

THE bulletin

SAGINAW COUNTY MEDICAL SOCIETY
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2014-2015 SCMS Officers and Board of Directors

NEXT MEETING:

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All statements or comments in the Bulletin are those of the writers, and not necessarily the opinion of the Saginaw County Medical Society. Contributions are welcome. We publish committee reports, letters to the editor, Alliance reports, public health activities of the members, and some personal items (birthdays, weddings, graduations and like events). The Editor determines which are accepted. Advertisements are accepted as space is available at our going rates. Members may advertise office information, professional services, skills, and procedures, also at our going rates. We do not accept advertisements from non-members, or non-Saginaw hospitals.

The Bulletin is mailed free of charge to SCMS members. Complimentary copies are sent to various other parties. Others may subscribe at the rate of \$30 per year.

president's letter



M. Sohail Jilani, MD

Meet Your New President!

I was born and raised in Karachi, Pakistan. My father, Amir Hassan Jilani, was a businessman and recently passed away. My mother, Khalda Jilani, is a housewife. I have four brothers and one sister.

I received my M.B.B.S. from Dow Medical University in Karachi, Pakistan. My parents motivated me to become a doctor. I chose Physical Medicine & Rehabilitation as my specialty because I had an interest in anatomy and musculoskeletal disorders.

My family's friends - a husband and wife - are a surgeon and OB/GYN, respectively. They built themselves up from almost nothing, and with hard work they became very successful. They built Tertiary Care Hospital, medical school, dental school, and many satellite clinics in rural areas to provide medical care to underserved areas. They have donated everything to a Trust which will continue to serve humanity for life. They have been a big inspiration to me and I look up to them as role models.

I completed an Internship in internal medicine at Queens General Hospital, affiliated with Long Island Jewish Medical Center. My Residency in physical medicine and rehabilitation was at Kingsbrook Jewish Medical Center in Brooklyn, New York. After residency, I worked for a year in Florida. In 1997, I moved to Cass City, Michigan, and started my private practice

in 1999. Gradually I expanded to Caro, Bad Axe, Pigeon, Marlette, Bay City, Saginaw and Standish. I moved my main office to Saginaw in 2003, and became affiliated with Covenant, St. Mary's and Select Specialty Hospitals.

I served as medical director for Hills and Dales Hospital from 1997 to 2014, and also served as Chief of Staff and board member. Additionally, I served as an associate medical director and medical director for Covenant Rehab, and director of rehab at Select Specialty Hospital. I also served as general secretary and president of the Michigan chapter of Association of Physicians of Pakistani Descent of North America (APPNA), and on the finance committee of Central APPNA. Finally, I served as treasurer and director of the Saginaw County Medical Society.

I provide outpatient services at multiple locations, including Saginaw, Caro, Cass City, Bad Axe, Pigeon and Standish, as well as, consultation services at Covenant, St. Mary's, Select Specialty Hospital, Luther Manor Nursing Home and Saginaw Senior Care Nursing Home.

I enjoy working in my specialty as it gives me the greatest satisfaction when people with disabilities after injuries or illnesses recover and restore their ability to function independently or with less help. My favorite part about my profession is that I am able to make a difference by improving my patients' quality of life.

I was introduced to the SCMS by Drs. Raana and Waheed Akbar, who I consider my mentors. I started as an alternate delegate and gradually progressed to treasurer, director, and now president.

My wife is Asma Jilani, and we have been married for 22 years. I met her in 1989 when I was visiting her family. After that first meeting, I knew I wanted to marry her, which we did in 1992. We have three children. Our oldest daughter, Zunaira Jilani, is 21 and a senior at the University of Michigan. She is double majoring in Psychology and International Studies

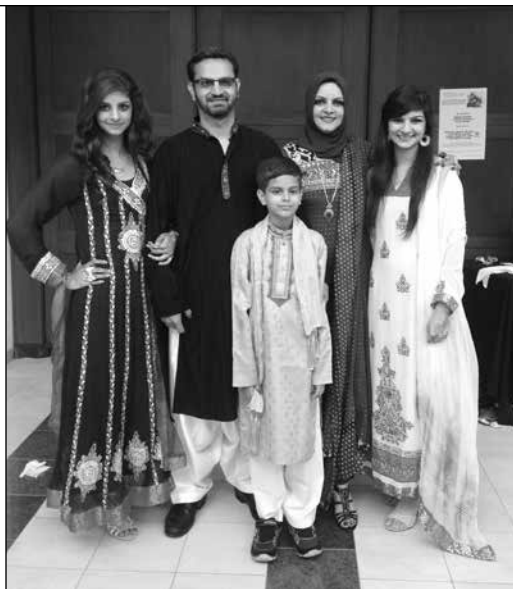
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of Global Health. Our middle daughter, Sumrah Jilani, is 16 and a junior attending Washtenaw International High School, an International Baccalaureate school that currently has the second highest average ACT score statewide. Our youngest child is our ten-year-old son, Ayaan. He is in 6th grade, likes Pokémon and has recently finished memorizing the entire Holy Quran.

I enjoy swimming, watching the news, traveling, working with charitable organizations, and spending time with my family and friends.

My goal as President is to increase membership and awareness about the role of the SCMS. ☐



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from the editor



Louis L. Constan, MD

Laughter Is Not Enough

Oh no! Not another article about Robin Williams. But this one, I promise, will speak to you as a physician. It will deal squarely with the mistakes that were made, and are still being made, in these cases. This is information you need to know.

First, let's talk about the shock we all felt. Of all people, not him! He was always so all-fired happy on the outside! Of course, why should we be surprised that a talented actor (or even a patient or colleague) would show us only what he wanted us to see? Robin's inner life, his depression, were not shared with the hundreds of millions of people who adored him, for fear that such a revelation would detract from his effectiveness as a comedian. Being a comedian, pure and simple, was his job, and no one would watch a depressed comedian. Thus, his private pain remained very private, resulting in a marked dichotomy between who he was and who he appeared to be. He felt constrained by his chosen profession to separate who he was on the inside with who he appeared to be on the outside. The simple human action of sharing our pain with others of our species, an effective coping mechanism, was lost to him. This mistake sealed his doom.

Do you know anyone else who feels constrained to hide his private internal life

from those who idolize him? Take a look in the mirror. We are taught from the first day of medical school to be emotionally distant from patients (our 'audience').

Another mistake is to presume that someone who laughs a lot is somehow immune to depression. Laughter may help a multitude of ills, but doesn't work so well for depression. Robin's case should conclusively put that fallacy to rest. The notion that we can get rid of the darkness that is within every one of us by laughing is ludicrous. Laughter is no more effective at solving our psychic pains¹ than are drugs or alcohol. I'm not saying laughter isn't good. It works quite well to help us cope with everyday stresses and strains - it just doesn't work for depression. There are only two treatments for depression that work - medicine and talk therapy. As for the other treatments patients try: Vitamins, exercise, denial, accumulating toys, alcohol, drugs, and sex - notoriously ineffective, although that fact doesn't stop most depressives from trying to rely on them.

The third mistake is to believe that if we don't talk about depression, it will somehow go away. We're smack in the middle of a major epidemic that dwarfs all other current epidemics, killing some 40,000 Americans a year, causing untold suffering, yet the only time we hear about it is when a celebrity is affected. On a normal news day, if you were to watch television news reports all day long and read every major newspaper, you likely would not find one mention of this problem. Why not? It's the old stigma stemming from Puritan times when depression was viewed as moral and spiritual weakness. Even when the media is forced to step up, when the victim is a very public figure, the media tells us not to talk about the details of the suicide because it would be "too painful for the family." For the family, or for the rest of us? "Let's just talk about the good he did, we can all be comfortable with that." Thus a golden opportunity to discuss depression and suicide, to bring it to the forefront of society's

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consciousness, is lost.

The fourth is to believe that, because doctors are so smart, this will protect us from depression. In reality, doctors often do get depressed (and they shockingly commit suicide two or three times as often as everyone else)! Why? It's known that stress contributes to depression and we doctors have suffered unprecedented stresses in recent years. Who wouldn't get depressed? Yet for us, the stigma of depression is even greater than for the general public. To admit we are depressed is to put our practice in jeopardy, literally. Thus, the very physicians who the public needs to look to for leadership out of this epidemic can be paralyzed into inaction. We are far too reluctant to make this diagnosis in patients, and especially in our patient/colleagues (ourselves). In addition, physician paralysis in this one area reflects part of a larger challenge, how to improve healthcare across the spectrum of diseases. It is glaringly obvious that we cannot have a healthy healthcare system when those who provide the care are stressed out, burned out, mentally and physically exhausted, depressed, and even suicidal.

What to do? Probably the first thing is to start asking the question, the right question; an ability we take pride in as a critical skill for physicians; a skill we use every day. "Are you depressed?" is a pretty simple question. "Are you suicidal?" is a little harder, but shouldn't be. It is a sensitive, caring, and eminently appropriate question. We need to start using these questions with our patients, with our families, and with our colleagues. Then make sure they get effective treatment. Anything less will not stem the tide of this epidemic.

Another step, one with a longer time horizon, is to ask society to accept the fact that the heavy hand that they have laid on the backs of physicians needs to be lightened up a bit. The institutions² who are pressing physicians to work harder, to fill out more forms, to obtain more certifications, to justify every single little thing

that we do - need to put their whips back in their holsters. They need to understand that this approach will not improve healthcare. We need to ask our medical organizations with a presence in Washington, Lansing, and board rooms of corporations to put this issue to the forefront. Simply put, we need help. We cannot fix the current mess without help. The old days, when "Physician Heal Thyself" was the byword, are, and should be, long gone. □

¹ I define psychic pain, commonly called "the darkness within" as fear, anger, hate, loneliness, loss; feelings of inadequacy, betrayal, or isolation.

