

Harvest Years

1977



2017

Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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HOURS

Monday -	8 AM - 3 PM
Tuesday -	8 AM - 3 PM
Wednesday -	8 AM - 3 PM
Thursday -	8 AM - 3 PM
Friday -	8 AM - 3 PM

Closed Saturday & Sunday

Harvest Years Senior Center, Inc.

Board of Directors 2018

Richard Reynolds.....President

Don Blakey.....Vice President

Linda McDonald.....Treasurer

Don Dean.....Secretary

Tom Bones.....Executive Director

Board Members: Vivian McDonald,

Dick Bewick, Barbara Morton, Joan Schwartz,

Judie Burke

Next Meeting: JUNE 28, 2018

12:30 PM

Harvest Years Monthly

JUNE 2018
VOLUME 16 - ISSUE 6

302 698-4285 - Website: <http://harvestyears.org>

1977 Celebrating 40 Years 2017



*Let's Visit the Spectacular Finger Lakes
Region & Erie Canal of New York State
Gorgeous Country !!!*

SEPTEMBER 11 - 14, 2018

**TOUR PACKAGE INCLUDES: ROUNDTrip MOTOR-
COACH TRANSPORTATION, 3 NIGHTS ACCOMMODA-
TIONS, 3 BREAKFASTS AT HOTEL, 3 DINNERS: 1 AT
THE HOTEL; BELHURST CASTLE WINE TASTING AND
DINNER, CRUISE AND DINNER ABOARD THE COLONI-
AL BELLE ERIE CANAL TOUR, ADMISSIONS TO THE
FOLLOWING: Genessee Historic Village and Muse-
um, Rose Hill Mansion, George Eastman House,
Sonnenberg Gardens and Mansion; Visits to the
Spencerport Depot and Canal Museum, Downtown
Fairport, Downtown Canandaigua and Corning Glass
Factory. Meal & Driver Gratuity and Sales Taxes.**

\$679.00 PER PERSON - DOUBLE OCCUPANCY
ADD \$200.00 FOR SINGLE

TRAVEL INSURANCE: \$44.00 PER PERSON

CALL DIANE AT
HARVEST YEARS SENIOR CENTER - 698-4285

RATED: (MD)



Happy "June 2018" Birthdays

1 Donna Chappell	12 Suzanne Campos	21 Linda Bond
1 D. Fay Freeman	12 Antoinette Dougherty	21 Marietta Laporte
1 Doris Vrhovac	12 Joan McNiece	22 Dot Adams
2 Marcy DiDonna	13 Robert Dandy	22 Hana Jane Maroon
4 Maggie Aultman	15 Don Adams	22 Michael Morton
4 Donna Lee Sheppard	15 Jean Hanacek	23 Debbie Aziz
5 Margaret (Peg) Ciminera	16 Jean Adkins	23 Steven Towers
5 James Martin	16 Robert Altomare	25 Richard Chappell
5 Terry Perkins	16 Wilson Comegys	26 Genevieve (Jean) Helish
6 William Muffley	16 JoAnn McQuade	27 Helen Rossiter
6 Patricia Shufelt	16 Linda Pape	27 Ann Smith
7 Robert Dodson	17 Mildred Martin	28 Vernell Abella
9 Stephen Flaherty	17 Elizabeth Rigo	28 Linda Dougherty
9 Geraldine Hall	17 William Taylor	28 Sue George
9 Lois Williams	18 Mary Ann Longfellow	29 Mary Kay Eggers
9 Rosemarie Wolf	19 Vivian McDonald	29 Gretchen Goulet
10 Merritt Burke	19 Lynn Smith	30 June Dawson
11 Dorothy Wilson	20 B. Bryan	30 Patricia Weaver
11 Sandra Wootten	20 Millard Williams	

*****PLEASE BE SURE TO CALL - (302) 698-4285*****

*****PLEASE MAKE YOUR (RESERVATION) FOR A FREE BIRTHDAY LUNCH*****

We invite you to a **BIRTHDAY LUNCH** here at Harvest Years as part of your membership. HOWEVER, you must attend the **BIRTHDAY CELEBRATION** on our "**BIRTHDAY DAY**" which is always the **third** Thursday of each month. You must "eat-in". You may not "take-out" the free meal. If you do not see your name on the list of names for **JUNE** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane..... **HAPPY BIRTHDAY and Thank You...**

LUNCH IS SERVED DAILY MONDAY THRU FRIDAY 11:30 AM - 12:30 PM

YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH RESERVATION by 10 AM. LET US KNOW IF YOU WILL BE CELEBRATING YOUR BIRTHDAY WITH US PRIOR TO June 21, 2018 .

