

Rocking Horse Early Learning Center

2253 American Way
Port Allen, LA 70767

Breakfast
October 2017

225-749-4004
Info@RHELC.com
TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
2 Buttered Grits Mixed Tropical Fruit Milk	3 Maple & Brown Sugar Oatmeal Mandarin Oranges Diced Peaches Milk	4 Cinnamon Toast Diced Peaches Milk	5 Pancake & Turkey Sausage on a stick Sliced Peaches Milk	6 English Muffin with Breakfast Sausage Furit Cocktail Milk
9 Waffles with Syrup Diced Pears Milk	10 Dry Cereal Fresh Bananas Milk	11 Pancake Mixed Tropical Fruit Milk	12 Oatmeal Mandarin Oranges Milk	13 Buttered Toast Mixed Fruit Milk
16 French Toast Sliced Peaches Milk	17 Cheese Grits Mixed Tropical Fruit Milk	18 Cinnamon Biscuits Diced Pears Milk	19 Pancake & Sausage on a Stick Mandarin Oranges Milk	20 Buttered Toast with Jelly Fruit Cocktail Milk
23 Waffles with Syrup Sliced Peaches Milk	24 Buttered Grits Fruit Cocktail Milk	25 Dry Cereal Sliced Pears	26 Buttered Biscuits Mixed Tropical Fruit Milk	27 English Muffin Mandarin Oranges Milk
30 Cheese Toast Mixed Fruit Milk	31 Pancakes with Syrup Fesh Bananas Milk			

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individuals income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
2 BBQ Pulled Pork on a Bun BBQ Baked Beans Applesauce Milk	3 Grilled Cheese Sandwiches Cut Green Beans Diced Pears Milk	4 Chicken & Sausage Jambalya Sweet Peas Fruit Cocktail Milk	5 Taco Casserole Buttered Corn Mandarin Oranges Milk	6 Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chunks
9 Red Beans w/Sausage & Ham Over Steamed Rice Buttered Corn Mixed Tropical Fruit	10 Baked Chicken Nuggets Green Beans Mixed Fruit Milk	11 Beef Stew Over Steamed Rice Buttered Squash Fresh Bananas Milk	12 Baked Breaded Fish Patty Macaroni & Cheese Sweet Peas Sliced Peaches	13 Smothered Pork Chops Mashed Potatoes Glazed Carrots Applesauce
16 Chicken & Sausage Gumbo Steamed Rice Buttered Corn Sliced Pears	17 Spaghetti with Meat Sauce Steamed Broccoli Fruit Cocktail Milk	18 Tuna Salad on Bread Green Beans Mandarin Oranges Milk	19 Oven Baked BBQ Pork Chops Cajun Rice Dressing Buttered Potatoes Pineapple Tidbits	20 Corn Dogs Green Beans Mixed Tropical Fruit Milk
23 Meatloaf in Gravy over Rice Sweet Peas Sliced Pears Milk	24 Baked Fish Fillets Mashed Potatoes Buttered Corn Applesauce	25 BBQ Pork Chops Macaroni & Cheese Sweet Potatoes Sliced Peaches	26 Hot Dog on a Bun Buttered Potatoes Mandarin Oranges Milk	27 Chicken Stew over Rice Broccoli & Cheese Fruit Cocktail Milk
30 Tuna Salad with Crackers Glazed Carrots Pineapple Chunks Milk	31 Pork & Sausage Pasta Sweet Potato Casserole Tropical Fruit Milk			

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
2 Ritz Bitz Cheese Crackers Juice	3 Cheddar Goldfish Crackers Juice	4 Teddy Graham Crackers Juice	5 Animal Crackers Juice	6 Goldfish Pretzel Juice
9 Saltine Cracker Mozzarella Cheese Juice	10 White Cheddar Cheez It Crackers Juice	11 Teddy Grahams Juice	12 Blueberry Muffin Juice	13 Ritz Bitz Cheese Crackers Juice
16 Saltine Crackers Mozzarella Cheese Stick Juice	17 Goldfish Pretzels Juice	18 Teddy Grahams Juice	19 Blueberry Muffin Juice	20 Rit Bitz Cheese Crackers Juice
23 Cheddar Goldfish Crackers Juice	24 Teddy Graham Crackers Juice	25 Cheez It Crackers Juice	26 Ritz Bitz Cheese Crackers Juice	27 Goldfish Pretzel Juice
30 Teddy Grahams Juice	31 Animal Crackers Juice			

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