YOUTH DEVELOPMENT

Nurturing the potential of every child and teen

SWIM, SPORTS & PLAY



SCHOOL AGE, TEEN & ADULT =

- PRESCHOOL -





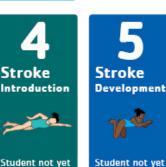
















SWIM STARTERS
Swim readiness skills

SWIM BASICS
Recommended skills for all to have around water

SWIM STROKES
Skills to support a healthy lifestyle

INFANT 6-18 MOS

able to respond

to verbal cues

and jump on

land.

TODDLER 18 MOS-3 YRS

PRE-SCHOOL 3 YRS TO 5 YRS







WED 6:00 P SAT II:00 A



WED 6:30 P WED 7:00 P SAT 9:00 A SAT 10:00 A



WED 6:30 P WED 7:30 P SAT 9:30 A SAT 10:00 A



WED 7:00 P SAT 9:00 A



able to swim

15 yards of

crawl.

front and back

P IN



INSTRUCTOR INVITE ONLY

We teach the nationally recognized Y Progressive swim program.
We have a staff of certified guards & instructors who are experienced in teaching both children & adults aquatic skills & personal safety.
We can teach you to swim whatever

Fees:
Members \$35
Non-Members \$65

your age or ability!

SCHOOL AGE

6YRS—12 YRS



WED 7:30 P SAT 9:30 A



WED 7:30 P SAT 10:00 A



WED 6:30 P SAT 9:30 A



WED 7:00 P





WED 5:30 P SAT 10:30 A



5:30 P WED 6:00 P

SAT 11:00 A

*Classes and times are subject to change/each level is taught individually

* PLEASE NOTE - Children with floatation devices must be accompanied by an adult at all times in the pool area.