



# AKB NEWS

Winter / 2018-2019



**ATLANTIC**  
*Kitchen & Bath*

## Atlantic Kitchen & Bath Winter Newsletter

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*AKB ended 2018 on a great note. Many remodels completed and many new clients and friends. We are thankful for the opportunities we have had and the friendships we have shared. We've had some big changes; added a full time design team, more staff to help service clients, moved into our new showroom on Coastal Highway and have designed and built many beautifully remodeled homes. We anticipate that 2019 will be an even better year and we are looking forward to adding many new relationships to our AKB family of friends. Watch for announcements for our Grand Opening!*

**Atlantic Kitchen & Bath specializes in custom kitchen and bath designs as well as renovations, sunrooms, closet systems, outdoor kitchens, additions and restorations. Give us a call today at 302.645.8500 to schedule an appointment or look us up on the web at [www.AtlanticKB.com](http://www.AtlanticKB.com)**

### We can design and build anything for you. Just read our reviews!

**I'm so impressed with Atlantic Kitchen & Bath for the work they did in my kitchen remodel. From the design work and the ease of the selection process to the entire build. I felt like they always were considerate and extremely professional.**

**I am so happy with the finished product that I tell all my friends! Ann**





## 5 Fantastic Ideas for Remodeling Your Kitchen

How does your kitchen look? Is it always crowded because everyone insists on getting in the way while you cook? Maybe you just need a radical new design to open it up because it's too cramped and no longer serves your needs. Whatever your situation, Atlantic Kitchen & Bath has all the kitchen upgrades and solutions you need to create the remodel of your dreams!

### Get New Appliances

One of the most noticeable kitchen upgrades in any remodel is the presence of top of the line appliances. Microwaves, refrigerators, dishwashers, and beverage coolers are all crucial elements of your kitchen. If your old standbys just aren't getting the job done, it's time to replace them. Besides, old appliances aren't only going to make your kitchen less efficient but it will be a constant out of date part of your kitchen.



### Upgrade Your Counters

When you don't have enough counter space, it can get frustrating and overwhelming. Solid surfaces can make an enormous difference for everything from a serving area for entertaining, a workspace for baking/cooking or finding a place to stack clean dishes before moving them in and out of the sink. Your countertops make a big difference in how beautiful and functional your kitchen is, so don't hesitate to use durable materials like quartz, granite or marble.

### Let There Be Light

You shouldn't dismiss the importance of lighting in your remodeled kitchen, either. It's possible that everything else is fine, but since you can't see what you're doing, you get annoyed and lose patience with what you're doing. Whether you're cooking, baking, or cleaning, the kitchen doesn't need to be a dark pit. Adding recessed lights or under cabinet lighting can really brighten things up.

### Enlarge Your Sink(s)

No matter how many people you have at home or over for entertaining, having a bigger sink can be a lifesaver. Wash those heavy pots and pans and get them sparkling clean again without overcrowding the space. The addition of another sink will also help to divide up the work for a better flowing space.

### Update Your Pantry

Sometimes, all you need is more pantry space. If you can't fit a conventional pantry in your kitchen, you can hide a roll-out pantry in your cabinets. You can also incorporate some other solution, such as utility shelves.

Find exceptional quality products, first class kitchen designing and a top-ranking building team with Atlantic Kitchen & Bath. If you are planning to remodel your kitchen, we are here to help with all of your design and building needs. If you are ready for a quote and to see how we are different than other companies, give us a call at 302-645-8500

*Let us expertly help you design/build your kitchen*



For more information, visit our website at [www.AtlanticKB.com](http://www.AtlanticKB.com) or give us call at 302.645.8500

# A Recipe for You!



## Ingredients

1 tablespoon olive oil  
1 onion, diced (1 cup)  
1 red bell pepper, diced (1 cup)  
2 carrots, diced (1/2 cup)  
2 teaspoons ground cumin  
1 pound extra-lean ground beef (90 percent lean)  
One 28-ounce can crushed tomatoes  
2 cups water  
1 chipotle chili in adobo sauce, seeded and minced  
2 teaspoons adobo sauce from the can of chipotles  
1/2 teaspoon dried oregano  
Salt and freshly ground black pepper  
One 15.5-ounce can black beans, drained and rinsed  
One 15.5-ounce can kidney beans, drained and rinsed  
One 15.5-ounce can pinto beans, drained and rinsed

