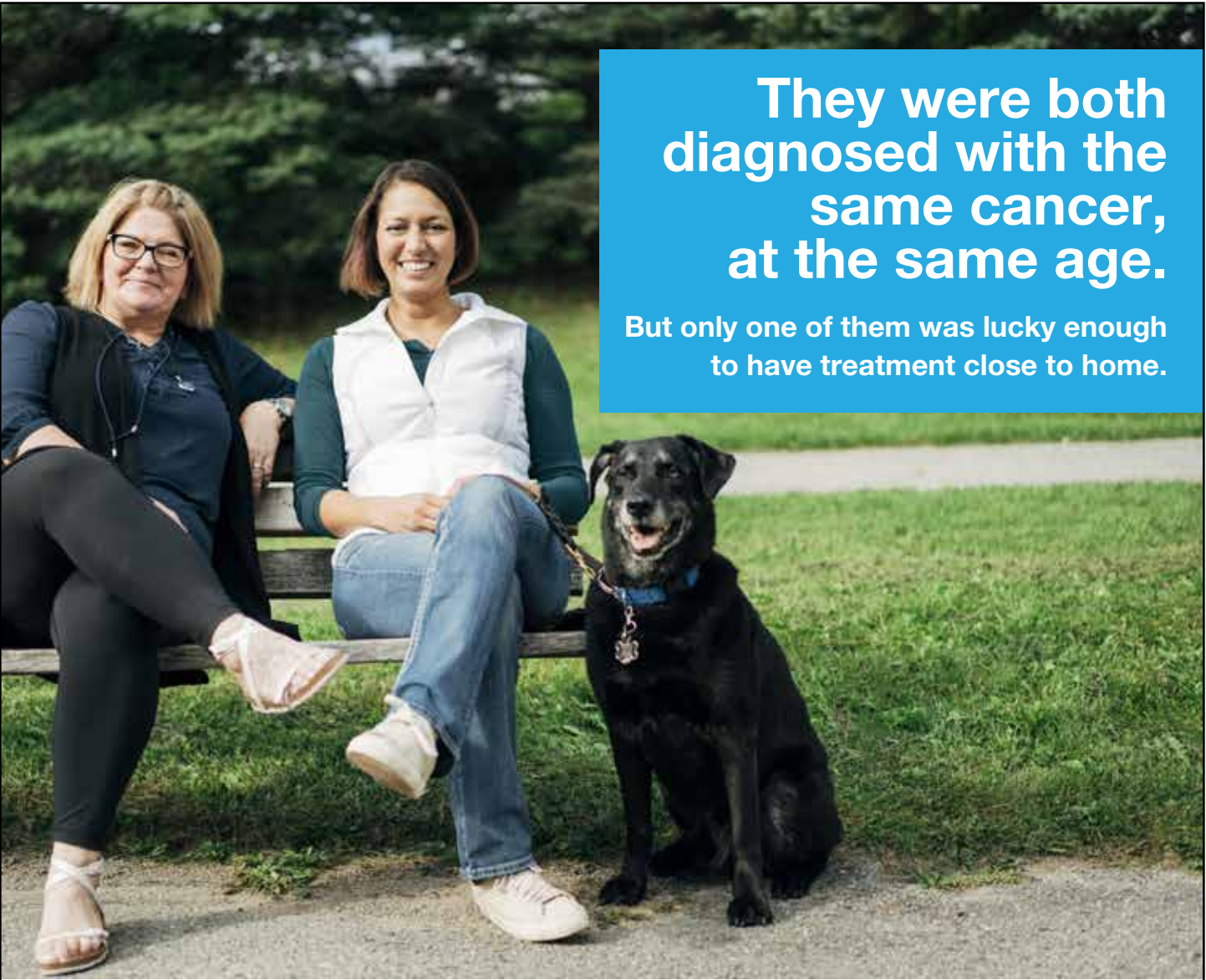
Now through February 28, residents can nominate a Snow Angel in the community by completing a Snow Angels Recognition form online or at any Town facility. As part of the nomination form, residents are asked to provide their name and address along with the name of their Snow Angel. Residents will then be sent a special Snow Angel toque and letter of appreciation from the Town that they can give to their Snow Angel.

