

SUMMER ROTATION 2019

Monday	CLASS TYPE		Thursday	CLASS TYPE
June 17 LEIGH	5:30 pm TURBO KICK		20 LEIGH	6:30 pm YOGA AT THE LAKE
24 TINA	5:30 pm KETTLE BELL		27 LEIGH	6:30 pm YOGA AT THE LAKE
July 1 LEIGH	5:30 pm TURBO KICK		4 NO CLASSES	
8 LAURA	5:30 pm CIRCUIT & LIFT		11 LEIGH	6:30 pm YOGA AT THE LAKE
15 ARLENE	5:30 pm CARDIO FUSION		18 LEIGH	6:30 pm YOGA AT THE LAKE
22 ELLEN	5:30 pm BODY PUMP		25 KAREN	6:30 pm YOGA AT THE LAKE
29 KAREN	5:30 pm KICK BOXING		August 1 KAREN	6:30 pm YOGA AT THE LAKE
5 KAREN	5:30 pm KICK BOXING		8 KAREN	6:30 pm YOGA AT THE LAKE
12 ELLEN	5:30 pm BODY PUMP		15 ANGIE	6:30 pm YOGA AT THE LAKE
19 TINA	5:30 pm KETTLE BELL		22 KAREN	6:30 pm YOGA AT THE LAKE
26 ELLEN	5:30 pm BODY PUMP		29 ANGIE	6:30 pm YOGA AT THE LAKE