

Brandeis University

Brandeis National Committee Phoenix Chapter

Study Group Guide 2018 * 2019

Philanthropy.
Learning.
Community.

Phoenix, Scottsdale,
Sun Lakes, Southeast Valley
and West Valley



Dear Members,

At the 1955 meeting of the Executive Committee of the then 7-year-old Brandeis University National Women's Committee (BUNWC), the idea of providing cultural and educational programs for its members was proposed and adopted. Today, the Brandeis National Committee (BNC) chapters receive these materials in exchange for their support of the library. The study guides were created in the spirit of Louis D. Brandeis' philosophy: "Every citizen must have an education, broad and continuous. Education should continue throughout life." Just as the chapters of the BNC have continued to raise funds for the expansion and digitization of the library, the faculty has increased the original three syllabi to several study guides in each of twelve categories of learning. This BNC program is called "Study with the Best."

As you read through this year's Study Group Guide, you will see that the subject areas are vast and the number of groups impressive. These groups are a combination of wildly popular ones continuing from prior years (including BNC's "Study with the Best") along with brand-new groups, all formed and led by our very own members. Thanks to these very talented members who act as facilitators, the Phoenix Chapter's study groups offer opportunities to learn new skills, experience cultural sites and performances, discuss the issues of our time, share reading experiences in almost every genre and explore the Valley. With our many and varied choices, there is definitely something for everyone!

The one requirement to register for and attend these exciting groups is that you must be a paid-up member of BNC. A non-member guest may attend a group once for a \$5 fee; after that, if they wish to attend (and they will!), the requirement is to join our wonderful organization. Our study groups have in fact far surpassed the original expectations, and it is because of their reputation that our membership continues to grow.

We know you will find the study groups that are perfect for you!
Wishing you a year of fun and learning!

All the best,
Marcia Langer & Judy Levine
Co-Presidents, BNC Phoenix Chapter



Dear Members,

Welcome to the 2018-2019 Study Group Guide!

You will find many returning and exciting new study groups, covering a broad array of interests and pursuits, some meeting on Sundays and in the evenings.

Come join your friends and meet new ones at a variety of activities.

Since study groups are available only to paid-up members of the Brandeis National Committee (BNC), now is the time to join or renew! The BNC Membership Form is on page 3.

The study group schedule was created with as few conflicts as possible. We hope that the biggest problem will be that some groups with variable meeting dates and times may occasionally overlap, and participants of both groups will have to choose which wonderful group to attend!

Our website address is:

<http://www.brandeisphoenix.org/study-groups.html>

This Study Guide also is available there, along with a link to the **Study Group Registration Form** and **BNC Membership Form**.

IMPORTANT: Please keep in mind that many groups fill up quickly - some almost immediately - so plan to register as soon as possible, even if you won't be back in Arizona until winter. We encourage you to share this Study Guide with any of your friends who are not yet members of BNC.

Your study group fees are used to offset the administrative expenses of our BNC Phoenix Chapter. Any surplus study group fees are designated to support the University's library.

We hope you will take advantage of all that our BNC Phoenix Chapter has to offer!

Your Study Group VPs,
Joellyn Pollock and Kathleen Witkin
phxstudygroups@gmail.com

Merrill Kalman, Registrar
Sara Leopold, Study Guide Coordinator
Carole Sherris, Layout/Graphics



Brandeis National Committee

Phoenix Chapter Membership Form

☐ New ☐ Renew

Name(s): _____

Name of Spouse or Significant Other: _____

Local Address: _____ Unit # _____

City, State, Zip: _____

Email: _____

Spouse's Email: _____

Phone: _____ Cell: _____

Spouse's phone: _____ Cell: _____

Summer Address: _____

City, State, Zip: _____

Dates Summer Address: _____

☐ \$60 Annual Member-Individual ☐ \$100 Annual Members-Couple

Check enclosed, payable to BNC: \$ _____

BNC Memberships are tax deductible and
apply through June 30, 2019

Mail this form and check for **MEMBERSHIP ONLY** to:
Irene Lubin, Financial Secretary, irlubin@gmail.com
Brandeis National Committee
11935 E. Del Timbre, Scottsdale, AZ 85259

Call Irene at 480-948-3773 to use MasterCard or Visa

You must be a member to join Study Groups.
This form is for membership only.

To easily print this form, go to
<http://www.brandeisphoenix.org/membership.html>
and **click** on the Membership Form link.

Registration Information

IN ORDER TO REGISTER FOR STUDY GROUPS

YOU MUST BE A PAID-UP MEMBER of

Brandeis National Committee (BNC).

If you have not paid your annual membership dues, go to:

<http://www.brandeisphoenix.org/membership.html>

and **click** on the Membership Form link.

HOW TO REGISTER FOR STUDY GROUPS

- ◆ Fill out the *Study Group Registration Form* clearly and completely. Be sure to include your email address, since this is the most efficient way for your facilitator(s) and the Registrar to contact you. **Only one member per registration form.** If you have a family membership, your spouse or significant other must complete a separate form.
- ◆ Return the form(s) by mail to our Registrar, Merrill Kalman.

STUDY GROUP FEE

- ◆ The study group fee is \$20 per group.
- ◆ There may be additional costs based on the group's activity (i.e. venue admission fees, golf greens fees and lunch expenses).

THE STUDY GROUP REGISTRATION FORM IS AVAILABLE ON OUR WEBSITE

- ◆ Go to <http://www.brandeisphoenix.org/study-groups.html> and **click** on the *Study Group Registration Form* link. All the necessary information is on the form.
- ◆ If you can't print the form, you may send a sheet of paper that must include your name, phone, email address, and group names and numbers.

Make your check payable to BNC and mail it with the form to:

Merrill Kalman

8240 E. Tether Trail, Scottsdale, AZ 85255

mskbflo@aol.com



ENROLLMENT AND REFUND POLICY

- ◆ Unless notified otherwise, you are enrolled in the study group(s) you selected.

- ◆ You will not receive a confirmation, so keep a copy of your Registration form.
- ◆ There will be no refunds unless a study group is cancelled or has reached its maximum.

STUDY GROUP GUESTS AND GUEST FEES

(**Note:** Does not apply to the Concerts & Conversations Subscription Series)

- ◆ **Guests must contact the study group facilitator to determine if space is available.**
- ◆ **Concerts & Conversations Subscription Series**
Special non-member and guest pricing applies for this Series.
- ◆ **Guests Who Are BNC Members**
Any BNC member may attend a study group, as a one-time guest, for a \$5 guest fee. If you subsequently join the group, your guest fee will be applied to the registration fee.
- ◆ **Guests Who Are Non-members**
People who are not yet BNC members may attend a study group, as a *one-time* guest. A \$5 guest fee applies. If the non-member subsequently joins BNC and wishes to join the group, the guest fees paid can be applied to the study group registration fees.
- ◆ **Guest Fees - Collection**
Guest fees are paid to the facilitators, either by cash or check.

CHAPTER MEMBERSHIP REQUIRED

- ◆ If you are not a member at the time you register for a study group, your study group registration might be delayed.
- ◆ The membership form is on our website and also appears on page 3 of this Study Guide.
- ◆ Send the form with your check to the Financial Secretary, Irene Lubin.
- ◆ You may also call Irene (at the number on the membership form) to use a credit card - both Visa and MasterCard are accepted for dues. Irene will then inform the Registrar of your membership.
- ◆ You may join a study group if you are a member of the Phoenix Chapter or another chapter and are visiting for the winter. The Registrar will have an up-to-date membership list to check your status.

