

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2019

## MERRY HEART



### Memory Lane's Life Enrichment Program

| Sunday                                                                                                                                                                                                                                                                                                                                        | Monday                                                                                                                                                                                                                                                                             | Tuesday                                                                                                                                                                                                                                                                                  | Wednesday                                                                                                                                                                                                                                      | Thursday                                                                                                                                                                                                                                                                                                           | Friday                                                                                                                                                                                                                                                           | Saturday                                                                                                                                                                                                                                                                   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Super Bowl Sunday</b><br>8:30 Meet & Greet<br>9:30 Wake Up! <b>3</b><br>10:00 Chair Workout<br>10:30 Baking<br><b>2:00 Sing-along w/Manny in the Lobby</b><br><b>3:00 Catholic Mass - L</b><br><b>6:30 Super Bowl Sunday Patriots vs Rams on ch#2</b><br> | <b>Barber Shop Opens Today</b> <b>4</b><br>8:30 Meet & Greet<br>9:45 Daily Chronicle<br>10:15 Stretch & Flex<br>10:30 Bakers prep<br><b>2:00 Arts &amp; Crafts</b><br>3:15 Coffee Time!<br>4:15 BINGO Bash!<br>6:00 Music Lover's Lane<br>7:00 Hand Massage                        | <b>5</b><br>8:30 Greet & Meet<br>9:45 Chinese New Year Talk<br>10:15 Music & Motion<br>10:45 Dear Abby & more<br><b>12:00 Chinese New Year Luncheon</b><br>2:00 Trivia Questions<br><b>3:00 Chinese New Year Social</b><br>4:15 Hand Massage<br>7:00 Evening Prayers<br>Chinese New Year | <b>6</b><br>8:30 Meet& Greet<br>9:30 Dorothy's concert<br>10:15 Sit & Be Fit<br>10:45 Current Events Talk<br>1:30 BINGO BASH!<br><b>3:30 Novena &amp; Rosary - L</b><br><b>4:00 Catholic Mass - L</b><br>6:00 Dominos Game<br>7:00 Sing-along  | <b>7</b><br><b>Hairdresser Day w/Joyce</b><br>8:30 Meet & Greet<br>10:15 Music & Motion<br>11:00 Baking Club<br>1:30 Pampered Nails<br>2:00 Jingo Time!<br><b>3:30 Live Music by Jeff Dunston - L</b><br>6:00 Storytelling & Relax<br>7:00 Music Gatherings                                                        | <b>8</b><br><b>Wear Red Day</b><br>8:30 Meet & Greet<br>10:15 Chair Exercise<br>11:30 Word Game<br><b>1:00 TGIF w/Ed Clark - L</b><br>1:15 Bible Study<br>w/Charlotte in the Theatre<br>3:00 Bingo bash<br>6:00 Discussion: New years<br>7:00 Soft Music & relax | <b>9</b><br><b>Groundhog Day</b><br>8:30 Meet & Greet<br>9:30 Morning Exercise<br><b>10:30 Worship w/ Chaplain Sue T</b><br>1:00 Pet Therapy visits<br>2:00 Bingo<br>3:15 Move & Groove<br>4:00 Bean Bags Toss<br>6:00 Aroma Therapy<br>7:00 Hand Massage<br>Groundhog Day |
| <b>10</b><br>8:30 Meet & Greet<br>9:30 Wake Up!<br>10:00 Chair Workout<br>10:30 Baking<br><b>2:00 Karaoke Sing-along</b><br><b>3:00 Catholic Mass - L</b><br><b>3:30 Music Therapy w/Sheldon - piano</b><br>4:30 Classic Show Ch#97<br>6:00 Soft Music & Relax                                                                                | <b>11</b><br><b>French Chef Day</b><br>8:30 Meet & Greet<br>9:45 Daily Chronicle<br>10:15 Stretch & Flex<br>11:00 Baking for Social<br>1:30 Music Therapy Club<br><b>2:00 Music Therapy by Tina Tunes</b><br>4:15 Finish the Line<br>6:00 Sing-along<br>7:00 Storytelling          | <b>12</b><br>8:30 Greet & Meet<br>9:30 Current Events<br>10:15 Music & Motion<br>11:00 Table Games<br>2:00 Jingo Game<br>3:00 Tuesday Social<br>4:15 Hand Massage<br>7:00 Evening Prayers                                                                                                | <b>13</b><br>8:30 Meet& Greet<br>9:30 Dorothy's concert<br>10:15 Sit & Be Fit<br>10:45 Current Events Talk<br>1:30 BINGO BASH!