Let’s Visit the Spectacular Finger Lakes Region & Erie Canal of New York State Gorgeous Country !!!

SEPTEMBER 11 - 14, 2018


$679.00 PER PERSON - DOUBLE OCCUPANCY
ADD $200.00 FOR SINGLE

TRAVEL INSURANCE: $44.00 PER PERSON

CALL DIANE AT HARVEST YEARS SENIOR CENTER - 698-4285

RATED: (MD)
Happy “June 2018” Birthdays

---

1 Donna Chappell
1 D. Fay Freeman
1 Doris Vrhovac
2 Marcy DiDonna
4 Maggie Aultman
4 Donna Lee Sheppard
5 Margaret (Peg) Ciminera
5 James Martin
5 Terry Perkins
6 William Muffley
6 Patricia Shufelt
7 Robert Dodson
9 Stephen Flaherty
9 Geraldine Hall
9 Lois Williams
9 Rosemarie Wolf
10 Merritt Burke
11 Dorothy Wilson
11 Sandra Wootten
12 Suzanne Campos
12 Antoinette Dougherty
12 Joan McNiece
13 Robert Dandy
15 Don Adams
15 Jean Hanacek
16 Robert Altomare
16 Wilson Comegys
16 JoAnn McQuade
16 Linda Pape
17 Mildred Martin
17 Elizabeth Rigo
17 William Taylor
18 Mary Ann Longfellow
19 Vivian McDonald
19 Lynn Smith
20 B. Bryan
20 Millard Williams
21 Linda Bond
21 Marietta Laporte
22 Dot Adams
22 Hana Jane Maroon
22 Michael Morton
23 Debbie Aziz
23 Steven Towers
25 Richard Chappell
26 Genevieve (Jean) Helish
27 Helen Rossiter
27 Ann Smith
28 Vernell Abella
28 Linda Dougherty
28 Sue George
29 Mary Kay Eggers
29 Gretchen Goulet
30 June Dawson
30 Patricia Weaver

---

***PLEASE BE SURE TO CALL - (302) 698-4285***

***PLEASE MAKE YOUR (RESERVATION) FOR A FREE BIRTHDAY LUNCH***

We invite you to a BIRTHDAY LUNCH here at Harvest Years as part of your membership. HOWEVER, you must attend the BIRTHDAY CELEBRATION on our “BIRTHDAY DAY” which is always the third Thursday of each month. You must “eat-in”. You may not “take-out” the free meal. If you do not see your name on the list of names for JUNE it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane..... HAPPY BIRTHDAY and Thank You....

LUNCH IS SERVED DAILY MONDAY THRU FRIDAY 11:30 AM - 12:30 PM
YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH RESERVATION by 10 AM. LET US KNOW IF YOU WILL BE CELEBRATING YOUR BIRTHDAY WITH US PRIOR TO June 21, 2018.

---

Tai Chi Demo at Barclay Farms
June 21st at 2 PM
We will be demonstrating Tai Chi forms and Tai Chi weapons......Sword, Fan, Staff & Cane.
ALL ARE WELCOME TO JOIN US

---

Golden Dinner Club
Our Monthly fundraiser is open to all our members, their families and friends. Each month we choose a local Restaurant and we get-together to eat, celebrate events and have fun. Best of All we get a donation for our center.
The Harvest Years is ready to kick off the Summer of 2018. We are looking forward to the season that brings back Ice Cream Socials, Root Beer Floats, BBQ’s and plenty of fun in and out of the sun!

On Wednesday, June 13th, please plan on joining us for a day of celebration and good food! Make a reservation today for our Annual Father’s Day Luncheon. Free Root Beer Floats are included in the luncheon for all the Dads and Granddads in attendance.

Our annual trek to the Blueberry Farm is scheduled for Friday, June 29th. The Harvest Years bus will leave promptly at 8 AM and return before 11 AM, just in time for lunch!!! It is a FREE trip, you will only need to pay for your blueberries that you pick. Please sign up at the front reception desk if you are planning on joining us.

