

Help for the Andes Foundation

Uplifting humanity

ANNUAL REPORT 2013

It gives us pleasure to present the achievements of the foundation *Help for the Andes* for this year, 2013.

In its 12 years of existence, the foundation has consolidated projects in the areas of health and education—targeting the most vulnerable and disadvantaged communities.

This year we have focused on obtaining and coordinating support for various public hospitals and health centers. We applied for funding from European and American organizations for the Mobile Clinics Project which has enabled us to provide solutions for health care in different communities.

RENEWAL OF MEDICAL EQUIPMENT IN HOSPITALS

Help for the Andes participated in the creation and development of projects to improve various departments in the University of Chile Clinical Hospital, as well as health centers in Cusco, in the Andean region of Peru.

At the beginning of the year, a prefeasibility study was made to assess the actual medical equipment at the University of Chile Clinical Hospital—in comparison with the equipment *ideally* needed to meet the daily requirements of the patients. Along with the donor organization, *Assist International* in Scotts Valley, we inspected the departments and services requiring renovation to ensure that the appropriate donations and equipment were obtained.

In November, alongside *Assist International*, we received medical implements and installed medical equipment valued at approximately 600,000 USD. The equipment was installed in the Department of Cardiology and Emergency at the Clinical Hospital at the University of Chile.

WOMEN'S HEALTH IN CUZCO

In July, a successful visit to villages in the Cuzco province was made by professional doctors from the *Women Care Cancer Fund*, in partnership with the *Help for the Andes Foundation*. The team concentrated its efforts on supporting the *CerviCusco healthcare clinic*. Staff from both organizations made joint visits to the Yanacoa, Ancahuasi and Maras villages to provide gynecological care to

the neediest women in the area. The objective of Dr. Cirisano's team was the prevention and treatment of cervical cancer, including examinations and Pap smears. When our bus pulled up at Ancahuasi Health Service, we were surprised to see the number of women awaiting our arrival. The visiting team, the staff, and the CerviCusco medical students examined and treated 293 women in just one day.

In addition, we were able to undertake loop electrosurgical excision procedures (LEEP), Pap tests, colposcopies, and cone biopsies in the CerviCusco clinic.

It is sad to see such a high incidence of cervical cancer, and it is heartbreaking to see the development of this disease in such a high percentage of women who cannot obtain the necessary preventive medical care. Our achievements exceeded far beyond our expectations. We wish to express our special and heartfelt thanks to Juan Manuel Rosas Raffo for his diligent work as the facilitator of the project.

THE HUMAN TOUCH

1. Under the auspices of the *BCI* and the company *Crear.Ser*, directed by Clinical Psychologist Dr. Janet Muñoz, and Art Professor William López, in partnership with the *Damas Peruanas en Chile—Help for the Andes* continued a series of training workshops in several of the towns in the Andean Region of Peru, including Ricardo Palma, Chosica, Malingas, Piura, and the Valley of Apurimac.

These workshops included an Educational workshop/art workshop for 30 young people and a book fair in which 300 motivational and educational books were distributed. The workshops provide incentive for community integration by stimulating education, art, cultural identity and personal acceptance. We hope that by learning how to use tools such as books, internet, web design, art, and drawing techniques, the young people and families who attended the workshops gain a higher sense of their own self-worth.

2. *The Human Touch* program team, in collaboration with *Crear.Ser* and the *El Faro Medical Center*, has continued to hold workshops on personal development and family guidance facilitated by Rosa Maria Sanfilippo.

3. *Volunteers*: The *Help for the Andes Foundation* manages volunteers from Harvard University along with volunteer coordinator, Jessica Zuo. The Harvard student volunteers helped develop, support, and assist *The Human Touch* workshops for senior citizens in Lima, Peru.

As a part of our program, *The Human Touch*, we organize workshops for the senior citizens regarding the value of old age. This program, promoting optimism,

human relations and self improvement, is coordinated by clinical psychologist, Janet Muñoz, and is carried out at the headquarters of *Crear.Ser*.

4. *Help for the Andes foundation*, together with *Global Giving*, continues to raise funds to ensure the continuity of *The Human Touch* program—*Education & Career Openings for Women of the Andes*.

MEETINGS

In May, July, and August, meetings were held for members of the Board of Directors of the *Help for the Andes Foundation* with the directors of not-for-profit organizations who are experts on the subject of philanthropy and the role of civil society. These organizations included *Help for the Andes Inc.*, Florida, USA; *Harvard University*, Cambridge, Massachusetts, USA; *El Faro Medical Center*, Lima, Peru; Janet Muñoz and *Crear.Ser*, Lima, Peru; *Assist International Organization*, California, USA; and the *Women's Cancer Care Fund*, Delray, Florida, USA.

The purpose of the meetings was to brainstorm new concepts, projects, programs, and actions to alleviate poverty; as well as to create awareness and acceptance of these improvements. The year 2013 has been a challenging one for us, but we confronted them with concrete planning, especially taking into consideration the constant changes occurring in our societies.

During 2013 our main priority was to provide aid and support to the most vulnerable communities. We also strove to ensure the continuity of already established programs, as well as proposing and designing new projects. In all of our endeavors the commitment of our benefactors, employees, volunteers, and wonderful staff members has been clearly felt. To all of you, our heartfelt thanks on behalf of *Help for the Andes Foundation*.