² I include the usual suspects: Insurance companies, government agencies, the legal profession as whole, hospitals as a whole and hospital administrators as individuals



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SCMS Members and Their Families Are Invited to Serve Breakfast on Saturday, October 4, 2014



SCMS members and their families are invited to serve breakfast to those in need in cooperation with Homes from Heaven on **Saturday, October 4, 2014, at First Congregational Church located at 406 South Jefferson (near the corner of Hayden) in Downtown Saginaw.** We need at least 15 people to prepare, serve and clean up on that day. Families are strongly encouraged to participate. We also pay for the food served that morning.

►If you would like to help with the breakfast, please contact the SCMS by email at joan@saginawcountymys.com, phone 790-3590 or fax 790-3640 by Thursday, September 25.

DIRECTIONS: Use the parking lot and entry off Baum Street behind the church.

I will work at the Saturday breakfast (check shift(s) you will work):

[] 7:30-10 a.m. [] 10 a.m. to 12:30 p.m. [] Entire time - 7:30 a.m. to 12:30 p.m.

Name: _____ Phone: _____ Email: _____
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alliance news

*Submitted by Jamie Chamberlin,
Executive Assistant*

Presidency

The SCMS-A Board is pleased to welcome Lisa Prakash as its new President. Lisa has been working closely with the Alliance for the past several years, and we have no doubt that she will do a great job. As you may have heard, Meg Cappelli, former President of the SCMS-A Board, moved out of state in July. Meg was a fun and wonderful President and great addition to the Board. Before moving to Illinois, board members treated her to an evening out for all that she had done for the Alliance. She will be missed.

Open House

The Alliance Board is holding an open house for all Alliance members and potential members. We would like to get to know you and hear what you would like your Alliance to do for you! This casual event on Thursday, September 18, 2014, is your opportunity to meet the Board and other members, ask questions



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and have an evening out. Come join us at the Saginaw Art Museum from 7-9 p.m. Hors d'oeuvres will be served with wine or coffee. There is no charge to attend, but RSVP's are requested. To RSVP, please call any one of the following board members: Lisa Prakash (372-1313), Tina LaFleur (249-9190), Colleen Cheney (781-6842), Janie Gugino (799-9646) or Rebecca Wong (401-2781) or you may call the Saginaw County Medical Society office at 790-3590.

Jingle Mingle



The Board is already well underway making plans for the 2014 Jingle Mingle! This year it will be held on Monday, December 8, 2014, and proceeds will benefit the Sexual Assault Center at Child & Family Services. Vendors are being contacted and we are looking forward to another successful event! Make plans now and invite your friends – and get your holiday shopping off to a great start! ☐



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Meena Ramani MD
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*Received medical degree from Shifa College of Medicine, Pakistan



Louis L. Constan MD
Bulletin Editor

Family Medicine - Retired
*Board Certified
*Received medical degree from the University of Chicago

MAY MEMBERSHIP MEETING MINUTES

The annual meeting of the Saginaw County Medical Society was held on Tuesday, May 20, 2014, at Horizons Conference Center in Saginaw. Meena Ramani, MD, President of the Saginaw County Medical Society, called the meeting to order at 7:04 p.m. Dr. Ramani welcomed the SCMS Foundation Essay Contest Winners and their parents, and the evening's speaker, Josh Richmond, Director, Membership & Political Fundraising of MSMS. Dr. Ramani thanked Key Providers in attendance for their ongoing support of SCMS programs: Covenant HealthCare Laboratory and Luther Manor.

Dr. Ramani conducted the following business of the SCMS:

- The minutes of the April 2014 Meeting were attached to the Agenda and published in the May Bulletin. **MOTION:** Accept the April 2014 Meeting Minutes as printed. **MOTION APPROVED.**
- The CAN Council Great Lakes Bay Region has launched a \$2.7 million capital campaign to allow for the enhanced continuation and expansion of CAN programs as they meet the needs of abused and neglected children and at-risk families throughout our region. The Dow Corning Foundation has issued a \$300,000 matching grant for the month of May only. Gifts from the medical community will additionally be matched by an anonymous physician donor, so gifts are worth triple to the campaign. All those attending were encouraged to donate and were provided a donation form and return envelope.
- Dr. Dan and Alyce Wechter were presented the 2014 MSMS Community Service Award for their work with expectant mothers, and providing services for free if they cannot afford medical care.
- Dr. Ramani installed M. Sohail Jilani, MD, as the new SCMS President and

presented him with the President's medallion. Dr. Jilani then gave his presidential address.

- Dr. Jilani awarded a plaque to Dr. Ramani thanking her for her leadership service to the SCMS. Dr. Ramani gave a farewell address to the membership. Dr. Jilani took over the meeting as President.
- Dr. Jilani welcomed M. Yahya Khan, MD, Chair of the Nominating Committee to the podium. Dr. Khan presented the Slate of Officers for 2014-2015, with the change that Anthony J. Senagore, MD would be replaced by Steven J. Vance, MD as an Alternate Delegate. **MOTION:** Accept the Slate as revised by the Nominating Committee for 2014-2015. **MOTION APPROVED.**
- The SCMS annual meeting was adjourned.

Dr. Jilani called Matthew D. Deibel, MD, SCMS Foundation President, to the podium.

Dr. Deibel called to order the Annual Meeting of the SCMS Foundation, and conducted the following business:

- Reviewed the Annual Report of the Foundation. He announced that the Foundation recently awarded four \$8,000 loans to medical students with ties to Saginaw, and there are currently over \$152,000 in loans out to medical students and residents.
- The SCMS Foundation sponsored its 4th Annual Essay Contest which was open to high school juniors and seniors in Saginaw County who want to become physicians and hopefully stay in Saginaw to practice medicine. Students who entered wrote an essay, "Why I Want to Become a Physician in Saginaw County." The following winners were announced:

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- o Hannah Castillo, a senior at Nouvel Catholic Central, won first place. She received a check for \$1,000 and a one-day mentorship with an SCMS member physician. Brittnie Cannon, a senior at SASA, was awarded second place, and received a check for \$600 and a one-day mentorship. Alexander Dils, a senior at Swan Valley High School, was awarded third place, and received a check for \$400 and a one-day mentorship. Receiving checks for \$100 and a one-day mentorship were Caitlyn Adams, Sarah Addy and Jenna Stevenson, all seniors at Swan Valley High School; Taylor Bohinski, a senior at St. Charles High School; Nathan Garpiel and Mary McCarthy, a senior and junior, respectively, of Nouvel Catholic Central; Margaret

McBride, a senior at SASA; Megan Rich, a senior at Merrill High School; and Brandon Smith, a senior at Heritage High School.

- Dr. Deibel reminded members they were also members of the Foundation by virtue of their SCMS membership.
- The SCMS Foundation annual meeting was adjourned.

Program

- Dr. Jilani introduced Josh Richmond of MSMS who gave an update on the 149th Annual House of Delegates held in Dearborn in April 2014. The meeting was adjourned at 7:50 p.m. □

*Respectfully submitted,
Joan M. Cramer
Executive Director*



Courtney Robishaw of Luther Manor



Tonya Niernberg of Covenant Lab with Dr. Karu



Dr. Jilani accepts the presidential medallion from Dr. Ramani



Dr. Ramani accepts presidential recognition plaque from Dr. Jilani

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Drs. Vanasupa, Duncan, Barry and Fleetwood



Dr. Ramani presents Dr. Dan and Alyce Wechter with the 2014 MSMS Community Service Award



2014 SCMS Foundation Essay Award Winners with Drs. Deibel and Hausler

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ADEBAMBO KADRI, M.D.

SCMS FOUNDATION GOLF OUTING

The SCMS Foundation held its 5th annual Golf Outing at the Saginaw Country Club on Saturday, June 7, 2014. Twenty-three teams participated.

The event was a fundraiser for the Foundation which was founded in 1969. Initial funding was provided through physician donation of earnings from educational and charity work. The Foundation's primary role has been to provide low interest loans to medical students with "ties" to the Saginaw area. As of 2012, all of the loan interest is forgiven if the individual sets up practice in Saginaw County upon completion of medical school and residency. Thanks to the support and participation of our members and sponsors, the Foundation raised over \$16,000 to support the work of the Foundation. Since its inception in 2010, the Golf Outing has raised over \$108,000!

The SCMS Foundation would like to thank the following for helping make the Golf Outing a huge success!

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Saginaw Valley Bone & Joint Center

Tri-Star Trust Bank

Valley Anesthesia

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Donations

James LaFleur, MD

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Jamie Chamberlin
Joan Cramer
Kitty McAnany

The SCMS Foundation would like to give special thanks to the Head Golf Professional at the Saginaw Country Club, David Tokarsky, PGA; Golf Shop Manager, Amy Dreffs; and Sherry Charbonneau for all their help arranging and planning the golf outing.



Lining up for lunch before shotgun start



The Bry-Tuckey Team

The following prizes were awarded

First Place Team - TIE - Dr. Rao Gudipati's Team and Pain Consultants of Michigan Team 2

Ladies Champs - Dr. Su Gudipati's Team
First Place Mixed Team - Norton Accounting Team

Last Place Team - Dr. Matt Deibel's Team
(But they had fun!!)

