

**LIABILITY WAIVER**

Name: \_\_\_\_\_

Circle Gender:            Male            Female

Date of Birth (m/d/y) \_\_\_\_/\_\_\_\_/\_\_\_\_

Age in years as of Dec. 31 2017: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Alternate /Cell Phone: \_\_\_\_\_

E-mail (for VCSO notifications only) \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship: \_\_\_\_\_

**Fees: \$20.00** registration fee per participant, which includes T-shirt. **\$25 fee if polo (collar) shirt desired.** Additional shirts may be purchased (see below). Cash and all major credit/debit cards accepted but we **cannot accept personal checks. Please register at Daniel Fernandez Recreation Center in Los Lunas.**

Participants Shirt Size \_\_\_\_ (circle one) T or Polo (a polo shirt is required for golf

**Additional** Shirt Size \_\_\_\_ (circle one) T = \$15 / Polo = \$20

If financial assistance is needed to help with the cost of participation in the Valencia County Senior Olympics or the subsequent NM State Games please contact \*\*\*\*\*.

*If you would like to make an additional donation to The Valencia County Senior Olympics please indicate how much here (\$ \_\_\_\_\_) and add to "Total Remitted."*

**Total Remitted = \$ \_\_\_\_\_**

**Additional Fees**

**Bowling:** Isleta Fun Connection at Isleta: A game fee applies.

**Golf:** Tierra Del Sol Country Club in Belen: 18 hole play and cart fees apply. Members pay cart fee only; Pay at pro shop.

The Valencia County Senior Olympics Board recommends that each participant consult his/her doctor in regards to practice, preparation and competition. It each participant's responsibility to receive an annual medical checkup and receive authorization from his or her physician to participate in any event.

I, undersigned participant, hereby agree to indemnify and hold harmless the Valencia County Senior Olympics Board, Village of Los Lunas, Fun Connection, Belen Country Club, and Village of Los Lunas officials, employees, representatives or **assigns and any other entities that provide practice and competition areas,** from any and all actions, or claims whatsoever kind or nature which I or my representatives or assigns may **have at any time in the future or may have as a result of injury** arising out of my participation in the Valencia County Senior Olympics.

I warrant and represent to the sponsors that I will or have prepared myself for the events, which I have entered by practicing the same before my participation in the Senior Olympics. I warrant and represent that I am in good physical health and condition and I am physically able to compete in the events I have selected. The sponsors have advised me that it would be in my best interest to consult a physician before preparation concerning my participation in the Senior Olympics. I recognize and understand that the preparation and competition may necessitate strenuous physical activity, and could possibly activate any unrecognized pre-existing cardiovascular disorder, which I may have, thereby resulting in serious life-threatening physical harm to me.

The Valencia County Senior Olympic Board has my permission to have a physician, EMT, volunteer (certified CPR, first aid nurse) treat me if needed during my participation in the events of Senior Olympics, and I will be responsible for any medical cost, i.e., ambulance, emergency room, urgent care, etc.

**SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

By completing this registration, I agree to abide by all rules and regulations issued by the 2017 State Senior Olympics and the Valencia County Senior Olympics Board and to observe all rules of play, to exercise good sportsmanship and follow all written or oral instructions given by authorized personnel of the Valencia County Senior Olympics. I agree that failure to do so may result in my **disqualification** or **EJECTION** from the Valencia County Senior Olympics. **I consent to the use of my photograph of any event in which I am a participant.**

**IMPORTANT**

**The New Mexico State Senior Olympics** will be in Albuquerque, New Mexico July \*\*\*\*, 2017 **It is your responsibility to secure the State Senior Olympic registration form (available after March 1), complete it, sign the waiver and mail it you're your registration fee to the address provided on the form. You may also register online at nmseniorolympics.org. It is your responsibility to secure information regarding registration requirements, meetings, deadlines, etc.**

Circle the categories of events in which you would like to participate. If there are events listed under a category, circle all that apply. Unless otherwise indicated, events are offered at the New Mexico Senior Games. Asterisked (\*) events are offered at the National Senior Games (if a category is asterisked then all listed events are offered at the National Senior Olympics). **Also, mark the events you circled below on your VC SO 2017 Event Schedule and keep this for yourself**

**Air Gun (Supported & Standing)**

Pistol Rifle

**Archery\***

Recurve BB Recurve Compound  
BB Compound Compound Release

**Basketball Free Throw**

Free throw 3 Point

**Bocce Ball (Not a State Event)**

**Bowling**

Singles\* Doubles\* Mixed Doubles\*

Partner's Name \_\_\_\_\_

Team Name \_\_\_\_\_

Team Captain \_\_\_\_\_

**Cycling**

5K\* 20K\* 40K\*

**Dance**

Country Western Polka Jitterbug  
Ballroom Waltz Latin Ballroom Country  
Waltz Samba Rumba

Partner's Name \_\_\_\_\_

Line Dance (Min. 6, Max, 15)

Group Name \_\_\_\_\_

**CALL FOR MUSIC!**

**8 Ball Pool Singles**

**Field Events**

Discus\* High Jump\* Javelin\*  
Long Jump\* Shot Put\*  
Standing Long Jump

Fun Events

**Frisbee**

Accuracy Distance

**Soccer Kick**

Accuracy Distance

**Softball (Throw) Distance**

**Golf\* (18 holes)**

**Horseshoes Singles\***

**Pickle Ball\***

Singles Doubles Mixed  
Doubles

Partner's Name

**Push Ups (Not a State Event)**

**Race Walk\***

1500M  
5K

**Road Race (Run) Hero's Run**

5K  
10K

**Shuffleboard\***

Singles Doubles Mixed  
Doubles

Doubles Partner

**Swimming\***

(Back, Breast, Fly & Free at multiple distances; Note: A 200 yd. Co-Ed team medley exists at the state level but not National level)

**Table Tennis (Note: Only Singles at State Level)**

Singles\* Doubles Mixed Doubles

Doubles Partner \_\_\_\_\_

**Talent Show (include a brief title)**

Comedy \_\_\_\_\_

Dance Single/Group \_\_\_\_\_

Reading Single/Group \_\_\_\_\_

Instrumental Single/Group \_\_\_\_\_ Vocal

**Tennis\***

Singles Doubles Mixed  
Doubles

Doubles Partner

**Track**

50M\* 100M\* 200M\* 400M\*  
800M\*

1500M\* 400M Estimated  
Run/Walk

800M Estimated  
Run/Walk

**Weight Lifting (Not a State Event)**

**VC 100 Fitness Challenge**