CAREER ENRICHMENT



Occupational Therapy, Physical Therapy & Rehabilitation Journey to Israel, Palestine & Jordan

January 3-12, 2023

$6,499 (Incl Flights. Based on double occupancy)

$999 (Single supplement)

Join us to explore Israel, Palestine & Jordan, a region steeped in history, diversity, and local traditions. Examine the range of healthcare services and education provided in each country while experiencing the unique opportunity to connect with families and community members from a broad cross-section of multicultural backgrounds.

BOOK NOW 888.747.7501

Program Highlights

- ✓ 8 nights / 10-day journey through Israel, Palestine, and Jordan.
- ✓ ***Optional*** **post-program extension** to Petra & Wadi Rum.
- ✓ Smaller group size and private guided journey will allow for a high level of interaction with your peers and time for networking with your travel companions and meeting hosts.
- ✓ The goal of the professional visits is to learn collectively and across cultures how health care and occupational therapy is similar and different from the US through **dialogue and exchange** with your counterparts.

Education Interaction

- ✓ Interact with **OT/PT professionals** from a variety of facilities in both Israel and Jordan such as **Haifa University, Ono Academy,** and the **University of Jordan**.
- ✓ Focus on learning about **rehabilitation access and services** available in Israel, Palestine, and Jordan. Discuss similarities and differences among the US and Israel and Jordan based on influences of culture on care in each country.
- ✓ Visit a local **hospital or OT practice** in Amman and talk to staff to understand the different aspects of care and what is needed.

Community and cultural Interaction

- ✓ Gain authentic cultural insight during an evening spent enjoying a **home-cooked meal with a local family** in Nazareth.
- ✓ Visit with Ghada Boulos at **Ghada's Corner** where the group can sit in the cozy coffee & handicraft shop, enjoy a cup of local tea or coffee with Ghada's special energy treat, and hear stories about local culture, folklore, and the community.
- ✓ **Iraq Al Amir Women's Cooperative** will host the group for ceramic and paper making lessons as well as a cooking class with the local women before lunch.

What's Included:

- Superior accommodations throughout
- All transportation and activities outlined in the itinerary
- Group transfers to and from the international airport
- International air (set tentatively out of DC/Dulles area)
- Local English-speaking guides
- Meals as mentioned and most tips

Not Included:

- Personal expenses at the hotel
- Meals not specified
- Tips for national guide
- Domestic flight to gateway city
- COVID testing protocols unless specifically noted



Washington Dulles

DAY 1, Tuesday, January 3, 2023

Depart for Israel today

Depart from Washington DC/Dulles (surrounding area) and make your way to Tel Aviv today.

Tel Aviv

DAY 2, Wednesday, January 4

Arrival in Tel Aviv

Arrive in **Tel Aviv** this afternoon at the Ben Gurion International Airport. Upon arrival, the group will be met and transferred to your local hotel. Relax this evening and settle into your hotel.

Tal Hotel is just a minute's walk from Metzizim Beach. Combining upscale style and design, the beautiful property offers guests a superb Israeli buffet breakfast, in addition to lunch and dinner options, a range of seminar halls, a breezy rooftop and a gym and sauna. They have free Wi-Fi and a 24-hour front desk for your convenience.

All travelers will gather this evening with your national guide and receive further information on the program.

Enjoy a **welcome dinner** this evening at a local restaurant.

Overnight: Tal Hotel (or similar)
Included meals: Dinner

Tel Aviv

DAY 3, Thursday, January 5

Introduction to Israel

Set out to visit a local academic facility such as **Tel-Aviv University** *or* **Ono Academy**. Meet with faculty and enjoy a short tour of their facility. The goal of the professional visits is to learn more about their education systems for OT/PT and other allied health professionals in Israel. Talk about topics of mutual interest like access to care and challenges they have faced due to COVID-19 in delivering that care and continuing to educate students.

Guest Program: *Guests will visit the Peres Center for Innovation this morning.*

Stop for lunch in the Sarona before heading to the **Old Jaffa Port**. Built 4,000 years ago, it is the oldest port in the world. In 1954, Jaffa became an integral part of the Tel Aviv municipality. Explore the boutiques and galleries in the **old city** including a stop to see **Clock Tower Square** with buildings dating back to before the Ottoman period. Drive on to the **Old Train Station**, the central hub that once connected the holy land with its neighboring countries. End your tour with a visit to **Neve Tzedek**, founded in 1887 by Aharon Shlush to escape the crowded Jaffa area, 22 years before Tel Aviv was founded.

Return to the hotel where dinner is on your own this evening.

