

# Iowa City West Invitational

Varsity Girls Ashton XC Course - Iowa City, IA 9/26/2023 Mostly Cloudy - 1.5hr delayed 69°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Waverly-Shell Rock	6	7	9	10	14	15	17	= 46	1:51:08.2	22:13.6	1:03.1
2	Clinton	1	4	8	25	27	29	37	= 65	1:51:23.9	22:16.8	4:58.1
3	Regina Iowa City	11	13	16	18	19	20	23	= 77	1:54:58.4	22:59.7	0:45.4
4	Muscatine	5	12	22	24	26	28	30	= 89	1:55:19.2	23:03.8	2:46.3
5	Cedar Rapids Washington	2	3	21	31	33	34	38	= 90	1:55:52.9	23:10.6	4:30.0
6	Bettendorf	32	35	36	39	40	41	42	= 182	2:09:09.9	25:50.0	1:06.3

**Incomplete Teams:**

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Camryn Sattler	F SR	Clinton	19:30.1	6:17
2	2	Haddie Lavake	F SO	Cedar Rapids Washington	20:48.6	6:42
3	3	Makenna Hetrick	F SR	Cedar Rapids Washington	21:02.0	6:46
4	4	Carryn Sattler	F SO	Clinton	21:10.9	6:49
5	5	Kiara Hallett	F SR	Muscatine	21:20.8	6:52
6	6	Sydney Bochmann	F SR	Waverly-Shell Rock	21:37.8	6:58
7	7	Cece Jerome	F SR	Waverly-Shell Rock	22:08.3	7:08
8	8	Aubrey Rivers	F SO	Clinton	22:10.3	7:08
9	9	Emma Smith	F JR	Waverly-Shell Rock	22:20.4	7:11
10	10	Kate Nelson	F FR	Waverly-Shell Rock	22:20.8	7:12
11	11	Ruby Greving	F SO	Regina Iowa City	22:38.0	7:17
12	12	Ava Acker	F JR	Muscatine	22:38.5	7:17
13	13	Alli Clark	F SR	Regina Iowa City	22:38.9	7:17
14	14	Jailyn Kent	F JR	Waverly-Shell Rock	22:40.9	7:18
15	15	Jenna Rohne	F SO	Waverly-Shell Rock	22:53.3	7:22
16	16	Harper Erwin	F SO	Regina Iowa City	23:01.1	7:25
17	17	Ramey Dahlquist	F SR	Waverly-Shell Rock	23:08.6	7:27
18	18	Faith Boileau	F SR	Regina Iowa City	23:16.9	7:30
19	19	Ellie Johnson	F SO	Regina Iowa City	23:23.4	7:32
20	20	Ruby Eastman	F SO	Regina Iowa City	23:28.7	7:33
21	21	Maddy Hetrick	F SO	Cedar Rapids Washington	23:30.1	7:34
22	22	Kate Schlawin	F SR	Muscatine	23:32.1	7:35
23	23	Caitlyn Bell	F SO	Regina Iowa City	23:34.8	7:35
24	24	Whitney Estabrook	F SO	Muscatine	23:40.8	7:37
25		Bella Engelhardt	F FR	Waverly-Shell Rock	23:55.3	7:42
26	25	Madelyn Robinson	F SR	Clinton	24:04.4	7:45
27	26	Isabella Kopf	F FR	Muscatine	24:07.1	7:46
28		Keira Sickels	F SR	Regina Iowa City	24:22.4	7:51
29	27	Kirstin Bengtson	F FR	Clinton	24:28.2	7:53
30	28	Kate Olson	F JR	Muscatine	24:28.7	7:53
31	29	Sescie Haan	F JR	Clinton	24:34.4	7:55
32	30	Kirsten Holler	F FR	Muscatine	24:40.7	7:57
33		Ava Wiltgen	F JR	Regina Iowa City	24:55.3	8:01
34	31	Maya Lindwall	F FR	Cedar Rapids Washington	25:13.5	8:07
35	32	Victoria Stellmach	F FR	Bettendorf	25:18.1	8:09
36	33	Maya Lahart	F FR	Cedar Rapids Washington	25:18.6	8:09