***Tai Chi Demo
at Barclay Farms
June 21st at 2 PM***



***We will be demonstrating Tai Chi forms
and Tai Chi weapons.....Sword, Fan,
Staff & Cane.***

ALL ARE WELCOME TO JOIN US

Golden Dinner Club

Our Monthly fundraiser is open to **all** our members, their families and friends.

Each month we choose a local Restaurant and we get-together to eat, celebrate events and have fun.

Best of All we get a ***donation*** for our center.

FROM YOUR EXECUTIVE DIRECTOR
TOM BONES



The Harvest Years is ready to kick off the Summer of 2018. We are looking forward to the season that brings back Ice Cream Socials, Root Beer Floats, BBQ's and plenty of fun in and out of the sun!

On Wednesday, June 13th, please plan on joining us for a day of celebration and good food! Make a reservation today for our **Annual Father's Day Luncheon**. Free Root Beer Floats are included in the luncheon for all the Dads and Granddads in attendance.

Our annual trek to the **Blueberry Farm** is scheduled for **Friday, June 29th**. The Harvest Years bus will leave promptly at 8 AM and return before 11 AM, just in time for lunch!!! It is a **FREE** trip, you will only need to pay for your blueberries that you pick. Please sign up at the front reception desk if you are planning on joining us.

The flagpole will be dedicated here at The Harvest Years on **Flag Day, June 14, 2018**. We will dedicate our flag pole to all the past members that we have lost over the years that have helped to build our center to what it is today. (Seniors Helping Seniors) Please join us for a short ceremony beginning at 11 AM with lunch to follow.

The State of Delaware's Fiscal year comes to a close at the end of June. I hope you will join me, once again, in thanking Mr. Brian Bushweller and Mr. Lyndon Yearick for their continuous legislative support for our center. They have both continually updated us on all the state's conversations and policy's that may affect us as a center and our members. This is also a great time of year to remind all our Senators and Representatives at the state level and Kent County Levy Court that we need them on our team all year long. Their continued efforts, on our behalf, keep our senior center moving forward.

Thanks again, and have a Wonderful, Safe and Happy Summer.

Activity Notes by Diane Amoroso



5 "Star Dad" by Karl Fuch

"I love you, Dad, and want you to know I feel your love wherever I go. Whenever I have problems, you're there to assist. The ways you have helped me would make quite a list. Your wisdom and knowledge have shown me the way and I'm thankful for you as I live day by day. I don't tell you enough how important you are. In my universe you're a bright shining star."



Can you believe it is already June?? Where is time going? We do have many fun celebrations and trips planned for the remainder of this year. If you are interested in any of our trips please feel free to call me or stop by my office and sign-up. Tickets are selling quickly and I do not want you to miss out on all the good times.

A new day trip has been planned for Friday, August 17th, 2018. We will be visiting Peddler's Village in Pennsylvania. I have ordered tickets to their "Golden Girls Murder Mystery" Dinner Theater. A flyer about the show is enclosed in this month's newsletter. This will be a great trip; shopping in any one of the many shops, a comedy murder mystery show, and dinner. I'm truly excited about this trip! A few tickets still remain at this writing!

*We are off to **West Virginia** at the end of this month for an exciting 4-day train excursion. A beautiful time of the year to ride on two old-time steam railroads through the gorgeous mountains of WV. Antique & Classic cars will be on display and we will be celebrating the **Fourth of July** with a fireworks display.*

Remember - It's **ROOT BEER FLOAT** season!! Come in out of the hot weather and enjoy a cold float.