Do not combine **Membership Dues** and **Study Group Registration** in one check.

Send Membership Dues to Irene Lubin
Send Study Group Registration to Merrill Kalman

2018 * 2019 Alphabetical Listing

Click on the group name to go to the description.
Click on the description to return to this list.

Advanced Intermediate Mah Jongg
Arizona Authors Speaker Series
At the Ballet
B-Puzzled: Mystery & Suspense
Book Brothers
Boomers
Bowling for Fun
Bridging It! (New Week)
Camelview, Shea 14 - Review
& Lunch
Canasta for Beginners - November
Canasta for Beginners - Jan. *NEW*
Canasta for Beginners - Feb. *NEW*
Central Phx Readers *NEW*
**CONCERTS & CONVERSATIONS -
A SUBSCRIPTION SERIES EVENT**
Contemporary Issues Discussion Grp
Culture in AZ
Current Events
Don't Worry, Be Happy Hour
Ethnic Dining
First Friday Films & Feasts
First Tuesday Book Group
Fourth Wednesday Lunch Bunch
Holiday Prep *NEW*
Intermediate Hiking Club
Intermediate Mah Jongg
**Jewels of the Desert Mini-Hiking
*NEW***
Jewish Book Group
Just Desserts
Knit A Mitzvah
Leisure Hiking
Let's Get Metaphysical! - New Age
Non-Fiction
Mah Jongg for Beginners
Men of Brandeis (MOB)

Mitzvah Mavens *NEW*
Monday Mystery Ladies
Movie Talk at Mimi's
(New Format)
Neighborhood Haunts
Neighborhood Walks
Phoenicians of BNC
Play Golf
Restless Minds Discussion Group
Say It, See It, Be It: Change from
Within
**Second Tuesday AM Book
Group *NEW***
Second Tuesday Lunch Bunch
"Seriously" Canasta
Simply Scrabble *NEW*
Studio Art and Bistro Lunch
Study with the Best: Potpourri
of Classic Movies
Sun Lakes Potpourri
Sunday Afternoon at the Movies
(New Week)
A Taste of Wise Aging -
Relationships and Loss
A Taste of Wise Aging - Sense
of Self
Theater & Lunch Series
**Understanding the Election
Process and the 2018
Elections *NEW***
Where Do I Come From -
Genealogy II
Women Poets *NEW*
The World of Interior Design
Yoga

2018 * 2019 Groups in Guide Order

Click on the day of the week to go to the page where the
groups meeting that day begin.

VARIOUS DAYS (Pages 8-9)

1. Boomers
2. Culture in AZ
3. Men of Brandeis (MOB)
4. Mitzvah Mavens *NEW*
5. Phoenicians of BNC

MONDAY (Pages 10-13)

6. Where Do I Come From - Genealogy II
7. 1st Monday Mystery Ladies
8. 1st Understanding the Election Process
and the 2018 Elections *NEW*
9. 2nd CONCERTS & CONVERSATIONS
10. 3rd Arizona Authors Speaker Series
11. 4th B-Puzzled: Mystery & Suspense

TUESDAY (Pages 14-19)

12. Holiday Prep *NEW*
13. Canasta for Beginners - November
14. Mah Jongg for Beginners
15. Yoga
16. "Seriously" Canasta
17. Intermediate Mah Jongg
18. 1st Current Events
19. 1st First Tuesday Book Group
20. 2nd Central Phx Readers *NEW*
21. 2nd Second Tuesday AM Book Group
NEW
22. 2nd Second Tuesday Lunch Bunch
23. 3rd Camelview, Shea 14 - Rvw & Lunch
24. 3rd Say It, See It, Be It: Change From
Within
25. 4th Bridging It! (New Week)
26. Let's Get Metaphysical - New Age
Non-Fiction
27. 4th Ethnic Dining

WEDNESDAY (Pages 20-23)

28. Theater & Lunch Series
29. 1st Just Desserts
30. 1st Don't Worry, Be Happy Hour
31. 2nd & 4th Knit A Mitzvah
32. 2nd & 4th A Taste of Wise Aging -
Sense of Self

WEDNESDAY continued

33. 2nd & 4th A Taste of Wise Aging -
Relationships and Loss
34. Neighborhood Walks
35. Play Golf
36. 4th Fourth Wednesday Lunch Bunch

THURSDAY (Pages 24-29)

37. Advanced Intermediate MJ
38. Canasta for Beginners - February
NEW
39. 1st Book Brothers
40. 1st Jewish Book Group
41. 1st Study with the Best: Potpourri of
Classic Movies
42. 1st Sun Lakes Potpourri
43. 1st & 3rd Intermediate Hiking Club
44. 1st & 3rd Leisure Hiking
45. 2nd Bowling for Fun
46. 4th Contemporary Issues Discussion
Group
47. 4th Jewels of the Desert Mini-Hiking
NEW
48. 4th Simply Scrabble *NEW*
49. 4th Neighborhood Haunts
50. 4th Women Poets *NEW*

FRIDAY (Pages 30-31)

51. The World of Interior Design
52. Canasta for Beginners - January
NEW
53. 1st First Friday Films & Feasts
54. 4th Studio Art & Bistro Lunch

SATURDAY (Pages 31)

55. At the Ballet

SUNDAY (Pages 32-33)

56. Movie Talk at Mimi's (New Format)
57. 1st Restless Minds Discussion Group
58. 2nd Sunday Afternoon at the Movies
(New Week)

Phoenix Chapter Study Groups

2018 * 2019

Various Days

1. BOOMERS

Boomers has nothing to do with age - it is a state of mind. This active group explores all the Valley has to offer. From museums, lectures, field trips, game days and more, the Boomers are always on the go. We usually meet once or twice a month from October through May, often in the morning, and our meeting day is based on the activity, with Friday preferred. Facilitators will notify members of specific dates and activities by email. Maximum 125.



Facilitators:		FEE: \$20
Michelle Fischler	michellyules@gmail.com	602-380-1559
Ellen Kirschenbaum	ellenk102@gmail.com	602-214-5212
Susan Rollins	serollins52@gmail.com	480-563-0411
Ronee Siegel	brandeisboomers@gmail.com	917-273-0393



2. CULTURE IN AZ - New Name

We will visit venues both unique to, and an integral part of, life in Arizona. Included in this group may be special shows, exhibits and festivals. We will visit 3-4 sites, followed by an optional meal. Entrance fees and meals are additional.

Various Tour Dates, October - April

Facilitators:		FEE: \$20
Gladys Simon	gladsi26@hotmail.com	480-282-2047
Nancy Sacks-Goldberg	nhshobo@aol.com	480-299-1792
Iris Wigal	wiggley@cox.net	602-980-5436

3. MEN OF BRANDEIS (MOB)

The MOB is now in its 8th year. Starting in October, the Men of Brandeis will meet at the JCC every two months, on the second Wednesday at 1:00 pm (preceded by a nosh at the coffee shop), to hear a variety of guest speakers. On the alternate months, we will explore interesting sites. In October, Guy Benoit will be speak to us about his personal historical research regarding France and WWI. Speaking later in the season will be Carlos Galindo-Elvira, the Arizona Regional Director of the ADL. As in the past, the day of the week for the tours depends on the venue. They will probably be either a Tuesday, Wednesday or Thursday. This year, our tours will include a backstage tour of the Phoenix Theatre, the ASU School of Music, and Agave Gardens in central Phoenix. **Our first meeting will be at the JCC on Wednesday, October 10 at 1:00 pm.** Come early and join us at Milk and Honey (JCC's coffee shop) for lunch. Location and times of events will be emailed to participants.