The flagpole will be dedicated here at The Harvest Years on Flag Day, June 14, 2018. We will dedicate our flagpole to all the past members that we have lost over the years that have helped to build our center to what it is today. (Seniors Helping Seniors) Please join us for a short ceremony beginning at 11 AM with lunch to follow.

The State of Delaware’s Fiscal year comes to a close at the end of June. I hope you will join me, once again, in thanking Mr. Brian Bushweller and Mr. Lyndon Yearick for their continuous legislative support for our center. They have both continually updated us on all the state’s conversations and policy’s that may affect us as a center and our members. This is also a great time of year to remind all our Senators and Representatives at the state level and Kent County Levy Court that we need them on our team all year long. Their continued efforts, on our behalf, keep our senior center moving forward.

Thanks again, and have a Wonderful, Safe and Happy Summer.

I love you, Dad, and want you to know I feel your love wherever I go. Whenever I have problems, you’re there to assist. The ways you have helped me would make quite a list. Your wisdom and knowledge have shown me the way and I’m thankful for you as I live day by day. I don’t tell you enough how important you are. In my universe you’re a bright shining star.”

Can you believe it is already June?? Where is time going? We do have many fun celebrations and trips planned for the remainder of this year. If you are interested in any of our trips please feel free to call me or stop by my office and sign-up. Tickets are selling quickly and I do not want you to miss out on all the good times.

A new day trip has been planned for Friday, August 17th, 2018. We will be visiting Peddler’s Village in Pennsylvania. I have ordered tickets to their “Golden Girls Murder Mystery” Dinner Theater. A flyer about the show is enclosed in this month’s newsletter. This will be a great trip; shopping in any one of the many shops, a comedy murder mystery show, and dinner. I’m truly excited about this trip! A few tickets still remain at this writing!

Remember - It’s ROOT BEER FLOAT season!! Come in out of the hot weather and enjoy a cold float.

Congratulations to All the 2018 Graduates
### Kent County Representatives
#### District # General Assembly

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number or E-Mail</th>
<th>District</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jeff N. Spiegelman</td>
<td>302 744-4171 or</td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="mailto:Jeff.Spiegelman@state.de.us">Jeff.Spiegelman@state.de.us</a></td>
<td></td>
</tr>
<tr>
<td>William J. Carson</td>
<td>302 744-4113 or</td>
<td></td>
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<tr>
<td></td>
<td><a href="mailto:William.Carson@state.de.us">William.Carson@state.de.us</a></td>
<td></td>
</tr>
<tr>
<td>Trey Charles Paradee</td>
<td>302 744-4351 or</td>
<td></td>
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<tr>
<td></td>
<td><a href="mailto:Trey.Paradee@state.de.us">Trey.Paradee@state.de.us</a></td>
<td></td>
</tr>
<tr>
<td>William R. Outten</td>
<td>302 744-4083 or</td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="mailto:Bobby.Outten@state.de.us">Bobby.Outten@state.de.us</a></td>
<td></td>
</tr>
<tr>
<td>Sean M. Lynn</td>
<td>302 744-4351 or</td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="mailto:Sean.Lynn@state.de.us">Sean.Lynn@state.de.us</a></td>
<td></td>
</tr>
<tr>
<td>Andrea L. Bennett</td>
<td>302 744-4351 or</td>
<td></td>
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<tr>
<td></td>
<td><a href="mailto:Andrea.Bennett@state.de.us">Andrea.Bennett@state.de.us</a></td>
<td></td>
</tr>
<tr>
<td>Charles S. Postles Jr.</td>
<td>302 744-4081 or</td>
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<tr>
<td></td>
<td><a href="mailto:Charles.Postles@state.de.us">Charles.Postles@state.de.us</a></td>
<td></td>
</tr>
<tr>
<td>Lyndon D. Yearick</td>
<td>302 744-4171 or</td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="mailto:Lyndon.Yearick@state.de.us">Lyndon.Yearick@state.de.us</a></td>
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</tbody>
</table>

