

# A.M. Yoga

**Location:**  
Garnett Recreation Center

**When:**  
Mondays, Wednesdays & Fridays: 8:45 - 9:45am



RECREATION CENTER GOPPERT  
WELLNESS CENTER

**Cost:**

Morning Beginners: \$36 per session  
4-weeks (12 classes)

Session: Jan. 6th - Jan. 31st, 2020



Sign-up online at <https://garnettrecreation.recdesk.com/Community/Home>

**Instructor:** Je'nelle Klehammer

**Bring your own mat!**



[simplygarnett.com/yoga.html](http://simplygarnett.com/yoga.html)