Virtual Nursing: Group Home / Aging Adults Program
Timeline/Checklist for Program Implementation

The following timeline/checklist may be used by group homes and assisted living centers to implement their virtual/delegating nurse program.

☐ Patient in need is identified by nurse, doctor, family member and/or health care team as an insulin dependent diabetic in a facility without 24/7 nursing care.

☐ Facility identifies the virtual/delegating nurse (RN) who will work to administer insulin and identifies appropriate RN support to cover for illnesses, vacations, etc.

☐ Virtual/delegating nurse and appropriate backup RNs must complete South Dakota Board of Nursing training program prior to training UDA(s). https://doh.sd.gov/boards/nursing/documents/RN-TrainingChecklist2016.pdf

☐ Facility identifies Unlicensed Diabetes Assistants (UDAs) who will be trained to assist the patient with diabetes.

☐ UDAs work with virtual/delegating nurse to complete ten (10) hours of training.

☐ UDAs completes testing, validates skills and competencies to virtual/delegating nurse, and registers with the South Dakota Board of Nursing.

☐ Health care team completes and provides Diabetes Medical Management Plan (DMMP) to facility.

☐ Nutrition staff, when available, will create menu options with carb counts to support diabetes management plan. Facilities without nutrition staff will consult with a dietician to create monthly menu options with carb counts.

☐ Facility provides technology or creates a communication plan to communicate with the virtual/delegating nurse.

☐ Facility creates and implement diabetes policy incorporating South Dakota Board of Nursing protocol. Review policy annually including changes to the protocol which may be found on the South Dakota Board of Nursing website (https://doh.sd.gov/boards/nursing/uda.aspx).

☐ UDAs, virtual/delegating nurse and patient, as appropriate with diabetes will check in with the virtual/delegating nurse at least once per week, and/or at the discretion of the virtual/delegating nurse.

☐ UDAs will maintain and store weekly logs consisting of a blood sugar log, a list of carb counts per meal, how much insulin was delivered, and on what day and time.