### Senators Delaware General Assembly
#### Contact Information

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number or E-Mail</th>
<th>District</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bruce C. Ennis</td>
<td>302 744-4310 or <a href="mailto:Bruce.Ennis@state.de.us">Bruce.Ennis@state.de.us</a></td>
<td>SD 14</td>
</tr>
<tr>
<td>Dave G. Lawson</td>
<td><a href="mailto:Dave.Lawson@state.de.us">Dave.Lawson@state.de.us</a></td>
<td>SD 15</td>
</tr>
<tr>
<td>Colin Bonini</td>
<td>302 744-4169 or <a href="mailto:Colin.Bonini@state.de.us">Colin.Bonini@state.de.us</a></td>
<td>SD 16</td>
</tr>
<tr>
<td>Brian J. Bushweller</td>
<td><a href="mailto:Brian.Bushweller@state.de.us">Brian.Bushweller@state.de.us</a></td>
<td>SD 17</td>
</tr>
<tr>
<td>F. Gary Simpson</td>
<td>302 <a href="mailto:744-4134-Gary.Simpson@state.de.us">744-4134-Gary.Simpson@state.de.us</a></td>
<td>SD 18</td>
</tr>
</tbody>
</table>
Harvest Years Report, June, 2018
By Brian J. Bushweller, State Senator, 17th District

Senior Center Funding, Meals on Wheels and the “Bond Bill”.

By the end of this month, we will know whether the General Assembly has restored the 20% cut in funding for senior centers that was imposed last June to help balance the state budget. We will also know whether the General Assembly has fully funded the Meals On Wheels program so important to seniors or whether that program will be this year’s victim to budgetary restriction.

These and other financial decisions must be made by June 30, or very early on July 1, in order to have a budget in place for Fiscal Year 2019 (FY 19). Last June, every senior center in Delaware had its state funding slashed by that 20% figure. Senior center budgets suffered as a result. So did other non-profit organizations such as fire companies and veterans’ organizations. Governor Carney’s proposed budget restored some of those cuts but not all of them. It is now up to the Legislature’s Joint Finance Committee to restore the remainder.

Meals on Wheels is a little different. Last year, the General Assembly fully funded this program that so many seniors depend on for nutritious meals. However, Meals On Wheels providers have been notified that full funding will not be provided for FY 19, reducing available funds and forcing some seniors out of the program.

If these cuts concern you (if you are reading this column, they should!) you should contact your State Representative and your State Senator and ask that full funding for senior centers be restored and that full funding for Meals On Wheels be appropriated.

The “Bond Bill”.

There are actually three budgets that set forth how state dollars are to be spent each year: the Operating Budget, the Grant-In-Aid Budget and the Capital Budget. The Operating Budget is where we pay for state programs from public schools to Medicaid to State Police and all the others. This is where Meals On Wheels is funded. The Grant-In-Aid Budget is where we help non-state organizations that fulfill important needs for state residents. This is where senior centers are funded. The Capital budget is where we fund construction of things such as schools, parks, roads and bridges.

The Capital Budget is often referred to as the “Bond Bill”. This is because part of its funding comes from the issuance of bonds through which the State borrows money to help pay for capital costs. The remainder of its funding comes from other sources such as gasoline taxes and transfers from the Operating Budget. The total funding for FY 19 in the Governor’s proposed Capital Budget is $677.5 million. (By the way, the proposed Operating Budget is $4.25 Billion and the proposed Grant-In-Aid Budget is $41.7 Million.)