Various Dates (October - April)

Facilitator:		FEE: \$20
Leith Baletin	ibaletin@gmail.com	480-874-9434



4. MITZVAH MAVENS * NEW *

Participants in this group will be volunteering at four Valley non-profit organizations. We will meet at the specific locations of the organizations on various dates. Maximum participation may vary with the activity. Participants will be notified of specific dates by email. This group is open to both

men and women. Join us and feel good while doing good! Minimum 8, maximum 40.

Various Dates, October - April

Facilitators:		Fee: \$20
Ellen Kirschenbaum	ellenk102@gmail.com	602-214-5212
Nan Waldman	nanlarry46@gmail.com	602-410-5639



5. PHOENICIANS OF BNC

This group will meet once a month from October through May for a potpourri of activities, primarily in central Phoenix locations. An exciting list of potential activities has already been generated to begin in the fall. The particular day of the week, time and place will be determined by the planned activity. Details of the first

meeting will be emailed to group participants. Minimum 10.

Facilitators: **FEE: \$20**
Joellyn Pollock joellyn_pollock@yahoo.com **602-257-4327**
Mickey Leonard mlphx@cox.net **602-459-6972**
Terry Taubman terrytaubman@gmail.com **602-319-8351**



6. WHERE DO I COME FROM - GENEALOGY II

This group will continue the ongoing research begun in the Genealogy group. We will use documents, forms and photos you have already found to do deeper research. There will be four meetings on consecutive Mondays at 10:30 am, at The Breakfast Joynt at 6245 E Bell Road. **Our first meeting is on Monday, January 21.** Maximum 10.

Four Mondays: 10:30 am - 12:00 pm (January 21, January 28, February 4, February 11)

Facilitator: **FEE: \$20**
Andi Freed-Krehbiel readerpainter@gmail.com **480-221-9777**



7. MONDAY MYSTERY LADIES

This book group will analyze mysteries written from 2000 to the present. We will meet the first Monday of the month at noon for lunch and discussion. Location details will be emailed to participants. **Our first meeting will be on Monday, October 1** and the book will be *The*

Alienist by Caleb Carr.

First Mondays, 12:00 pm (October - May)

Facilitator: **FEE: \$20**
Irene Mieszcanski miesirene@aol.com



8. UNDERSTANDING THE AMERICAN ELECTION PROCESS AND THE 2018 ELECTIONS * NEW *

This study group will provide an introduction to the election process in the United States and the 2018 elections. We will explore the dynamics of U.S. elections with a special emphasis on the elections

of 2018, including U.S. Senate elections, U.S. House elections and gubernatorial elections. Mark Stern earned a Ph.D. in political science with a specialization in U.S. politics, elections, political parties and the presidency.

The five Monday EVENING session will cover:

SESSION 1, October 15: Types of elections and party identification; the keys to understanding the processes of election outcomes and how they are changing.

SESSION 2, October 22: The role of socio-economic, ethnic and other characteristics in voting; the great Trumpian upheaval and the continued disintegration of the New Deal coalition.

SESSION 3, October 29: What we know about congressional, state and local elections - voter turn-out and party control - from party bosses and political machines to candidate-centered elections.

SESSION 4, November 5: What we think we know about tomorrow's election outcomes and what we do not know.

SESSION 5, November 12: Can we understand and explain what occurred in the 2018 elections and the impact of these elections on the future of U.S. politics?

Location of the first session will be at Mark Stern's house (details will be emailed to participants). We will arrange to have subsequent sessions at participants' houses or other locations. Minimum 6, maximum 15.

Monday evenings, 7:00 - 8:30 pm (Oct. 15, 22, 29. Nov. 5, 12)

Facilitator: **COST: \$20**
Mark Stern mstern@shepherd.edu **540-664-0480**



9. CONCERTS & CONVERSATIONS A SUBSCRIPTION SERIES EVENT

Concerts & Conversations is a Subscription Series Event. There will be four performances - on the second Monday of November, December, January and February - at the Palo Cristi Church, 3535 E. Lincoln Drive, in Paradise Valley. The Music Committee will prepare and serve refreshments.

THE SCHEDULED PERFORMERS ARE:

November 12: Arizona Opera

Singers from Arizona Opera with Christopher Cano, Pianist and Director of the Marion Roose Pulliam Opera Studio

December 10: Music Trio

Olga Gorelik, Piano; Karen Sinclair, Violin, The Phoenix Symphony; Christopher McKay, Viola, The Phoenix Symphony

January 14: Ballet Arizona

Dancers from Ballet Arizona, with Joseph Cavanaugh, Dancer and Ballet Master; Lynn Haeseler, Piano

February 11: Music Duo

Tavit Tashjian, Piano; Kristi Hanno, Clarinet

Second Mondays, 1:00 pm (November 12, December 10, January 14, February 11)

Price: Brandeis members: \$20 for the series (Use the registration form)

Non-Brandeis members: \$25 for the series, payable at the door

Individual concerts: \$7 per Concert, payable at the door

Contact: Joan Sitver joansitver@aol.com 602-971-0012

Music Committee:

Phyllis Becker, Fay Behboodi, Marilyn Blynder, Margie Bold, Arlene Feldman, Paulette Fraenkel, Carole Goldstein, Ruth LeGrand, Sharon Messing, Susan Peskind, Mark Sendrow, Susan Sendrow, Mort Sitver, David Tuckman, Ellen Tuckman, Elaine Wagner

We remember Roz Fischer, one of the founders of this group.

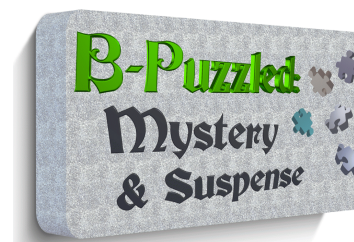
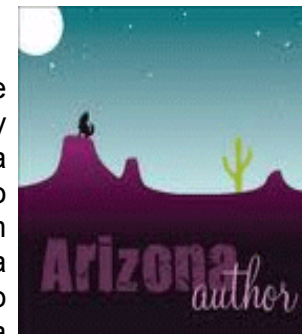
Programming: Jan Septon

All 2018-19 Chapter events are designated to support BNC's **Magnifying the Mind** campaign.
The Fair Market Value for each Concert is \$7.

10. ARIZONA AUTHORS SPEAKER SERIES

Our state of Arizona contributes much to the literary world, with authors and also with story settings. This group will focus on both. Once a month, for seven months, we will be treated to an appearance by an author who is either from Arizona, resides in Arizona now or uses Arizona as a locale for a book. The author will speak to us about his/her life and writing. There will be a question and answer period followed by book signings. You do not need to read the author's book in advance but you are, of course, welcome to do so. Books will be available for purchase that day. The authors do not charge us for their appearance, but selling books is how they make their living, so it is always nice for our group to support them. **You must RSVP to Merrill each month to assure a seat. The first meeting will be on October 15.** Location: JCC, 12701 N. Scottsdale Rd, Scottsdale 85254. **Third Mondays, 12:30 - 2:30 pm (October - April)**

Facilitator: **FEE: \$20**
Merrill Kalman mskbflo@aol.com **480-296-3355**



11. B-PUZZLED: MYSTERY & SUSPENSE

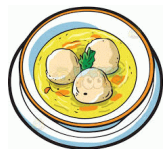
This book group will focus on Mystery & Suspense. We will meet at 18 Degrees, the restaurant in the Ice Den, 9375 East Bell Rd, in Scottsdale. Participants will be contacted in September. After that, books will be

chosen by the group participants. **The first meeting will be on Nov. 26.** Minimum 10, maximum 15.

