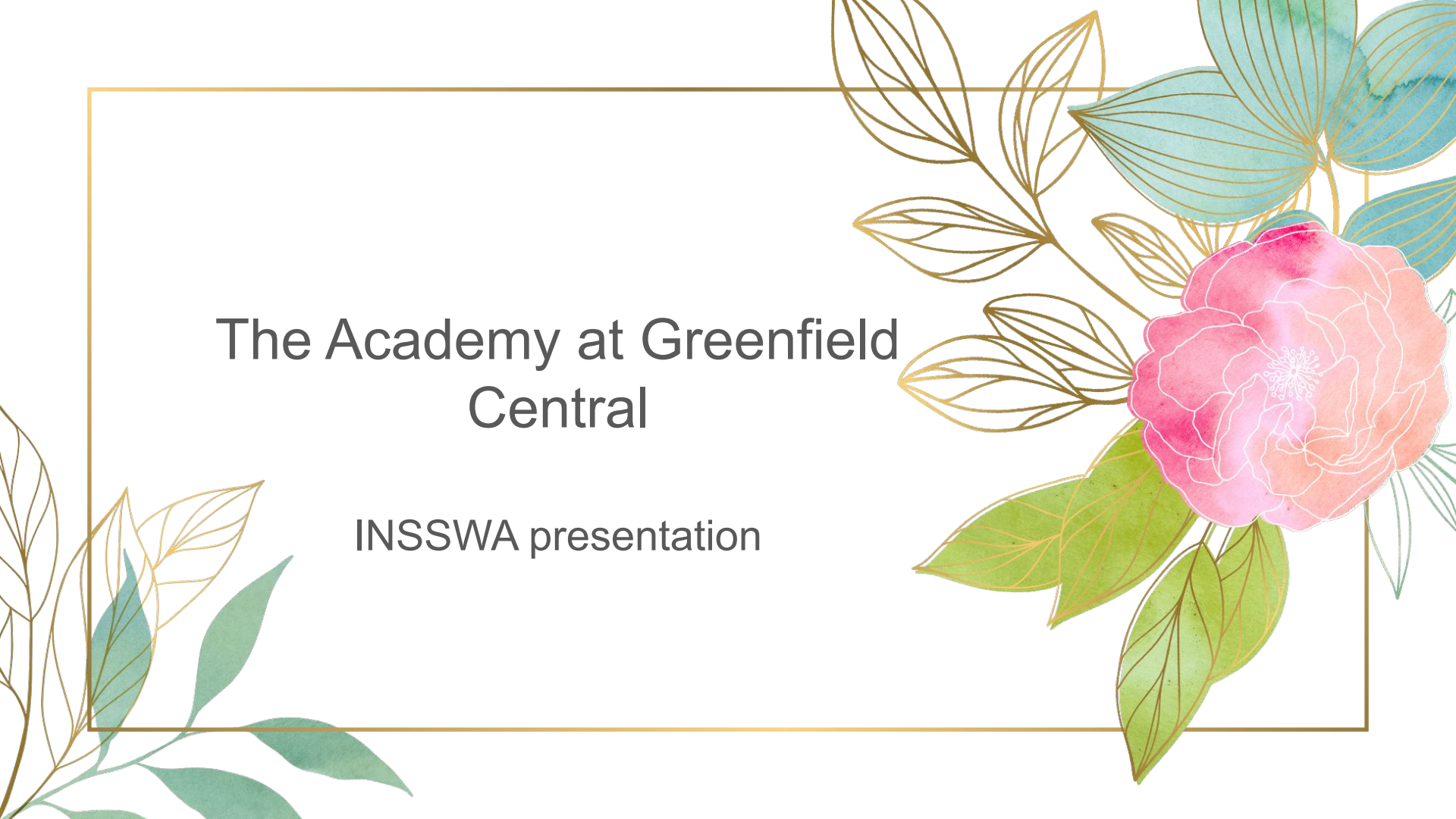


The Academy at Greenfield Central

INSSWA presentation



“

BREATHE.....

