

St. Luke's Times

St. Luke's Episcopal Church

May 2016

A Word from the Rector



This month will see us close out the great 50 days of Easter with the Feast of Pentecost. I have wonderful memories of this day as a kid here at St. Luke's. We'd blow up red latex balloons with helium with a little paper fish on the end of the string. The fish would say something like Jesus loves you and had the church's address on the back. There would be a big party with a cake and red punch with a sherbet ring, as we remembered the "birth of the church" with the promised gift of the Holy Spirit.

I will say that many of those balloons didn't seem to clear the trees around the church, though some did travel a distance. And because of environmental concerns with the

balloons being eaten by wildlife when they come down, we don't do this anymore. But we will still find a way to celebrate this wonderful Feast. I hope you will consider wearing something red to church that day (May 15th). The Schola will be singing for the last time this academic year and we will recognize their achievements! I give thanks for the commitment to this ministry that Julia Jenson, Beth Lucas and Karl Watson has shown. My hope is that it will continue to grow and be a gateway to our young people finding more ways to connect to their church. There will be some new things happening at the 10 am service as well.

May also brings Mother's Day. While not an official church holiday, many of us, myself included would probably point to our mothers as the ones who nurtured our faith. There is a great line in the hymn Now Thank We All Our God. It goes "who from our mother's arms has

blessed us on our way." Rings true for me.

Scripture often talks of the fruits of the Spirit. Paul in his letter to the Galatians writes that "But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control." (Galatians 5:22-23) These are the ways we should be able to notice the Holy Spirit at work in our lives. I'm not saying that we get it right all the time, but it is certainly what we should be striving to achieve in our lives. In the letter to the Ephesians we read "The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹² to equip the saints for the work of ministry, for building up the body of Christ." All of us have some spiritual gift, it might not be on this list, but there is something that you feel passionate about that builds up the church, then it is a spiritual gift. Perhaps it is worth considering this summer what your gift might be.

Edmund W. Zelley
Rector

Carol A. Pepe,
Deacons

Karl Watson,
Organist & Choirmaster

Julia Jenson,
Director,
Schola Cantorum

Karina M. Davis
Administrative Assistant
to the Rector

Wardens
Kathy McNulty
Debbie Wisniewski

Vestry
Chuck Gudorp
Carla Elfeld Smith
Rosalie DiSimone-Weiss
George F. Poppe III
Barbara Brosnan Rivera
Katherine Young
William (Bill) Noble
Nancy Torok
Kasi LeGrand

Beth Lucas
Treasurer

Courtney Macdonald
Assistant Treasurer

Linda Zeh,
Financial Secretary

George F. Poppe III
Capital Funds

A Word from the Rector - Continued

On Trinity Sunday the choir will sing one more time before heading into the summer mode. My thanks to that dedicated group who raise the level of our praise to God by their musical gifts. Also our Sunday School will close out its academic year. I'm grateful to our

volunteer teachers this year, Kasi LeGrand, Denise Robbins, Dianne Zimmerman, Madelyn Grosso, Tammy Figuera, Florence Tracy, Allyson Salisbury, Allison Inerro, Rosalie DeSimone-Weiss, and Nancy Torok. Their commitment to Christian Formation for all ages

here is important and hopefully we will be able to build upon the foundation laid this year.

Yours in Christ,

Fr. Ed+

News from the Schola Cantorum Youth Choir of St. Luke's

The Schola Cantorum will be holding its second annual Open Mic/Talent Showcase on the evening of Saturday, June 11th. We are looking for acts/performers for this event. Last year we had tremendous support from the parish: our performers ranged in age from 5 to 85 years, and the show included singing, dancing, skits, story-telling, stand-up comedy, and other wonderful forms of entertainment.

The Talent Show was conceived by Samantha Hong, our first Head Chorister, as a fundraising event

for the Schola. There are many ways, in addition to/instead of performing, by which you can support this event: WE NEED AN AUDIENCE, so please plan to attend. There is a \$5.00 admission charge, but we offer complimentary snacks and soft drinks, so if you like to bake you could contribute in that way (and store-bought snacks

are welcome, too). You will also be able to purchase chocolates during intermission, and this is another way to support the Schola.

Finally, we are planning to unveil the new Schola CD at this event, which you will be able to purchase at a cost of \$10.00 each (and last year's CD will be offered at a discount).

Please contact Julia Jenson, Director of Schola Cantorum, at schola@stlukesmetuchen.org to let us know how you would like to support this event.

Talent Show

Saturday, June 11, 2016

Performers Needed!