Fourth Mondays at 12:00 pm (November - April)

Facilitator: **FEE: \$20**
Alyce Helfman ahelfman2002@yahoo.com **551-427-8365**
Arlene Gluck agluck1128@gmail.com **760-559-7558**

Tuesday



12. HOLIDAY PREP *NEW*

A summary of every Jewish holiday: "They tried to kill us, we won, let's eat!" Join us in our very practical approach to a little understanding and a very delectable celebration of our 3 favorite holidays: Hanukkah, Purim and Passover; co-presented by Rabbi Sadie Reuben and a guest cook each time. **Our first meeting will be Tuesday, November 27**, when we prep for Hanukkah. Nancy Moffitt will co-facilitate in her kitchen. Maximum 20.

Various Tuesdays, 10:00 am (November 27, March 12, April 9)

Facilitator: **FEE: \$20**
Terry Taubman terrytaubman@gmail.com 602-319-8351

13. CANASTA FOR BEGINNERS - NOVEMBER

Meet new people, have fun and learn a classic game all at the same time! This group is offered as a consecutive four-week session in November, with meetings once a week. Each lesson will cover a different and fundamental element of the game, so **it is imperative that you attend all four sessions**. The group will meet at the facilitator's home; location details will be emailed to participants. **The first session will be on Tuesday, November 6**. Minimum 4, maximum 10.



Tuesdays, 10:00 am - 12:00 pm (November 6, 13, 20, 27)
Facilitator: **FEE: \$20**
Cheryl Senkfor senk4@aol.com 216-272-1697

NOTE: Beginning Canasta lessons are offered three times this year: in November, January and February. The rules used will be Modern American. Choose the one that works best for you!



14. MAH JONGG FOR BEGINNERS

If you've always wanted to learn how to play "The Game of a Thousand Intelligences," this group is for you! You will learn how to read and thoroughly understand the playing card, set up and deal the tiles, choose a hand and acquire basic strategies for playing the game. You will need to purchase a current Mah Jongg card prior to the first meeting. If you have a Mahj set, please let the facilitator know after you register for the group. **The first meeting will be on Tuesday, October 9**. We will meet at Congregation Beth Israel, in the

library (56th and Shea). Minimum 10.

Six Tuesdays of instruction from 9:30 - 11:00 am (October 9, 16, 23, 30; November 6, 13)

Facilitator: **FEE: \$20**
Daron Barness daronday2@gmail.com 602-619-1136

15. YOGA

Join us for our yoga group, an all-levels class good for first-timers as well as experienced practitioners. Modifications and suggestions will be given to enhance each pose (asana), including breathing techniques for energy and for relaxation. Each session will end with a calming savasana - a complete relaxation. The stiffer you are, the better! In addition, specific areas such as back pain or issues such as headaches and insomnia will be addressed. Handouts will be given so participants can practice at home. Dr. Nancy Siefer, a registered and certified yoga instructor with over 20 years' teaching experience, will lead the classes. Bring a mat, water, and any prop (block, belt, etc.) you like to use. Our classes will meet from 8:30 - 9:30 am on eight consecutive Tuesday mornings, beginning January 15. Location details will be emailed to participants; there may be a nominal charge for the use of a dedicated space. Maximum 24.



Eight Tuesdays, 8:30 - 9:30 am (January 15, 22, 29; February 5, 12, 19, 26, March 5)

Facilitator: **FEE: \$20**
Nancy Siefer n.siefer@gmail.com 480-577-1439



16. "SERIOUSLY" CANASTA

Join this weekly canasta group for ADVANCED, experienced players only, with a thorough knowledge of the official Canasta League of America rules, which will be provided to registrants in advance. This is not an instructional group. It is a very organized, wonderful opportunity to make new friends and face new competition. The group meets weekly at 11:45 on Tuesday afternoons at Gordon Biersch Brewery, 18545 N. Allied Way (Scottsdale Rd. and Mayo). **The first meeting is October 9**. Minimum 8, maximum 36.

Tuesdays, 11:45 am - 4:00 pm (October - May)

Facilitators: **FEE: \$20**
Nancy Lirtzman nlirtzman@gmail.com 847-217-6963
Abbey Sussholz sussholz2@gmail.com 847-363-0172
Pat Miller patmiller@gmail.com 205-249-8363

17. INTERMEDIATE MAH JONGG

This weekly group is intended for intermediate/experienced players with thorough knowledge of the National Mah Jongg League rules and a steady pace of play. We will meet at Congregation Beth Israel, in the library (56th and Shea) every Tuesday from 1:30 - 3:30 pm. **Our first meeting will be Tuesday, October 2.**

Every Tuesday, 1:30 - 3:30 pm (October - May)

Facilitators: **FEE \$20**
Felice Goff lcsواز@hotmail.com 602-315-4248
Ila Sue Stone ilasue@verizon.net 480-991-1450



18. CURRENT EVENTS

Join our lively conversation as we explore current events that shape the future of the world in which we live. Topics will be chosen by the members. Active participation and some research is the key to great discussions. Members will be asked to hold meetings in their homes and/or provide refreshments. **The first meeting will be on Tuesday, October 2.** Participants will be notified of the location by email. Maximum 25.

First Tuesdays, 10:30 am - 12:00 pm (October - April)

Facilitators: **FEE: \$20**
Gladys Simon gladsi26@hotmail.com 480-282-2047
Stephanie Klopper rednoz@aol.com 480-251-0815
Amy Richman amy@richmanfamily.com 310-562-7342
Nancy Sacks-Goldberg nhshobo@aol.com 480-299-1792

19. FIRST TUESDAY BOOK GROUP

This group reads bestsellers and new books, both fiction and non-fiction. Books are chosen two or three at a time to reflect new releases. Someone in the group must have read the selection for it to be considered. This study group meets from October through May in members' homes. The facilitators will send out a monthly email with the name of the book, the location of the meeting and the person to whom you must RSVP. **Our first meeting will be October 2.** Maximum 18.

First Tuesdays, 1:30 - 3:30 pm (October - May)

Facilitators: **FEE: \$20**
Marcia Langer marciala@msn.com 914-943-7804
Judy Levine judithlevine43@yahoo.com 480-496-0252



20. CENTRAL PHX READERS * NEW *

This group will meet once a month from 10:00 -12:00 in members' homes and read notable books, both fiction and nonfiction. Participants will take turns hosting and leading the book discussions. Selections will be determined by the group at the initial organizational meeting. Someone in the group must have read the book for it to be considered. **Our organizational meeting will be on October 9.** Minimum 8, Maximum 15.

Second Tuesdays, 10:00 am - 12:00 pm (October - April)

Facilitators: **Cost: \$20**
Iris Wigal wiggley@cox.net 602-980-5436
Rita Moretsky ritamoretsky@gmail.com 602-686-1611

21. SECOND TUESDAY AM BOOK GROUP *NEW*

This group reads bestsellers and new books, both fiction and non-fiction. Books are chosen two or three at a time to reflect new releases. This study group meets from October through May. The initial meeting will be at the JCC. Future meetings may be held at the JCC or in members' homes. The facilitator will send out a monthly email with the name of the book, the location of the meeting and the person to whom you must RSVP. **Our first meeting will be October 9.** Maximum 18.

