

Wild Bergamot



Wild Bergamot has many great qualities. It is an important nectar source for butterflies, bees and hummingbirds. The leaves and flower heads can be made into a tea. Also known as Beebalm, it is a natural antiseptic and can be used for minor wounds and skin infections. The tea is useful for mouth and throat infections as well as a being a mild stimulant.

**NATIVE TO EASTERN
NORTH AMERICA**

Monarda fistulosa

- Hardiness: Zone 4-9
- Size: 2-4'
- Flower: Pink/Lavender in Summer
- Culture: Full sun and adequate moisture. Tolerates part shade and some dryness.
- Uses: Naturalizing, perennial border, wildlife, tea, medicinal, fragrance