







## Belgrade Senior Center – July 2019 Menu

Meals are served at noon, 12 pm, Suggested donation for 60+ years young are \$4.00 and for those under 60 years is \$6.00

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Salad Spaghetti w/Meat Sauce Vegetables dessert	2 Salad Chicken Stir Fry Rice Dessert	3 <b>“4<sup>th</sup> of July Picnic”</b> Salad BBQ Burgers Chips Baked Beans Watermelon	<b>CLOSED</b>	5 Salad Fish & Chips Vegetables Dessert	6 
7	8 Salad Chicken Sandwich Vegetables Dessert	9 Salad Roast Pork Mashed Potatoes Vegetables Dessert	10 Salad Salisbury Steak Rice Pilaf Vegetables Dessert	11 Salad Mac & Cheese Vegetables Dessert	12 Pulled Pork Sandwich Potato Salad Vegetables Dessert	13
14 	15 Salad Philly Cheese Steak Sandwich Vegetables Dessert	16 Salad Enchilada Casserole Rice & Beans Vegetables Dessert	17. <b>BirthDay Celebration</b> Salad Brats & Tots Vegetables Dessert	18 Salad Chicken Fried Steak Potatoes Vegetables Dessert	19 Salad Sloppy Joes Vegetables Dessert	20 
21	22 Salad Scalloped Potatoes w/Ham Vegetables Dessert	23 Salad Roast Beef Potatoes Vegetables Dessert	24 Salad Chicken & Dumplings Vegetables Dessert	25 <b>Breakfast Club</b> Salad Beef Stroganoff Noodles Vegetables Dessert	26 <b>Around the World South Africa</b> Roasted Eggplant Salad S. African Bobotie Yellow Rice Broccoli w/Sesame Oil Malva Pudding	27
28 	29 Chef Salad Dessert	30 Salad Meat Loaf Potatoes Vegetables Dessert	31 Salad Chicken Alfredo Vegetables Dessert			

**BE SURE TO CALL BEFORE 10:30 AM TO SIGN UP FOR LUNCH**