Major Bond Bill road projects for our area either underway or planned include highway overpasses on Rt. 1 South at Little Heaven, South Frederica and NE Front Street; the Camden Bypass - North Street to SR 10 and South Street to Rising Sun Road; sidewalk and bike path on Kenton Road from SR 8 to Chestnut Grove Road; and North Street sidewalk improvements in downtown Dover.
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>![Image](33x54 to 121x147)</td>
<td>![Image](373x456 to 393x485)</td>
<td>![Image](27x600 to 124x708)</td>
<td>![Image](242x605 to 345x688)</td>
<td>![Image](362x636 to 479x709)</td>
</tr>
</tbody>
</table>
| **ROOT BEER FLOATS**  
Will be on the Menu  
Beginning Father’s Day!! | **FLAG DAY - JUNE 14TH**  
June 21st | **FATHER'S DAY LUNCH**  
Baked Meatloaf  
Mashed Potatoes  
Succotash  
Bread or Rolls  
Chocolate Cake | **Roast Beef**  
Mashed Potatoes/Gravy  
Mixed Vegetables  
Bread or Rolls  
Fruit | 1.  
Italian Sub  
w/Fries  
Pickles/Chips  
Assorted Desserts |
| 4.  
Sloppy Joe  
Baked Fries  
Tossed Salad  
Cookie | 5.  
Roasted Chicken  
Stuffing  
Green Beans  
Bread or Rolls  
Crescent Cherry  
Cheesecake | 6.  
Baked Lasagna  
Tossed Salad  
Italian Bread  
Pineapple | 7.  
Chicken Parmigiana  
w/Angel Hair Pasta  
Tossed Salad  
Italian Bread  
Assorted Desserts | 8.  
Chicken Parmigiana  
w/Angel Hair Pasta  
Tossed Salad  
Italian Bread  
Assorted Desserts |
| 11.  
Grilled Sausage  
w/Onion & Peppers  
Cucumber Salad  
Ice Cream Sandwich | 12.  
Cobb Salad  
Turkey, Tomato,  
Bacon, Egg, Lettuce,  
Blue Cheese  
Strawberries | 13.  
**FATHER’S DAY LUNCH**  
Baked Meatloaf  
Mashed Potatoes  
Succotash  
Bread or Rolls  
Chocolate Cake | 14.  
**FLAG DAY**  
Rotisserie Chicken  
Scalloped Potatoes  
Vegetable Blend  
Bread or Rolls  
Tropical Fruit | 15.  
Cheesesteak  
Fried Onions  
Baked Fries  
Assorted Desserts |
| 18. **All You Can Eat Buffet**  
Baked Ziti  
Tossed Salad  
Italian Bread  
Fruit Cocktail  
$5.00 | 19.  
BBQ Chicken  
Macaroni Salad  
Baked Beans  
Bread or Rolls  
Fresh Fruit | 20.  
Baked Flounder  
Macaroni & Cheese  
Stewed Tomatoes  
Bread or Rolls  
Ambrosia Pie | 21.  
**Happy Birthday Lunch**  
Roasted Pork Loin  
Mashed Potatoes  
Peas & Carrots  
Gravy  
Bread or Rolls  
Ice Cream & Cake | 22.  
Grilled Ham & Cheese  
Tomato Soup  
Pickles/Chips  
Assorted Desserts |
| 25.  
Chicken Salad  
Sandwich  
Lettuce, Tomato  
Chips  
Fruit | 26.  
Tom’s 3 Bean Chili  
Tossed Salad  
Corn Bread  
Pudding | 27.  
Spaghetti w/Meatsauce  
Tossed Salad  
Italian Bread  
Sherbert | 28.  
Baked Salmon  
Roasted Potatoes  
Broccoli  
Bread or Rolls  
Peaches | 29.  
Chef’s Salad  
Ham, Turkey, Cheese,  
and Egg  
Sweet Roll  
Sweet Roll  
Assorted Desserts |

**IMPORTANT INFORMATION FOR YOU!**

Beginning this year, 2018, anyone taking a trip with Harvest Years Senior Center must carry with them a photo ID. Many of our trips will require security screenings. If you do not bring your ID you will not be permitted on the trip. **THANK YOU**
## - JUNE 2018 ACTIVITIES -