Longest Drive – Men and Women - Brent Wolgast • Teresa Shilling

Closest to the Pin – Men and Women - Luke Hendrick • Dr. Su Gudipati

Putting Contest - Todd Horwath (Special thanks to Healthway Compounding Pharmacy for the signed and framed golf flag from the 2013 Golf Outing that was part of this year's Putting Contest prize)

50/50 - Todd Thomasson

Hit the Green 50/50 - Carl Karas



Jenna Allen, Kitty McAnany and Jamie Chamberlin



CMU Health Team with Drs. Dick Hausler and Steve Vance



Team Deibel with Drs. Matt and Jon Deibel



Team Gudipati with Drs. Rao Gudipati and Ramesh Raju



MidMichigan Surgical Specialists Team with Drs. Richardson and Patel



Pain Consultants Team 2 with Drs. Maganti and Singh



Pain Consultants Team 1 with Dr. Madala



Sound aSleep Team with Dr. Kumar



St. Mary's of Michigan Team with John Graham and Dr. Raghu Sarvepalli



First place tie - Dr. Rao Gudipati's team and Pain Consultants of Michigan team 2



Dave Tokarsky with Dr. Su Gudipati's first place ladies team



Dave Tokarsky with Norton Accounting first place mixed team



Todd Horwath, Putting Contest Winner



Foundation medical student loan recipient, Liz Irish, with Drs. Raju and Maganti

MARK YOUR CALENDAR FOR 2014-2015

Please note the upcoming events for 2014 on your calendar so you will be able to attend. Postcard meeting notices with return RSVP are mailed and emailed each month we have a membership meeting, and are due a week before the meeting. Board members, Delegates and Alternate Delegates also receive an email and fax with board meeting information each month.

Saturday, October 4, 2014 - Homes from Heaven Breakfast at First Congregational Church located at 406 South Jefferson in Downtown Saginaw, from 7:30 a.m. to 12:30 p.m. ***Volunteers needed to prepare and serve breakfast!*** See page 6 to volunteer.

Tuesday, October 21, 2014 - Membership Meeting at HealthSource Saginaw. Social at 6:30 p.m., followed by meeting and program at 7 p.m. Candidate forum for 2014 election. There is no Membership Meeting in November.

Wednesday, November 12, 2014 - SCMS serves at the East Side Soup Kitchen. ***Volunteers needed to prepare and serve lunch!*** See page 19 to volunteer.

There is no Membership Meeting in December.

Tuesday, January 20, 2015 - Membership Meeting at Horizons Conference Center which is joint with the Dental Society. Social at 6:30 p.m. (cash bar), followed by meeting and program at 7 p.m. Program TBD.

There is no Membership Meeting in February or March.

Saturday, March 21, 2015 - 11th Annual SCMS Health Fair "The Doctor Is In!" at Horizons Conference Center from 9 a.m. to 1 p.m.

Tuesday, March 31, 2015 - SCMS serves at the East Side Soup Kitchen in honor of Doctor's Day. ***Volunteers needed to prepare and serve lunch!***

Tuesday, April 21, 2015 - Membership Meeting at Horizons Conference Center. Social at 6:30 p.m. (cash bar), followed by meeting and program at 7 p.m. Program TBD.

Tuesday, May 19, 2015 - Membership Meeting at Horizons Conference Center. Social at 6:30 p.m. (cash bar), followed by meeting and program at 7 p.m. Annual Meeting. ☐

ATTENTION RETIRED MEMBERS!

Retired physicians meet for lunch every Wednesday at 12 noon at IHOP, 2255 Tittabawassee Road in Saginaw. Those attending are responsible for their own lunch, and the informal gathering lasts about an hour. Join your retired colleagues whenever you like!



If you have any questions, please contact Joan Cramer at the SCMS office at 790-3590 or by email at joan@saginawcountymys.com. ☐



SOUP KITCHEN - WEDNESDAY, NOVEMBER 12, 2014

TIME TO SIGN UP!

The Saginaw County Medical Society will again volunteer at the Soup Kitchen on **Wednesday, November 12, 2014, from 9:30 a.m. to 12:30 p.m.** The Soup Kitchen is located in the **Hunger Solutions Center**, 940 East Genesee in Saginaw (corner of Janes Street).

Last March, our members and their families served lunch to 275 people, and packed lunches for local centers to feed children. Please consider donating your time on Wednesday, November 12, 2014, to help the less fortunate in Saginaw.

Volunteers are asked to sign up to work at the Soup Kitchen for various one hour shifts from 9:30 a.m. – 12:30 p.m., or for the entire morning if desired.

I will work at the Soup Kitchen at the following time (check shift(s) you will work):

☐ 9:30 a.m. to 10:30 a.m.

☐ 11:30 a.m. to 12:30 p.m.

☐ 10:30 a.m. to 11:30 a.m.

☐ Entire time - 9:30 a.m. to 12:30 p.m.

☐ Other time _____ a.m. to _____ a.m./p.m.

Name: _____ Phone: _____ Email: _____
PLEASE PRINT (we will call to remind you)

IT IS VERY IMPORTANT THAT YOU HONOR THIS COMMITMENT. We will be the only organization volunteering that day. If our members are not in attendance, there will be no other workers there to serve and pack lunches. Please fax to the SCMS office at 989-790-3640 or mail to 350 St. Andrews Road, Suite 242, Saginaw, Michigan 48638. Thank you!



FREE CME

If You Renew Your MSMS/SCMS Membership by November 15



MSMS/SCMS membership renewals started being mailed the first week of September. As a thank you for your loyalty as a member and for paying early, all physicians who pay their 2015 dues by November 15 will receive a coupon for a free CME course at a MSMS educational offering.

MSMS/SCMS values you as a member and this is just a small token of our appreciation for your continued support of organized medicine. For questions about membership, please contact Joshua C. Richmond, Director, Membership & Political Fundraising, at 517-336-5788 or jrichmond@msms.org.



COVENANT HealthCare

Dr. Cipullo Joins Covenant Clinical Administrative Leadership Team



Dr. Glenn Cipullo has joined Drs. Michael Schultz and Michael Sullivan in an administrative role at Covenant HealthCare as the Medical Director of Clinical Utilization.

With the increasing complexities of utilization management, regulatory standards, and changing population demographics, this new position was created to continue aligning Covenant with the evolving healthcare landscape. In his new role, Dr. Cipullo will work with teams on transitions of care, level and appropriateness of care, clinical documentation, and clinical variation.

Dr. Cipullo has spent the last eight years as a Hospitalist with Covenant. He is a graduate of the University of Pittsburgh, and completed his medical degree at Saba University School of Medicine in Massachusetts.



After 23 years of private practice, **Dr. Michael Schultz** is now the Vice President of Medical Affairs at Covenant. Dr. Schultz received his Doctor of Medicine degree from the College of

Human Medicine at Michigan State University in 1982. He is board certified in Family Medicine, and is a Fellow of the American Academy of Family Physicians. Dr. Schultz earned his Masters of Business Administration from the Ross School of Business at the University of Michigan in 2010, and a Health Information Technology graduate certificate from George Washington University in 2011. In March 2012, he became a Certified Physician Executive by

the American College of Physician Executives. He also is a founding member of the Michigan Health Information Alliance.



Dr. Michael Sullivan is the Chief Medical Quality and Informatics Officer. As a valued member of the Covenant medical staff, he brings physician leadership, depth of knowledge in

patient safety and high reliability initiatives, and many years as a respected vascular surgeon. Dr. Sullivan received his medical degree from the Robert Wood Johnson Medical School in New Jersey, and is currently pursuing his Masters of Business Administration from the Ross School of Business at the University of Michigan. He is board certified in General and Vascular Surgery by the American Board of Surgery. He was founding partner of Midwestern Surgical Associates in Saginaw where he practiced general and vascular surgery from 1999 to 2013. Dr. Sullivan is actively involved on numerous committees throughout Covenant and within the Saginaw community.

Covenant HealthCare Rehabilitation Program Awarded Three-Year CARF Re-Accreditation

CARF International announced the Covenant HealthCare Rehabilitation Program has been re-accredited for a period of three years for:

- Inpatient Rehabilitation Programs - Brain Injury Specialty Program (Adults, Children, Adolescents)
- Inpatient Rehabilitation Programs – Hospital (Adults)
- Inpatient Rehabilitation Programs – Hospital (Children & Adolescents)
- Inpatient Rehabilitation Programs – Hospital (Stroke Specialty Program)

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Continued from page 20

The latest accreditation is the sixth consecutive three-year accreditation the international accrediting body, CARF, has awarded to the Covenant rehabilitation program.

This accreditation decision represents the highest level of accreditation awarded to an organization, and shows the organization's substantial conformance to the CARF standards. An organization receiving a three-year accreditation has put itself through a rigorous peer review process. It has demonstrated to a team of surveyors during an on-site visit its commitment to offering programs and services that are measurable, accountable, and of the highest quality.

CARF is an independent, nonprofit accrediting body whose mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process that centers on enhancing the lives of the persons served. Founded in 1966 as the Commission on Accreditation of Rehabilitation Facilities, and now known as CARF International, the accrediting body establishes consumer-focused standards to help organizations measure and improve the quality of their programs and services.

The Covenant rehab program is located at the Michigan campus with 41 inpatient beds. Patients can spend anywhere from four to thirty days on the unit depending on their diagnosis and needs, however the average patient stays just over eleven days. Typically, patients in the program are recovering from stroke, brain injury or trauma, although orthopaedic and cardiac patients commonly receive treatment. Last year, 865 patients were discharged from the program.