37	34	Alanna Lahart	F FR	Cedar Rapids Washington	25:18.7	8:09
38		Grace Miller	F SR	Muscatine	25:26.5	8:11
39	35	Paige Mook	F JR	Bettendorf	25:27.4	8:12
40	36	Sylvia Tank	F SR	Bettendorf	25:51.1	8:19
41		Taylor Sikora	F FR	Waverly-Shell Rock	25:55.2	8:21
42	37	Kara Klinkhammer	F SR	Clinton	25:55.2	8:21
43	38	Lilly Lemke	F FR	Cedar Rapids Washington	26:02.4	8:23
44	39	Adelia Good	F JR	Bettendorf	26:08.9	8:25
45		Grace Zorich	F SR	Muscatine	26:10.9	8:26
46		Marissa Eads	F FR	Muscatine	26:13.2	8:26
47		Haley Thomas	F SR	Muscatine	26:15.6	8:27
48		Abigail Yahn	F SR	Muscatine	26:16.8	8:28
49		Gabby Sueppel	F SR	Regina Iowa City	26:23.3	8:30
50	40	Paula Schwan	F FR	Bettendorf	26:24.4	8:30
51		Kristin Wadden	F JR	Muscatine	26:26.4	8:31
52		Reagan Stock	F SR	Cedar Rapids Washington	26:30.1	8:32
53		Marley Cutshall	F SR	Clinton	26:35.4	8:34
54		Cate Klitgaard	F SR	Regina Iowa City	26:37.6	8:34
55		Lola Stampler	F SR	Muscatine	26:43.8	8:36
56		Lydia Anderson	F SO	Muscatine	26:46.8	8:37
57		Mollie Hunzelman	F SO	Waverly-Shell Rock	26:58.5	8:41
58		Riley Reynolds	F FR	Clinton	27:05.4	8:43
59	41	Kilee Gutierrez	F SO	Bettendorf	27:08.5	8:44
60		Emme Jensen	F FR	Clinton	27:13.1	8:46
61		Alena Jensen	F FR	Cedar Rapids Washington	27:24.6	8:49
62		Sarah Novak	F SO	Cedar Rapids Washington	27:25.2	8:50
63	42	Anna Tryon	F JR	Bettendorf	27:27.2	8:50
64		Nora Brown	F JR	Clinton	27:38.4	8:54
65		Emily Smith	F SR	Bettendorf	27:39.5	8:54
66		Emme Jerome	F FR	Waverly-Shell Rock	27:47.9	8:57
67		Rya McFarland	F SR	Cedar Rapids Washington	27:50.7	8:58
68		Marley Lytle	F SO	Cedar Rapids Washington	28:06.5	9:03

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Place	Score	Name	Year	School	Time	Pace mpn
69		Katie Molony	F SR	Regina Iowa City	28:07.5	9:03
70		Chloe Pritchard	F FR	Regina Iowa City	28:09.7	9:04
71		Lindee Rohne	F SR	Waverly-Shell Rock	28:11.9	9:05
72		Ali Brandt	F JR	Regina Iowa City	28:13.7	9:05
73		Amelia Fangman	F SO	Muscatine	28:19.6	9:07
74		Reagan Alexander	F SR	Waverly-Shell Rock	28:20.1	9:07
75		Hannah Schnell	F SO	Waverly-Shell Rock	28:35.5	9:12
76		Melia Pursley	F JR	Regina Iowa City	28:41.1	9:14
77		Ashley Heine	F JR	Waverly-Shell Rock	28:50.1	9:17
78		Kira Gassman	F JR	Clinton	28:53.3	9:18
79		Frannie Stilwell	F JR	Cedar Rapids Washington	28:57.5	9:19
80		Frances Roland	F FR	Cedar Rapids Washington	29:09.2	9:23
81		Maggie Menster	F SO	Bettendorf	29:34.8	9:31
82		Avery Recker	F SO	Regina Iowa City	29:54.6	9:38
83		Sophia Morley	F FR	Clinton	29:58.4	9:39
84		Becca Boblenz	F FR	Regina Iowa City	29:58.9	9:39
