



# HOOPS4HEALTH<sup>®</sup>



## Winter Break Camp and All Star Night

### Details

- Both weeks we will be working on all the fundamentals of the game. This includes shooting, dribbling, rebounding, defense, passing, screen and roll drills, and game situations.
- Mental Aspect of the Game, sportsmanship, positive attitude, off court maintenance, healthy lifestyle.
- At the end of each session we will finish with scrimmage games
- There will be a variety of competitions, contests, and prizes.
- All Star Saturday Night - includes Skills Challenge, Shooting Stars Competition, Slam Dunk Contest, and Healthy Foods Pizza Party. Many prizes awarded.

#### Ages

For Boys and Girls Grades JK-12  
Groups broken down by age during program

#### Date/Times

Week 1: 12/26-12/28  
Week 2: 1/2-1/4  
All Star Night 1/5 (4-7PM)  
Grades JK-1: 12-1PM  
Grades 2-12: 1-2:30PM

**Location:** Winnetka Community House (WCH)  
620 Lincoln Ave. Winnetka, IL

#### Cost:

All Sessions Discount includes All Star Night: \$228  
All Sessions Discount Not Including All Star Night: \$175  
All Star Night Only (Includes Food): \$65  
Week 1 or 2 Discount: \$95  
Daily Rate: \$35  
10% Discount for family members 2 or more

**Web:** [www.Hoops4Health.com](http://www.Hoops4Health.com)  
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**Winnetka  
Community  
House**