2

Who we are

- Alternative education program within Greenfield Central Schools
- Students in grades 11-12th
- Students at risk of not graduating due to one of the reasons below:
 - At risk of dropping out
 - Failure to meet credit requirements
 - Pregnant or parenting teen
- 2 teachers, 1 social worker
 - One lead teacher (specializing in Math and Science)
 - Additional teacher (specializing in English and History)

Simon Youth Academy

This is our first year as a Simon Youth Foundation (SYF) academy

- Annual scholarship opportunities for students (up to \$20,000!)
- Connected to a nat'l network of other SYF Academies (7 in Indiana)
- Professional Development (monthly and annually)
- Enhancement grants (supplies, furniture, artwork, etc.)
- Graduation support (\$\$ for cake, grad gifts, etc.)
- National partnerships w/companies to help provide financial and employment opportunities for students

Program Overview

A walk as an Academy Student





Hello! I'm Taylor



“

Taylor is a junior at Greenfield Central High School.

She struggles with attendance due to high levels of anxiety which prevent her from coming to school regularly.

Taylor's short bio:

- Lives with mom and younger brother (parents divorced when she was in grade school)
- Has 11 credits (she should have 20-30 at this point in her academic career)
- She has missed 25 days of school
- She has a documented anxiety disorder and takes medication for the disorder

Taylor's Referral Process

Counselor referral

Family interview w/Academy lead teacher

Review of program expectations

Selection of AM/PM class


Setting up Edgenuity classes

Providing a Chromebook from the Academy tech library





Academy programs offered to Taylor

- 15 minute yoga sessions
 - Led by an Academy teacher during “break time” a couple days out of the week
 - Mindful Moment
 - At the beginning of the day, we open up with a mindful script from the Calm app
 - Lights are dimmed, students may lie down or sit
 - QOTD Wednesday
 - SEL Lessons
 - Topics this year included: vision boards, ISTEP prep and Perspective
 - Zones of Regulation QR code
 - Google form
 - Students can choose an intervention, depending on color selected
 - <http://bit.ly/3evy7h1>
 - “Recess” time
 - Academy teacher takes students out for a 20 minute game of frisbee or football toss
- 

Support services that Taylor can use

Community service opportunities

(checks off box 2 for Graduation Pathway)



SW services

1:1 counseling/psychoeducation

1:1 academic support

Mental health assessments

Connection to resources


Academic advocacy w/teachers and administrators

Safe space to share and respond



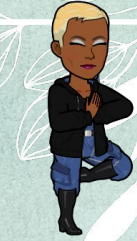
Strategies for helping ALL students

As school social workers, how can we validate students concerns and connect them to resources?

- In PLC's, make time to discuss student struggles and identify strategies that address those barriers and help the student
 - SPED teachers are a great resource! Use their knowledge base to identify student struggles & help formulate behavior plans/goals for students
 - Expect **DAILY** success of **EVERY** student. This **IS NOT** always academic
 - Survey your students often (Google forms is a blessing!!)
 - Treatment preferences
 - Bully surveys
 - Career interests (most of our kids are going into the workforce)
 - Use Calendly to help students manage their time AND yours!
- 

One-of-a-kind services

1. Yoga
2. QOTD Wednesday
3. Mindful minute
4. End of day trivia
5. Gift card giveaways
6. Daily healthy snacks
7. Quarterly Parent Newsletter
8. Driver's Education Lessons
9. Outdoor frisbee and football games





More offerings from the Academy menu

- Advisories
 - Academy students are assigned to an Academy staff member who:
 - Has weekly check-ins on % progress (25% standard)
 - Monitors graduation progress (credits earned, needed)
 - Sends bi-weekly progress emails to parents
- Weekly Gift Card Drawings
 - Student's name would be added to the drawing if they:
 - Meet weekly progress goal
 - Break a personal record
 - Arrive on time everyday
 - Attend school everyday
- Progress Monitoring
 - Ribbons
 - Paws as credits (play on "Cougars" mascot)
 - Student folders
 - Weekly progress reports to parents

Other Delightful Tidbits

Academy special events

- Cookies and cocoa holiday party
- Donuts (AM) and pizza (PM) end of semester party
- SYF branded materials to pass out to students (tshirts, coozies, tote bags, lunch bags, etc.)

