

NDC COACHING FEES

Monthly coaching fees are due on or before the 1st day of each month. The Annual Club Membership Fee is due no later than January 1st of each year.

Jr. Elite and JSO divers are required to commit to year-round training, competition, and financial obligation.

Learn to Dive and High School Prep fees are based on *either four or eight practices per month*. There are several months, in any given year, where there is an “extra” one or even two practice days in a month. We do not charge for these “extra” practices, therefore if practice is cancelled due to weather or holidays these extra practice days will be considered the “makeups” for missed/cancelled practices.

Monthly Fee Structure: January 01, 2025 –December 31, 2025

Learn to Dive-LtoD - 75-minute training sessions

Monthly Training Fee: 1 time per week	\$85.00
2 times per week	\$115.00
3 times per week	\$140.00
LtoDive Plus: (by invitation) 2 times per week, plus 30 minutes, per practice	\$140.00
LtoDive Plus: (by invitation) 3 times per week, plus 30 minutes, per practice	\$170.00
Annual Club Membership Fee:	\$50.00

Junior Elite-JRE - 2-hour training sessions

Monthly Training Fee: 4 times per week	\$250.00
Jr. Elite Plus: (by invitation) 4 times per week, plus 30 minutes on Tues/Thurs	\$280.00
Annual Club Membership Fee:	\$100.00

High School Prep-HSP - 2-hour training sessions

Monthly Training Fee: 2 times per week	\$175.00
3 to 4 times per week (not available at this time)	\$225.00
Annual Club Membership Fee:	\$75.00

Junior Olympic Squad-JOS: - 3-hour training sessions

Monthly Training Fee: Minimum of 5 days per week	\$400.00
Annual Club Membership Fee:	\$175.00

***Weight Training: Jr. Elite and JOS divers are required to participate in weight training and conditioning sessions as scheduled during regular practice times. Some divers may not be allowed to participate in weight training due to their age or physical development.

***Private lessons are available as pre-arranged with the coaching staff at the rate of \$50.00 for one hour. The fee for semi-private lessons (2 or more divers) is \$30.00, per diver, for one hour.