Gift Card Fundraising Program Update

After an exhaustive investigation into various SCRIP fund-raising programs, including the supermarket gift card program previously presented to the congregation, the Vestry has decided to support an on-line SCRIP program from United Scrips. Benefits to this program include a hands' off approach: no gift cards or money need to change hands at St. Luke's, as well as potentially higher income since hundreds of vendors and store cards are available with higher

percent return to St. Luke's. Credit cards are accepted but do reduce the profit to St. Luke's by 3%, and for supermarkets that means the profit would only be 1%. Instead, we encourage parishioners to use ACH or a link to your checking account, in which case no

decrease in profit occurs. For parishioners unfamiliar with ACH and on line payments we will provide IT support during coffee hour and get everyone up and running. Please support this very important effort! Further information and the Kick-off will take place in May. Look for information in the eNewsflash and the Sunday bulletins. Nancy Torok and Katherine Young

Stay-tuned

SCRIP fund-raising program

Coming in May

What's Up Warden? - Spinning in opposite directions

As we move into May, many of our activities aligned with the academic year will begin to unwind. We will soon thank the music department for another outstanding year of sacred song as they prepare for a well-deserved summer hiatus. Our Sunday School teachers rose to the call last August and have planted the seeds that we must now prepare to cultivate in years to come. These integral cogs of Saint Luke's are preparing to rest and rejuvenate just as several other cogs are beginning to spin.

There is a workshop coming up that is very important to Saint Luke's future. On Saturday, May 7th Saint Luke's will co-host with the Diocese, "InviteWelcomeConnect" from 9 am until 3 pm. This program is focused on "welcoming and connecting people who come to our churches as critical and

strategic steps for building healthy, vibrant and growing congregations." Registration and additional information is available on Saint Luke's website.

Another workshop offered by the Diocese that several vestry members will attend on Saturday, April 30th is the Diocesan Stewardship Workshop. By attending this program these parishioners will learn of a variety of activities and successful strategies which they will then turnkey with the vestry as we prepare for future stewardship programs.

Many of you attended the presentation by Inside Architecture which provided a broad overview of the capital renovations that will soon be getting under way on our campus. If you missed the

presentation, the slideshow will be posted on the website. In preparation for this very exciting endeavor, Saint Luke's Renovation Task Force continues to meet on a regular basis to ensure timely completion of the sub-projects.

As many of us begin to wind down with the approach of the lazy hazy days of summer, there are many who are getting wound up for the activities on the horizon. You may be in one group or the other, or perhaps you're in both groups. Either way, Saint Luke's remains active in many ways through the next several months and much of this activity is preparation for future activity.

Which way are you spinning?

~Kathy

Children's Art Exhibit



Most parents

desire to instill a sense of the sacred, an awareness of God in their children, no matter with what name they address the Deity:

Ya_eh, Allah, the Great Spirit, Mother Earth, Abba, God.

Whether through a Faith Tradition with ancient roots or a very personal, singular approach, imparting a spiritual awareness is most often an important component in parenting.

THIS EXHIBIT OFFERS AN OPPORTUNITY FOR CHILDREN TO THINK ABOUT THIS AND TO SHARE THEIR VISION AND

AN OPPORTUNITY FOR PARENTS TO GAIN INSIGHT ABOUT THEIR CHILDREN'S DEEPENING SPIRITUALITY.

Our expectation is that every child's artwork submitted will be included in the exhibit. THIS IS NOT A COMPETITION; it is an opportunity for children to creatively explore this topic through drawing and painting.

Below is a list of Guidelines. Please follow them carefully.

- The exhibit will include artwork by children ages 4 to 16.
- Each child may submit one piece of art.
- Children may use pastels (oil pastels), crayons, markers, colored pencils, tempera or watercolor paints or other mixed-media materials of their choosing. THE ENTIRE SURFACE OF THE PAPER MUST BE COVERED...the background may NOT be simply left white.
- Each artwork must be 11"x 14", matted WITH A WHITE MAT and framed in a simple black frame 16"x20". It must have a wire on the back for hanging.
- The two parts of the submission form must be filled out completely, attaching one part to the back of the photo and handing in the other when the work is delivered to the gallery.
- TO BE INCLUDED IN THE EXHIBIT, ART SHOULD BE DELIVERED TO THE GALLERY MAY 21, 22 (1-2pm) or MAY 23, 24, 25 (9am-2pm)

If you have any questions, don't hesitate to contact the Gallery Director: 732.322.6512 Director@nailsinthewall.org