Be Disaster Aware, Take Action to Prepare

While disaster preparedness drills at work are common practice, Covenant wants our medical colleagues and community to be prepared for disasters at work and at home. **To support this, the**

community is invited to Bliss Park on National Emergency Preparedness Day, Tuesday, September 30. From 10 a.m. to 2 p.m., attendees will have the chance to meet first responders, get acquainted with the resources in our community, and learn how to be prepared at home in case of disaster. Studies show when people are not prepared at home, they typically will not report to work. Physicians and staff are essential to continue caring for patients when the community is most vulnerable. In addition, when citizens of a community are personally prepared, emergency responders can help more people. For more information on disaster preparedness, and how you can prepare personally, visit www.do1thing.org. ☐

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Terry Lerash named executive director of CMU Medical Education Partners

Former Synergy Medical Education president/CEO familiar with organization



Terry Lerash was named executive director of Central Michigan University Medical Education Partners on Tuesday, September 2. Lerash has been the director of the Office of Innovation at Covenant HealthCare in

Saginaw since 2012, and he was president and chief executive officer of Synergy Medical Education Alliance in Saginaw when it entered a formal relationship with St. Mary's of Michigan and Covenant HealthCare to create CMU Medical Education Partners. The nonprofit alliance works with CMU College of Medicine to manage the Saginaw-based clinical practices and assist with educational opportunities for students and residents.

The CMU Medical Education Partners six-member board issued a statement after the meeting: "Terry Lerash has vast experience in medical education, and his strong relationship with physicians will serve well CMU's efforts to have a first-class medical school with a top-notch medical residency

program. His collaborative style will help us continue to move forward to bring new physicians to the Great Lakes Bay Region."

Lerash, who also has experience with Covenant HealthCare, Michigan Cardio-Vascular Institute and McLaren Hospital, has a master's degree in administration from CMU. He started his role as CMU Medical Education Partners executive director immediately, and he called his first meeting at 8 a.m. Wednesday, September 3, with directors and managers.

The CMU College of Medicine is the nation's 137th medical school, created to address an anticipated shortage of 4,000 to 6,000 physicians in Michigan by 2020. Students spend their first two years of study on CMU's main campus in a state-of-the-art 60,000 square-foot-facility. The third and fourth years will be spent in clinical training at a number of medical facilities across central and northern Michigan, including Covenant HealthCare and St. Mary's of Michigan.

A \$25 million, 46,000-square-foot College of Medicine educational facility is under construction on the Covenant HealthCare campus in Saginaw. Construction will be complete by May 2015, in time for the inaugural students' third year of study. Planning is underway for a facility on the St. Mary's of Michigan campus. Once approved, the building would be ready to serve students when a large portion of the second class of 104 students starts studying in Saginaw in 2016. □

Thank you!

The Saginaw County Medical Society would like to thank CMU Health for encouraging and facilitating the membership of all Residents in the SCMS.

Welcome to Saginaw, Residents!

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**HealthSource Saginaw welcomes new
Child/Adolescent Psychiatrist to the
Behavioral Medicine Department**



Frank J. Hamlett, MD has joined HealthSource Saginaw's medical staff, practicing in the area of Child/Adolescent psychiatry. He earned his medical degree from Pennsylvania State University's School of Medicine. Dr.

Hamlett went on to complete his internship, residency in Psychiatry and Fellowship in Child Adolescent Psychiatry at the University of Rochester in New York State. He is board certified in Adult and Child/Adolescent Psychiatry. Dr. Hamlett brings an extensive background as a practicing psychiatrist, mentor and educator. Part of his new duties will include teaching Medical Students and Psychiatric Residents through HealthSource Saginaw's partnership with Central Michigan University.

Dr. Hamlett, along with his wife and their three children, are looking forward to becoming a part of the Great Lakes Bay Community. "Everyone I have met thus far has been very kind and patient with me. This is a wonderful community, and I am looking forward to being a part of it," states Dr. Hamlett.

Please join HealthSource in welcoming Dr. Hamlett and his family to our community. □



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Five New Physician Specialists Join St. Mary's of Michigan

St. Mary's of Michigan is pleased to announce the addition of five new medical specialists to join the medical staff:

- Joseph Adel MD, Neurosurgeon
- Adebambo Kadri MD, Cardiothoracic Surgeon
- Shrinivas Kambali MD, Pulmonologist/Critical Care
- Ibrahim Malak MD, Pathologist
- Asma Taj MD, Medical Oncologist



Dr. Adel is a dually trained neurosurgeon in endovascular interventional procedures, as well as, open vascular surgeries. He performs general neurosurgery and specializes in skull

based, cerebrovascular and endovascular procedures and treats neurosurgical diseases including intracranial aneurysms, arteriovenous malformations (AVM), carotid stenosis and stroke. He brings with him the latest techniques in endovascular neurosurgery. He earned his medical degree from American University of Beirut Medical Center, and completed a residency in neurological surgery at Northwestern University where he also completed an advanced surgical training fellowship in cerebrovascular, endovascular and skull base. Most recently, he completed a cerebrovascular and endovascular fellowship at Capital Institute of Neurosciences in New Jersey.

Dr. Adel joins Drs. E. Malcolm Field and Naman Salibi at St. Mary's of Michigan Neurosurgery Associates, 4677 Towne Centre Road, Ste. 301 in Saginaw, phone 855-298-9888.



Dr. Kadri, who will work in partnership with the MCVI physician team, has expertise in coronary surgery, valve replacement and repair, thoracic aortic surgery and lung cancer surgery.

He earned his medical degree from the University of Ibadan College of Medicine in Nigeria. He worked and trained at prestigious institutions in the UK such as Guy's Hospital and The Royal Brompton National Heart Hospital, and was the British Heart Foundation Senior Registrar in Cardiac Surgery at Southampton General Hospital. Dr. Kadri subsequently completed his general surgery residency at University of Illinois College of Medicine, a cardiothoracic surgery fellowship at Albany Medical College, along with an advanced cardiac surgery fellowship at Brigham and Women's Hospital, Harvard Medical School.



Dr. Kambali earned his medical degree from Bangalore Medical College and Research Center in India, and completed his residency in internal medical at Synergy Medical Education

Alliance. He completed a clinical pulmonary and critical care fellowship at the Texas Tech University Health Science Center, and is Board Certified in Internal Medicine. He joins Drs. B. Babu Paidipaty and M. Shaffi Kanjwal at St. Mary's of Michigan Pulmonary & Critical Care Associates, 1015 South Washington Avenue, Ste. C in Saginaw, phone 907-7636.



Dr. Taj joins the cancer care team at St. Mary's of Michigan to complement their comprehensive cancer care program now with medical oncology. She earned her medical degree from

Continued on page 25

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Government Medical College Srinagar, Jammu and Kashmir in India and completed her residency in internal medicine at the University of Toledo Medical Center. Most recently, she completed a medical oncology fellowship from the University of Toledo Medical Center. Dr. Taj is certified by the American Board of Internal Medicine. She will see patients at the St. Mary's of Michigan Towne Centre location on the second floor. Patients can be referred by calling (989) 497-3226.



Dr. Malak earned his medical degree from the School of Medicine in Cairo University and completed his residency in combined anatomic and clinical pathology at Northwestern Health System in Illinois. He completed a surgical pathology fellowship with emphasis on dermatopathology and oral pathology at Hartford Hospital. With a special interest in general pathology, Dr. Malak will serve as the internal pathologist.

Please join us for a special meet and greet prior to the September Saginaw County Medical Society Meeting at Horizons Conference Center on Tuesday, September 16 from 4:30 – 7 p.m. Drinks and hors d'oeuvres will be served.

St. Mary's of Michigan and Covenant HealthCare receive grant dollars from National Cancer Institute as part of the Michigan Cancer Research Consortium

Grant enables the consortium to participate in groundbreaking clinical trials

St. Mary's of Michigan and Covenant HealthCare were named as participating cancer research sites in the Michigan Cancer Research Consortium (MCRC) Community Oncology Research Program (NCORP). Saint Joseph Mercy Health System was awarded more than \$10 million to lead the MCRC consortium, which enables patients throughout the 13-hospital consortium to participate in cutting-edge clinical trials offering access to the top cancer treatments available. St. Mary's of

Continued on page 26

N

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Continued from page 25

Michigan is one of the founding members of the MCRC established in 2001. Covenant is a participating site through the membership of St. Mary's of Michigan Oncology Research Program.

Trials currently underway include utilizing promising targeted agents based on the genomics of the patient's tumor, testing possible cancer vaccines and new radiation strategies to treat cancer. Trials evaluating methods to reduce the side effects of cancer treatments and improve quality of life are also an important goal of the NCORP.

Saginaw medical oncologist, Dr. Ernie P. Balcueva, is the Medical Director of the Oncology Research Program and Lead Principal Investigator at St. Mary's of Michigan. He stated that the MCRC has been one of the premier Clinical Oncology Research Program in the country. "MCRC brings a variety of high quality research studies to the community of Saginaw and has been one of the top accruing sites consistently in the nation. St. Mary's of Michigan has also been awarded the Silver Certificate of Excellence for study participation by the National Cancer Institute for two consecutive years; a recognition no other member hospital has received and an acknowledgement which the Saginaw community can be proud of."

After a highly competitive process, the MCRC was selected as one of 34 community sites across the country to receive the five year NCORP grant. In addition, the MCRC will be participating in the latest cancer care delivery research to examine the most effective and efficient methods of delivering cancer care, including how to overcome lack of access in some underserved communities.

"For patients to be able to take part in the highest quality research treatments right in their own communities is a tremendous opportunity," said Philip Stella, MD, principal investigator, Michigan Cancer Research Consortium, Saint Joseph Mercy Health System. "At the same time, we are assisting the National Cancer Institute to increase

their access to real world health care delivery in the community, where the majority of cancer patients receive their care."