## 3-Bean Adobo Chili



Heat the oil in large pot or Dutch oven over moderate heat. Add the onion, bell pepper and carrots, cover and cook, stirring occasionally until the vegetables are soft, about 10 minutes. Add the cumin and cook, stirring, for 1 minute. Add the ground beef; raise the heat to high and cook, breaking up the meat with a spoon, until the meat is no longer pink. Stir in the tomatoes, water, chipotle and adobo sauce, oregano and salt and pepper. Simmer, partially covered, stirring from time to time, for 30 minutes. Stir in the beans and cook, partially covered, 20 minutes longer. Season, to taste, with salt and pepper. Add sour cream and shredded cheese to garnish. For a little more heat add chili powder or fresh chopped jalapeno to taste.

## We Did It

The end of October we moved into our new showroom on Coastal Highway. We opened the selections and conference room as well as the designer offices and admin office. We still have a few things left to do but everything is looking amazing. If you have a chance come by and see us at 18355 Coastal Highway, Lewes (just north of Bethany Blues on the northbound side of Rte. 1).

Our office hours are 9am-5pm

Monday through Friday.

Saturdays by appointment.



*Come in and see the difference!*





## Debunking Common Kitchen Remodeling Myths

Kitchen remodeling myths get passed down like old wives tales. Do you feel like a kitchen remodel is out of reach? It's understandable to have some anxiety about undertaking any large home remodeling project, but there is, unfortunately, a lot of misinformation about what's actually involved in the kitchen remodeling process. Here are just a few of the most common myths surrounding kitchen remodels.

### Myth #1: A Kitchen Remodel is Simply Too Expensive

The price of a kitchen remodeling project is going to depend largely on choosing the right products that fit your budget. There are actually many quality material choices that are affordable. If you delay remodeling you are in fact delaying the lifestyle that you deserve and could be enjoying. Delaying may create more obstacles for you when it comes time to sell your home. Not sure how your kitchen looks? Take a look at our Top 5 Ideas for a Kitchen Upgrade on our website.



### Myth #2: "I Don't Need a Designer"

Designers help us to see the bigger picture while overseeing the entire project. Their vision saves you money in the long run. What if your builder doesn't inspect the ceiling prior to work? You might end up with mismatched cabinets and visible duct-work. An expert designer *can* save you a lot of money, and help you keep your sanity, too. At Atlantic Kitchen & Bath, our designers work with you to come up with solutions that fit your kitchen's unique needs.

### Myth #3: There's Always Tomorrow

Many homeowners make the mistake of cutting corners to save money on a kitchen renovation. According to a study by the Research for Cooking & Kitchen Intelligence, 40% of homeowners wish they had spent more money on their kitchen remodeling, particularly in adding more organizational features. Pots and pan organizers, roll-out pantries, cabinets — these are the kinds of things that make cooking a breeze and improve efficiency. The optimal time to add in is now during a kitchen renovation. Even better is knowing when to schedule your next kitchen remodel. There are benefits to scheduling your renovation during less busy times of the year.

### Myth #4: Bigger Is Always Better

If money is an issue, choosing quality over quantity can go a long way toward designing a better kitchen. Too many homeowners make the mistake of either leaving too much space in their kitchen or simply ignoring the laws of physics altogether. A good kitchen is a balance between form and function, but more often than not ample storage is a smart investment. For example, if you rip out your pantry to install a lovely butler's pantry, area you may end up without space for storing everyday goods. A professional designer can help make these decisions easier.

### Choose Quality Home Remodeling, Design/Build Services from Atlantic Kitchen & Bath

Ready to get started on your next kitchen or bath remodeling project? Atlantic Kitchen & Bath is your premier home remodeling professional. We provide remodeling services to customers throughout Sussex County Delaware. We're here to talk whenever you're ready! So get in touch with us at 302-645-8500 or check out our new showroom at 18355 Coastal Highway.



**Give us a call  
302.645.8500**

***Did you know that Atlantic Kitchen & Bath uses BuilderTrend for staying in touch with our customers. This is a cloud based interactive construction software that also has an App for phones. Our customers can easily access their job documents, get updated schedule information, receive regular photo updates, be able to share photos to Facebook or other apps and easily stay in touch with our building project manager and office staff. It's a great tool and our customers love it.***

*Always Great Ideas*