Congratulations to All the 2018 Graduates

**Kent County Representatives
District General Assembly
Contact Information**

Name	Phone Number or E-Mail	District
Jeff N. Spiegelman - 302 744-4171 or Jeff.Spiegelman@state.de.us		RD 11
William J. Carson - 302 744-4113 or William.Carson@state.de.us		RD 28
Trey Charles Paradee - 302 744-4351 or Trey.Paradee@state.de.us		RD 29
William R. Outten - 302 744-4083 or Bobby.Outten@state.de.us		RD 30
Sean M. Lynn - 302 744-4351 or Sean.Lynn@state.de.us		RD 31
Andrea L. Bennett - 302 744-4351 or Andrea.Bennett@state.de.us		RD 32
Charles S. Postles Jr. - 302 744-4081 or Charles.Postles@state.de.us		RD 33
Lyndon D. Yearick - 302 744-4171 or Lyndon.Yearick@state.de.us		RD 34

**Senators Delaware General Assembly
Contact Information**

Name	Phone Number or E-Mail	District
Bruce C. Ennis - 302 744-4310 or Bruce.Ennis@state.de.us		SD 14
Dave G. Lawson - Dave.Lawson@state.de.us		SD 15
Colin Bonini - 302 744-4169 or Colin.Bonini@state.de.us		SD 16
Brian J. Bushweller - Brian.Bushweller@state.de.us		SD 17
F. Gary Simpson - 302 744-4134-Gary.Simpson@state.de.us		SD 18



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302-423-6406 Cell

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\$20 for non-members

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Call Roger at **302-697-1933**

or visit www.aarp.org/findacourse



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.4lpi.com

Harvest Years Senior Center, Camden, DE

06-5270

Harvest Years Report, June, 2018

By Brian J. Bushweller, State Senator, 17th District

Senior Center Funding, Meals on Wheels and the “Bond Bill”.

By the end of this month, we will know whether the General Assembly has restored the 20% cut in funding for senior centers that was imposed last June to help balance the state budget. We will also know whether the General Assembly has fully funded the Meals On Wheels program so important to seniors or whether that program will be this year’s victim to budgetary restriction.

These and other financial decisions must be made by June 30, or very early on July 1, in order to have a budget in place for Fiscal Year 2019 (FY 19). Last June, every senior center in Delaware had its state funding slashed by that 20% figure. Senior center budgets suffered as a result. So did other non-profit organizations such as fire companies and veterans’ organizations. Governor Carney’s proposed budget restored some of those cuts but not all of them. It is now up to the Legislature’s Joint Finance Committee to restore the remainder.

Meals on Wheels is a little different. Last year, the General Assembly fully funded this program that so many seniors depend on for nutritious meals. However, Meals On Wheels providers have been notified that full funding will not be provided for FY 19, reducing available funds and forcing some seniors out of the program.

If these cuts concern you (if you are reading this column, they should!) you should contact your State Representative and your State Senator and ask that full funding for senior centers be restored and that full funding for Meals On Wheels be appropriated.

The “Bond Bill”.

There are actually three budgets that set forth how state dollars are to be spent each year: the Operating Budget, the Grant-In-Aid Budget and the Capital Budget. The Operating Budget is where we pay for state programs from public schools to Medicaid to State Police and all the others. This is where Meals On Wheels is funded. The Grant-In-Aid Budget is where we help non-state organizations that fulfill important needs for state residents. This is where senior centers are funded. The Capital budget is where we fund construction of things such as schools, parks, roads and bridges.

The Capital Budget is often referred to as the “Bond Bill”. This is because part of its funding comes from the issuance of bonds through which the State borrows money to help pay for capital costs. The remainder of its funding comes from other sources such as gasoline taxes and transfers from the Operating Budget. The total funding for FY 19 in the Governor’s proposed Capital Budget is \$677.5 million. (By the way, the proposed Operating Budget is \$4.25 Billion and the proposed Grant-In-Aid Budget is \$41.7 Million.)

Major Bond Bill road projects for our area either underway or planned include highway overpasses on Rt. 1 South at Little Heaven, South Frederica and NE Front Street; the Camden Bypass - North Street to SR 10 and South Street to Rising Sun Road; sidewalk and bike path on Kenton Road from SR 8 to Chestnut Grove Road; and North Street sidewalk improvements in downtown Dover.