The Michigan Cancer Research Consortium grant application received the highest grant impact score, which demonstrates the strength of its oncology research program and recognition by grant reviewers that MCRC can successfully assist the National Cancer Institute to improve cancer outcomes in the communities served.

All of the grant dollars will be used to fund infrastructure and staff, who will assist patients to participate in more than 120 clinical trials that are available.

For more information, including a list of locations and current clinical trials, contact St. Mary's of Michigan at (989) 907-8411 or visit mcrconline.org.

Infusion Services Now Offered

St. Mary's Reverence Home Health & Hospice now provides infusion services. Our infusion services include pharmaceutical infusion administration in the comfort of the home environment. Registered pharmacists provide pharmacokinetic dosing and monitoring, and supervise the compounding of all pharmaceuticals. Our registered nurses continuously assess and monitor patients' progress, and work with the referring physician to provide individualized care. To make a referral, call (888) 2-HOMECARE (888-246-6322). □



applications

Applications for membership which may be recommended for acceptance at the September 16, 2014, Board Meeting:



Shrinivas Kambali, MD
(*SMOM Pulmonary & Critical Care Associates*)

Primary: Internal Medicine, Board Certified 2012.

Secondary: Pulmonary, Critical Care, Board Eligible.

Medical School: Bangalore

Medical College and Research Center, Bangalore, India, 2005.

Residency: Synergy Medical Education Alliance, Internal Medicine, 2008-11.

Fellowship: Texas Tech University Health Science, Lubbock, Texas, Pulmonary and Critical Care, 2011-14.

Sponsors: Doctors Gopi K. Nallani and Sanjay J. Talati.



Binu Malhotra, MD (*Covenant Cancer Care Physician Group*)

Primary: Internal Medicine, Board Certified 2008.

Secondary: Oncology & Hematology, taking boards 11/14.

Medical School: Lady Hardinge Medical College, New Delhi, India, 2003.

Internship/Residency: Stroger Hospital of Cook County, Chicago, Illinois, Internal Medicine 7/04-6/07; and Lankenau Hospital, Wynnewood, Pennsylvania, Chief Resident and Academic Hospitalist, 7/07-6/08. Fellowship: University of Michigan, Hematology/Oncology, 7/11-6/14.

Prior Practice: (1) University of Pennsylvania Health System, Philadelphia, Pennsylvania, Academic Hospitalist, 7/08-6/09 and Research Associate 7/09-2/10; and (2) Sisters of St. Francis Health System, Munster, Indiana, Hospitalist, 3/10-4/11.

Sponsors: Doctors Jay B. Nayak and Jacob C. Ninan. □

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Ob/Gyn

CMU Healthcare - Emergency Medicine Residents

Hussein J. Al Amer MD
Corey L. Alvarez MD
Jesse H. Ellsworth MD
Kamara W. Graham MD
Christopher R. Heberer DO
Ahmad A. Jaber MD
Sara R. Jacob MD
Jamie J. McCartney MD
Heather K. Sherwin MD
Tyler J. Weese MD
 1000 Houghton
 Saginaw, MI 48602-5303
 Office (989)-583-6817
 Fax (989)-583-7436
www.cmich.edu/colleges/cmcd/

CMU Healthcare - Family Medicine Residents

Madhumitha Krishnamoorthy MD
Sagar P. Patel MD
Blake A. Putnam MD

Continued on page 29



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Paritharsh Ghantasala MD
Rahul Jacob MD
Haritha Machavarapu MD
Devika M. Madhavan MD
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Madiha Tahir MD
Jerry Xavier MD
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CMU Healthcare - Ob/Gyn Residents

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Deirdre H. Knobloch DO
Olivia A. Phifer-Combs MD
Tanoja Rathi DO
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Office (989)-583-6828
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CMU Healthcare – Psychiatry Residents

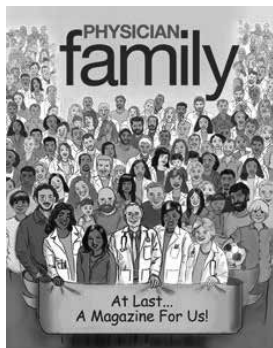
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CMU Health-Division of Surgery Residents

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Tamer M. Shaker MD
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❖Feds Target Pervasive Health Care Provider Tax Scam

As reported previously, MSMS was informed of several instances of fraudulent tax return filings involving Michigan physicians and dentists whereby legitimate tax returns are filed and a notice is received that the return has already been filed. The problem is national in scope, reaching into 49 states and the District of Columbia, and appears to involve a disproportional number of health care providers. Health care providers affected thus far include physicians, physician assistants, APRNs, dentists, podiatrists and pharmacists. The source of this identity theft (i.e., the social security numbers, addresses and other information necessary to file a tax return and obtain a refund) is still unknown.

MSMS has learned that the New Hampshire Office of the U.S. Secret Service, which specializes in this type of IRS fraud investigation, is leading a national investigation. The U.S. Secret Service agent assigned to this case is collecting names of physicians and other health care providers who have been affected by this IRS scam. If you are one of those physicians, please notify Stacey Hettiger at 517-336-5766 or shettiger@msms.org with the following information:

- Full name: last, first, middle initial
- Home address
- Phone number

❖MSMS Working With Medicaid Program on Uplift Payments

MSMS is continuing to work with the state Medicaid program regarding the primary care uplifts from the Medicaid

health plans. MSMS is seeking clarification on issues causing delays in physicians receiving the rate increase as allocated in the ACA. With MSMS assistance, Medicaid will provide a detailed tutorial about data collection, attestation, the formula for payment under capitation and timelines for reimbursement. This information should address many of the causes for the delays. MSMS will notify practices as soon as this free, online presentation is available.

If you are a primary care physician and have questions about your rate increase, the Medicaid program is asking that you directly contact the Medicaid managed care plans in which you are enrolled. If you do not receive a satisfactory response, please contact Stacie Saylor, your MSMS Reimbursement Liaison, at ssaylor@msms.org or 517-336-5722.

❖Make Sure You Are Up-to-Date on CME Requirements

If you are among the next one-third of Michigan physicians who need to renew their licenses, you have until January 31, 2015, to complete your CME requirements. Physicians are required to complete 150 hours of CME credits every three years as a condition of relicensure, and they are due at the time of your license renewal. To help you meet your requirements, your MSMS Foundation is offering more than 80 CME credits this fall. Visit www.msms.org/eo for details about course offerings.

To check to see when your license is up for renewal, click w3.lara.state.mi.us/free.

And if you need help keeping track of all of your CME credits, MSMS has made record keeping easier. The annual MSMS CME Recording-Keeping folder is available by contacting Marianne BenHamza at mabenhamza@msms.org and 517-336-5781.

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❖ **Let MSMS help you tackle all of your CME needs**

**MSMS “Lunch and Learn”
Policy Webinars**

12:15 p.m. - 1:00 p.m.

Grab a lunch, click the link, and join us! These FREE short and interactive online updates are designed to explore key policy issues impacting physicians in the state of Michigan. It’s more than a presentation, we solicit insights from participants and encourage interaction with our experts.

Physician Employee Contracting: Understanding and Negotiating Contracts
October 29, 2014

Daniel J. Schulte, JD, Kerr, Russell and Weber, PLC

You’ve completed the interview process and you’re now ready to receive the job offer. Given the increasing complexity of physician compensation arrangements and restrictions being placed on physicians’ ability to practice in today’s employment marketplace, a thorough review of physician employment agreements is more prudent than ever. Understand what you should be looking for and hear from MSMS’s experts in Contract Review Services.

Disability Insurance

November 12, 2014

*Heather Hamilton, Benefits Consultant,
Physicians Insurance Agency*

Why DI? What is your greatest asset: Your Home? Your Business? They both are vital to your lifestyle, and they are the result of your most valuable asset - your ability to earn an income. If you become too sick or hurt to work, what would happen to everything you have worked so hard to build for yourself, your family and your future? Join us for a webinar on income protection, one of the most important coverage’s you need to purchase.

**Physician Online Ratings & Reviews:
Do’s and Don’ts**

December 3, 2014

Stacey Hettiger, Director, Medical and Regulatory Policy, Michigan State Medical Society

The number and use of physician rating and review websites is growing. In fact, studies confirm that many adults are using the internet to not only search for health information, but also to choose who should provide their health care. This presentation offers physicians and their staff some helpful tips on how to deal with online ratings and reviews.

If you’re interested in registering for any of these FREE “Lunch and Learn” Policy webinars please visit <http://www.msms.org/Education/UpcomingWebinars.aspx>. If you have questions or concerns or future topic ideas, please email Trisha Marsh at tmarsh@msms.org or mbenhamza@msms.org. □

**SCMS PHYSICIAN HEALTH &
WELL-BEING COMMITTEE**

**Confidential assistance to physician
members with personal issues affecting
their private and professional lives**

The SCMS Physician Health & Well-Being Committee is a CONFIDENTIAL resource for SCMS members who have issues affecting their private and/or professional lives. The Committee acts totally independently, and NO INFORMATION is shared with the SCMS Board, members or staff. If you are in need of confidential assistance, or know of another member who is having a difficult time, please contact **Dr. Kaushik Raval**, Chair of the Committee, at (989) 790-7742. If he is not available, leave a message and he will return your call.