Overnight: Tal Hotel (or similar)
Included meals: Breakfast & Lunch



Tel Aviv to Nazareth

DAY 4, Friday, January 6

Travel to Haifa and on to Nazareth

Check out of your local hotel and head north to Haifa. Your first stop later this morning is to meet with the staff at **Haifa University**. You will have some time to talk about topics of mutual interest including a short tour of key departments to meet students if available.

Accompanying Guests*: Enjoy a visit to Caesarea National Park including the Roman Theater ruins, Bahai Gardens and Stella Maris Monastery. The Hanging Gardens of Haifa's terraces are located on Mount Carmel and were completed in 2001, there are 19 terraces and more than 1,500 steps ascending the mountain.*

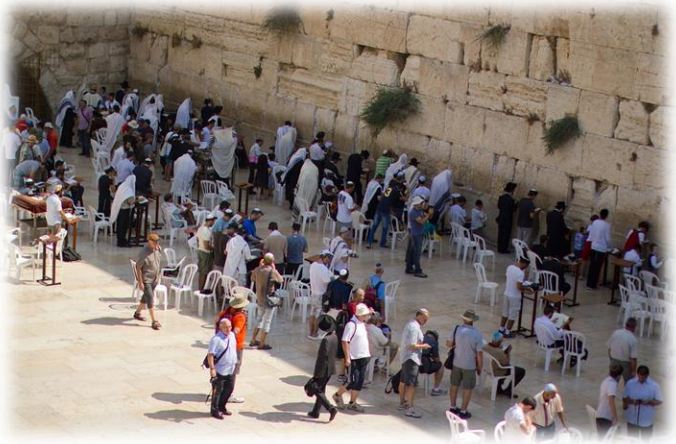
Enjoy some free time and lunch on your own in the **German Colony** which has been beautifully restored in recent years and is now lined with trendy cafés and shopping.

Visit **Nazareth**, one of the largest Arab cities in the country. Tour the old city stopping by a very old and special coffee mill owned by one of the local families, named **El-Babour**, where you can browse local spices and coffees. Then enjoy a special visit with Ghada Boulos at **Ghada's Corner** where the group can sit in the cozy coffee and handicraft shop, enjoy a cup of local tea or coffee with Ghada's special energy treat, and hear stories about local culture, folklore, and the community.

Check into the **Ramada Hotel** later today, which is located on the ridge of Nazareth facing over the old city. Guest rooms have a safe, free Wi-Fi, minibar, bathroom amenities and onsite dining. Time permitting, enjoy the indoor pool, spa, or fitness center.

This evening you will dine with a **local family** to enjoy not only their delicious homemade Middle Eastern dishes but also their warm hospitality.

Overnight: Ramada Hotel (or similar)
Included meals: Breakfast & Dinner



Bethlehem

DAY 5, Saturday, January 7

Depart for Bethlehem

This morning head out for the drive to **Bethlehem**. Visit the **Church of Nativity** and shepherd's fields. Located in Palestine, the basilica is in the West Bank. The grotto is of great religious significance to Christians as the birthplace of Jesus. It is the oldest site used as a place of worship in the faith and is the oldest major church in the Holy Land.

After lunch, drive to the **Mount of Olives** for a panoramic view of the city. Stop at **Mount Zion** to visit King David's Tomb, Room of the Last Supper and the Dormition Abbey.

Enter the **Old City** and walk through the Armenian and Jewish quarters to the recently excavated and restored Cardo, the Roman Road. See the Jewish Wailing Wall and the Kotel. The **Western Wall** is a place of pilgrimage and sacred to the Jewish people as the only remains of the Second Temple. Continue to the Christian Quarter to walk along the **Via Dolorosa** to follow in the footsteps of Jesus before his crucifixion. Head onward to tour the Church of the Holy Sepulcher, the location of the crucifixion and tomb of Jesus of Nazareth. It is a site of great religious significance and pilgrimage.

Head onward to check in at your hotel in Jerusalem with dinner on your own.

Arthur Hotel is in the newly revived Ben Yehuda district. Guest rooms are meticulously designed to capture the charm of this era. The hotel has free Wi-Fi, 24-hour front desk, onsite dining, and currency exchange.

Overnight: Arthur Hotel (or similar)
Included meals: Breakfast & Lunch





Jerusalem

DAY 6, Sunday, January 8

Holocaust Remembrance & Professional Program



After breakfast, the group will have a moving visit to **Yad Vashem**, the world's foremost Holocaust Memorial Museum, and archival center. Hear about this dark time in the history of the Jews, be moved by stories of heroism and bravery, and experience special moments in the various memorials and exhibits.

Lunch will be provided at a local restaurant.