Second Tuesdays, 10:00 am - 11:30 am (October - May)

Facilitator: **FEE: \$20**
Marcia Langer marciala@msn.com 914-943-7804



22. SECOND TUESDAY LUNCH BUNCH

Join us in the discovery of new culinary experiences and enjoy dining with new friends and familiar tablemates. We will meet on the second Tuesday at well-reviewed, diverse and interesting restaurants.

Everyone is responsible for their own meal. If separate checks are not available, we will divide the bill evenly among ourselves. You must reply to the facilitator in order to secure a place at the table. **Our first lunch will be November 13.** Maximum 30.

Second Tuesdays (November - April)

Facilitator: **FEE: \$20**
Joyce Goldstein joyce@goldstein.us 973-715-6475
Janis Lipman janislipman@gmail.com 203-216-0177

23. CAMELVIEW, SHEA 14 - REVIEW & LUNCH

Enjoy a thought-provoking movie each month, followed by a discussion and lunch at a nearby restaurant. We will meet at Harkins Camelview at Scottsdale Fashion Square, at Harkins Shea 14, or at another theater in the area. Meeting notices will be emailed to participants each month, about five to seven days before the meeting date (after movie schedules are set), with specific details of movie name, time and location of theater and restaurant. **Our first movie will be on Tuesday, October 16.**

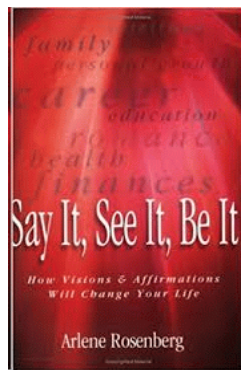
Third Tuesday Mornings (October - May)

Facilitators: FEE: \$20

Sheila Landau buildor2@cox.net 602-809-5100

Henriette Hasley henriette.hasley@cox.net 602-494-1924

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.



24. SAY IT, SEE IT, BE IT: CHANGE FROM WITHIN

Led by author and professional empowerment coach Arlene Rosenberg, this group will read and discuss the material presented in her book *Say It, See It, Be It*. Exercises and discussions will give participants the tools to change negative thinking, enabling them to behave differently and create positive change in their lives. If you truly want to change aspects of your life, create more confidence, self-esteem and a better self-image, then this is the study group for you.

Arlene Rosenberg's book, *Say It, See It, Be It: How Visions and Affirmations Will Change Your Life*, will be available to attendees for \$5, payable to the facilitator at the first meeting. It will be used as a study guide for attendees learning how to increase their personal power. The meeting location will be based on participation. **The first meeting will be on Tuesday, November 13.** Minimum 10, maximum 22.

Third Tuesdays, 10:30 am - 12:00 pm (November - April)

Facilitator: FEE: \$20 + book

Arlene Rosenberg ar@arlenerosenberg.com 480-993-5322

25. BRIDGING IT! (New Week)

This group meets for a fun afternoon of lunch, bridge and camaraderie. Members should be experienced bridge players who are willing to enjoy a non-competitive and relaxed afternoon of bridge. We meet from October to May on the third Tuesday of each month. **Our first meeting will be on Tuesday, October 16.** Location details will be emailed to the participants. **Third Tuesdays, 11:30 am - 3:00 pm (October - May)**

Facilitators: FEE: \$20

Nan Waldman nanlarry46@gmail.com 602-410-5639

Marcy Strauss mss29@comcast.net 612-710-6291



26. LET'S GET METAPHYSICAL! - NEW AGE NON-FICTION

This is the group for you if you want to participate in a "mind, body, spirit/metaphysical" non-fiction book group that focuses on issues related to health and well-being. We will also explore topics viewed as metaphysical such as energy systems in the body, reincarnation and books focused on raising levels of consciousness. We meet on the fourth Tuesday of the month at 11:00 am and go to lunch afterwards. **The first meeting will be on Tuesday, October 23** at the facilitator's home in central Scottsdale. The details of the first book will be emailed to participants in mid-September. Minimum 4, maximum 9.

Fourth Tuesdays, 11:00 am (Oct., Jan. - Apr.)

Facilitator: FEE: \$20

Carol Wolf peanuts526@aol.com 847-207-9954

27. ETHNIC DINING

Join us for lunch as we venture around the world, savor regional cuisine and experience the distinct flavors of four unusual ethnic restaurants in the Valley. **Our first lunch will be on Tuesday, October 23.** We will select our own meals from the restaurant menu. The details for each restaurant will be sent to participants in advance of the meeting date. Maximum 30. **Four Tuesdays, 11:30 am (Oct. 23, Jan. 22, Feb. 26, Mar. 26)**

Facilitators: FEE: \$20

Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212

Iris Wigal wiggley@cox.net 602-980-5436



Wednesday



28. THEATER & LUNCH SERIES

Join us for an exciting program for theater buffs at the Kax Stage of the Herberger Theater Center. Each performance is a one-act play lasting 45 minutes. Lunch will

follow at a nearby restaurant. The performance date and the title of the play will be emailed in advance to group participants, who will purchase their own tickets and notify the facilitator that they are attending. The specific Wednesday will vary, based on the performance chosen. Minimum 6.

Various Wednesdays, 11:45 am (October - May)

Facilitator: **Fee: \$20**
Caryn Balaban bicaban@gmail.com **602-788-6806**

29. JUST DESSERTS

Are you in the mood for something yummy and decadent? Join this group and discover new places to satisfy your sweet tooth! Our first sugar high will be on Wednesday, November 7. Maximum 20.

First Wednesdays, 2:00 (Nov. 7, Feb. 6, April 3)

Facilitators: **FEE: \$20**
Iris Wigal wiggley@cox.net **602-980-5436**
Gail Tenn gdtenn@hotmail.com **480-513-8462**
Sara Leopold sara1225@gmail.com **480-525-1575**



30. DON'T WORRY, BE HAPPY HOUR

Looking for some great Happy Hour adventures? If so, this is the group for you. Meet new friends and sample some of the Valley's outstanding watering holes. Come and explore different restaurants and cuisines. **The first**

meeting will be on Wednesday, October 3, 2018. The place, time and details for the first and subsequent meetings will be emailed to participants.

First Wednesdays, 5:00 - 7:00 pm (October - May)

Facilitator: **FEE: \$20**
Cheryl Lennon clennon60@gmail.com **602-999-8858**



31. KNIT A MITZVAH

If you knit or crochet and want to be a part of a wonderful group that makes scarves (donated to JFCS) and newborn baby caps and lap blankets (donated to HonorHealth Scottsdale Shea Medical Center), then this is the group for you! If your skills

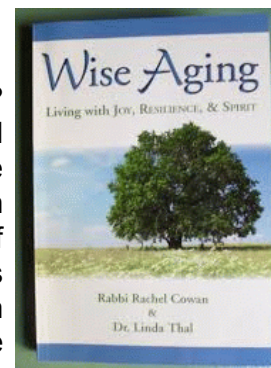
need improving, we will help you. Knitting/crocheting and kibitzing two afternoons a month will be a stitch. We meet at the Coffee Plantation near Scottsdale and Shea. **Our first meeting will be October 10.**

Second & Fourth Wednesdays, 1:00 - 3:00 pm (October - May)

Facilitators: **FEE: \$20**
Ronda Kottle ronda@kottlehome.com **602-327-0266**
Ronee Siegel ronees@aol.com **917-273-0393**

32. A TASTE OF WISE AGING - SENSE OF SELF

Are you asking yourself: "How did I get to be 55? or 65? or 75? What's next?" If so, join a small group of healthy, like-minded friends and explore the possibilities for the years ahead: Aging - with joy, resilience and spirit. This discussion group of thoughtful agers will be based on the first chapters of the book: *Wise Aging* by Rabbi Rachel Cowan and Dr. Linda Thal. The series of interactive discussions will focus on our SENSE OF SELF (as



they relate to retirement, health concerns and body image). They will be led by BNC members and trained *Wise Aging* facilitators, Anita Hicks, ACSW and Hillary Kaminsky, MSW. This group will meet in Scottsdale. **Our first meeting will be on October 10.** It will be necessary to have a copy of the book for this study group. Location details will be emailed to the participants. Maximum 10.