- JUNE 2018 MENU -

Monday	Tuesday	Wednesday	Thursday	Friday
	ROOT BEER FLOATS <i>Will be on the Menu Beginning Father's Day!!</i>	FLAG DAY - JUNE 14TH 		1. Italian Sub w/Fries Pickles/Chips Assorted Desserts
4. Sloppy Joe Baked Fries Tossed Salad Cookie	5. Roasted Chicken Stuffing Green Beans Bread or Rolls Crescent Cherry Cheesecake	6. Baked Lasagna Tossed Salad Italian Bread Pineapple	7. Roast Beef Mashed Potatoes/Gravy Mixed Vegetables Bread or Rolls Fruit	8. Chicken Parmigiana w/Angel Hair Pasta Tossed Salad Italian Bread Assorted Desserts
11. Grilled Sausage w/Onion & Peppers Cucumber Salad Ice Cream Sandwich	12 Cobb Salad Turkey, Tomato, Bacon, Egg, Lettuce, Blue Cheese Strawberries	13. <u>FATHER'S DAY LUNCH</u> Baked Meatloaf Mashed Potatoes Succotash Bread or Rolls Chocolate Cake	14.  <u>FLAG DAY</u> Rotisserie Chicken Scalloped Potatoes Vegetable Blend Bread or Rolls Tropical Fruit	15. Cheesesteak Fried Onions Baked Fries Assorted Desserts
18. <u>All You Can Eat Buffet</u> Baked Ziti Tossed Salad Italian Bread Fruit Cocktail \$5.00	19. BBQ Chicken Macaroni Salad Baked Beans Bread or Rolls Fresh Fruit	20. Baked Flounder Macaroni & Cheese Stewed Tomatoes Bread or Rolls Ambrosia Pie	21. <u>Happy Birthday Lunch</u> Roasted Pork Loin Mashed Potatoes Peas & Carrots Gravy Bread or Rolls Ice Cream & Cake	22. Grilled Ham & Cheese Tomato Soup Pickles/Chips Assorted Desserts
25. Chicken Salad Sandwich Lettuce, Tomato Chips Fruit	26. Tom's 3 Bean Chili Tossed Salad Corn Bread Pudding	27. Spaghetti w/Meatsauce Tossed Salad Italian Bread Sherbert	28. Baked Salmon Roasted Potatoes Broccoli Bread or Rolls Peaches	29. Chef's Salad Ham, Turkey, Cheese, and Egg Sweet Roll Assorted Desserts



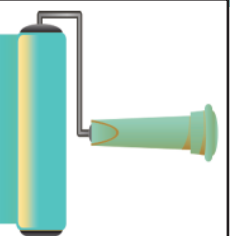
IMPORTANT INFORMATION FOR YOU!

Beginning this year, 2018, anyone taking a trip with Harvest Years Senior Center must carry with them a photo ID. Many of our trips will require security screenings. If you do not bring your ID you will not be permitted on the trip. **THANK YOU**