For more on the Snow Angels program or to recognize a Snow Angel, visit whitby.ca/seniors.

The Town is also doing its part to provide snow-clearing assistance to seniors and residents with mobility challenges through its annual Windrow Program. Snow is plowed from the sidewalks in front of each registered program participant’s home after five centimetres has fallen; sidewalk and snow windrows are cleared after 10 centimetres of snow.

To register for the Windrow program, visit whitby.ca/snow.

All Whitby residents are reminded to help prevent avoidable slips, trips and falls this winter by clearing their sidewalks within 24 hours of snowfall.



When Selena was just 12 years old, her mom was diagnosed with thyroid cancer. Twenty years later, she too, would be diagnosed with the same disease. Thankfully, Selena could receive her treatments right here in Durham Region, a comfort her mom didn’t have many years ago.

Families like these rely on cancer services in the community and the Hospital, in turn, relies on you to ensure the best equipment and technology is available to our patients. Durham Region is home to one of the top cancer centres in Ontario, but new resources are constantly needed to keep up with emerging research and technology.

Before the end of 2018, consider giving the gift of great health care so that people like Selena and her mom have access to the very best cancer care, close to home.

Donate today at www.lakeridgehealthfoundation.com or call us at 905-433-4339.



**Lakeridge
Health
Foundation**

Brooklin's Pizza King, Gus, Passes Away



Costas “Gus” Lambrou died on Dec. 1, age 61. He operated Square Boy Pizza on what is now the vacant lot on the corner of Baldwin and Way Streets.

An institution in Brooklin, he knew his customers by name and remembered his regulars’ orders, often offering his “special” price. One resident described going there as needing to arrive early, not just to pick up pizza, “because you’d be chatting with him for 20 minutes.”

Another recalled, “We never said we were ordering pizza from Square Boy. I don’t even think we said pizza. Pizza night would sound like this, ‘Do you want Gus’ for dinner?’”

His obituary and guestbook can be found at this link: <https://www.arbormemorial.ca/highland-markham/obituaries/costas-lambrou/27115>

Cannabis In Brooklin?

Whitby council voted earlier this week to proceed with community consultation regarding both the existence of cannabis retail stores in the town as well as by-laws regarding smoking, cannabis and vaping.

The provincial government has given municipalities until Jan. 22, 2019, to either opt in or out of having cannabis retail outlets and so the current council will be voting on this in January. However, it will first determine how the community feels about the issue.

To put this in further perspective, both Mayor Don Mitchell and many councillors included in their campaigns strong commentary regarding improvements to both Whitby and Brooklin downtowns. Would smoking cannabis or vaping on town property do harm to our downtowns? Should there be a cannabis retail store in Brooklin’s core, for instance, within sight of the Renascent Paul J. Sullivan Treatment Centre for addiction abuse at the corner of Baldwin and Colston, a stone’s throw from downtown?

Until the Town finalizes and makes public its community consultation approach, the Town Crier offers residents an opportunity to voice their opinions on the topic.

Visit brooklintowncrier.com and read the two Town of Whitby staff reports. Then email your opinion to clerks@whitby.ca, which goes to all councillors.

As well, you may send a short note to us at the Town Crier at: editorofbtc@gmail.com. Letters to the editor must be brief, to the point, and must include your name.

In our January 4, 2019, issue, we will publish the best letters, one or two from each side of the debate.