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Root Beer Floats" /> Happy Father's Day JUNE 13th</td>
<td><img src="image" alt="Ice Cream Social" /> TUESDAY, JULY 18th 12 NOON</td>
<td></td>
<td></td>
<td>1. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte 12 NOON - Mah Jong 12:30 - Spades</td>
</tr>
<tr>
<td>4. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy &lt;br&gt;$5 PM - 5:45 PM $FEARLESS YOGA</td>
<td>5. $8:30 AM - Yoga$&lt;br&gt;9:30 AM - Crafts 12 NOON - Domino’s &lt;br&gt;$5 PM - 6 PM $FEARLESS YOGA Total Body Workout</td>
<td>6. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand &amp; Foot 1 - 3 PM $ ART CLASS $&lt;br&gt;$5 PM - 5:45 PM $FEARLESS YOGA Total Body Workout</td>
<td>7. $8:30 AM - Yoga $&lt;br&gt;9:45 AM - L.I.F.E. Aerobics Class 12 NOON - 500 Rummy &lt;br&gt;$5 PM - 6 PM $FEARLESS YOGA Total Body Workout</td>
<td>8. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte 12 NOON - Mah Jong 12:30 - Spades</td>
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<tr>
<td>11. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy &lt;br&gt;$5 PM - 5:45 PM $FEARLESS YOGA</td>
<td>12. $8:30 AM - Yoga$&lt;br&gt;9:30 AM - Crafts 12 NOON - Domino’s &lt;br&gt;$5 PM - 6 PM $FEARLESS YOGA Total Body Workout</td>
<td>13. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand &amp; Foot &lt;br&gt;$5 PM - 5:45 PM $FEARLESS YOGA Total Body Workout</td>
<td>14. Harrington Slots $8:30 AM - Yoga $&lt;br&gt;9:45 AM - L.I.F.E. Aerobics Class $5 PM - 6 PM $FEARLESS YOGA Total Body Workout</td>
<td>15. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte 12 NOON - Mah Jong 12:30 - Spades</td>
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<tr>
<td>18. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy &lt;br&gt;$5 PM - 5:45 PM $FEARLESS YOGA</td>
<td>19. $8:30 AM - Yoga$&lt;br&gt;9:30 AM - Crafts 12 NOON - Domino’s &lt;br&gt;$5 PM - 6 PM $FEARLESS YOGA Total Body Workout</td>
<td>20. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand &amp; Foot 1 - 3 PM $ ART CLASS $&lt;br&gt;$5 PM - 5:45 PM $FEARLESS YOGA Total Body Workout</td>
<td>21. $8:30 AM - Yoga$&lt;br&gt;9:45 AM - L.I.F.E. Aerobics Class $5 PM - 6 PM $FEARLESS YOGA Total Body Workout</td>
<td>22. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte 12 NOON - Mah Jong 12:30 - Spades</td>
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<tr>
<td>25. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy &lt;br&gt;$5 PM - 5:45 PM $FEARLESS YOGA</td>
<td>26. $8:30 AM - Yoga$&lt;br&gt;9:30 AM - Crafts 12 NOON - Domino’s &lt;br&gt;$5 PM - 6 PM $FEARLESS YOGA Total Body Workout</td>
<td>27. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand &amp; Foot &lt;br&gt;$5 PM - 5:45 PM $FEARLESS YOGA Total Body Workout</td>
<td>28. $8:30 AM - Yoga$&lt;br&gt;9:45 AM - L.I.F.E. Aerobics Class $5 PM - 6 PM $FEARLESS YOGA Total Body Workout</td>
<td>29. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte 12 NOON - Mah Jong 12:30 - Spades</td>
</tr>
</tbody>
</table>
Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

He has now offered to teach a one on one class on how to use your Smart Phone. If you know the basics but would like to know more please give your name and telephone number to Diane and she will set up an appointment with the “Computer Guy!”

Call Diane: 302 698-4285
Dover, DE - The most common method your doctor will recommend to treat your neuropathy is with prescription drugs that may temporarily reduce your symptoms. These drugs have names such as Gabapentin, Lyrica, Cymbalta and Neurontin, and are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects.

Figure 1: Notice the very small blood vessels surrounding each nerve.

Peripheral neuropathy is a result of damage to the nerves often causing weakness, pain, numbness, tingling and most debilitating balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow.

Figure 2: When these very small blood vessels become diseased they begin to shrivel up and the nerves begin to degenerate.

In order to effectively treat your neuropathy three factors must be determined

• What is the underlying cause?
• How Much Nerve Damage Has Sustained.
  NOTE: Once you have sustained 85% nerve loss, there is likely nothing that we can do for you.
• How much treatment will your condition require?

