



## Helaman's 2000: *The 1994 Student Intern Program*

*And now my sons, remember, remember that it is upon the Rock of our Redeemer, who is Christ, the Son of God, that ye must build your foundation, that when the devil shall send forth his mighty winds; yea his shafts in the whirlwind.*

*Yea, when all his hail and his mighty storm shall beat upon you, it shall have no power over you, to drag you down to the gulf of misery and endless wo, because of the rock upon which ye are built, which is a sure foundation, a foundation whereon if men build, they cannot fall.*

Helaman 2: 74,75

These words were written more than 2000 years ago by Helaman to his sons. They were written by way of admonition and instruction so his sons might lay up for themselves "treasure in heaven." All followers of Christ should remember them because in this instruction lies the promise of receiving the precious gift of eternal life.

FRAA is seeking to help build "sure foundations" in the lives of our youth. This summer, for the third consecutive year, young people ages 16 to 21 will study for six weeks in Book of Mormon classes, work on projects related to the Book of Mormon, and be witnesses to young and old.

Since September, a committee headed by Dale Godfrey and made up of other FRAA members has met and worked regularly evaluating new programs and classes and planning a program that will be more exciting than ever. The summer internship director for 1994 will be Harold "Skip" Robison. He will be assisted by staff members Tom Mitchell, Jared Anderson and Julie Gatrost. This year, for the first time, past interns will also be staff assistants.

In addition to classroom study, the interns will participate in Book of Mormon conferences planned for Nauvoo, Illinois; Sperry, Oklahoma; and several congregations in the Independence area. They will witness in hospitals, rest homes, youth camps and in individual congregations.

Few programs exemplify the words of Helaman in such a way that they strengthen young people for a lifetime of service. FRAA's 1994 Summer Internship Program is such a program. It is "*a sure foundation.*"

If you would like FRAA's student interns to witness of Jesus Christ and share their testimonies of the Book of Mormon in your congregation or youth groups, write to the following address.

### Student Interns

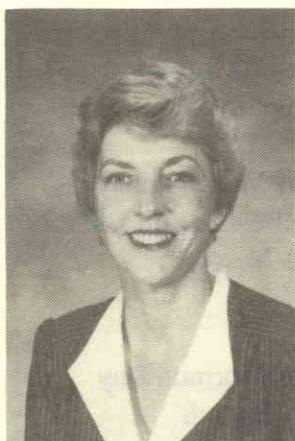
c/o FRAA, 210 W. White Oak,  
Independence, MO 64050

or call  
(816) 461-FRAA for information.

### FRAA's Book of Mormon Bookstore!

FRAA's bookstore, now beginning its second year of operation, promises to be a source of broad spiritual resources. Already FRAA can offer you more insightful and well-researched books, study guides, and commentaries on The Book of Mormon than any other bookstore in the region. Drawing upon RLDS, LDS and Restoration publishers, FRAA has sought to compile Book of Mormon materials that will give you fresh insights and a wealth of new sources of information. Books like Living The Book of Mormon, a guide to understanding and implementing the principles of The Book of Mormon, Doctrinal Commentaries, a book which offers in-depth understanding of Book of Mormon verses and phraseology, as well as many other books, will give many hours of enriching reading. Why not visit FRAA's bookstore?

*Remember that Helaman's 2000 members receive 10% off all purchases.*



### Meet Pat Heady

Nephi tells us to "Feast upon the words of Christ; for behold the words of Christ will tell you all things what ye should do" (II Nephi 14:4). For those who love him, Christ's words are indeed meat and drink, in fact, life itself.

In *The Witness* we have a unique opportunity to lift up the name of Jesus as it comes to us in the sweet and simple language of The Book of Mormon. Written in

humility, the book tells us over and over who he is and what his purpose is.

Our goal as a magazine is the same as The Book of Mormon's, that is, to present Jesus. We will pursue it with timely articles which focus on archaeological research, theology, testimony, the programs and plans of the Foundation and items of broad general interest to our readers.

As editor of *The Witness*, I want to be part of a team which gives you a magazine you can gladly share with others.

My background includes graduation from Graceland College and Stanford University with a degree in history and English. In graduate school I studied history and education at Columbia University (NY) and the University of California (Berkeley) prior to teaching history and English. I've served as copy editor for books and newsletters, *The Witness* and edited a Christian newspaper for two years.

I appreciate the work and dedication of others which has brought the Foundation to this point. My hope is that the work of FRAA will not only magnify the name of Jesus, but will do so in the spirit in which The Book of Mormon was written.

### Meet Lory Miller

A few years back, upon returning home from a two month stay in Scotland, UK, a series of eye-opening events took place in my life. These events led me to believe that while I was doing a fairly decent job helping others, I wasn't putting enough time or energy into leading people spiritually. Since that time, I have been searching for an organization whose beliefs and spiritual outlets would fit my needs and where my services could be of some use.

I haven't been working for FRAA long. However, I felt an instant connection to the group of people I am now working with and to the endeavors which they undertake. They have made me feel very welcome.

I graduated from Missouri University-Columbia, with a degree in Fine Arts and a strong background in English, creative journalism and communications. I enjoy learning and hope eventually to return to school to achieve a master's degree and possibly a doctorate degree.

Being around people and making them happy are among my greatest joys. Therefore, I am involved in a great deal of community-sponsored and charity events. I also run a small desktop publishing business through my home.

I hope to become more and more involved with the Foundation's activities as time goes on. But for the time being, I will concentrate on helping to make *The Witness* magazine and the *Mighty Summons* easily read pieces of literature for our readers.



(Above left, Witness Editor Pat Heady and at right Lory Miller, Layout and Design.)

### HELANAN'S 2000 UPDATE

As of May 31, 1994

#### Members of Helaman's Two Thousand

*Units (households)	771
*Organizations (like branches which may include many people)	16

Income from members of HTT	\$26,208.28
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*The Helaman's Two Thousand program began in 1988. Of the 787 current memberships, 106 joined in 1992; 30 joined in 1993; 5 have joined in 1994.*

## FRAA Officers

Michael Gatrost

*President*

Roy Weldon

*First Vice President*

Dale Godfrey

*Second Vice President*

Carol Sue Martin

*Secretary/Treasurer*

## Editor

Pat Elliott Heady

## Editorial Committee

Dale Godfrey

Pat Elliott Heady

Ed Slauter

Tom Mitchell

Michael Gatrost

## Layout

Lory Miller

## Coming up:

**June 13 -- August 5**

Summer Book of Mormon  
Internship Program

**July 17, 1994**

FRAA Book of Mormon Day  
Hill Cumorah Restoration Branch  
Independence, Missouri  
9:00 -- 12:00

**July 23, 1994**

FRAA Book of Mormon Day  
Nauvoo RLDS Church  
Nauvoo, Illinois  
9:00 -- 12:00

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# MIGHTY SUMMONS