

# A Man and His Talent



BEVERLY HILLS BOARD  
CERTIFIED DERMATOLOGIST  
COSMETIC SURGEON  
FOREVER YOUNG FOUNDER  
**DR. DAVID RAHIMI**

**ON Facial Distortion:** the fault of patients who nag their doctors to do more and more, or doctors who don't know when it's time to stop?

"I think the problem is twofold. The philosophy of many doctors is that if a little is good, a lot is better. So, they start by using a little filler and Botox, and the patient comes back and is not fully happy. So, they decide to do just two more of the same, instead of stopping and taking the time to analyze his or her face to see what really needs to be done. Fillers fill. Lasers laser. Chemical peels peel. Surgical and nonsurgical lifts—lift the skin. It may sound simplistic, but I think many practitioners fail to pay attention to this concept. Each of these modalities does a different thing and, you cannot substitute a filler where a laser or botox is needed. I think not to generalize, but many doctors don't really spend a lot of time planning a strategy. And, they don't look at that very important photo of a patient from 10-15 years ago to see how that patient used to look. The process gets rushed, and in the end they create something that tends to look unrecognizable."

## **THE "NO CUTTING SURGERY" FACELIFT**

**NO SURGERY • ONE TREATMENT • ONE WEEK DOWN TIME**

**STORY** Suzanne Takowsky-Ferre **PHOTOS** Barbra Porter and Nogen Beck