



WILLISTOWN TROOP 78

SPRING BACKPACKING TRIP

Appalachian Trail – Peters Mountain Shelter

November 9 – 10, 2019

BACKPACKING ITINERARY:

SHORT TREK (for young Scouts and new backpackers)

- 3 mile south to north hike on the AT from Route 225 to the Peters Mountain Shelter campsite. A relatively flat hike and a great hike for novices and experienced hikers alike.

LONGER TREK (for senior Scouts and experienced backpackers)

- 7 mile north to south hike on the AT from Route 325, up Peters Mountain to the Peters Mountain campsite. Gains 400 vertical feet over first 1 mile, then small ups and downs the rest of the way.

SUNDAY TREK

All participants hike 3 miles south from campsite to parking at Route 225.

IMPORTANT: Both treks have rocky terrain. Wear hiking boots and wool or synthetic hiking socks. NO SNEAKERS ON THE TRAIL! See other side for packing list.

SCHEDULE:

- Participants meet at the Cabin at **6:00 AM SHARP** on **Saturday morning**.
- Arrive back at the Cabin at approximately **Noon** on **Sunday**.

Notify your Patrol Leader by no later than **Tuesday, November 5th at 7:00 PM** if you will be attending. Let your PL know if your father is attending as well. If you do not own or cannot borrow a backpack, the Troop has a few to loan, but **you must let your Patrol Leader know by Tuesday, November 5th if you will need a backpack from the Troop!**

MANDATORY PACKING MEETING ON FRIDAY, NOVEMBER 8TH at 7:00 PM. Bring your gear to the Cabin in a duffle bag that evening. Bring your pack as well. See other side for details.

DADS WELCOME – AND NEEDED!

Have your son notify his Patrol Leader (see instructions above) if you will be attending, or e-mail Jim Bennett at skibennett@comcast.net and let him know. (**\$25 meal charge for registered adults, \$35 for others; no charge for Scouts**)

QUESTIONS? Call your Patrol Leader. **See you on the AT!**



WILLISTOWN TROOP 78 FALL BACKPACKING TRIP – WHAT TO BRING

FRIDAY, NOVEMBER 8TH MANDATORY PACKING MEETING: For the packing meeting, bring your unpacked backpack, and bring your personal gear to the Cabin packed in a duffel bag. You will then repack your personal gear, food and patrol equipment – including your tent – in your backpack. If you will be using your own backpack, please bring it to the packing meeting – but have your gear in your duffel bag for the meeting!

WHAT TO BRING:

Backpack (Troop has a **limited number available** for loan – see flyer for details. **Let your PL know by November 5th if you need to borrow** one from the Troop)

Sleeping Bag

Small flashlight or headlamp, with good batteries

Two water bottles (bring them filled) – Nalgene or other unbreakable water bottles with at least 1 QT capacity each. Bring a full Camelbak/hydration system if you have it.

Plastic drinking cup

Bowl or large cup (consider a Tupperware or similar container); spoon or spork

Toilet paper (preferably a half-roll. Pack in a plastic sealed bag)

Toothbrush and toothpaste; soap (camping soap preferred)

Small bottle hand sanitizer

Pocketknife

Compass

Mole skin

Hiking boots (to be worn)

Sneakers (to wear in camp, on in the event you have problems with your boots)

Wool or synthetic socks – wear a pair, bring a spare

Change of clothes

Brimmed hat

Small container of sunscreen; Chapstick

Warm hat and gloves

Rain gear

Jacket (not just a sweatshirt)

Layers (sweatshirt or sweater that can be removed during hike)

Bungee cords (2)

Pack cover and trashbag or 2 large trashbags

REMEMBER - LESS IS BEST, KEEP IT LIGHT. IF YOU WON'T USE IT, THEN LOSE IT! The total weight of your pack (including tent and patrol gear) should not be more than be 25-30% of your total body weight. (If you weigh 100 lbs, then your pack should weigh no more than 30 lbs.) **No cotton – bring synthetic, wicking gear.**

Dress in layers. The weather could turn quickly. Please Be Prepared for both cool and warm temperatures, and wet or dry weather.

BackPacking 2019

Submit this form completely filled out. Complete one form for each attendee. Turn in by sign-up date on page 1. Adults: include payment (per instructions on page 1) and Youth Protection Certificate (YPT) if not registered with the Troop.

Read carefully and complete all information. If not applicable, write "N/A" on that line.

Name (last name, first name): _____ Circle/Bold one: Scout Adult

Patrol (if Scout): _____

Allergies – please indicate any food allergies, dietary restrictions (for religious, medical or social reasons) or other relevant allergies (e.g., bee stings, etc.):

For Adults: Make check payable to: "Willistown Troop 78" Registered Adults \$25 Other Adults \$35

For Non Registered Adults: A copy of your YPT certificate, valid through at least December 31, 2019, must be attached to this form.

I am the parent/legal guardian of the Scout named above, and my signature below constitutes my permission for my son to attend 2019 BackPacking Trip. If my son does not attend the trip for any reason, I understand that \$35 will be deducted from his Scout account to reimburse the Troop for expenses incurred. I agree that my son will behave in a responsible manner while on this trip.

For adult attendees: my signature below is my agreement that my remitted payment will be forfeited in the event that I do not attend the trip for any reason.

(parent signature or signature of adult attendee)

(parent email)

(parent phone number)

QUESTIONS? CALL YOUR PATROL LEADER or SPL