Second & Fourth Wednesdays, 1:00 - 3:00 pm

October 10, 24, November 7 *(1st Weds.), Nov 28, Dec 12

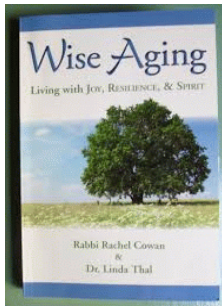
Facilitators: **FEE: \$20**
Anita Hicks anitabh@cox.net **602-956-9711**
Hillary Kaminsky hrkci@aol.com **602-953-3213**

33. A TASTE OF WISE AGING - RELATIONSHIPS AND LOSS

Are you asking yourself: "How did I get to be 55? or 65? or 75? What's next?" If so, join a small group of healthy, like-minded friends and explore the possibilities for the years ahead: Aging - with joy, resilience and spirit. This discussion group of thoughtful agers will be based on relevant chapters of the book: *Wise Aging* by Rabbi Rachel Cowan and Dr. Linda Thal. The series of interactive discussions will be on the chapters focused on RELATIONSHIPS AND LOSS. They will be led by BNC members and trained *Wise Aging* facilitators, Anita Hicks, ACSW and Hillary Kaminsky, MSW. This group will meet in Scottsdale. **Our first meeting will be on January 9.** It will be necessary to have a copy of the book for this study group. Location details will be emailed to the participants. Maximum 10.

Second & Fourth Wednesdays, 1:00 - 3:00 pm
January 9, 23, February 6* (1st Weds.), 27, March 13

Facilitators:	FEE: \$20
Anita Hicks anitabh@cox.net	602-956-9711
Hillary Kaminsky hrkci@aol.com	602-953-3213



34. NEIGHBORHOOD WALKS

Join us once a month for an informal lunch followed by a moderately paced walk in and around one of the valley's many unique neighborhoods. In some cases, a resident of the selected neighborhood may be able to lead us and some months may include historical

information. **Our first walk will be on Wednesday, December 19.** Participants will be notified of each location by email. Minimum 6, maximum 20.

Third Wednesdays 12:30 p.m. - 3:30 p.m. (December-April)

Facilitator:	FEE: \$20
Marcy Strauss mss29@comcast.net	612-710-6291

35. PLAY GOLF

"The most important shot in golf is the next one," said pro golfer Ben Hogan. Silverado Golf Club is the place to hit 'em straight! Come join the fun and golf with BNC Phoenix Chapter! All levels are welcome. This group will meet once a month from October through April. Lunch follows the morning tee times and precedes the afternoon tee times. Additional information will be sent upon registration. Play for the enjoyment of the game among BNC friends. The greens fees are \$55 (includes tax) for 9 holes, \$77 (includes tax) for 18 holes. All listed rates include the cart. Each player is responsible for greens fees and lunch costs. RSVPs must be finalized on the Monday prior to the golf date. **No refunds of greens fees will be allowed once an RSVP has been given. Our first outing will be on October 24 at 9:00 am;** details will be emailed to participants. Maximum 20.

Fourth Wednesdays: October and November, 9:00 am;
January - March, 1:00 pm; April 24, 9:00 am

Facilitators:	FEE: \$20 plus greens fees
Lori Roth lori.rothaz@gmail.com	480-310-1605
Laurie Greenfield lauriecgreenfield@gmail.com	312-316-8800



36. FOURTH WEDNESDAY LUNCH BUNCH

This lunch group meets monthly from October through May to enjoy friendship and camaraderie at a variety of restaurants outside the Phoenix/Scottsdale area around the Valley, beginning **Wednesday, October**

24, at 11:30 am. We will pick a restaurant in a different community of the East, West, North or South Valley each month. Participants are responsible for arranging their own transportation and we will make every effort to have the restaurants provide separate checks. The location will be emailed monthly to the members. You must RSVP to the facilitators in order to secure a place at a table. Maximum 25.

Fourth Wednesdays (October - May)

Facilitators:	FEE: \$20
Marcy Strauss mss29@comcast.net	612-710-6291
Nancy Sacks-Goldberg nhshobo@aol.com	480-299-1792

Thursday



37. ADVANCED INTERMEDIATE MAH JONGG

This weekly group is intended for Advanced Intermediate, very experienced players with complete knowledge of the National Mah Jongg League official rules. Group members maintain a speedy pace of play, are able to change hands quickly and play defensively. We rotate tables and play with

all other players. Meeting site is the JCC. **Our first meeting will be Thursday, October 4 at 12:00 pm.** Maximum 25.

Every Thursday, 12:00 - 3:00 pm (October - April)

Facilitators: **FEE: \$20**

Beth Sennett basennett@gmail.com **414-418-4203**

Randi Berman randi.berman@yahoo.com **914-980-4230**

38. CANASTA FOR BEGINNERS - FEB *NEW*

Meet new people, have fun and learn a classic game all at the same time! This group is offered as a four-week session beginning in February, with meetings once a week. Each lesson will cover a different and fundamental element of the game, so **it is imperative that you attend all four sessions.** Location details will be emailed to participants. **The first session will be on Thursday, February 7.** Minimum 8, maximum 12.

Thursdays, 1:00-2:30 pm (February 7, 21, 28, March 7)

Facilitators: **FEE: \$20**

Carol Isacson cwisacson@yahoo.com **480-686-6661**

Roberta Selnick robertaselnick@gmail.com **847-343-2451**

NOTE: Beginning Canasta lessons are offered three times this year: in November, January and February. The rules used will be Modern American. Choose the one that works best for you!



39. BOOK BROTHERS

Men read too! This book group will focus on history, biography and historical fiction. Books will include, but not focus exclusively on, Jewish themes, individuals and events. Our first book will be *Homo Deus: A Brief History*

of Tomorrow by Yuval Noah Harari. **The reading list for the year will be distributed at the first meeting, which will be Thursday, October 4.** Lunch will follow for those interested. The meeting location will be determined based on participation. Maximum 20.

First Thursdays, 10:00 am - 12:00 pm (October - May)

Facilitators: **FEE: \$20**

Joe Widoff jwidoff@gmail.com **703-946-8869**

Frank Lange franklange@cox.net **602-768-3631**

40. JEWISH BOOK GROUP

This book group meets at Congregation Beth Israel, in the library (56th and Shea). **The first meeting will be on October 4** and the book will be *The Patriots* by Sana Krasikov. On November 2, the book will be *The Other Einstein* by Marie Benedict. If you would like the complete list of books, call Ellen. **Participants must RSVP to Ellen by the Tuesday prior to each meeting.** Maximum 20.

