

How Honora helps...

We serve as an independent voice helping you make smart, informed senior care choices for you or your loved one. Senior care is our specialty. We are knowledgeable in a landscape where being uninformed can be costly, not just financially.

Services include:

- Consultation to assess your needs and guide you through options we identify for your situation
- Assessment to help you evaluate and select the appropriate accommodation: independent living, assisted living, nursing home care OR plan for staying home when "aging in place" is an option
- Serve as liaison and advocate including attending medical appointments to facilitate communication between doctor, client and family
- Focus on overall wellness; we review opportunities to engage in social, recreational, or cultural activities that enrich quality of life
- Insurance review to explain what is covered as well as private pay options including when to consult with legal experts to discuss finances

About Honora

Honora Care Management & Consulting helps those facing the challenges of advanced age navigate decisions related to aging. We are Aging Life Care Professionals® (Geriatric Care Managers) and share a passion for working with seniors on solutions that enhance their dignity and quality of life.

Susan Keating established Honora Care Management & Consulting in 2011. The company was named after Susan's maternal grandmother, Honora (pronounced hun-nawr-uh). It means "woman of honor." Honor is the underlying goal of our work on behalf of older adults and their families. It also pays tribute to a loving woman who was influential in our founder's life and career path.



Honora provides professional, third-party, objective, unbiased advice. People need help and options during an emotionally trying time. We help you stay confident and informed when making decisions for your own care or the care of your loved ones.

Call to discuss how we can help you.

(914) 315-6057

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Senior care
decisions are
stressful...
we provide
unbiased advice.

HONORA
Care Management & Consulting



www.honoracmc.com

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Guidance when you need it most

Challenges come with aging, both caring for relatives or planning for ourselves.

We provide unbiased knowledge and experience to help reduce your cost and stress, while ensuring the best solutions for yourself or loved ones.

Honora never takes commissions for referrals and you can be assured that your specific and individual needs will be at the forefront of any care plan we create for you.

Cost containment

We help you avoid inappropriate care placements, duplication of services, and unnecessary hospitalization. We bring a neutral third-party perspective which can be extremely helpful when family dynamics are complicated and/or strained. We provide custom solutions to help families understand and come to terms with the changes aging can bring.



Process

Following a comprehensive assessment of your needs we tailor a plan specific to your situation. We realize that circumstances can change quickly, particularly when a medical condition is involved requiring an enhanced level of care in the future. We remain available to provide you and your family with further consultation, and will help you adjust your care plan.



Peace of mind

Often adults find themselves caring for their own children and aging parents at the same time. Living at a distance makes it harder and increases the worry that your loved one is not managing well or safe staying in their home. Sometimes its more comfortable talking honestly with a professional in the field than burdening family and friends.



We are here for you when you can't always be there for them. Everyone has multiple demands with work and family and having help from an Aging Life Care Professional® is priceless.

Honora helps you return to the role of daughter, son, friend or spouse. We can handle the medical and administrative bureaucracy saving you heartache, worry, resentment and expense.

We are ready to work with you so you can help your aging loved one move forward, while you finally get a chance to recharge.



All of our aging life care services follow the Aging Life Care Association® Code of Ethics and Standards of Practice.
www.aginglifecare.org