



Current Needs for October 2021

Please note we can NOT accept any homemade products like preserves, baked goods, etc. no matter how tasty they might be. This is due to food safety regulations.

- Applesauce (6 packs preferred)
- Hot Cereal
- Peanut Butter (crunchy and plain)
- Meals in Cans – Beef Stew, Chili, Beef Ravioli, Hash
- Rice/pasta helpers (rice/pasta sides, rice-a-roni, pilaf, etc.)
- Canned fruit (no sugar added)
- Canned Vegetables
- Feminine Hygiene items (sanitary napkins, poise pads)
- Oral Hygiene items (toothpaste, and especially, toothbrushes & floss)
- Shower size bars of soap
- Ketchup, mayonnaise, yellow mustard
- Jelly
- Pasta – elbows, penne, thin spaghetti
- Spaghetti O's, Spaghetti & Meatballs
- Healthy Snacks – (whole grain crackers, pretzels, small raisin packages, microwave popcorn packets, small fig newton packages etc.)
- Hearty Soups
- Macaroni & Cheese
- Ramen noodle packages (no Styrofoam cups of noodles, please)
- Broth (chicken, beef, or vegetable)
- Canned chicken, salmon and tuna

Items we do not need at this time:

- Soda and protein drinks
- Juice boxes
- K-cups
- Baby food (we make sure eligible families are getting WIC benefits)
- Miscellaneous condiments (just ketchup, mayo, mustard & salad dressing please)
- Candy
- Cookbooks, magazines, and other books
- Diapers

Please note: we offer the list immediately above because our food shelf and storage spaces are very limited, and we either have plenty of these items or they are just too difficult for us to store!