

Spiritual Check Up Required

“The heart is deceitful above all things, and desperately wicked: who can know it?”
(Jeremiah 17:9),

Over time, the daily use of my car requires regular maintenance checks. My car has a light that comes on when it's time for the annual service check up on the car. This check up, makes sure everything is running as it should and avoids futures problems.

Wouldn't it be great, if we had one of those monitors to tell us it was time to check our heart or the condition of our soul? Imagine this, a light would flash on and off indicating “Spiritual Check Up Required.” Your heart is the very center of your being and your soul is deeply impacted by the heart.

Since the heart is a big part of your inner man, you need to make sure it's not harboring the wrong things. The heart controls a lot of what you do, or don't do. The heart determines how you respond to things and has the capability to hold on to the things it shouldn't.

Your day to day life, relationships and other external factors all influence your heart and spiritual condition. These influences, have the potential to draw out emotions, behaviors and thoughts that are either positive or negative. Many times, when the heart harbors the wrong things, it has the ability to poison or damage your relationship with God or others through things you experience.

Today's message is your flashing light, “Spiritual Check Up Required.” Since the heart and soul are closely connected to your spirit, it's wise to keep a close eye on your inner man asking the Lord to, “Create in me a pure heart, O God, and renew a steadfast spirit within me” (Psalm 51:10).

The Lord knows exactly where you are today. He knows the things you are thinking. He knows how you've been feeling. Take some time today and sit before Him. Let Him probe your heart and then trust Him.... “Keep your heart with all vigilance, for from it flow the springs of life” (Proverbs 4:23).

Rev. Dr. Gina Cobb-
February 21, 2017