



MERRIMACK FRIENDS & FAMILIES

Est. 1973

FEBRUARY 2026

50+ YEARS OF CELEBRATING MERRIMACK!!
1973-2026



Presidents' Message

Julie Akers & Tammy Ditman



With stormy January behind us hopefully February will be sunnier. Let's brave the cold to meet up at social outings like coffees, fireside drinks, trivia, book club, lunch at a local restaurant, couples' night to see a comedian and a Mardi Gras themed potluck dinner. Don't let the shorter days and wintry weather keep you from having fun. Make it a priority to spend time with friends and meet new people.

MFF members are dedicated to making a positive impact in our community. Get involved because volunteering can really make a difference. Lend a hand at the United Way's Shoebox Project where we'll sort through donations for homebound seniors. Bake some winter themed treats and/or donate an hour (or three) at MFF's chili & baked good sale at the annual Winter Carnival at Wasserman Park. Proceeds from the sale go to MFF's charitable fund and will be donated back to the community at the end of the club year.

"Service to others is the rent you pay for your room here on earth." - Muhammad Ali

Julie and Tammy

February Calendar

DATE	TIME	EVENT
February 2	1:00 PM	Shoebox Project @ United Way
February 4	9:00 AM	New Member Coffee @ Buckley's
February 3	6:00 PM	Trivia @ Able Ebenezer
February 7	12:00 PM	Winter Carnival @ Wasserman Park
February 10	6:00 PM	Trivia @ Able Ebenezer
February 10	7:00 PM	Board Meeting
February 14	9:00 AM	Membership Coffee @ Buckley's
February 16	7:00 PM	Book Club
February 17	6:00 PM	Trivia @ Able Ebenezer
February 17	6:30 PM	Mardi Gras Recipe Swap
February 18	5:00 PM	Membership Social @ Homestead Restaurant
February 24	6:00 PM	Trivia @ Able Ebenezer
February 27	6:30 PM	Couples Date Night @ Fulchino Vineyard

Please see the Evites for additional information.

Vice President

Catherine Pepler



Greeting Members!

Hope you all survived the snow and cold!!

You asked for plans to include husbands, partners and friends. Couples' night out planned! Join in the fun of listening to Lenny Clarke, Boston Comedian at Fulchino Vineyard on February 27th. It is sure to be a great time. Evites have been sent out with the details.

Catherine





Treasurer

Bev Coelho



No updates this month. All is well!

Bev



Secretary

Sandy George



If you have any questions about the club or what we are thinking of participating in next reach out and I will try to answer your questions.

One of the premises of our club is that we can be a friend if you need a friend. If you or someone you know in the club needs help with rides, meals while experiencing surgery or illness, or just to talk to someone please reach out to me and I will send a message to the club asking for help.

Sandy



Ways and Means

Beth Voorhees & Karen Contos



Hello friends,

The Winter Carnival is coming up in two weeks, on February 7th at Wasserman Park, from 12 to 3 p.m.

We are looking for themed baked goods (Super Bowl/Valentine's Day) and an assortment of cookies and brownies. Can't make the event, but want to bake? Contact Karen or Beth to arrange pickup.

We need carnival assistants to help serve chili, cocoa, and baked goods.

After you respond to RSVP, go to the Evite and scroll to What to Bring, you can then enter what times you would like to volunteer and what baked goods you will be bringing. Thank you for your help, it is truly appreciated!

Beth has already sent out the first Evite invitation regarding the upcoming winter carnival. Please sign up, it is a fun event, and you get to see a lot of children, and an ice carving artist right next to us!

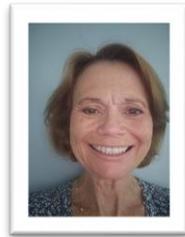
Hope to see you at the event,

Beth and Karen



Service

Robin Johnson



Happy February! Hope everyone is doing well with all this snow.

Thank you to everyone who participated in our January project of collecting purses and toiletries for Brook's Purses. For February, we will be sorting and packing items for the United Way of Greater Nashua's Shoebox Project. The Shoebox Project collects donated items and delivers them to homebound seniors along with information on services available in the area.

A heads up for the Easter Baskets: Easter this year is on April 5th. We will have the Easter Basket assembly the week of March 23rd. I will be receiving the list of needed Easter Baskets on March 5th and will send out the Evite shortly after that.

Robin



Membership

Laurie Libby & Cat Lansman



Greetings! We hope everyone is staying warm and dry this blustery season. Come join us for a nice cup of hot coffee or tea at Buckley's on Saturday, February 14th and bring a friend! The Evite is out.

Last month's social event at The Homestead Tavern was well attended. We sat near the fireplace and listened to live music while enjoying good food, drinks and conversation. We hope you can stop by this month on Wednesday 2/18. Watch for the Evite.

Laurie and Cat



Publicity

Carol Figueroa



Please remember to send pictures of your MFF related events to me so that I can include them on our Facebook and Instagram pages. It's so nice to be able to share with our members how much fun we have! When you send, please let me know a quick summary of what the pictures are of.

Carol



Happy Birthday!!



Leslie H.	2/20
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Interest Group Happenings

Secret Sisters

Happy New Year, Secret Sisters!

Our second Gift Exchange Potluck was on January 28. Our next potluck in May is when we get to tell our Secret Sisters who we are.

For February, March, and April, you (and/or your dedicated delivery person) are on your own delivering gifts to your SS.

Sometimes your SS wants to make sure you received your gift from her, but for obvious reasons, she cannot come right out and ask you! So, it is always nice to submit a quick "thank you" note in the monthly newsletter just to let her know you got it. It is not required, but it is certainly a great gesture.

Again, thank you for your participation. I hope that 2026 has only good things in store for you all!

Regards,
Jill M.

Book Club

We will be reading Wuthering Heights for our February 16 meeting.

We also intend to try to go out to see the new Wuthering Heights movie which is coming out February 13.

We normally meet on the third Monday of the month. Please let me know if you would like to join us.

Sandy





Lunch Bunch

Keep any eye out for future Evites!

