

# Hold On or Let Go?

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Everyone gets confronted with situations that make us choose how we will handle things and how we handle things, changes things.....

I'm going to use a situation that happened today to write about. It moved me into questioning why we hold onto things when we know we should let go and on the flip side, why we let go of things when we know we should hold onto them?

A friend of mine took her dog out this morning and had wound the leash around her fingers because of the length. All of a sudden a family of possums walked into plain sight and the dog sprang into action. Instead of letting go of the leash, she held on and found herself being dragged down the side of her house to the corner of her neighbor's yard where the dog had the possum cornered and was shoving it with her nose.

After all was said and done, she had broken one finger and another finger had been completely skinned where the leash gave it a good burn. While talking about it, it was clear she was thinking about the well-being of the dog and the dog not getting bit by this possum (that was pretty big) and/or not eating the possum which could have any number of diseases. Protecting the dog to the tune of a broken finger speaks volumes about her love for her furry family member.

How often do we hold on even when we know there may be a painful outcome?

Some would say that maybe holding on will show the depth of love one has. Some would ask was it worth the pain, did it do any good?

How often do we let go of something when it gets a little too crazy knowing that we should hold on? If we let go, will our relationship die? If we let go, will it hurt something or someone? If we let go will it help us in some way?

All of these questions seem to me to be heartfelt questions that I feel need to have careful consideration behind them but sometimes we aren't given the time to carefully weigh our options and we have to act "in the moment". I get that.

I believe that the more time we spend in prayer, the more we will respond appropriately and in a timely manner when the moment is upon us. We will bear fruit (**John 15**), we will find hope (**Psalm 119**), we will have protection (**Psalm 32**), we will discern the will of God (**Romans 12**) and we will learn when to hold on, and when .... To let go. (**Ecclesiastes 3**)