



TEN POINT O'S SHAMROCK INVITATIONAL

LEVEL 2-3 & AAU XCEL LEVELS BRONZE-DIAMOND

MARCH 18TH & 19TH, 2023

COMPETITION INFORMATION

SESSION 1: Saturday, March 18th

Level 2 & Xcel Bronze

Teams: CK Gymnastics, Gymnastics of Ohio,
OGI, Prestige, Ten Point O

Gym Opens/Open Stretch: 12:25 PM

Event Warm-ups: 12:45 PM

Competition: 1:00 PM

SESSION 2: Saturday, March 18th

Level 3 & Xcel Silver

Teams: Eastlake, Gymnastics of Ohio,
OGI, Ten Point O, Top Floor, Vikings

Gym Opens/Open Stretch: 4:00 PM

Event Warm-ups: 4:25 PM

Competition: 4:45 PM

SESSION 3: Sunday, March 19th

Xcel Gold & Xcel Diamond

Teams: Eastlake, Kathi's, OGI,
Ten Point O, Top Floor, Vikings

Gym Opens/Open Stretch: 8:20 AM

Event Warm-ups: 8:40 AM

Competition: 9:00 AM

SESSION 4: Sunday, March 19th

Teams: *Vikings, *Eastlake, Kathi's,
Ten Point O, *Top Floor

Xcel Bronze & Xcel Platinum

Gym Opens/Open Stretch: Noon

Event Warm-ups: 12:15 PM

Competition: 12:30 PM

*Please note, the team with the * will also have their
bronze team competing this session.

Admissions: \$8 for all spectators CASH ONLY

Age Determination: Gymnasts' age is determined by their age as of March 17, 2023.

Awards: Event & All-Around awards based on age groups will be given at the completion of competition. Ties will be broken by all-around score and highest event score. Awards will be distributed at a 50% + 1 ratio. Every athlete will receive an all-around medal.

Team Awards: Every team will receive a banner. Teams with three or more athletes will also receive a trophy and banner stickers.

Parking:

- Please be advised you can only park on the north side (gym side) of Taylor Pkwy.
- PLEASE DO NOT PARK IN THE FRITO LAY (BUILDING ACROSS THE STREET) PARKING LOT!!
- NO parking on the grass. Your car will be towed.

When entering the gym's address into a GPS or Mapquest, you may want to use 38818 Taylor Street, Elyria, Ohio 44035. People have had difficulty getting here using the North Ridgeville address.

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins.
- BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to

Equipment:

- Level 2 & 3 Vault AAI 32" Resi and 60' runway
- Springboards & Air-o Board available
- Level 4-6 & AAU Excel Gold-Diamond - AAI Vault Table and 78' runway
- Uneven Bars - Speith Anderson & AAI Uneven parallel bars
- Balance Beam - AAI Reflex Adjustable Beam & Speith Anderson Beams
- Floor Exercise - 42 x 42 GMR Spring Floor