- JUNE 2018 ACTIVITIES -

Monday	Tuesday	Wednesday	Thursday	Friday
	 <p style="text-align: center;">Root Beer Floats Happy Father's Day JUNE 13th</p>		 <p style="text-align: center;">Mark Your Calendars</p> <p style="text-align: center;">ICE CREAM SOCIAL TUESDAY, JULY 18th 12 NOON</p>	<p>1. 10 AM - 11 AM Line Dancing w/Ben & Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>4. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$ \$ 5 PM - 5:45 PM \$ \$ FEARLESS YOGA</p>	<p>5. \$ \$ 8:30 AM - Yoga \$ \$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$ \$ 5 PM - 6 PM \$ \$ Total Body Workout</p>	<p>6. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand & Foot</p> <p>1 - 3 PM \$ \$ ART CLASS \$ \$</p> <p>\$ \$ 5 PM - 5:45 PM \$ \$ FEARLESS YOGA</p>	<p>7. \$ \$ 8:30 AM - Yoga \$ \$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$ \$ 5 PM - 6 PM \$ \$ Total Body Workout</p>	<p>8. 10 AM - 11 AM Line Dancing w/Ben & Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>11. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$ \$ 5 PM - 5:45 PM \$ \$ FEARLESS YOGA</p>	<p>12. \$ \$ 8:30 AM - Yoga \$ \$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$ \$ 5 PM - 6 PM \$ \$ Total Body Workout</p>	<p>13. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand & Foot</p> <p>\$ \$ 5 PM - 5:45 PM \$ \$ FEARLESS YOGA</p>	<p>14. <u>Harrington Slots</u></p> <p>\$ \$ 8:30 AM - Yoga \$ \$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$ \$ 5 PM - 6 PM \$ \$ Total Body Workout</p>	<p>15. 10 AM - 11 AM Line Dancing w/Ben & Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>18. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$ \$ 5 PM - 5:45 PM \$ \$ FEARLESS YOGA</p>	<p>19. \$ \$ 8:30 AM - Yoga \$ \$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$ \$ 5 PM - 6 PM \$ \$ Total Body Workout</p>	<p>20. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand & Foot</p> <p>1 - 3 PM \$ \$ ART CLASS \$ \$</p> <p>\$ \$ 5 PM - 5:45 PM \$ \$ FEARLESS YOGA</p>	<p>21. \$ \$ 8:30 AM - Yoga \$ \$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$ \$ 5 PM - 6 PM \$ \$ Total Body Workout</p>	<p>22. 10 AM - 11 AM Line Dancing w/Ben & Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>25. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$ \$ 5 PM - 5:45 PM \$ \$ FEARLESS YOGA</p>	<p>26. \$ \$ 8:30 AM - Yoga \$ \$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$ \$ 5 PM - 6 PM \$ \$ Total Body Workout</p>	<p>27. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand & Foot</p> <p>\$ \$ 5 PM - 5:45 PM \$ \$ FEARLESS YOGA</p>	<p>28. \$ \$ 8:30 AM - Yoga \$ \$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$ \$ 5 PM - 6 PM \$ \$ Total Body Workout</p>	<p>29. 10 AM - 11 AM Line Dancing w/Ben & Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>

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HARVEST YEARS SENIOR CENTER

"HAIRCUTS by PAT"

30 SOUTH STREET, CAMDEN, DE 19934

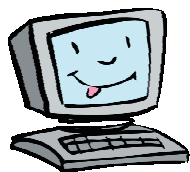
Pat Reynolds, R.C.

PROFESSIONAL HAIR STYLIST

Hours: Tuesday, Wednesday, & Thursday
9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT

(302) 698-4285



Don't know what to do now that
you've turned on your
computer or smart phone?

Let Terry help you! Terry Anderson, a retired
Air Force Pilot and retired from the Department
of Education, has volunteered his time and
expertise to teach a one on one computer class.

He has now offered to teach a one on one class
on how to use your **Smart Phone**. If you know
the basics but would like to know more please
give your name and telephone number to Diane
and she will set up an appointment with the

"Computer Guy!"

Call Diane: 302 698-4285



ANNUAL BLUEBERRY PICKING

FRIDAY, JUNE 29TH

HYSC BUS LEAVES AT 8 AM SHARP!!

CALL FRONT DESK FOR INFO & TO SIGN UP

698-4285



**Come Celebrate Summer &
The Delaware State Fair
At our Annual Ice Cream Social**

***I Scream, You Scream, We All Scream for
ICE CREAM!!!***

Join Us for our Annual Ice Cream Sundae Party

Wednesday, July 18th at 12 Noon

Ice Cream Sundaes, Banana Splits or Root Beer Floats

\$3.50 EACH - Please Pay At The Front Desk



GOLDEN DINNER CLUB

Betsy Ross Pizza

Route 8, Dover, DE

Tuesday, June 19th - 4:30 PM

PLEASE JOIN US FOR OUR MONTHLY

FUNDRAISER - We Always Have A Great Time!!

Call Diane before June 15th

If you are planning on attending.



ATTENTION TO ALL HYSC VOLUNTEERS

To all our volunteers: If you
volunteer at Harvest Years you
must remember to keep track of
your hours in our
RSVP Book located at the
Front Desk.

