



GLOBAL CE FOR APNs



Advanced Practice Nursing Journey to the Netherlands

Amsterdam with Rotterdam & Bruges, Belgium

8 days / 6 nights

September 28 – October 5, 2019

\$5,499 (Based on double occupancy)

Why is the Netherlands rated the third best health care system in the world by WHO compared to the U.S. (rated #37)? How does the Dutch unique culture and attitudes influence health care policy? What lessons can U.S. APNs learn from examining the role of APN in Holland? Join us and enjoy the unique culture and traditions of the Netherlands while you learn and earn up to 16 CE.

BOOK NOW 888.747.7501

Program Highlights

- ✓ 8 days & 6 nights
- ✓ Smaller group size and private guided journey will allow for a high level of **interaction with your peers and time for networking** with your travel companions and meeting hosts.
- ✓ This education activity will be submitted to the American Association of Nurse Practitioners for approval of up to **16 contact hours of accredited education** involving online CE activities before the trip as well as educational activities in Amsterdam.

Community Connections

- ✓ Explore the **Anne Frank House** to hear more about the story of Anne, the secret annex, and her diary. Get a glimpse of her life through the photos, videos, quotes and original items exhibited in this small museum including the red-checked diary received on her 13th birthday in June of 1942.
- ✓ Step into Van Gogh's world with a visit to the **Van Gogh Museum**. It houses the largest collection of his works including his self-portrait, Irises (1890) and The Potato Eaters (1885) to name but a few.
- ✓ Walking tour of **Old Amsterdam** exploring architecture, art and culture.
- ✓ Enjoy a day trip to **Bruges, Belgium**, a UNESCO World Heritage site.

Professional Interaction

- ✓ **Panel discussion** on scope of practice of APNs in Holland, followed by a networking wine and cheese reception.
- ✓ Receive an **overview of the Dutch health care system** from Jaap Kappert, APN and a policy officer of the Dutch NP Association.
- ✓ Various lectures by Dutch APNs about **how primary care is delivered** and how their unique models of community care and palliative/hospice care are also delivered.
- ✓ Journal Club **group discussions** with members of the group.

What's Included:

- 4* accommodations in Amsterdam
- All transportation and activities outlined in the itinerary
- Group transfers to and from the international airport
- International air (gateway city set tentatively out of Boston)
- Local English-speaking guide
- Meals as mentioned and most tips

Not Included:

- Personal expenses at the hotel
- Meals not specified
- Tips for national guide
- Passport renewal or issuance
- Domestic flight to gateway city



📍 Boston, Massachusetts

DAY 1: September 28, 2019

Depart from Boston today

Fly out of Boston (LOG) today and make your way to Amsterdam. The stunning beauty and friendly people alone are worth a visit!

📍 Amsterdam

DAY 2: September 29

Arrival in Amsterdam

Arrive in **Amsterdam** this morning. Upon arrival and after clearing Customs, the group will be met by your national guide and transferred to your local hotel.

Lunch is on your own this afternoon followed by a chance to gather for a **welcome and orientation briefing** with your national guide.

Mövenpick Hotel Amsterdam City Center has spectacular views over the city and vistas over the river IJ. Located just 20 minutes from Schiphol Airport, they are in a fantastic location in the heart of the city center, within walking distance of Amsterdam's historical center, its central station and many museums. Rooms have free Wi-Fi, onsite dining and a gym/sauna.

Check into the hotel early this afternoon around 3:00 pm and join the group again for a **Journal Club** session.

Enjoy a welcome dinner this evening at a local restaurant.

Overnight: Mövenpick Hotel City Center (or similar)
Included meals: Dinner

📍 Amsterdam

DAY 3: September 30

Morning Sightseeing & Afternoon Meetings

Please Note: Breakfast is included daily in your program.

This morning the group will depart for a **city walking tour**. Your primary destination this morning is the **Anne Frank House and Museum**, for an opportunity to learn firsthand about Anne's life and to view the collection of original items connected to her tragic story. Continue onward to see other highlights including Westerkerk, Museumhuis Bartolotti, Onze Lieve Vrouwekerk, the Royal Palace, the New Church, and Dominicuskerk. The best of Amsterdam all in one area will ensure you see some of the city's most notable sights during your morning explorations.

Lunch will be provided this afternoon.

Meet with **Japp Kappert, MANP** who is the policy officer at the Dutch Nurse Practitioner's Association and is on the faculty at the Rotterdam University of Applied Sciences. He will be talking to the group this afternoon about full practice authority in the Netherlands, government healthcare policy, and the new NP professional framework in the Netherlands.

Enjoy a unique and unforgettable experience as you cruise through Amsterdam's beautiful historic canals and **dine under the stars**.