The Board would like to thank **Dr. Ronald Jensen** for his years of service as Chair of the Committee, and wish him well in his retirement. □

member news

Debasish Mridha, MD Elected to the AMA Foundation Board of Directors



The American Medical Association (AMA) Foundation is pleased to welcome Debasish Mridha, MD, to the AMA Foundation Board of Directors. As an elected board member, Dr. Mridha will contribute his expertise to advance the mission of the AMA Foundation by ensuring that the organization successfully raises, stewards, and administers funds for high-impact public health programs and medical scholarships.

"The AMA Foundation will greatly benefit from Dr. Mridha's considerable knowledge of both the business and nonprofit worlds," said AMA Foundation President John O'Rourke.

Dr. Mridha collaborated with the AMA Foundation to develop the Dr. Debasish Mridha Spirit of Medicine Award for the Selfless Elimination of Human Suffering, which recognizes physicians who demonstrate the profession's most valued attributes. The award was first granted in 2014.

Dr. Mridha has established and awarded other scholarships through the Mridha Foundation and other philanthropic endeavors. These include the Mridha International Award for Service to Humanity, Covenant Health Care Nursing Scholarship, St. Mary's of Michigan Scholarship for Medical Education, the Mridha International Scholarship for Higher Education at Saginaw Valley State University, the Saginaw County Medical Society (SCMS) Health Angel Award, and the Best Teacher Award presented in partnership with the Saginaw County Community Foundation.



A board certified neurologist, Dr. Mridha is the founder and director of Michigan Advanced Neurology Center PLLC, as well as, an attending physician at St. Mary's of Michigan and Covenant HealthCare in Saginaw. Dr. Mridha completed his residency and fellowship in neurology at Wayne State University.

Dr. Mridha is an active member of the Michigan State Medical Society (MSMS). He has served on the MSMS Board of Directors and the MSMS Foundation Board of Trustees since 2006 and 2009, respectively. He has also served on the Saginaw Valley State University Foundation Board of Directors and as chairman to the SCMS Social Services Committee since 2008.

Dr. Mridha resides in Saginaw with his wife, Chinu, and his daughter, Amita.

Donald J. Cady, MD Celebrates 90th Birthday

Friends and colleagues of Dr. Don Cady helped him celebrate his 90th birthday in April at the Saginaw Country Club. Pictured left to right - Drs. Minoo Rao, Bala Srinivasan, Don Cady, Eddie Balcueva, Tony Egleston, Jacob Ninan and Rustico Ortiz. Congratulations Dr. Cady!



Birthdays

September Birthdays

Amanda J. Allen MD.....	9/30
Khaled M. Almulhem MD	9/7
Corey L. Alvarez MD.....	9/6
Umesh A. Badami MD.....	9/18
Leroy C. Barry MD	9/14
Chirdeep Bhutani MD	9/6
Radha Cherukuri MD.....	9/29
Phillip A. Dean MD.....	9/28
Matthew D. Deibel MD.....	9/9
Swathi Gonnalagadda MD	9/6
Parminder S. Jaswal MD.....	9/11
Zaira Khalid MD.....	9/12
Deirdre H. Knobeloch DO	9/26
Palaniandy K. Kogulan MD.....	9/16
John B. Llewelyn MD	9/5
Imran Mir MD.....	9/23
Khawar G. Mohsini MD	9/14
Dana C. Morrison MD	9/2
Thersilla Oberbarnscheidt MD.....	9/7
James E. Packer MD	9/24
Satya D. Patel MD.....	9/19
Brian F. Perry MD.....	9/11
Kaushik Raval MD.....	9/25
Naman A. Salibi MD.....	9/25
Amaning K. Sarkodie MD	9/23
Tory K. Snyder DO	9/14
Joseph C. Spadafore MD.....	9/20
Serge M. Thurin DO.....	9/23
Dennis M. Tibble MD	9/19
Prabhundha Vanasupa MD	9/18
Prakash Varadarajan MD.....	9/30
Neill D. Varner DO	9/3
Mary Jo Wagner MD.....	9/20
James R. Weir MD	9/20
Lawrence C. Whiting MD.....	9/30



October Birthdays

Omaima Ali A. Al Sinan MD	10/14
Larry S. Ansari MD.....	10/6
Reynold J. Baumstark DDS	10/26
Eduardo T. Bermudez MD	10/13
Rodames D. Dedicatoria MD.....	10/25
Carlos O. Diola MD	10/18
Gerard P. Farrar MD.....	10/30
Ammar Hashmi MD.....	10/8
Marilyn T. Haupt MD.....	10/26
Thomas J. Hyde DMD	10/30
Nilofar H. Islam MD	10/21
Sara R. Jacob MD	10/7
John B. Johnson MD	10/20
Arun Joseph MD	10/21
Bong Jung MD	10/5
Vipin Khetarpal MD.....	10/31
Lioudmila Kinachtchouk MD	10/20
David B. Krebs MD	10/13
Paul A. LaClair MD	10/31
Bei F. Liu MD	10/1
Iris A. Marteja MD	10/3
Jack F. Martin MD	10/12
Kristin M. Nelsen MD.....	10/16
Rafael I. Ortiz MD	10/10
William J. Pittas DO.....	10/30
Delicia J. Pruitt MD	10/19
Vikas T. Reddy MD.....	10/22
Gerardo Dizon Reyes MD.....	10/30
Sara L. Rivette MD	10/12
Jacquelyn A. Robinson MD	10/4
Rosarita Rullan DO	10/18
Majed J. Sahouri MD.....	10/25
Stephen J. Serio MD	10/29
Kamran K. Shokoohi MD PhD	10/19
Farhaj Siddiqui MD.....	10/9
Warren E. Singleton MD.....	10/11
Allen J. Solomon MD	10/27
Chai-Yakarn Soontharotoke MD.....	10/12
Bala Srinivasan MD	10/12
Kizhakepat P. Sukumaran MD	10/10
Sanjay J. Talati MD.....	10/2
George K. Tong MD.....	10/3
Samuel S. Valia MD.....	10/9
Noel D. Wagner MD	10/31
Ngwe Yin MD	10/4

in memory

It is with sadness that the Saginaw County Medical Society acknowledges the deaths of Anna Sinischo, Travis "Terri" Lingenfelter and William Michael Felten



Anna Sinischo, wife of Ob/Gyn Resident, Brian J. Sinischo MD, passed away with her family by her side on Friday, July 11, 2014, after a nearly two-year battle with cancer.

Anna was described as a loving, giving and faith filled person. She is also survived by her daughter, son and many loving family members.



Travis "Terri" Lendon Lingenfelter passed away from this life on July 29, 2014, at the age of 70. Mother of five children and grandmother to three, she was known for her ability to

make all things grow with love. She dedicated herself to celebrating every occasion and anticipating every need. Her love and compassion radiated beyond the immediate circle of her family to friends, neighbors, colleagues and animals. Cats, dogs, horses and even squirrels soon learned they had won the "golden ticket" if she took them into her care.

Terri was born in Rochester, New York on January 1, 1944, to Henry L. deZeng, III and Mary Burrows deZeng. She graduated from Brighton High School in 1961, and attended Keuka College and the University of Rochester before completing her nursing degree from Mercy College of Detroit in 1967. She worked as a labor and delivery

nurse and served in the U.S. Navy Reserve. She married Richard William Lingenfelter, MD in 1966. After more than 40 years of marriage and adventure, he preceded her in death in 2009.

Terri is survived by her children, Kim (John) Burnson, Richard Scott Lingenfelter, Karen (Peter) Howey, Kath Lingenfelter and Sam Lingenfelter and her beloved grandchildren, Emma and Henry Burnson and Sydney Bickel. She is also survived by her brother, Henry L. "Larry" deZeng, IV of Winter Springs, Florida. Those planning an expression of sympathy may wish to consider memorials to the Hirshberg Foundation for Pancreatic Cancer Research (Pancreatic.org), or the Michigan Animal Rescue League (michigananimalrescue-league.org).



William Michael Felten

passed away Monday, August 25, 2014, due to injuries received in an airplane accident in Ohio at the age of 19. The son of Jennifer L. (Haffner) and Dr. William

R. Felten was born September 14, 1994, in Saginaw. He attended Bethlehem Lutheran grade school and graduated from Valley Lutheran High School, Class of 2013, where he was a member of the football team. Michael was a sophomore in the Pre-Med program, majoring in Economics and Bio-Chemistry at Case Western Reserve University in Cleveland. He was a member of the Zeta Beta Tau fraternity. Michael also belonged to Saginaw Wesleyan Church. He was passionate about flying and was a member of a Cleveland flying club. His music talents led him to play the bassoon and violin. He had his diving certificate, his own DJ business, and loved sports, especially all Chicago Sports teams.

Surviving besides his parents, Jennifer and William, are two sisters, Rachel L.

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Felten and Nicole M. Felten, all of Saginaw; his grandparents, William and Doris Felten, Sheboygan, Wisconsin, Gerald and Lois Haffner, Waukesha, Wisconsin, and

Jan Haffner of Tinley Park, Illinois; several aunts, uncles, cousins and other relatives. He will be greatly missed by Haley Leaym. Those planning an expression of sympathy may wish to consider Valley Lutheran High School. ☐

*Welcome
Autumn*



announcements

Fashion With Compassion – Embellishments That Empower

The Sexual Assault Center (SAC) of Child & Family Services in Saginaw will host “Fashion With Compassion – Embellishments that Empower” on Thursday, October 2, 2014, at the Saginaw Country Club from 5:30-8:30 p.m. Guess will enjoy an evening of cocktails and hors d’oeuvres, silent auction and raffles. The event will feature both gently loved and new designer purses, stylish jewelry and fashionable scarves. Funding from this event will help the SAC continue to provide adults, children, adolescents and families with sexual assault counseling services, legal advocacy and crisis intervention. Additionally, the SAC will be able to continue its prevention education efforts to stop the silence of sexual violence. For more information and sponsorship details, please contact Carrie Schultz at (989) 393-4229 or by email at cschultz@cfs-saginaw.org.