Any new volunteer, please ask for
the book & track your hours.

HARVEST YEARS' CLOTHING DOLLAR STORE FEATURES

**GENTLY USED WOMEN'S & MEN'S
- CLOTHING - SHOES - HATS -**

ALL PRICED AT \$1.00 EACH

**STORE IS OPEN MONDAY - FRIDAY
8:30 AM - 3 PM**

New Items Added Daily

***You are invited to stop by and
browse at our really nice selections.***

PERIPHERAL NEUROPATHY WARNING!



Dover, DE - The most common method your doctor will recommend to treat your neuropathy is with prescription drugs that may temporarily reduce your symptoms. These drugs have names such as Gabapentin, Lyrica, Cymbalta and Neurontin, and are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects.



Figure 1: Notice the very small blood vessels surrounding each nerve.

Peripheral neuropathy is a result of damage to the nerves often causing weakness, pain, numbness, tingling and most debilitating balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow.

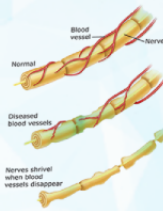


Figure 2: When these very small blood vessels become diseased they begin to shrivel up and the nerves begin to degenerate.

In order to effectively treat your neuropathy three factors must be determined

- **What is the underlying cause?**
- **How Much Nerve Damage Has Been Sustained.**
NOTE: Once you have sustained 85% nerve loss, there is likely nothing that we can do for you.
- **How much treatment will your condition require?**

The treatment that Dr. Steve Goldschlager, D.C. provides has three main goals

- 1) **Increase blood flow**
- 2) **Stimulate small fiber nerves**
- 3) **Decrease brain-based pain**

Figure 3: The blood vessels will grow back around the nerves much like a plant's roots grow when watered.



Dr. Steve Goldschlager, D.C. will do a neuropathy severity examination to determine the extent of the nerve damage for only \$60.00 for the first 25 callers. This neuropathy severity examination will consist of a detailed sensory evaluation, and a detailed analysis of the findings of your neuropathy.

Call 302-735-5501
to make an appointment to see if Dr. Goldschlager can help you.

Note: We are located at 77 Greentree Drive in the Greentree Shopping Center.

Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach
assist.dhss.delaware.gov

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2018. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174



You're Invited

Friends of *Historic Camden* will hold their picnic on Tuesday, July 10th, 6 PM at Brecknock Park. Please bring a covered dish. We hope for a good turnout.

AARP DRIVER SAFETY COURSE

*Harvest Years Senior Center
30 South Street, Camden, DE*

*****NO CLASS IN JUNE*****

NEXT CLASS - MON. JULY 16TH

*Member: \$15.00 per person
Non-Member: \$20.00 per person*

Make Checks Payable To: AARP

CALL 302 698-4285 FOR YOUR RESERVATION



**You Are All Invited To Join Us
For Lunch At
Harvest Years Senior Center**

Monday thru Friday - 11:30 AM - 12:30 PM

COST:

Member - \$4.50 - Non- Member - \$7.00

Delicious Food, Nice People & Good Times.
Bring A Friend Too!!

As a courtesy to our Kitchen Staff, please call by 10 AM if you are planning to join us for lunch or to order a take-out meal. Our lunch is cooked fresh daily in our kitchen and we want to be sure we can serve everyone.
698-4285

JOIN HARVEST YEARS AND SAVE \$1.00 !!
FOR NEW MEMBERS ONLY IN 2018

YOU ARE ENTITLED TO A ONE-TIME **\$1.00 OFF** SAVINGS COUPON TOWARDS YOUR 1st LUNCH AT HARVEST YEARS SENIOR CENTER. SEE FRONT DESK RECEPTIONIST FOR YOUR \$1.00 OFF COUPON.



***Our Soup Kitchen will be
open in September.***

EXTRA IN-HOUSE ITEMS

Desserts \$2.00 each
Just Entrees \$3.00 each
Starch/Vegetable \$2.00 each

Homemade Desserts
\$3.00 Cup / \$4.00 Pint / \$7.00 Quart

Sandwich entree price to be determined that day.
Any Other Items - See Tom or Marguerite

*As of October 1, 2016 we added an additional charge of \$1.00 for TO-GO MEALS.

