

The 7 Up Group Chairperson Script

Welcome to the Open Discussion Meeting for the 7 Up Group of Alcoholics Anonymous.

My name is _____ and I am an alcoholic.

We will begin this meeting with a moment of silence followed by the serenity prayer.

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference.

AA Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from Alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership. We are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution, does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Readings

I have asked 4 friends to read: How It Works, The Traditions, The Promises, and On Awakening – in that order.

Visitors & Newcomers

We would like to welcome all visitors. Is there anyone here from another group who would like to be recognized?

We would like to welcome any newcomers. Is there anyone here for their first AA meeting, first name only?

(Chairperson option – Ask meeting attendees to introduce themselves first name only)

Chips

I have asked _____ to hand out chips (or ask for volunteer)

Sponsorship Statement

This group strongly recommends sponsorship. Those who are willing to be sponsors, please raise your hand. Anyone needing a sponsor, please see these people after the meeting.

7th Tradition

We have a 7th tradition bucket as “Every AA Group ought to be fully self-supporting, declining outside contributions.” Our contributions support this group – rent, literature, soffee/supplies, GSO, Central Office, District, and GSSA.

**If you have a sheet to be signed for attendance, please put this in the bucket when it is passed and you can pick it up completed at the end of the meeting. **

Announcements (check calendar)

Please silence or place cellphones on vibrate for duration of the meeting please.

If you'd like to be a member of our group or celebrate a birthday with our group, please see me after the meeting.

Please go to www.gwinnettaa.org for other groups' events/area happenings as well as service opportunities.

Are there any other announcements for the good of AA?

Singleness of Purpose

Per our third tradition, this is an open AA Meeting. The only requirement for membership is a desire to stop drinking. We ask that sharing be limited to 3 minutes so others can share and we ask that when discussing our problems. We confine our comments to our problems as they relate to alcoholism.

Sharing

Crosstalk is defined as directly responding to someone who has just shared. When responding with sharing experience, strength and hope – This is not crosstalk. Giving advice or telling someone what they should do is. AA works when one alcoholic helps another.

And lastly, as this program is Spiritual in nature, let's aim not to curse too much in our sharing.

End of Meeting:

State 12th Tradition:

Anonymity is the spiritual foundation of all our traditions ever reminding us to place principles before personalities.

Let us close with the Lord's Prayer – ending at Amen.