First Thursdays, 10:00 am (October - May)

Facilitator: **FEE: \$20**

Ellen Tuckman **602-953-9307**



41. STUDY WITH THE BEST: POTPOURRI OF CLASSIC MOVIES

Using Brandeis-authored and other materials, Potpourri of Classic Movies explores four Hollywood films that will engage us in lively discussions: *Biloxi Blues*, *Vertigo*, *Joseph and the Amazing Technicolor Dreamcoat* and *Mansfield Park*. The films will be viewed on the meeting date, followed by group discussions. **The first meeting will be December 6.** Location details will be emailed to participants. Maximum 25.

First Thursdays, 1:00 pm (Dec. 6, Jan. 3, Feb. 7, March 7)

Facilitators: **FEE: \$20**

Carol Kern cak8219@gmail.com **480-948-9236**

Stephanie Klopper rednoz@aol.com **480-251-0815**

42. SUN LAKES POTPOURRI

This group will include book and movie reviews, discussions on contemporary issues and visits to local places of interest. It is open to people outside the Sun Lakes area, and meets the first Thursday of each month. **At our first meeting on October 4**, we will socialize and plan our 2018-2019 calendar of meetings. Contact the facilitators for the location.

First Thursdays, 1:30 - 3:30 pm

Facilitators: FEE: \$20
Irene Kestenbaum irenek0426@gmail.com 480-734-7306
Barbara Gold bzgold9333@gmail.com 480-802-7945



43. INTERMEDIATE HIKING CLUB

Join us if you enjoy the fresh air, the natural beauty of the desert, exercise and camaraderie. These bi-monthly hikes in Phoenix, Scottsdale and beyond will take you on challenging trails with elevation gains and at a brisk pace.

This group is not meant for the beginner or leisure hiker. Plan on 4-6 miles, around three hours, plus destination time. Our start time will be determined by the outdoor temperature, but it will be approximately 7:00 am - 9:00 am. Members will be notified prior to each hike of place and time. We hope you can join us after the hike at a different brunch spot each time, to give us time to socialize. **Our first hike will be November 1.** There will be an optional warm-up hike on October 18.

First & Third Thursdays (November - April)

Facilitators: FEE: \$20
Nancy Siefer n.siefer@gmail.com 480-577-1439
Caryl Webner carylwebner@yahoo.com 602-989-1348

44. LEISURE HIKING

If you like fresh air, the natural beauty of the desert, exercise and camaraderie, these bi-monthly hikes in Phoenix, Scottsdale and beyond will take you to beautiful trails at a comfortable pace. This group is not meant for those who want to go "all out" or on very steep trails, but some hiking experience is necessary. The group is and has been open to men and women. Plan on 3.5-5. miles round trip, around 2 - 2.5 hours, plus destination time. The outdoor temperature and time of



year will determine our start time, but it will not generally be earlier than 8:00 a.m. or later than 8:30 am. **Our first official hike will be Thursday, November 15**, but we may schedule a November 1 warm-up hike, weather permitting. Members will be notified by email prior to each hike of place, time and directions. After the hike, we hope you can join us for breakfast at a nearby restaurant.

First & Third Thursdays (November - April)

Facilitators: FEE: \$20
Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212
Bob Kirschenbaum bobkirschenbaum@gmail.com 602-614-5212
Simon Burrow simonburrow@mac.com 626-221-7808

45. BOWLING FOR FUN

Join our Bowling League! This relaxed, non-competitive group will meet at Brunswick Via Linda Lanes once a month to bowl just for fun, followed by lunch. The lanes are located at 9027 E. Via Linda, Scottsdale 85258. **Our first game will be Thursday, Oct 11. Second Thursdays, 10:00 am - 12:00 pm (October- April)**

Facilitators: FEE: \$20 plus lane fees
Terry Bachenheimer mrsbachy@mac.com 412-780-0730
Barbara Janger barbarajanger@gmail.com 480-451-8901



46. CONTEMPORARY ISSUES DISCUSSION GROUP

This discussion group has met continuously since 1997. Led by Ruth Anne, the participants choose current issues one meeting ahead. One member of the group researches a topic, but all members are encouraged to add information or to ask questions. Equal participation is important. Some members will be asked to hold meetings in their homes or to provide refreshments. Members are asked to contact the facilitator, who will give them directions to the location of that month's meeting. **The first meeting will be on October 25.** Maximum 25.

Fourth Thursdays, 9:30 - 11:30 am

Facilitator: FEE: \$20
Ruth Anne Myers ramyers@aol.com 480-947-8216

47. JEWELS OF THE DESERT MINI-HIKING *NEW*

Join this new natural history interpretive hiking group, where you will learn about the McDowell Sonoran Preserve, a protected 30,000-acre desert jewel within the city of Scottsdale. In five expeditions, we will explore the nature trails to learn from gifted and knowledgeable teachers about: the geologic history, the human history, the flora and fauna, the abundance of edible plants for food and medicinal use, and how to use our 5 senses in this unique green desert. **Skill Level:** Ability to walk 0.5- 2.0 miles over 2 hours on gravel trail with minimal elevation. You will need sturdy boots, hat, water, sun screen and optional hiking poles. We will meet 5 times, once each month from November-March. The presentations will match the highlights of the selected trail. Participants will be notified prior to each hike of the meeting time and trail head location. Allow for travel time. **Our first hike will be Thursday, November 29 at 8:30 am.** Minimum 8, maximum 20.



Fourth Thursdays, 8:30 am (December-March, plus November 29, due to Thanksgiving)

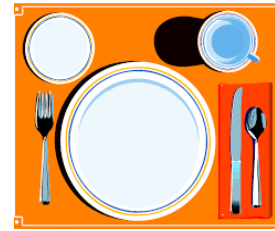
Facilitators: **Fee: \$20**
Myral Robbins myralrobbinsdo@aol.com **248-514-9895**
Maxine Sukenik tothemax999@aol.com **847-650-8621**



48. SIMPLY SCRABBLE *NEW*

Playing Scrabble changes the way you use your brain. This is an opportunity to enhance your skills, challenge your brain and have fun. All levels are welcome. We will meet on the fourth Thursday of the month at the Congregation Beth Israel library (56th and Shea). Members may be asked to bring a Scrabble set. **Our first game will be on Thursday, October 25.** Minimum 8, Maximum 18.

Fourth Thurs., 10:00-11:45 am (October-May, except Thanksgiving)
Facilitator: **FEE: \$20**
Marcia Langer marciala@msn.com **914-943-7804**



49. NEIGHBORHOOD HAUNTS

Foodies - are you ready to experience out-of-the-way neighborhood haunts? Join us for lunch as we sample four best-kept secret locales. This is a wonderful chance to meet new people in a fun setting! Cash is preferred. **Our first lunch will be on October 25.** Maximum 25.

Fourth Thursdays, 11:30 am (October - May)

Facilitators: **FEE: \$20**
Sheila Landau buildor2@cox.net **602-809-5100**
Harriet Schwartz harriet0715@gmail.com **602-738-0801**

50. WOMEN POETS *NEW*

Reading poetry is like finding a message in a bottle. It is one heart speaking to another, often at a distance of place and time, a supreme act of communication which is both intellectual and spiritual. In this group we will read and discuss great poems written by great women who, like ourselves, seek to understand what it is to be human and female. We will discuss strategies of penetrating this most concentrated of language.

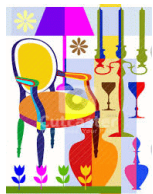


The final session of the group will offer members a chance to share their own poem or their favorite poet. Our readings and discussions will be based on the book *How to Read a Poem and Fall in Love with Poetry* by Edward Hirsch. **Our first meeting will be Thursday, January 24.** Location details will be emailed to participants. Freyda Libman is Professor Emerita of English and has taught numerous classes in poetry, both as literature and in writing. She is a published poet and in love with poetry. Minimum 8, maximum 20.