AFFIX TO THE BACK OF THE PHOTO:

Child's Name _____
 Age _____
 Parent's Name _____
 Town / State _____
 E-Address _____
 Phone # _____
 Title of Photo _____
 Religious Affiliation (if any) _____

HAND IN SEPARATELY WHEN DELIVERING PHOTO:

Child's Name _____
 Age _____
 Parent's Name _____
 Town / State _____
 E-Address _____
 Phone # _____
 Title of Photo _____
 Religious Affiliation (if any) _____

Calling all Knitters and Crocheters

Do you know that St. Luke's participates in the Seamen's Church Institutes' Christmas at Sea program? What is the Seamen's Church Institute? The Seamen's Church Institute "was founded in 1834, and is a voluntary, ecumenical agency affiliated with the Episcopal Church that provides pastoral care, maritime education and legal and advocacy services for mariners." (From The Lookout, Spring 2016.) What is the Christmas at Sea program? Since 1898, during the Spanish American War, volunteers of the Seamen's Church Institute have knitted, collected, packed, and distributed gifts to mariners who are miles away from home during the holidays. The gift consists of a handknit garment, a personal letter, and information on SCI's services for mariners. In addition to this, SCI also includes several useful items like hand lotion, lip balm, and toothbrushes—things difficult to come by when working long stretches on the water. (From <http://seamenschurch.org/christmas-at-sea>)

St. Luke's has been involved in the Christmas at Sea program for many years. Members of St. Luke's knit or crochet during the year to be able to send items to the Christmas at Sea Program. In the past few years, we have lost several members who were contributors to the Christmas at Sea program. Although, we gained a few new contributors last year, we are in need of a few more volunteers to knit or crochet. We would also like to expand our selection of items that we are sending. There are 17 patterns, yet we are only using about 4 of them. So far this year we have sent 27 knitted Mariner Scarves, 11

crochet Mariner Scarves, 5 Seafarer Scarves, and 9 Seafarer Hats for a total of 57 items. Last year we sent a total of 133 items. Following is an example of a pattern. If you are interested in knitting or crocheting for this worthy cause see Karina for more patterns.



SEAFARER'S WATCH CAP

(KNIT FLAT ON STRAIGHT NEEDLES)

Cast on 84 stitches. K2, P2 ribbing for 4".

Switch to garter stitch (knit every row) for 5.5", or 40 rows (20 garter ridges).

DECREASE FOR THE CROWN
K10 k2tog* repeat from * to end of the row. Knit back.

k9 k2tog* repeat from * to end of row. Knit back.

K8, k2tog* repeat from * to end of row. Knit back.

K7, k2tog* repeat from * to end of row. Knit back.

K6, k2tog* repeat from * to end of row. Knit back.

K5, k2tog* repeat from * to end of row. Knit back.

K4, k2tog* repeat from * to end of row. Knit back.

K3, k2tog* repeat from * to end of row. Knit back.

K2, k2tog* repeat from * to end of row. Knit back.

K1, k2tog* repeat from * to end of row.

You now have 14 stitches on your needle. Knit 7 stitches.

TO JOIN CROWN

With 7 stitches on each needle, cut yarn (leaving about 15" length

for seaming) and thread needle. Fold cap so both needles are even and parallel, with free yarn extending from right-hand end of back needle. While working, always keep yarn under knitting needles. Weave sts from front and back needles together with KITCHENER stitch as follows:

SET UP

Pass tapestry needle through first st on front knitting needle as if to purl. Keep stitch on needle. Pass through first stitch on back needle as if to knit, keeping stitch on needle.

KITCHENER STITCH

*Pass tapestry needle through first stitch on front needle as if to knit, and slip stitch off the needle. Pass through second st on same needle as if to purl. Pull yarn through, but leave st on needle. Pass through first st on back needle as if to purl. Slip st off. Pass through second st on back needle as if to knit, leaving stitch on needle. Repeat from * until all sts are off needles. Pull yarn through and fasten securely leaving extra yarn to sew up seam.

SEW SEAM

Place edges of cap adjacent to each other, pattern matching. Picking up outside loop of st from each side, sew back and forth drawing through two edges securely from top of crown to bottom of cuff. **DO NOT SEW THROUGH DOUBLE THICKNESS.**

Note: Please pay attention to gauge. If your gauge is larger, cast on fewer stitches in a multiple of 12. For example: at 4.5 st = 1", cast on 84, and if it's 4 st = 1" then cast on 72.