Protecting Our Children and Youth in the 21st Century

Mott Children’s Health Center’s 42nd Annual Tuuri Day Conference will be held on Thursday, October 16, 2014, from 8 a.m. to 4 p.m. at the Holiday Inn Gateway Centre in Flint, Michigan. The 2014 Tuuri Day Conference will address emerging child maltreatment issues for children in foster care including: Identification and recognition of changing presentation; the increase in maltreatment rates; the sexualization of children; and the victimization of domestic trafficking of minors. The need for the development and maintenance of coordinated systems of care between the foster care system and the primary healthcare provider community will be examined. The focus will be on ensuring the safety, permanency and well-being of children and families.

The targeted audience are pediatricians, psychiatrists, psychologists, residents, nurses, mental health specialists and other health related professionals. For more information and to register, contact Mary Wooster at (810) 767-5750, ext. 5299 or visit www.mottchc.org ☐

board highlights

The April meeting of the Board of Directors of the Saginaw County Medical Society was held on Tuesday, April 15, 2014, at Horizons Conference Center, prior to the Membership Meeting. Meena Ramani MD, President, called the meeting to order at 5:36 p.m.

The minutes of the March 18, 2014, Board meeting were reviewed. **MOTION:** Approve the March Board Meeting Minutes. **MOTION APPROVED.**

Dr. Dean presented the Treasurer's Report for March 2014. He also reviewed 2012 Form 990 for the period from December 1, 2012, through November 30, 2013. **MOTION:** Approve the March Treasurer's Report and 2012 Form 990. **MOTION APPROVED.**

OLD BUSINESS

1. **MSMS House of Delegates** – The 149th Annual MSMS House of Delegates will be held at The Henry in Dearborn from Friday, April 25 through Sunday, April 27. The SCMS is entitled to 11 delegates based on membership, and the following Delegates have indicated they will attend (in order of seniority): Drs. Scott, Dawis, Paidipaty, Nahata, Z. Khan, Walter, Ramani, Dedicatoria and M.Y. Khan; and Alternate Delegates to be seated as Delegates, Drs. Veverka and Nallani. Dr. M. Sohail Jilani has offered to serve as a backup if a Delegate is unable to attend. Dr. Thomas J. Veverka has agreed to accept nomination for the open District 8 Director seat. Drs. Syed Akhtar, Rustico Ortiz and Patricia Valia are eligible to receive 50 year pins at this year's House of Delegates. Dr. M. Yahya Khan will serve on the Committee on Rules and Order of Business to consider late resolutions to the HOD. Dr. Mildred J. Willy will serve as a Delegate for the Michigan College of Emergency Physicians.

2. **10th Annual Health Fair** – Joan report-

ed that the 10th Annual Health Fair "The Doctor Is In!" held on Saturday, March 22, 2014, was a success again this year. Attendance was up to 1,100, and 350 of those who registered had never been to the Health Fair before.

Michigan Blood registered 22 donors, 14 of which were able to donate, and two were first time donors. The East Side Soup Kitchen received a nice donation of non-perishable food donated by the public; and the Saginaw County Health Department and Sheriff's Department collected more than two 30 gallon containers of old, unused or unwanted medication through Dump Your Drugs.

3. **Health Delivery, Inc. (HDI), Request of Letter of Support** – At the March meeting, the Board reviewed a letter from Monica Woods asking for SCMS support of HDI and their Community Health Center programs. A discussion was held among Board members in regards to HDI being competitors of SCMS primary care physicians. It was also noted that HDI receives Medicaid subsidies that others do not. It was noted that only five HDI physicians are SCMS members (Drs. Bernardino, Coughlin, Hanna, Passal and Pinnell). It was the general consensus of the Board that the SCMS would be more supportive of HDI if their physicians were SCMS members. The Board invited Drs. Brenda Coughlin and Douglas Saylor to the April Board meeting to discuss a mutually supportive environment. Drs. Coughlin and Saylor gave an overview of services provided by HDI, and their sources of funding. Dr. Saylor indicated he completed his SCMS membership application, and gave it to HDI's accounting office to process payment. After discussion, it was agreed that the SCMS would send a letter of support for HDI and their programs to the appropriate legislators. **MOTION:** Approve letter of support for HDI. **MOTION APPROVED.** Dr. Coughlin offered to

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include SCMS membership information in new HDI physician orientation packets.

4. **CMU Healthcare CME Fees** – The SCMS has been notified we must now pay for CME accreditation through CMU. The application fee is \$150, plus \$125 per credit hour. Our programs are approved for 1.5 hours, so each CME program we offer at our meetings would cost \$337.50. Joan checked with MSMS, and they are able to accredit and track CME for us at a flat rate of \$200 per event. This fee is deeply discounted for county societies, as regularly charged fees to outside organizations are \$1,200-\$2,000 based on the number of hours. Dr. Anthony Senagore addressed the issue of the CME fees. He said there has been a transition in funding support from Synergy to CMU, and that CMU negotiates differently than Synergy with in-house

facilities (St. Mary's of Michigan and Covenant HealthCare). It costs CMU \$60,000 to \$75,000 per year to accredit CME programs. Several Board members stated the SCMS should not be charged CME fees because SCMS physicians are teaching the residents and medical students. Dr. Senagore replied that not all SCMS physicians teach, but those that are CMU community educator faculty are in line to receive enhanced Medicaid reimbursement which has value. One of the Board members stated that primary care physicians already receive enhanced Medicaid reimbursement. Dr. Senagore stated that enhanced Medicaid reimbursement through CMU is for all specialties, not just primary care physicians. Joan noted that the potential annual cost for CME accreditation of SCMS programs is approximately

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Jan Hauck, Broker/Owner



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\$1,200. The Board agreed to table the issue, and asked Dr. Senagore to take Board concerns to CMU leadership and report back at the May Board Meeting.

NEW BUSINESS

1. **Applications for Membership** – There were no applications for review.
2. **Slate of Nominees for 2014-2015** – Dr. M. Yahya Khan, Chair of the Nominating Committee, presented the Slate of Nominees for 2014-2015. The Slate will be voted on by the Membership at the May 20, 2014, Meeting. **MOTION:** Accept the Slate of Nominees for 2014-2015 as presented. **MOTION APPROVED.**
3. **Unpaid Dues Update** – The Board reviewed the list of members who have not yet paid their 2014 membership dues. Board members were asked to contact those they know on the list and encourage payment.
4. **5th Annual SCMS Foundation Golf Outing** – This year's Golf Outing will be held on Saturday, June 7, 2014, at the Saginaw Country Club. Board members were given sponsorship and team registration forms.
5. **Health Fair Vendors** – It has been SCMS policy that podiatrists and chiropractors are not allowed to have booths at the annual SCMS Health Fair. Dr. Elvira Dawis questioned the policy, stating that many physicians now refer to chiropractors, and she felt they offer a benefit and should be allowed, citing personal experience. After discussion, the issue was tabled for the May meeting. The Board would like to know Dr. Danielle Duncan's opinion on the issue since she is an orthopaedic surgeon.

ADJOURNMENT

*Respectfully submitted,
JOAN M. CRAMER, Executive Director*



The May meeting of the Board of Directors of the Saginaw County Medical Society was held on Tuesday, May 20, 2014, at Horizons Conference Center, prior to the Membership Meeting. Meena Ramani MD, President, called the meeting to order at 5:39 p.m.

The minutes of the April 15, 2014, Board meeting were reviewed. **MOTION:** Approve the April Board Meeting Minutes. **MOTION APPROVED.**

Dr. Dean presented the Treasurer's Report for April 2014. **MOTION:** Approve the April Treasurer's Report. **MOTION APPROVED.** Dr. Dean then indicated the SCMS office computers need to be replaced in the very near future, and asked the Board to approve an additional \$1,800 for the purchase of two new computer towers and IT fees associated with the installation. **MOTION:** Approve \$1,800 for purchase and installation of two new computer towers. **MOTION APPROVED.**

OLD BUSINESS

1. **MSMS House of Delegates** – A summary of the 149th Annual MSMS House of Delegates held at The Henry in Dearborn in April was attached to the Agenda. The 150th Annual MSMS House of Delegates will be held from Friday-Sunday, May 1-3, 2015, at the Amway Grand in Grand Rapids. Delegates were asked to mark their schedules to attend, and Alternate Delegates were advised they may be asked to attend if enough Delegates cannot.
2. **SCMS Foundation Golf Outing** – The 5th Annual SCMS Foundation Golf Outing is scheduled to be held on Saturday, June 7, 2014, at the Saginaw Country Club. Board members were asked to sponsor and golf.
3. **Slate of Nominees for 2014-2015** – Dr. M. Yahya Khan, Chair of the Nominating Committee, led discussion on the Slate of Nominees for 2014-2015 that was approved at the April 15, 2014, Board

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Meeting. Dr. Anthony J. Senagore was originally chosen by Dr. Ernie Yoder of the CMU College of Medicine to be the CMU representative to the SCMS Board. Therefore, Dr. Senagore was included on the Slate as an Alternate Delegate since there is no provision in the Bylaws for a representative of this type. Dr. Senagore advised the SCMS that CMU has realigned duties, and Dr. Steven Vance will now serve as the CMU representative to the Board. **MOTION:** Remove Anthony J. Senagore MD as an Alternate Delegate on the 2014-2015 Slate of Nominees and replace with Steven J. Vance MD. **MOTION APPROVED.** Dr. Khan will inform SCMS members of the change at tonight's membership meeting prior to the vote being taken to approve the Slate.