Fourth Thursdays, 1:30 - 3:00 pm (January - April)

Facilitator: **Fee: \$20**
Freyda Libman flibman@wideopenwest.com **630-926-3193**

Friday



51. THE WORLD OF INTERIOR DESIGN

Join professional designer Sheila Landau on three field trips to explore the latest products. We will go to different showrooms in the Scottsdale Airpark area to view new kitchen products, including a Steam Oven demo, and new Plumbing products, Flooring, Wall Coverings and Lighting. We will also visit a Granite and Quartzsite factory. Our field

trips will always be followed by lunch. Minimum 6.

Various Fridays, 11:00 am

Facilitator:

Sheila Landau

buildor2@cox.net

FEE: \$20

602-809-5100

52. CANASTA FOR BEGINNERS

- JANUARY *NEW*

Meet new people, have fun and learn a classic game all at the same time! This group is offered as a four-week session, with meetings once a week. Each lesson will cover a different and fundamental element of the game, so it is imperative that you attend all four sessions. Location details will be emailed to participants. The first session will be on Friday, January 18. Minimum 4, maximum 8.

Fridays, 10:00 am - 12:30 pm (January 18, 25, February 1, 8)

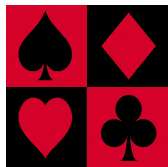
Facilitator: **FEE: \$20**

Roberta Scharf

rscharf@cox.net

602-670-0080

NOTE: Beginning Canasta lessons are offered three times this year: in November, January and February. The rules used will be Modern American. Choose the one that works best for you!



53. FIRST FRIDAY FILMS & FEASTS

We'll be viewing interesting movies (including indies, foreign language films and documentaries) playing at the Harkins Shea 14, the Harkins 101 or the Harkins Camelview. Movies usually begin about 10:00 am; lunch and casual conversation will follow at a nearby eatery.

We'll email the group in advance with our movie title, film location, meeting time and restaurant selection. Our first meeting will be November 2. Minimum 5.

First Friday mornings (November - April)

Facilitators: **Fee: \$20**

Roni Nassberg
Stephanie Klopfer
Joyce Grant

ronika1@aol.com

rednoz@aol.com

jhgrant35@gmail.com

602-790-7603

480-251-0815

847-877-5793

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.



54. STUDIO ART AND BISTRO LUNCH

Expand your artistic and culinary horizons. Travel with us as we discover three different artists in their studios and then discuss their works over lunch. **Join us at 10:30 am on October 26, January 25 and February 22 at each artist's location.** Note: Dates are subject to change due to unexpected scheduling for the artists. Sufficient notice

will be given if any changes are necessary. Maximum 40.

Fridays, 10:30 am (October, January, February)

Facilitators:

Michelle Fischler

michelleuyes@gmail.com

FEE: \$20

Susie Sacks

susan.sacks@gmail.com

602-380-1559

Merle Tarnow

tarnowm@aol.com

201-887-0319

617-571-7337

Saturday

55. AT THE BALLET

Do you love the Ballet? Would you like to go more often with your friends? This group will get tickets at a group rate for three of this year's performances. We will see *New Moves* (September 29), *The Firebird & La Sylphide* (February 16) and *All Balanchine* (May 4). For more information, see the website: www.balletaz.org. Car pools will be arranged. Minimum participation for the group discount of 30% is 10 people. **Please sign up by August 20 so that we can order tickets as soon as possible.** The sooner you sign up, the sooner the checks can be collected and the seats requested. **NOTE:** Once the tickets are purchased, they will be mailed to the facilitator, who will hand them out at lunch, prior to the first performance. If a participant cannot attend a performance, that person is solely responsible for finding a substitute. Maximum 20.



Saturday Matinees, 2:00 pm (September 29, February 16, May 4)

Facilitator:

Sheila Berkowitz

sberk327@cox.net

FEE: \$20 plus tickets

602-469-8600

Sunday



56. MOVIE TALK AT MIMI'S! (New Format)

Join us for five Sundays at Mimi's Café (Desert Ridge Marketplace) for lunch and a lively discussion of new movie releases. The facilitators will email the movie title in advance of each meeting date. This new format will give you an opportunity to see the movie wherever and whenever you choose! (Movies that feature violence will not be selected.) **The first meeting will**

be on Sunday, December 16 at 1:00 pm. Minimum 8.

Five Sundays from 1:00 - 2:30 pm (December 16, January 20, February 17, March 24, April 14)

Facilitator: **FEE: \$20**

Abby Tucker

sky ranch52@gmail.com

917-816-8261

John Poremba

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

57. RESTLESS MINDS DISCUSSION GROUP

Join this co-ed EVENING group and participate in stimulating conversations. Do you have an opinion on "What makes an educated person," "Is there a war on Science," "Can Socialism and Capitalism Coexist" or other mind-expanding topics? The members of the group will suggest topics, research them and share in leading the discourse. Meetings will be held in participants' homes or community rooms and the participants will host or provide refreshments. **The first meeting will be on October 7.** Location details will be emailed to participants. Minimum 9, maximum 20.

First Sundays, 7:00 - 9:00 pm (October - May)

Facilitators: **FEE: \$20**

Marvin Kestenbaum

digsee@me.com

480-883-7639

Irene Kestenbaum

irenek0426@gmail.com

480-734-7306



Group Discussion

58. SUNDAY AFTERNOON AT THE MOVIES (New Week)

This group will meet at various movie theaters for a late afternoon movie followed by a light supper. We will meet from October through May on the second Sundays of the month.

Participants will be notified of the theater and supper locations and movie chosen. Participants will buy their own tickets and pay the cost of their own supper. **Our first meeting will be on October 14.** Maximum 24.

Second Sundays: late afternoon (October - May*)

***The May date may be adjusted, due to Mother's Day.**

Facilitators: **FEE: \$20**

Marcy Strauss

& Wayne Stutzer

mss29@comcast.net

612-710-6291

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.



2018 * 2019 Index of Facilitators

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About Brandeis University

Characterized by academic excellence since its founding in 1948, Brandeis is one of the youngest private research universities in the United States, as well as the only nonsectarian Jewish-sponsored college or university. It is regarded as one of the pre-eminent liberal arts and research universities in the country. Brandeis counts among its faculty and alumni several Nobel Laureates, MacArthur Foundation "genius grant" recipients, Pulitzer Prize winners and a number of Emmy Award-winning actors, broadcasters and producers. The university stresses an interdisciplinary approach to knowledge and the solution to real life problems. The campus community remains devoted to the concept of social justice, a legacy inherited from the namesake of the university, U.S. Supreme Court Justice Louis D. Brandeis.

Mission Statement

Brandeis National Committee is dedicated to providing philanthropic support to Brandeis University, a distinguished liberal arts and research university founded by the American Jewish community. Its membership is connected to the university through fundraising and through activities that reflect the values on which the university was founded: academic excellence, social justice, nonsectarianism and service to the community.



2018-19 Chapter Events

Friday, October 5, 2018

Fall Luncheon



Friday, January 11, 2019

University on Wheels



Thursday, February 28, 2019

Book & Author Event

Bookmark Donors Cocktail Reception



Friday, March 1, 2019

*29th Annual Book & Author Event
at the Westin Kierland Resort & Spa*



Date to be Announced

Spring Luncheon

All 2018-19 Chapter events are designated to support BNC's **Magnify the Mind** campaign.