~May 2015 ~

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|---|--|---|---|
| 1 Father Ed Vac 8:00 Holy Eucharist 9 Early Bird Education 10:00 Holy Eucharist followed by Coffee Hour 11:15 Sunday School 12:00 Schola | 2 8 Morning Prayer 1:00 Ladies Who Tie Knots 5:30 Evening Prayer 7:00 Metuchen Garden Club | 3 8 Morning Prayer 5:30 Evening Prayer | 4 8 Morning Prayer 10:00 Healing Service followed by Bible Study 5:30 Evening Prayer | 5 8 Morning Prayer 5:30 Evening Prayer 7:00 Twisted Stitchers 7:30 Choir Rehearsal | 6 8 Morning Prayer 12:00 Men's Lunch at Houlihan's 5:30 Evening Prayer | 7 9:00 Worship – Invite Welcome Connect 5:30 Holy Eucharist |
| 8 Mother's Day 8:00 Holy Eucharist 9 Early Bird Education 10:00 Holy Eucharist followed by Coffee Hour 11:15 Sunday School 12:00 Schola 4 Worship for the Autism Community 6:00 Round Table | 9 8 Morning Prayer 1:00 Ladies Who Tie Knots 5:30 Evening Prayer | 10 8 Morning Prayer 5:30 Evening Prayer | 11 8 Morning Prayer 10:00 Healing Service followed by Bible Study 5:30 Evening Prayer 7:00 St. Veronica's Guild | 12 8 Morning Prayer 5:30 Evening Prayer 7:30 Choir Rehearsal | 13 8 Morning Prayer 5:30 Evening Prayer | 14 5:30 Holy Eucharist |
| 15 8:00 Holy Eucharist 9 Early Bird Education 10:00 Holy Eucharist followed by Coffee Hour 11:15 Sunday School 12:00 Schola 12:00 Sacred Spaces Talk 6pm Round Table | 16 8 Morning Prayer 1:00 Ladies Who Tie Knots 5:30 Evening Prayer | 17 8 Morning Prayer 5:30 Evening Prayer | 18 8 Morning Prayer 10:00 Healing Service followed by Bible Study 5:30 Evening Prayer | 19 8 Morning Prayer 5:30 Evening Prayer 7:30 Choir Rehearsal | 20 8 Morning Prayer 11:30 Ladies Luncheon at Panera' 5:30 Evening Prayer | 21 5:30 Holy Eucharist |
| 22 8:00 Holy Eucharist 9 Early Bird Education 10:00 Holy Eucharist followed by Coffee Hour 11:15 Sunday School 12:00 Schola 6pm Round Table | 23 8 Morning Prayer 1:00 Ladies Who Tie Knots 5:30 Evening Prayer | 24 8 Morning Prayer 5:30 Evening Prayer | 25 8 Morning Prayer 10:00 Healing Service followed by Bible Study 5:30 Evening Prayer 7:00 St. Veronica's Guild | 26 8 Morning Prayer 5:30 Evening Prayer | 27 8 Morning Prayer Karina Vacation 5:30 Evening Prayer | 28 Karina Vacation 5:30 Holy Eucharist |
| 29 Karina Vacation 8:00 Holy Eucharist 10:00 Holy Eucharist followed by Coffee Hour | 30 Memorial Day 8 Morning Prayer Office Closed 5:30 Evening Prayer | 31 8 Morning Prayer Karina Vacation 5:30 Evening Prayer | 1 Karina Vacation | 2 Karina Vacation | 3 Karina Vacation | 4 Karina Vacation |

**St. Luke's Episcopal Church,
Metuchen**

17 Oak Avenue
Metuchen, NJ 08840
Phone: 732-548-4308
Fax: 732-548-5369

E-mail:

administrator@stlukesmetuchen.org

Calendar:

calendarwiz.com/stlukesmetuchen



We're on the Web!

www.stlukesmetuchen.org

NAILS IN THE WALL
The Gallery @ St. Luke's

WILL CONCLUDE
THE CURRENT EXHIBIT

*Sacred
Spaces*
Holy Places



WITH A TALK ABOUT OUR "SACRED SPACE"
THE 150-YEAR-OLD SANCTUARY OF ST. LUKE'S

Led by engaging and
knowledgeable historian **Ted Latham**

Sunday, May 15, Noon-12:45pm
St. Luke's Church

*The conversation will be followed
by an opportunity for all who attend
to photograph
the interior of the church*

An interest in **QRT**, **ARCHITECTURE**, or **HISTORY**?

Do plan to join us!