<br><b>3:30 Novena &amp; Rosary - L</b><br><b>4:00 Catholic Mass - L</b><br>6:00 Dominos Game<br>7:00 Sing-along | <b>14</b><br><b>Hairdresser Day w/Joyce</b><br>8:30 Meet & Greet<br>9:30 Music with Ruth<br>10:15 Music & Motion<br>1:30 Pampered Nails<br>2:00 Jingo Time!<br><b>3:30 Valentine's Day Party w/Al Kessel Band - in the Main Dining Rm</b><br>6:00 Storytelling & Relax<br>7:00 Music Gatherings<br>Valentine's Day | <b>15</b><br><b>Chronic Pain Meeting</b><br>8:30 Meet & Greet<br>10:15 Chair Exercise<br><b>1:00 TGIF w/Ed Clark - L</b><br>1:15 Bible Study<br>w/Charlotte in the Theatre<br>3:00 Bingo Bash<br>4:00 Movie on ch#45<br>6:00 Balloon Batting<br>7:00 Sing-along  | <b>16</b><br>8:30 Meet & Greet<br>9:30 Morning Exercise<br><b>10:30 Worship w/ Chaplain Sue T</b><br>1:00 Pet Therapy visits<br>2:00 Bingo<br>3:15 Move & Groove<br>4:00 Bean Bags Toss<br>6:00 Aroma Therapy<br>7:00 Hand Massage                                         |
| <b>17</b><br>8:30 Meet & Greet<br>9:30 Wake Up!<br>10:00 Chair Workout<br>10:30 Baking<br><b>2:00 Sing-along w/Manny in the Lobby</b><br><b>3:00 Catholic Mass - L</b><br>4:30 Classic Show Ch#97<br>6:00 Soft Music & Relax<br>7:00 Evening Social                                                                                           | <b>18</b><br>8:30 Meet & Greet<br>9:45 Daily Chronicle<br>10:15 Stretch & Flex<br>11:00 Baking for Social<br>1:00 Afternoon Fun<br>2:00 BINGO Bash!<br><b>2:45 Cupcake Social</b><br>4:00 Trivia on Presidents<br>6:00 Evening Activities<br>Presidents' Day (US)                  | <b>19</b><br>8:30 Greet & Meet<br>9:30 Current Events<br>10:15 Music & Motion<br>10:45 Dear Abby & more<br>11:00 Bakers Prep<br>2:00 Jingo Game<br>3:30 Afternoon Trivia<br>4:30 Aromatherapy<br>6:00 Relax w/Music                                                                      | <b>20</b><br>8:30 Meet& Greet<br>9:30 Dorothy's concert<br>10:15 Sit & Be Fit<br>10:45 Current Events Talk<br>1:30 BINGO BASH!<br><b>3:30 Novena &amp; Rosary - L</b><br><b>4:00 Catholic Mass - L</b><br>6:00 Dominos Game<br>7:00 Sing-along | <b>21</b><br><b>Hairdresser Day w/Joyce</b><br>8:30 Meet & Greet<br>9:30 Music with Ruth<br>10:15 Music & Motion<br>11:00 Baking & Horoscope<br>1:30 Pampered Nails<br>2:00 Table Games<br><b>3:30 Live music by Kris L</b><br>6:00 Storytelling & Relax<br>7:00 Music Gatherings                                  | <b>22</b><br>8:30 Meet & Greet<br>10:15 Chair Exercise<br>10:45 Large Jigsaw puzzle<br>1:15 Bible Study<br>w/Charlotte in the Theatre<br><b>2:00 Poker - T</b><br><b>3:00 Live Pianist w/Ed Clark - L</b><br>6:00 Balloon Batting<br>7:00 Sing-along             | <b>23</b><br>8:30 Meet & Greet<br>9:30 Morning Exercise<br><b>10:30 Worship w/ Chaplain Sue T</b><br>1:00 Pet Therapy visits<br>2:00 Bingo<br>3:15 Move & Groove<br>4:00 Bean Bags Toss<br>6:00 Aroma Therapy<br>7:00 Hand Massage                                         |
| <b>24</b><br>8:30 Meet & Greet<br>9:30 Wake Up!<br>10:00 Sit & Be Fit<br>10:30 Baking<br><b>2:00 Karaoke Sing-along</b><br><b>3:00 Catholic Mass - L</b><br>4:30 Classic Show Ch#97<br>6:00 Soft Music & Relax<br>7:00 Evening Social                                                                                                         | <b>25</b><br><b>Mashed Potato Day</b><br>8:30 Meet& Greet<br>9:30 Daily Chronicle<br>10:00 Stretch & Flex<br>11:00 Bakers prep for Social<br>2:00 BINGO Bash!<br><b>3:00 Arts &amp; crafts Social</b><br>4:15 Bean Bag Toss<br>6:00 Music Lovers Lane<br>7:00 Aromatherapy & relax | <b>26</b><br>8:30 Greet & Meet<br>9:30 Current Events<br>10:15 Music & Motion<br><b>11:00 Price is Right B</b><br>2:00 Trivia Questions<br>3:00 Bible Stories<br>4:15 Hand Massage<br>7:00 Evening Prayers                                                                               | <b>27</b><br>8:30 Meet& Greet<br>9:30 Dorothy's concert<br>10:15 Sit & Be Fit<br>10:45 Current Events Talk<br>1:30 BINGO BASH!<br><b>3:30 Novena &amp; Rosary - L</b><br><b>4:00 Catholic Mass - L</b><br>6:00 Dominos Game<br>7:00 Sing-along | <b>28</b><br><b>Hairdresser Day w/Joyce</b><br>8:30 Meet & Greet<br>9:30 Music with Ruth<br>10:15 Music & Motion<br>11:00 Baking & Horoscope<br>1:30 Pampered Nails<br>2:00 Jingo Time!<br><b>3:30 Birthday Party w/DJ Bernie - L</b><br>6:00 Storytelling & Relax<br>7:00 Music Gatherings                        | <b>Happy Groundhog Day!</b><br>                                                        |                                                                                                                                                                                                                                                                            |