

# VP NEWSLETTER

Week of June 10-16, 2021

## Office Hours

Tuesday &  
Wednesday  
9am - 4pm  
708-753-1975 (o)

## 10am Sundays

live streamed

and call in

515-606-5127

Access Code

981434

## Mother Carr's Farm

SHARES

are now available.

SEE PAGE 5

For information and to  
complete online form

## Save the Date

Ladies...

Saturday, July 10th

1:00 - 2:30pm

via ZOOM

Health & Wellness

presents...



We're still  
planning  
to open the  
doors of the  
church Sunday,  
June 20th  
Father's Day  
Live 8am service

**Detailed explanation on Sunday.**



## Men's Health Month

Page 3 contains our  
Health & Wellness  
Monthly Section

See Page 3 for information on...

The Amazon Smile logo is displayed in black and orange. Below it is the tagline 'You shop. Amazon gives.' and a call to action: 'Choose Vernon Park Church of God as your charity'.

## Dollars For Scholars

CHANGE

Campaign

PAGE 4

to find out how  
YOU can support!





# Wedding Anniversaries for the MONTH of JUNE



**Charles & Mary Sawyer**

**48 years...June 9th**

**Rodney & Tarsa Tucker**

**20 years...June 9th**

**Fred & Flora M. Lott**

**66 years...June 17th**

**Bruce & Barbara McKinney**

**38 years...June 18th**

**Eric & Andrea January**

**22 years...June 19th**

**Robert & Annie Ruth Walker**

**51 years...June 20th**

**James & Ladeyiha Reed**

**18 years...June 21st**

**Chitunda & Danielle Tillman**

**14 years...June 23rd**

**Pastor Jerald & Lady Maura January**

**4 years...June 24th**

**Tony & Carolyn Williamson**

**13 years...June 27th**

**Maurice & Christian Brown**

**7 years...June 28th**

**Tony & Vanessa Davis**

**20 years...June 28th**

**Content Available On:  
Facebook YouTube  
Instagram Twitter and  
[VPCOG.ORG](http://VPCOG.ORG)**

## **TUESDAYS**

**6pm** Tellin' it like it Tis  
(Tosha is Speaking)

**8pm** T~Time Teen Talk  
with KT King Tucker

## **WEDNESDAYS**

**12pm** "Lunch & Learn"  
Bible Study  
with Pastor Bruce

**6pm** Min. Kitty White  
"A Kiss from God"

## **THURSDAYS**

**6am** Prayer Call  
515-606-5127  
Access Code 981434

**6pm** Lady Maura  
OMG Oh Maura Gale  
[TUNE IN HERE](#)

**8pm** "Fall in Line"  
"Man Up with Tuck"  
**1st Thursdays**

"V-Formation  
with Coach V"  
**3rd Thursdays**

## **FRIDAYS**

**6pm** Pastor Frank  
"Frankly Speaking"

## **SATURDAYS**

**6pm** S.A.L.T.  
Bible Study

**Pray for the names on our prayer list.**

**Please continue to pray for those on  
our prayer list.**



# MEN'S HEALTH AWARENESS MONTH

**IT'S ALL ABOUT YOU!**

June is National Men's Health Month! This month is ALL about encouraging the men in your life to take care of their bodies by eating right, exercising, and working to prevent disease. The purpose of Men's Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of diseases including cancer, heart disease, kidney disease, diabetes and psychological illnesses such as depression.



As we embark on this month of encouraging, acknowledging and celebrating men worldwide, let us be proactive in taking necessary steps to ensure our engagement in healthy activities, dieting, age appropriate screenings for diseases and taking care of our overall mental, physical and spiritual health.

For more information on Men's Health, visit

<https://www.unicityhealthcare.com/mens-health>

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth  
3 John 2:1

Let's all strive to be healthy and safe!

Health & Wellness Ministry

All orders placed via

[Smile.Amazon.com](https://www.smile.amazon.com)

when the charity selection is:  
Vernon Park Church of God  
enables the ministry to be blessed, as you shop.

**amazon**smile  
You shop. Amazon gives.

**Smile.Amazon.com**

Amazon Smile donates to

**Vernon Park Church of God**  
every time you make a purchase.

Visit [Smile.Amazon.com](https://www.smile.amazon.com)

Choose: PICK YOUR OWN CHARITY  
type in: Vernon Park Church of God

**For Members and Non-Members**  
**Thank you for your support.**



# VERNON PARK CHURCH OF GOD



If you are an **ACTIVE** member of VPCOG and a **graduate** or **moving-on student**, please contact:

[vpcog.scholarshipandedministry@gmail.com](mailto:vpcog.scholarshipandedministry@gmail.com)

## 3 WAYS TO SUPPORT - PAYPAL/TITHE.LY/CHECK

ACKNOWLEDGEMENT    CELEBRATION    ACADEMIC    CIVIC

PAYPAL & TITHE.LY HAVE A DROP DOWN MENU  
DESIGNATE "SCHOLARSHIP" AND THE AMOUNT

FOR CHECK DONATIONS INDICATE AMOUNT  
AND SCHOLARSHIP IN THE MEMO SECTION

DOLLARS FOR SCHOLARS





# Mother Carr's Farm

*A Community Supported Agriculture Project of Vernon Park Village*

## ***Welcome to Mother Carr's Farm!***

Located in Lynwood Illinois, our Community Supported Agriculture (CSA) has been in operation for 8 years and offers over 20 varieties of fresh pesticide-free produce to our members. Our season typically starts in mid-July and runs through November. During the season, which runs from early July to late November, members receive a bi-weekly distribution of freshly picked produce. We offer delivery service for an additional \$100 per season.

Purchasing a CSA membership share is a great way to get the highest quality of locally grown produce at an affordable price. It is also a wonderful way to support an African American business focused on practices that have the health of our land and our community in mind.

## ***Our Planned 2021 Harvest ...***

*Banana Peppers*

*Basil*

*Beets*

*Bell Peppers*

*Broccoli*

*Butternut Squash*

*Cabbage*

*Collard Greens*

*Corn*

*Cucumbers*

*Eggplant*

*Green Beans*

*Jalapeno Peppers*

*Kale*

*Mustard Greens*

*Oregano*

*Peppermint*

*Purple Hull Peas*

*Rosemary*

*Swiss Chard*

*Thyme*

*Tomatoes*

*Turnips*

*Yellow Squash*

*Watermelon*

### **2021 CSA Membership Options:**

**Half Share \$250.00**

**Full Share \$475.00**

**Sign-up online: <https://forms.gle/8u6HsLFvTHb2F5gAA>**

**For more information:**

**Call: 331-234-7417**

**Email: [mothercarrfarm@gmail.com](mailto:mothercarrfarm@gmail.com)**