Whole School Strategies

- ▶ At risk cohort meetings
- ▶ Leader on wellness team
- ▶ PD's on mental health
- ▶ 1:1 counseling with teachers
- ▶ Presenter at new teacher induction meetings
- ▶ Consult with SPED teachers for resources
- ▶ College/Career Fair
(Extra credit opportunities for students)
- ▶ **Self care accountability officer**
- ▶ Director of culture club

Whole School Strategies cont'd.

- ▷ Mindful Moments
- ▷ Wellness Wednesday's
- ▷ Food Trucks
- ▷ Therapy Dogs



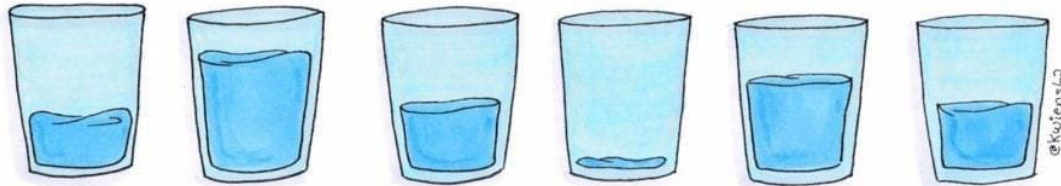
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*What is your self-care
Regimine?*



WE CAN'T POUR FROM
AN EMPTY VESSEL

- 💧 OUR STUDENTS COUNT ON US TO HAVE CALM TO SHARE WITH THEM.
- 💧 WE NEED TO BE REGULATING OURSELVES TO BE AVAILABLE TO CO-REGULATE WITH OTHERS.
- 💧 WHEN WE TAKE CARE OF OURSELVES, WE TAKE CARE OF OUR STUDENTS.
- 💧 WHAT ARE YOUR RESTORATIVE PRACTICES?



OUR STUDENTS' CALM

@Kwintens12

GCHS Staff Wellness

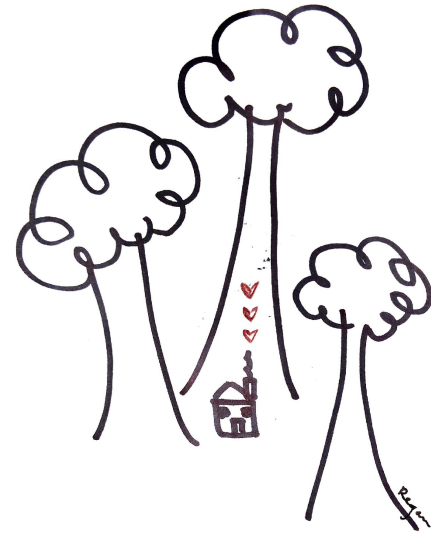
Self-care

- ▶ PD for staff on Self Care
- ▶ Survey staff
- ▶ Follow up on staff self-care plan
- ▶ Counseling w/staff
- ▶ Video library “Brady Bunch” style

Wellness Team

- ▶ Formed in 2019
- ▶ Teachers/Administrators/Counselors/Social Workers/HR/School Psych
- ▶ Meet 1x month
- ▶

it won't hurt so much if you share it!



Somewhere safe.

Two Conditions for Well-Being and Learning!

Questions???



My contact information

Tammi L. Broadus, MSW, LSW

School Social Worker

The Academy at Greenfield Central

tbroadus@gcsc.k12.in.us

YouTube channel: The Secondary School Social Worker

Instagram: Secondary School Social Worker

Facebook:

Twitter: