

# Ashtead All Stars Health and Safety Policy

## **Health and Safety Policy Statement**

Ashtead All Stars Netball Club (AAS) is committed to ensuring that its members, coaching staff, spectators and volunteers can participate in club activities while recognizing that their health, wellbeing and safety is always our paramount concern

AAS recognises that the effective prevention of accidents depends on a committed attitude to health and safety and seeks to promote a positive safety culture and environment by implementing pragmatic and proportionate health and safety measures and encouraging active participation in these matters throughout the club membership. Health and safety is the responsibility of every player, official, coach and volunteer of the club.

## **Health and Safety Policy**

## **Purpose**

The purpose of this policy is to outline the processes and expectations around health and safety at AAS.

## Scope

The policy applies to all club members and spectators. The guidelines and requirements are to be adhered to at all match, training sessions and hosted events.

## **Definitions**

Hazard - something which could cause someone harm

Risk - the chance that a hazard could cause harm

Accident - any unplanned event that resulted in injury or ill health of people, or damage or loss to property.

*Near Miss* - any event, which under slightly different circumstances, may have resulted in injury or ill health of people, or damage or loss to property.

#### **Risk Assessments**

The club will undertake regular and recorded risks assessment of our home court and all activities undertaken by the club. A detailed risk assessment should be held for all club activities at The Downsend School. Before any session, the coach in charge should conduct the risk assessment checklist contained at Annex A.

Where a match(es) or training session occurs away from The Downsend School, the coach in charge should still ensure that the risk assessment process (see Annex A) is carried out and that they are happy to continue.

AAS will ensure that members are given appropriate levels of training and competition by regularly assessing individual ability dependant on age, maturity and development.

#### **Accident and Injury Reporting**

All club members must have an active membership to England Netball before participating in any club activity.



Any accidents, incidents or near misses sustained during any club activity **must** be reported as soon as possible. Injuries (including any treatments given) should be logged on the appropriate forms which can be found in the club shed and in each first aid bag. They should be handed in to the folder in the club shed at the first available opportunity. The health and safety officer / safeguarding officer will collate these at the end each month.

Annex B contains a copy of the guidelines for accident / incident reporting.

#### **First Aid**

AAS will ensure that there is always adequate access to first aid and first aiders. The club will maintain a minimum number of qualified first aiders that are able to provide initial care for minor injuries and will ensure that there is at least one qualified and competent person present at any activity conducted by the club. The names and qualification dates of those individuals will be held by the health and safety officer.

Suitable first aid kits will be stocked and available at any activity being conducted by the club. These will be checked by the health and safety officer every quarter. Year group coaches must ensure that they check their first aid kits before taking them away from the club shed. Any shortages should be reported to the health and safety officer as soon as possible.

In the event of a serious medical accident or incident, emergency services should be called.

## **Compliance and Review**

All club members and spectators are expected to be aware of, understand and follow the requirements and responsibilities laid out in this policy. The implementation of the policy will be reviewed annually for effectiveness or in the event of a serious accident or injury. The health and safety officer will prepare an annual report to be presented at the club AGM

#### **Roles and Responsibilities**

Club Chair - has overall responsibility for health and safety at the netball club

Coaches – are responsible for

- Ensuring that their relevant club members are aware of and adhering to the policy.
- Carrying out the pre-activity risk assessment check list.

Health and Safety Officer - is responsible for

- Creating and monitoring the implementation of the club's health and safety policy.
- Ensuring that first aid kits are kept stocked and available.
- Ensuring that the club has adequate numbers of qualified and competent first aiders.
- Preparing the annual report to the AGM

Club Members - As club members you have a responsibility to

- Understand and comply with the club's health and safety policy
- Take reasonable care for your own health, safety and wellbeing and that of others who may be affected by your actions
- Correctly use all equipment provided by the club
- Not interfere or misuse anything provided for your health, safety or welfare



## **Document Control Information:**

Document Control Information	
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## **Revision History**

Version	Date	Change Summary
1.0	June 2019	New H&S Policy – Reviewed and Validated

Date	5th July 2020
Name & Position	Matt Timblin, Ashtead All Stars Health & Safety Officer
Signature	



Date: Venue:		
Teams: v		
COURT SURFACE AND SURROUNDS	ACCEPTABLE	UNACCEPTABLE
Is the court surface free of debris and in adequate condition?		
Are the court lines clearly marked and not peeling off?		
Is the perimeter / run off sufficient and free from obstructions?		
Are the goal posts secure and in good condition?		
Is the lighting enough to ensure safe play?		
Are spectators adequately controlled and positioned suitably?		
Is there any other issue that could constitute a hazard to partic	ipants? □	
FIRST AID AND FIRE SAFETY		
Is a trained first aider / first aid kit available for treating minor in	njuries? □	
Is there a procedure in place for dealing with major injuries?		
Are fire exits clearly marked and free from obstructions?		
PLAYER CHECKS		
Have player checks <sup>1</sup> been carried out?		
Are all participants (players AND officials) wearing suitable foot	twear?	
COMMENTS (especially where any 'unacceptable' box has been	checked)	

# Annex B: Guidelines for dealing with an Incident/Accident Stay calm but act swiftly and observe the situation. Is there danger of further injuries?

<sup>&</sup>lt;sup>1 1</sup> Nails, hair, jewellery etc



- Listen to what the injured person is saying.
- Alert the first aider who should take appropriate action for minor injuries.
- In the event of an injury requiring specialist treatment, call the emergency services.
- Deal with the rest of the group and ensure that they are adequately supervised.
- Do not move someone with major injuries. Wait for the emergency medics.
- Contact the injured person's parent/guardian.
- Complete an incident/accident report form.

## Incident/Accident Report Form

Venue			Location of			_
			accident/incide	nt		
Date of accident/incident			Name of individ	lual(s) who		
			dealt with the			
			accident/incide	nt		
Nature of accident/incident						
Details leading up to the						
accident/incident						
Details of all club members i	nvolved					
Details of action/events after	rthe					
accident/incident						
Give full details of action tak	en during					
any first aid treatment and the	ne					
name(s) of first aider(s)						
Were any of the following co	ontacted? F	Parents/carers	Yes	No 🗖		
	F	Police	Yes $\square$	N		
	P	Ambulance	Yes	No 🗖		
What happened to the injure following the incident/accide						
Tollowing the molderidactide	nt. c.g.					



			25
carried on wi	th session, went home, oital etc.		
All of the above facts are a true record of the accident/incident			
All of the ab	ove lades are a true recor	or the additional moracine	
Print			
name			
Signed		Date	