Brooklin Bafflers: Christmas *by Liz Lowe*

Crossword

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Across

1 It is typically burned during the Twelve Days of Christmas (4,3)

6 You don't want to find this in your stocking. (4)

8 The hat Santa Claus is depicted as wearing is a stocking ____ (3)

9 It goes on top of the wrapping paper. (3)

11 Probably one of the best things about winter is a mug of this (3,9)

12 The Puritans in America banned any Christmas _____ from 1659 -1681 with a penalty of five shillings for each offense. (11)

14 Alpine sight (3)

16 Biblical gift (5)

17 A representation of Christ's nativity in the stable at Bethlehem (6)

18 Trouble for Santa? (7)

21 "The Holly and the ____" (3)

22 A long narrow sled without runners (8)

25 The day before Christmas (3)

26 The sages who visited Jesus and Mary (4,3)

28 Rudolph for example (8)

31 Cold projectiles. (9)

33 Icy (4)

34 Christmas tradition (8)

36 Gift _____, social custom. (8)

38 A disposition to kindness and compassion (8)

39 They encase the thumb separately and the other four fingers together (7)

40 Also known as Father Christmas, Saint Nicholas or simply Santa (4,7)

41 Roast them on an open fire. (9)

Down

2 Activity on Christmas morning. (6)

3 It was the original centerpiece on the Cratchit's menu. (5)

4 Make more attractive by adding ornament (8)

5 Personification of Old Man Winter (6,3,7)

7 Manufactured for specific purpose of use at Christmas (10,4)

8 A kindly and lenient attitude toward people (7)

9 In short supply when wrapping. (3)

10 A personification of frost, ice, snow, sleet, winter, and freezing cold. (4,5)

13 A two act ballet. (10)

15 Santa's list (7,2,4)

17 Christmas vocalists (8)

19 Santa's helper (3)

20 A beverage made from juice pressed from apples (5)

23 Visitor at Christmas time. (5)

24 It is traditionally white with red stripes and flavored with peppermint (5,4)

27 Merry Christmas (French) (6,4)

29 Santa's helpers (5)

30 Blowing in violent and abrupt bursts (8)

31 Marley's ghost paid him a visit one night. (7)

32 Tree topper (5)

35 Resembling a pendent spear, formed by dripping water (6)

37 A printed or written greeting (4)

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and a Happy New Year!*

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www.lornecoempp.ca



*Sea
Greetings*



*Wishing You
A Wonderful
Christmas and a
Happy 2019!*

- Chris, Natalie, Ada,
Thomas, Maeve and Gizmo

Regional Councillor Chris Leahy

Peace



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son's ings

Be sure to shop in downtown Brooklin this Holiday Season. There are plenty of options and when you support local it builds a better community.

Merry Christmas
and a Happy New Year!



Merry Christmas
and Happy New Year



From my family to yours
Steve Lee, North Ward Councillor

Warmest
greetings and
best wishes for
the new year.



5295 Thicksen Rd. N. **905-655-3662** www.barnesmemorialfuneralhome.com


Happy Holidays!
From Trisha and the
Oxford Learning Team.




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HAPPY HOLIDAYS

Wishing you peace and joy
throughout the season.

Mayor Don Mitchell and Members of Council



Meet Your Local Merchant

We wish you all a Safe and Happy Holiday and Wonderful New Year!

From the Lawyers at Elliott & Hills



Sophie Hills



Helen Nolan



Tasneem Alibhai



Suzette Moss



Aruna Persaud



Alexandra Mulligan

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For more information about this feature contact the Brooklin Town Crier at 905.655.7642

Blooming in Brooklin By Ken Brown

Preparing for the winter



Is there anything left to do in the garden as winter closes in? Well, there certainly is in my garden, but it's unlikely to actually happen. Somehow season-ending chores get regularly postponed until a nicer day, which never seems to come.

The rain barrels have been emptied, the containers stored or drained and tipped over. The ponds have had their foliage removed and bubblers installed. Iris foliage has been cut back to reduce the opportunity for borer eggs to over winter. I have a brown bag filled with that foliage, however the last bag pickup has passed. I'll either have to take it to the dump myself or disguise it as a Christmas tree and put it at the curb in January.

Minimal cleanup

Garden cleanup vegetation goes into compost bins though there are some things I prefer leave the property. The perennial beds have had little or no cleanup. I can happily point to the latest research and gardening trends that indicate that minimal cleanup is the way to go.