Overnight: Mövenpick Hotel City Center (or similar)
Included meals: Breakfast, Lunch & Dinner





ITINERARY | DAY-BY-DAY

📍 Amsterdam

DAY 4: October 1

Day Trip to Rotterdam & Zoetermeer

After breakfast head to Rotterdam to visit **Erasmus Hospital** and meet with **Eline Visser, MANP** to learn about advanced practice nursing education in the Netherlands. Tour Erasmus Hospital, which is the newest, largest teaching hospital in the Netherlands.

Head onward to Delft for lunch and a short stop at the Royal Delft Factory to visit their gift shop.

Later travel to **Vivaldi** in Zoetermeer where **Yvonne Haar de Bruijn, MANP** will lead a tour of the facility which offers long-stay (psycho geriatric and somatic wards), geriatric rehab, and palliative care. She will discuss how the Dutch view aging, death and dying and how this shapes public policy.

Return to Amsterdam where dinner is on your own this evening. *For those who prefer not to venture out, the hotel has onsite dining on the second floor with a view of the river IJ. They also offer 24-hour room service for your convenience.*

Overnight: Mövenpick Hotel City Center (or similar)

Included meals: Breakfast & Lunch



📍 Amsterdam

DAY 5: October 2

Journal Club & Professional Program

After breakfast, you will meet in the hotel for completion of the **Journal Club** with your program leader. You will have time on your own to explore Amsterdam with lunch on your own today.

This afternoon you will **participate in a workshop** with several Dutch APNs on the eve of their annual NP conference. A panel will discuss the role and scope of practice of the AAPN in Holland.

Immediately following, attend a **wine and cheese reception** with more opportunity to network with colleagues.

Dinner is by individual arrangement (own expense) this evening.

Overnight: Mövenpick Hotel City Center (or similar)

Included meals: Breakfast





📍 Amsterdam

DAY 6: October 3

Day Trip to Bruges, Belgium

After breakfast, head to **Bruges**. While in Bruges, you will enjoy a guided walking tour before having some free time in one of the most beautifully preserved cities in Europe.

Often said to be the Venice of the North because of its canals crisscrossing the city, Bruges is a prominent UNESCO World Heritage Site that offers its visitors a glimpse of notable medieval buildings including the **Church of Our Lady**, whose 13th century belfry includes the sculpture Madonna and Child and is believed to be the only one of Michelangelo's sculptures to have left Italy. Also see the **Beguinage**, the **Basilica of the Holy Blood**, the **Provinciaal Hof**, **Dweersstraat** and **St. Salvator's Cathedral**. Bruges' oldest parish church (12th–15th century), St. Salvator's has amongst its treasures a loft with an organ, medieval tombs, Brussels tapestries and a rich collection of Flemish paintings, some dating back to the 14th century.

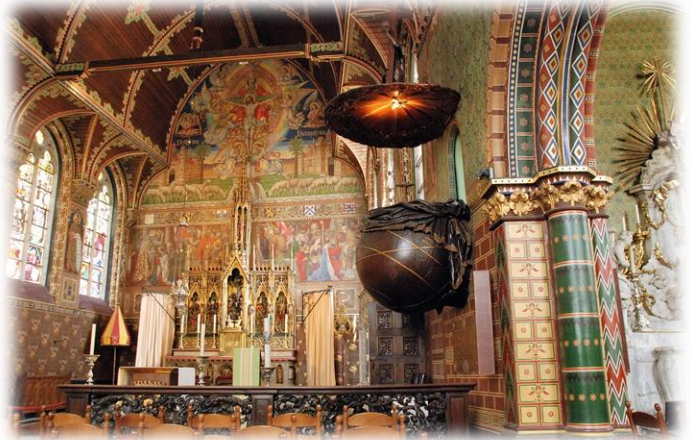
Beyond the sights there are hundreds of canals, picturesque streets and opportunities to sample traditional Belgian food and beer. Lunch will be provided this afternoon at a local restaurant.

This afternoon you will have some **free time** on your own for independent exploration before heading back to Amsterdam.

Dinner is on your own this evening.

Overnight: Mövenpick Hotel City Center (or similar)

Included meals: Breakfast & Lunch





ITINERARY | DAY-BY-DAY



📍 Amsterdam

DAY 8: October 5

Depart

Say farewell to Amsterdam and travel back to Boston today. Lunch is on your own today depending on final flight departure time.

Overnight: N/A

Included meals: Breakfast

📍 Amsterdam

DAY 7: October 4

Cultural program & Free Time

This morning the group will visit and tour the **Van Gogh Museum**. The museum showcases more than 200 paintings, 500 drawings and 700 of his letters. They also focus on research and conservation, so visitors can get an insider look at the conservation work that goes on and learn more about Van Gogh's life outside of his art.

Lunch is on your own this afternoon.

Enjoy some **free time** this afternoon to relax or explore other areas of interest in Amsterdam.

This evening the group will share memories and experiences during the **farewell dinner** in Amsterdam.

Overnight: Mövenpick Hotel City Center (or similar)

Included meals: Breakfast & Dinner



📍 Amsterdam

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