The treatment that Dr. Steve Goldschlager, D.C.
provides has three main goals

1) Increase blood flow
2) Stimulate small fiber nerves
3) Decrease brain-based pain

Figure 3: The blood vessels will grow back around the nerves much like a plant's roots grow when watered.

Dr. Steve Goldschlager, D.C. will do a neuropathy severity examination to determine the extent of the nerve damage for only $60.00 for the first 25 callers. This neuropathy severity examination will consist of a detailed sensory evaluation, and a detailed analysis of the findings of your neuropathy.

Call 302-735-5501 to make an appointment to see if Dr. Goldschlager can help you.

Note: We are located at 77 Greentree Drive in the Greentree Shopping Center.

Supplemental Nutrition Assistance Program
Putting Healthy Food Within Reach
assist.dhss.delaware.gov

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2018. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP program or he can assist you in filling out the required application.

If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174.

You’re Invited
Friends of Historic Camden will hold their picnic on Tuesday, July 10th, 6 PM at Brecknock Park. Please bring a covered dish. We hope for a good turnout.

AARP DRIVER SAFETY COURSE
Harvest Years Senior Center
30 South Street, Camden, DE

***NO CLASS IN JUNE***

NEXT CLASS - MON. JULY 16TH

Member: $15.00 per person
Non-Member: $20.00 per person

Make Checks Payable To: AARP
CALL 302 698-4285 FOR YOUR RESERVATION
You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

Monday thru Friday - 11:30 AM - 12:30 PM

**COST:**
Member - $4.50  - Non-Member - $7.00

Delicious Food, Nice People & Good Times. Bring A Friend Too!!

As a courtesy to our Kitchen Staff, please call by 10 AM if you are planning to join us for lunch or to order a take-out meal. Our lunch is cooked fresh daily in our kitchen and we want to be sure we can serve everyone.

**698-4285**

JOIN HARVEST YEARS AND SAVE $1.00 !!
FOR NEW MEMBERS ONLY IN 2018

You are entitled to a one-time $1.00 off savings coupon towards your 1st lunch at Harvest Years Senior Center. See front desk receptionist for your $1.00 OFF COUPON.

Our Soup Kitchen will be open in September.

**EXTRA IN-HOUSE ITEMS**

Desserts  $2.00 each
Just Entrees $3.00 each
Starch/Vegetable $2.00 each

Homemade Desserts
$3.00 Cup / $4.00 Pint / $7.00 Quart

Sandwich entree price to be determined that day.
Any Other Items - See Tom or Marguerite

*As of October 1, 2016 we added an additional charge of $1.00 for TO-GO MEALS.

Bon Appetite!!

Camden - Wyoming Lions Club

We Serve “Unselfish Service to the Community”

The Camden - Wyoming Lions Club meets monthly at Harvest Years Senior Center
30 South Street, Camden, DE.

June Meeting
Monday, June 11, 2018
Monday, June 25, 2018

Dinner: 6:30 PM - Meeting Follows

Lions Club
Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That’s because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

**TRANSPORTATION SERVICES**

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. **You must reserve your slot 24 to 48 hours ahead of time.** Cost per trip is:

- $ .50 per Trip
- $ 5.00 for 10 Trips
- $10.00 for 20 Trips
- $20.00 for 40 Trips

Art Classes
Harvest Years Senior Center

If you are interested in learning how to put your ‘hidden artistic talents’ onto canvas, you are welcome to join our art classes twice a month.

The cost for four classes is $30.00.
Classes: Wednesdays - 1 PM - 3 PM
Call DIANE for more Information: 698-4285

SUPPORT HARVEST YEARS SENIOR CENTER, INC.

By Shopping at AmazonSmile

When you shop at AmazonSmile, Amazon will donate to Harvest Years Senior Center, Inc. Support us every time you shop.
God Bless Our Troops
Always remember to keep them all in Our Daily Thoughts and Prayers…..

JUNE 2018
Please Donate to The USO