4. **Members Dropped for Nonpayment of Dues** – The Board reviewed the list of members who have not paid their 2014 dues and who were dropped by the SCMS and MSMS. The members can be reinstated with payment of their dues.
5. **CMU Healthcare CME Fees** – After the April Board Meeting, Dr. Anthony Senagore contacted CMU about the issue of charging the SCMS for CME programs. CMED has agreed to support the SCMS gratis. Dr. Senagore trusts that SCMS members will appreciate the benefits.
6. **Health Fair Vendors** – It has been SCMS policy that podiatrists and chiropractors are not allowed to have booths at the annual SCMS Health Fair. Participation has been limited to SCMS physicians and medically related businesses. Businesses owned by physicians who are not SCMS members are also not allowed. Dr. Elvira Dawis questioned the policy, stating that many physicians now refer to chiropractors, and she felt they offer a benefit and should be allowed, citing personal experience. The Board discussed that while there are good and qualified chiropractors, there are

many that recommend healing methods and practices contrary to what physicians recommend, namely, opposition to childhood immunizations. Several Board members stated that chiropractors are now covered by health care insurance. Joan noted that no podiatrists have asked to participate in the Health Fair. Each year, Joan gets calls from chiropractors asking to participate. **MOTION:** For a trial period of one year, allow no more than two (2) chiropractic offices to submit an application to the SCMS Board to participate in the Health Fair. Each application will need two physician sponsors and must be approved by the SCMS Board. The Board will revisit the issue after the 2015 Health Fair to consider making it permanent policy. **MOTION APPROVED.**

NEW BUSINESS

1. **Applications for Membership** – Dr. Talati presented the following application for first reading:
 - a. **Douglas J. Saylor, MD** – Ob/Gyn, Health Delivery, Inc., Chief Medical Officer and Staff Physician, sponsored by Drs. Brenda M. Coughlin and Donald B. Passal.
2. **Fraudulent Tax Filing Legal Alert** – Dr. Ron Barry attended the Board meeting to talk about the number of local physicians and dentists who have been victims of tax fraud this year, including he and his wife. He was aware of at least 28 physicians in the Saginaw area who were affected. Some fraud included tax returns being filed in the name of a physician in another state, such as Oklahoma, as well as refunds via a T-Mobile debit card. Dr. Barry wanted to know if he should contact the media in his position as Chair of the Press and Public Relations Committee to publicize the issue. His thought was we need to address it at the local level so others know what is happening, and perhaps something can be done to

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find the criminals. It was decided that Joan would work with Dr. Barry to prepare a survey that will be sent to SCMS physicians and the Saginaw Dental Society asking for information if they were affected by fraud. Joan will then compile the results and work with Dr. Barry to try and find a common denominator.

3. **SCMS Board Representative to CMU College of Medicine** – Tabled until the June 17 Board Meeting.

4. **SCMS Foundation** – Dr. Richard Hausler, Secretary/Treasurer of the SCMS Foundation, gave an overview of the 2014 Foundation Annual Report that Dr. Matt Deibel, Foundation President, will give at tonight's Foundation Annual Meeting. Dr. Hausler is also ending his term as Retiree Representative to the Board, and gave a few exit remarks to the Board on several matters, including mentoring younger physicians and encouraging them to be leaders.

5. **CAN Council Fundraiser** – In Dr. Waheed Akbar's absence, Joan advised the Board that the Dow Corning Foundation has issued a \$300,000 matching grant for all funds raised in the month of May for the CAN capital campaign to extend their facilities and programs. In addition, an anonymous physician donor will match all donations made by physicians. All were encouraged to support CAN.

ADJOURNMENT

*Respectfully submitted,
JOAN M. CRAMER, Executive Director*



The June meeting of the Board of Directors of the Saginaw County Medical Society was held on Tuesday, June 17, 2014, at Michigan CardioVascular Institute. M. Sohail Jilani, MD, President, called the

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meeting to order at 5:38 p.m.

The minutes of the May 20, 2014, Board meeting were reviewed. **MOTION:** Approve the May Board Meeting Minutes. **MOTION APPROVED.**

Dr. Dean presented the Treasurer's Report for May 2014. **MOTION:** Approve the May Treasurer's Report. **MOTION APPROVED.**

OLD BUSINESS

1. **SCMS Foundation Golf Outing** – Dr. Jilani reported that 23 teams participated in the 5th Annual SCMS Foundation Golf Outing on Saturday, June 7, 2014, at the Saginaw Country Club. The Foundation will receive approximately \$16,700 after expenses.

2. **CMU Health** – Dr. Vance addressed the Board about the differences between “enhanced” and “uplifted” Medicaid programs. The Medicaid PPAP program is aligned with public universities and was extended to Covenant HealthCare and St. Mary's of Michigan. CMU College of Medicine, Covenant HealthCare and St. Mary's of Michigan employed physicians are enrolled in the Medicaid enhancement program, so that is why some physicians are receiving additional funds. Dr. Vance reported that faculty from out of the area will also have Medicaid enhancement, but will receive a check directly from CMS. Medicaid “uplift” is a two year program that is currently in effect for primary care physicians. Board members were again instructed to submit their CV to the respective residency program directors for consideration of appointment by CMU College of Medicine. Dr. Vance also presented a list of those physicians who have been appointed Community Educator Faculty as of May 28, 2014. The Board also discussed with Dr. Vance the physicians who recently resigned from CMU Health and the reasons for their departure.

3. **SCMS Board Representative to CMU College of Medicine** – Dr. Ramani ques-

tioned having a SCMS Board member on the CMU College of Medicine Board since we have one of their representatives, appointed by Dean Yoder, on our Board. Dr. Dean indicated academic boards are much different than the SCMS Board, and are constantly meeting and working on issues. Dr. Vance will look into what board would be the proper venue for SCMS representation and will report back to the Board. The educational faculty board and curriculum committee were both suggested as possibilities.

NEW BUSINESS

1. **Applications for Membership** – Dr. Talati presented the following application which was recommended for approval at tonight's meeting:

- a. **Douglas J. Saylor, MD** – Ob/Gyn, Health Delivery, Inc., Chief Medical Officer and Staff Physician, sponsored by Drs. Brenda M. Coughlin and Donald B. Passal.

MOTION: Approve the Membership Application of Douglas J. Saylor, MD as presented above. **MOTION APPROVED.**

Dr. Talati then presented the following application for first reading:

- a. **Adebambo M. Kadri, MD** – Thoracic Surgery, employed by St. Mary's of Michigan but working at Michigan CardioVascular Institute, sponsored by Drs. Christopher M. Genco and Luigi Maresca.

2. **Delegates to Serve as Voting Board Members** – Each June, the officers and directors are given a ballot to vote for three Delegates to serve as voting Board Members for the coming year (2014-15). Since there are only three Delegates who are not officers and directors, no election was necessary as those three will serve as voting board members. **MOTION:** Elect Delegates, Drs. Caroline G.M.

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Scott, Elvira M. Dawis and M. Yahya Khan as voting Board members for 2014-15. **MOTION APPROVED.**

3. **Anti-Trust Avoidance Statement and Conflict of Interest Disclosure** – All officers, directors, delegates and alternates are asked to sign the above referenced documents annually per attorney advice.

4. **Retiree Representative** – Former Retiree Representative, Richard C. Hausler MD, resigned his position at the May 20, 2014, Board Meeting. Neil W. Love MD expressed an interest in the position, and has attended the past several Board meetings. **MOTION:** Appoint Neil W. Love MD as the Retiree Representative to the SCMS Board. **MOTION APPROVED.**

5. **Saginaw County Health Department** – The Saginaw County Health Department

is searching for a new medical director. An informational sheet with the requirements was distributed to all physicians attending the Board meeting.

6. **Physician Assistant Preceptors** – Joan reported that PA students at CMU are having a difficult time finding preceptors for their PA students. Joan asked if anyone would be interested in serving as a preceptor. Several physicians reported they have contacted CMU in the past to get PA students, but their calls have not been returned. It was mentioned that perhaps the difficulty of securing preceptors was because of the amount of time physicians must spend on EMRs, Meaningful Use, etc., thereby limiting the time they have available. After discussion, it was decided that the SCMS would contact

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physicians and office managers to determine interest. The information will then be compiled and given to CMU.

7. **Dr. Ramani's Projects** – Dr. Ramani reported that she was still working on her efforts to stop bullying and a gun buyback program. She reported that she discussed both issues with Saginaw County Sheriff Bill Federspiel. It was suggested that the school put out a mass text message to the students when they return in the fall with information on who to contact if they are being bullied. Dr. Ramani did not know whose number should be given to the students. Joan told her that there is a bullying website www.stopbullying.gov and the Lifeline phone number for this purpose is [1-800-273-TALK](tel:1-800-273-TALK) (8255).

In regards to the gun buyback program, the Sheriff would like to speak with the SCMS Board at the August or September Board meeting to discuss the details. Dr. Ramani suggested the Sheriff's Department could have a booth at the SCMS Health Fair to collect guns. After discussion, it was decided that the Health Fair was not the proper venue to collect guns. They could have a booth on gun safety, such as how to secure firearms. Dr. Ramani reported that she talked to a physician in the Public Health Reference Committee Hearing at the MSMS House of Delegates in April, and learned that four other counties are currently working on this problem. Joan will contact MSMS and try to get the names of those counties.

ADJOURNMENT

Respectfully submitted,
JOAN M. CRAMER, Executive Director



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