Many perennials will compost in place over the winter. The dead and decaying leaves and stems make ideal winter homes for pollinators I'm trying to attract and feed. We all know about the Monarch butterfly migrations, but they're an anomaly. Most beneficial insects we want in our gardens overwinter here in some form or another. So, keeping my perennial gardens untidy all winter is no longer a sign of my laziness but rather one of my dedication to proper horticulture.

Picking sprouts

There are two tall stalks still standing in the vegetable garden. Brussels sprouts actually improve in flavour when they've been frosted a few times and this fall they've certainly been frosted. Most have been harvested and we've had them grace our dinner plates. They were delicious. The two remaining stalks still look surprisingly good despite the deep freeze. Good thing, too, because we've developed a custom of heading to the garden on Christmas Day to pick some for Christmas dinner. I know that seem a bit weird, yet most years it works.

Indoors, I have six large pots of cymbidium orchids. They spent the summer outside getting lots of sunshine, water and fertilizer and now half of them have significant bloom spikes that should be open before Christmas. They typically keep their blooms for about three months which brighten the kitchen for most of the winter. I hope the others are the late blooming variety and will join their friends in adding more colour to our long winter.

Geranium cuttings taken in late September were well rooted in the propagation bed and are happily growing and starting to bloom under the basement lights. Seed catalogues should start to appear in the mailbox just after the holidays and I can start to read and dream about the great successes next year. Meanwhile, the skis have been tuned up.

Alzheimer Society: Become A #MemoryManiac

The Alzheimer Society of Durham Region (ASDR) and Elevated Communications announce the launch of the new social media challenge, #memorymaniac.



Leading into December's Bringing Memories to Light initiative, the ASDR's #memorymaniac campaign is a fun social media challenge aimed at raising awareness and much-needed funds for essential services and support for people living with dementia and their care partners in Durham Region. Every four seconds, someone is diagnosed with Alzheimer's disease. There are approximately 10,000 people living in Durham Region with dementia, which is expected to double by 2020.

Grab a phone or video camera,

wear something blue and do your best impression of the

Flashdance film's "Maniac" dance, all in support of the ASDR. Post your recording to social media using the tags #memorymaniac and #alzdurham and challenge your friends and family. Anyone tagged can donate directly to the ASDR and skip the video challenge or combine a generous donation with a fun video clip of their best #memorymaniac dance.

So, find some leg warmers, grab your boombox and be a #memorymaniac for the ASDR. Are you up for the challenge?

To donate to the #memorymaniac challenge, visit: <http://alzheimer.ca/en/durham>

Community Calendar

Fri., Dec. 28: 4:00 - 5:00 pm
(4th Friday of each month)
Teen Leadership Council at Brooklin Library
Whitby Library's Brooklin Branch seeks Teen Leadership Council members to share ideas & assist with special events and programs. Grade 9-12 students earn community service hours. Snacks provided. No registration required.
For information, email teenservices@whitbylibrary.ca.

Fri., Jan. 25: 7 pm: Paint Nite fundraiser
for Durham Region Hospice
At St Thomas Anglican Church,
101 Winchester Rd E
Limited tickets available @\$45 each.
To register, visit:
01/25/19 Fundraiser for Brooklin Cares in Support of Durham Region Hospice | Paint Nite Event

Sat., Feb. 2: 5:15 pm
- Brooklin United Church Fundraiser
Chili dinner and Butter tart challenge (with 'blind' judging)
Registration closes Sat., Jan. 19
To register and receive a challenger information sheet
Contact Karen Martin: 905-655-4945
For tickets, call church office at 905-655-4141

Adults \$12.00, Children 5 - 12 years \$5.00, Under 5 free
Proceeds To Brooklin United Church
A portion to 'bridge to a new home' refugee sponsorship program

French Family Storytime: Children and their caregivers can join Madame Sue for weekly French Family Storytime! A half hour of French stories and songs, with a dash of English!
Drop in at Central Library's Children's Program Room

Tuesdays: 7:25 pm: Brooklin Toastmasters Club
Practice public speaking at Brooklin Community Centre & Library. Contact John Johnstone at jajhj@sympatico.ca or phone 905-683-4439 or Patricia Romano at promano257@outlook.com or phone 905-626-7055.