85		Shyanne Lemmon	F SO	Muscatine	30:40.8	9:53
86		Emily Pritchard	F SO	Regina Iowa City	30:48.1	9:55
87		Alex Cherry	F JR	Cedar Rapids Washington	31:12.3	10:03
88		Ella Hansel	F JR	Waverly-Shell Rock	31:19.5	10:05
89		Abby Tierney	F SO	Regina Iowa City	32:39.4	10:31
90		Alexis Knuppel	F FR	Bettendorf	32:44.5	10:32
91		Abby Elsamiller	F SR	Waverly-Shell Rock	32:49.1	10:34
92		Julia Cuerdo Gonzalez	F SR	Bettendorf	32:59.7	10:37
93		Morgan Gahan	F SR	Regina Iowa City	33:04.0	10:39
94		Sara Mutuale	F SO	Cedar Rapids Washington	33:30.8	10:47
95		Constelle Votio	F SR	Muscatine	34:16.0	11:02
96		Lydia Appleby-Sparrow	F SR	Cedar Rapids Washington	34:22.3	11:04
97		Scarlett Dwyer	F FR	Cedar Rapids Washington	35:26.7	11:25
98		Allison Boyle	F SO	Cedar Rapids Washington	35:37.8	11:28
99		Carmen Lopez Gomez	F SR	Bettendorf	35:44.7	11:30
100		Lauren Hesselting	F SO	Muscatine	36:23.5	11:43
101		Alexis Rahlf	F JR	Muscatine	36:24.2	11:43
102		Emma Ihnen	F JR	Waverly-Shell Rock	37:27.6	12:03
103		Maysa Hamilton	F JR	Cedar Rapids Washington	41:03.2	13:13

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Place	Name	Time	mpm	Place	Name	Time	mpm
<b>1) Waverly-Shell Rock</b>				<b>Score = 46</b>			
6	Sydney Bochmann F, SR	21:37.8	6:58				
7	Cece Jerome F, SR	22:08.3	7:08				
9	Emma Smith F, JR	22:20.4	7:11				
10	Kate Nelson F, FR	22:20.8	7:12				
14	Jailyn Kent F, JR	22:40.9	7:18				
15	Jenna Rohne F, SO	22:53.3	7:22				
17	Ramey Dahlquist F, SR	23:08.6	7:27				
	Bella Engelhardt F, FR	23:55.3	7:42				
	Taylor Sikora F, FR	25:55.2	8:21				
	Mollie Hunzelman F, SO	26:58.5	8:41				
	Emme Jerome F, FR	27:47.9	8:57				
	Lindee Rohne F, SR	28:11.9	9:05				
	Reagan Alexander F, SR	28:20.1	9:07				
	Hannah Schnell F, SO	28:35.5	9:12				
	Ashley Heine F, JR	28:50.1	9:17				
	Ella Hansel F, JR	31:19.5	10:05				
	Abby Elsamiller F, SR	32:49.1	10:34				
	Emma Ihnen F, JR	37:27.6	12:03				
<b>2) Clinton</b>				<b>Score = 65</b>			
1	Camryn Sattler F, SR	19:30.1	6:17				
4	Carryn Sattler F, SO	21:10.9	6:49				
8	Aubrey Rivers F, SO	22:10.3	7:08				
25	Madelyn Robinson F, SR	24:04.4	7:45				
27	Kirstin Bengtson F, FR	24:28.2	7:53				
29	Sescie Haan F, JR	24:34.4	7:55				
37	Kara Klinkhammer F, SR	25:55.2	8:21				
	Marley Cutshall F, SR	26:35.4	8:34				
	Riley Reynolds F, FR	27:05.4	8:43				
	Emme Jensen F, FR	27:13.1	8:46				
	Nora Brown F, JR	27:38.4	8:54				
	Kira Gassman F, JR	28:53.3	9:18				
	Sophia Morley F, FR	29:58.4	9:39				
<b>3) Regina Iowa City</b>				<b>Score = 77</b>			
11	Ruby Greving F, SO	22:38.0	7:17				