Accompanying Guests: *This afternoon guests will visit Mahane Yehuda Market with a local guide. Enjoy some time to explore as you take in the local Israeli flavors, colors, and atmosphere. Learn about important Jerusalem families that have lived in the neighborhood throughout the years and visit some of the market's highlights.*



This afternoon is set aside for a meeting with a **local OT provider** to learn more about how OT/PT is delivered in Israel vs. the U.S. and what type of services they commonly provide to their patients.

This evening the group will enjoy an early farewell dinner followed by a night spectacular show at the **Tower of David**.

Overnight: Arthur Hotel (or similar)
Included meals: Breakfast, Lunch & Dinner

Amman

DAY 7, Monday, January 9

Drive to Amman, Jordan

Check out of your Jerusalem hotel and make your way to Jordan. Cross the border where local representatives will assist in the visa formalities.

The group will enjoy lunch and swim at one of the leading hotels in the Jordanian side of the **Dead Sea** then continue to Amman city for a tour.



Your explorations this afternoon includes stops at the **Citadel, Archeological Museum, Roman Amphitheatre,** and **Folklore Museum**. The Citadel is a historical site in the center of downtown, dating back to the Neolithic period. The Roman Theater is a 6,000-seat 2nd century landmark, dating to the Roman period. The Folklore Museum is next to the theater and showcases the city's cultural heritage. Your Jordanian guide will share information about Jordan and answer questions as you explore.

The **Landmark Hotel** is in the heart of the city and a lovely five-star property. With great panoramic views of the historic capital, the hotel has six restaurants and lounges. Guest rooms have all the amenities of a luxury hotel including mini-bar, safe and Wi-Fi.

Dinner will be provided this evening.

Overnight: Landmark Hotel (or similar)
Included meals: Breakfast & Dinner

Amman

DAY 8, Tuesday, January 10

Morning Meeting & Afternoon Tour

This morning the group will visit the **University of Jordan** to learn about education for OT/PT and Rehabilitation professionals in Jordan as well as chat with faculty about how these practices are changing in the future.

Accompanying Guests: *You will have some free time to relax his morning before joining the group for the afternoon humanitarian visit and lunch.*

This afternoon, enjoy a visit to **Iraq Al Amir Women's Cooperative** for a chance to take park in ceramic and paper making. Take part in a cooking class with the local women and enjoy your creations for lunch this afternoon. Unemployment in Jordan for women is around 33% in urban areas and is even higher in rural areas. The Iraq Al-Amir Women's Cooperative, which was founded by the Noor Al-Hussein Foundation in 1993, aims to make the women in the area financially independent and to raise their standard of living by increasing their income and preserving local heritage.

Enjoy a welcome dinner tonight at a local restaurant.

Overnight: Landmark Hotel (or similar)
Included meals: Breakfast, Lunch & Dinner





Amman & Jerash

DAY 9, Wednesday, January 11

Cultural Exploration

After breakfast head to **Jerash** to begin your afternoon tour of the city. A close second to Petra on the list of favorite destinations in Jordan, the ancient city of Jerash boasts an unbroken chain of human occupation dating back more than 6,500 years. Conquered by General Pompey in 63 BC, it came under Roman rule and was one of the ten great Roman cities. Know at that time as *Gerasa,* the site is now generally acknowledged to be one of the best preserved Roman provincial towns in the world. Hidden for centuries in sand before being excavated and restored over the past 70 years, Jerash reveals a fine example of the grand, formal provincial Roman urbanism that is found throughout the Middle East.

After lunch, walk around in **Jabal Al Weibdeh**, one of the oldest parts of Amman and where you can find a lot of the authentic architecture. In this neighborhood, most of the houses are protected from demolition because they are very important to Jordanian heritage.

Depart for **Sanferyan** where you will enjoy a farewell dinner and a glass of wine as you experience the local atmosphere with music.

Overnight: Landmark Hotel (or similar)
Included meals: Breakfast, Lunch & Dinner

Amman

DAY 10, Thursday, January 12

Depart for the U.S.

After breakfast say farewell to Jordan and fly back to the U.S., with arrival the same day.



Tel Aviv, Israel

Tal Hotel

287 Hayarkon Street, Tel Aviv, Israel

Telephone: +972 3-542-5500
https://www.atlas.co.il/tal-hotel-tel-aviv



Nazareth, Israel

Ramada Nazareth

Derekh ha-Tsiyonut 29, Nazareth, Israel

Telephone: +972 4-887-8888
https://en.ramadanazareth.com/



Jerusalem, Israel

Arthur Hotel

13, Dorot Rishonim Street, Jerusalem, Israel

Telephone: +972-2-6239999
https://www.atlas.co.il/arthur-jerusalem



Amman, Jordan

Landmark Hotel

Al Shareef Hussein St‹ Amman, Jordan

Telephone: +962 6 560 7100
https://www.landmarkamman.com/