Bon Appetite!!

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*When you shop at AmazonSmile, Amazon will
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Support us every time you shop.*



We Serve

"Unselfish Service to the Community"

**The Camden - Wyoming Lions Club meets
monthly at Harvest Years Senior Center
30 South Street, Camden, DE.**

***June Meeting
Monday, June 11, 2018
Monday, June 25, 2018***

Dinner: 6:30 PM - Meeting Follows

***Lions Club
Ready to Help, Worldwide***

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between **9 AM to 10 AM** and the return time will start between **1 PM to 2 PM**. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. **You must reserve your slot 24 to 48 hours ahead of time.** Cost per trip is:

\$.50 per Trip
\$ 5.00 for 10 Trips
\$ 10.00 for 20 Trips
\$ 20.00 for 40 Trips



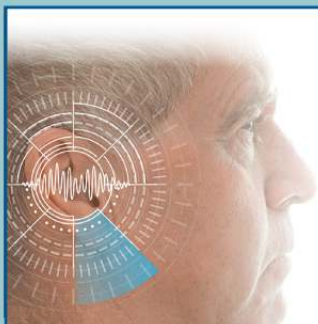
***Art Classes
Harvest Years Senior Center***

If you are interested in learning how to put your 'hidden artistic talents' onto canvas, you are welcome to join our art classes twice a month.

The cost for four classes is \$30.00.

**Classes: Wednesdays - 1 PM - 3 PM
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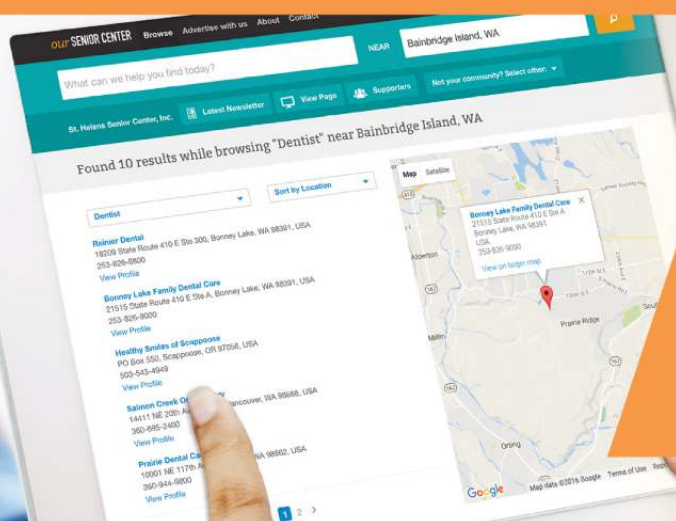
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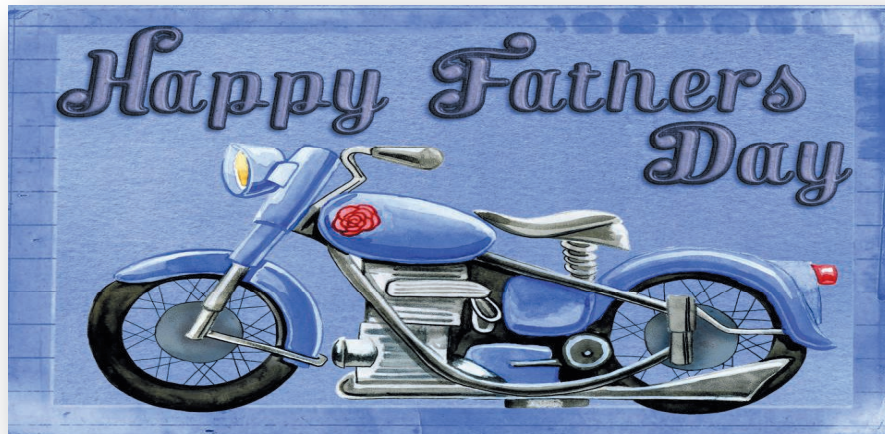
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