1st & 3rd Tuesdays
Community Care Durham (CCD)
Basic Foot Care at St. Thomas' Anglican Church. 905-668-6779

Mon.-Fri.
CCD delivers hot or frozen meals.
To order: Karen Andrews 905-668-6779

If you have a community not-for-profit event you would like included in the calendar, please email it to editorofBTC@gmail.com with the subject line "calendar." Priority will be given to Brooklin events. Some editing may occur.

Waste Management Facilities
HOLIDAY HOURS

The Region of Durham advises residents that our waste management facilities (in Brock, Port Perry and Oshawa) will have revised hours of operation during the holiday season.

December 2018/January 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
16 Closed	17 Closed	18 Open	19 Open	20 Open	21 Open	22 Closed
23 Closed	24 Closed	25 Closed	26 Closed	27 Open	28 Open	29 Open
30 Closed	31 Closed	1 Closed	2 Open	3 Open	4 Open	5 Open

Locations

1640 Ritson Rd. N. Oshawa 905-433-2050	1623 Reach St. Port Perry 905-985-7983	Sideroad 17 Brock Township 705-437-2933
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Regular operating hours are Tuesday to Saturday,
8 a.m. until 4 p.m.



If you require this information in an accessible format, please contact 1-800-667-5671.

From Regional Councillor *Rhonda Mulcahy*:

Synergy and Common Goals



Last week, I took the oath for both Whitby and Durham Region. As well, my colleagues and I underwent orientations with both councils. At the inaugural regional meeting, all 29 councillors are listed on one of four committees and we vote to pass it. I am on Finance.

Subcommittees are basically assigned by Whitby Mayor Don Mitchell through Regional Chair John Henry. I am on Transit and CLOCA.

The Whitby meeting provided an opportunity to address the community. I'm pleased that many of us chose to highlight both our municipal successes and the areas we need to improve. As a municipality our work should never be done and I believe the community appreciated knowing we were listening during the campaign.

Addressing issues

I was relieved to hear John Henry's first speech in which he addressed key issues we all heard about during the election, specifically economic development and removing the 412 and 418 tolls. The issues the region faces are not much different from Whitby's and Brooklin's. It's good to know there is synergy and we can focus on it collectively.

We have an enthusiastic group of councillors along with a staff which seems eager to get to work. At a special Whitby Council meeting on December 11, we passed our council goals:

- To build a strong, respectful Council team with a positive shared vision and four-year action plan; to ensure all municipal affairs are conducted with professionalism and integrity.
- To enhance the transparency and accessibility of Town Hall and ensure effective public consultation and engagement, including greater opportunities for voter engagement through the municipal election process.
- To deliver local jobs and prosperity through strategic planning and promotion that builds resilience and economic diversity.
- To make workplace morale a priority by building a collaborative, inclusive, respectful and

creative work environment that engages the abilities of all staff to solve problems, accomplish new things and deliver the best outcomes to residents.

- To continue the Whitby tradition of responsible financial management and respect for taxpayers; and to understand the importance of affordability and sustainability to a healthy, balanced community.

- To ensure Whitby is clearly seen by all stakeholders to be business and investment friendly and supportive; and to continuously improve the customer experience and the effectiveness and efficiency of communications, service delivery and approvals.

- To accelerate the pedestrian focus of our historic downtown cores; to leverage municipal tools and resources to generate downtown supportive investments; to facilitate the continued growth of our Innovation District; and to gain care and control of Baldwin Street through downtown Brooklin.

- To make our streets and neighbourhoods safer through innovative and best-practice design standards and traffic calming measures that reduce traffic speeds; to increase citizen involvement in building Complete Streets; to effectively manage parking on residential streets and in our downtowns; and to reduce the traffic impact of new developments on existing neighbourhoods.

- To remain the community of choice for families and become the community of choice for seniors and job creators; and to focus new growth around the principles of strong, walkable and complete neighbourhoods that offer mobility choices.

- To become the destination of choice for visitors; to realize the economic, cultural and social potential of our downtowns, waterfront, green spaces and major attractions; to support and facilitate new community events and increase recreational opportunities along our waterfront.

Overall these goals look familiar to the previous council goals. We still have lots of work to do and we need to remain focused on the big items. Yes, there are lots of details to address to help us achieve the overall goals. The devil is in the details.

Plant-Based Eating *by Sheree Nicholson*



Making Christmas Eater-Friendly

Christmas is around the corner and, if your family is like mine, there's a wide variety of eating styles. Ours has vegetarians, vegans, a niece who is celiac and can't eat gluten, as well as the "give me as much meat as you can" eaters. Since we do a bit of a potluck for our Christmas dinner, it works out fine. My dad buys the turkey. But I sometimes wonder if he's worried we might not serve one as the rest of us make dishes trying to be conscious of each other's preferences.

It can be hard to know the differences among all the eating choices. Vegetarians, for example, don't eat meat, fish or fowl but do eat cheese, butter and honey. So it's easy to accommodate them. Vegans don't eat any animal products, including meat, seafood, fish, poultry, eggs, dairy and honey.



Watch for gluten

Gluten is the protein found in wheat. Therefore someone who is gluten-free can't have wheat products. The most common thing with gluten is bread. No stuffing or rolls for them. However, gluten can be hidden in some products so it's best to check the label. For example, quite a few bouillons have gluten. If you add a cube to gravy, you need to double check it's gluten-free.

Except gluten isn't always called gluten. Because there are other names for it, like hydrolyzed vegetable protein and maltodextrin, it can be challenging to avoid it. If in doubt, look for products labelled gluten-free.

When attending a party, I offer to bring something I know I'll be able to eat, which also makes it easier on the host or hostess. I'll bring hum-

mus or a vegan cashew "cheese" that can be added to the appetizer table.

Here are some tips to make your Christmas meal "eater friendly":

- Before you add butter and cream to potatoes for mashing, put some on the side for vegans. Vegetarians can eat butter and cream and these are also gluten-free.
- Use gluten-free bread in stuffing. Place half the stuffing in the turkey and cook the other half outside the turkey for the vegetarians.
- For vegetables you're adding butter to, either replace the butter with Earth Balance, a vegan and gluten-free alternative, or place some veggies on the side. Earth Balance is also nut free.
- Turkey is meat. You probably think this is obvious, but many people consider pork and beef to be meat. Someone who identifies as a pescetarian eats fish and poultry, so turkey is a go for them, however, vegetarians and vegans won't eat poultry.
- Many pies are made with vegetable shortening, suitable for vegetarians and vegans. But flour contains gluten which means gluten-free family members will skip it. Most sugars are not vegan since bone char, often referred to as natural carbon, is widely used by the sugar industry as a decolorizing filter. Beet and coconut sugar are not filtered using bone char making them vegan friendly.
- If this is too complicated, I suggest asking everyone to bring something they can eat and can share with everyone else. This makes it both easier for you and more of a community meal.

Tax Rebate Programs – Do You Qualify?

The Town offers several tax relief programs designed to assist eligible Whitby homeowners, including:

Low-income disabled homeowners qualify for a \$300 tax reduction per year if you:

1. Own and occupy the property as a principal residence;
2. Make application to the Town each calendar year by December 31; and,
3. Have an annual income that qualifies to receive the Ontario Disability Support.

Program provided through the Ministry of Community and Social Services of Ontario.

Low-income seniors qualify for a \$300 tax reduction per year if you:

1. Are 65 years of age or older;
2. Own and occupy the property as a principal residence;
3. Make application to the Town each calendar year by December 31; and,
4. Have an annual income that qualifies to receive the Guaranteed Income Supplement, provided under the Old Age Security Act (Canada).

The Guaranteed Income Supplement is administered by Human Resources Development Canada in conjunction with the Old Age Security Pension.

Applications must be submitted to the Town each year. whitby.ca/taxrelief

Upcoming at Council

January 22nd is Provincial Deadline for Opting In/Out of Cannabis retail in Whitby

Volunteer Strategy Program Coming Soon!

Whitby ReBranding Project Update

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