13	Alli Clark F, SR	22:38.9	7:17				
16	Harper Erwin F, SO	23:01.1	7:25				
18	Faith Boileau F, SR	23:16.9	7:30				
19	Ellie Johnson F, SO	23:23.4	7:32				
20	Ruby Eastman F, SO	23:28.7	7:33				
23	Caitlyn Bell F, SO	23:34.8	7:35				
	Keira Sickels F, SR	24:22.4	7:51				
	Ava Wiltgen F, JR	24:55.3	8:01				
	Gabby Sueppel F, SR	26:23.3	8:30				
	Cate Klitgaard F, SR	26:37.6	8:34				
	Katie Molony F, SR	28:07.5	9:03				
	Chloe Pritchard F, FR	28:09.7	9:04				
	Ali Brandt F, JR	28:13.7	9:05				
	Melia Pursley F, JR	28:41.1	9:14				
	Avery Recker F, SO	29:54.6	9:38				
	Becca Boblenz F, FR	29:58.9	9:39				
	Emily Pritchard F, SO	30:48.1	9:55				
	Abby Tierney F, SO	32:39.4	10:31				
	Morgan Gahan F, SR	33:04.0	10:39				
<b>4) Muscatine</b>				<b>Score = 89</b>			
5	Kiara Hallett F, SR	21:20.8	6:52				
12	Ava Acker F, JR	22:38.5	7:17				
22	Kate Schlawin F, SR	23:32.1	7:35				
24	Whitney Estabrook F, SO	23:40.8	7:37				
26	Isabella Kopf F, FR	24:07.1	7:46				
28	Kate Olson F, JR	24:28.7	7:53				
30	Kirsten Holler F, FR	24:40.7	7:57				
	Grace Miller F, SR	25:26.5	8:11				
	Grace Zorich F, SR	26:10.9	8:26				
	Marissa Eads F, FR	26:13.2	8:26				
	Haley Thomas F, SR	26:15.6	8:27				
	Abigail Yahn F, SR	26:16.8	8:28				
	Kristin Wadden F, JR	26:26.4	8:31				
	Lola Stamler F, SR	26:43.8	8:36				
	Lydia Anderson F, SO	26:46.8	8:37				
	Amelia Fangman F, SO	28:19.6	9:07				
	Shyanne Lemmon F, SO	30:40.8	9:53				
	Constelle Votio F, SR	34:16.0	11:02				
	Lauren Hesseling F, SO	36:23.5	11:43				
	Alexis Rahlf F, JR	36:24.2	11:43				
<b>5) Cedar Rapids Washington</b>				<b>Score = 90</b>			
2	Haddie Lavake F, SO	20:48.6	6:42				
3	Makenna Hetrick F, SR	21:02.0	6:46				
21	Maddy Hetrick F, SO	23:30.1	7:34				
31	Maya Lindwall F, FR	25:13.5	8:07				
33	Maya Lahart F, FR	25:18.6	8:09				
34	Alanna Lahart F, FR	25:18.7	8:09				
38	Lilly Lemke F, FR	26:02.4	8:23				
	Reagan Stock F, SR	26:30.1	8:32				
	Alena Jensen F, FR	27:24.6	8:49				
	Sarah Novak F, SO	27:25.2	8:50				
	Rya McFarland F, SR	27:50.7	8:58				
	Marley Lytle F, SO	28:06.5	9:03				
	Frannie Stilwell F, JR	28:57.5	9:19				
	Frances Roland F, FR	29:09.2	9:23				
	Alex Cherry F, JR	31:12.3	10:03				
	Sara Mutuale F, SO	33:30.8	10:47				
	Lydia Appleby-Sparrow F, SR	34:22.3	11:04				
	Scarlett Dwyer F, FR	35:26.7	11:25				
	Allison Boyle F, SO	35:37.8	11:28				
	Maysa Hamilton F, JR	41:03.2	13:13				
<b>6) Bettendorf</b>				<b>Score = 182</b>			
32	Victoria Stellmach F, FR	25:18.1	8:09				
35	Paige Mook F, JR	25:27.4	8:12				
36	Sylvia Tank F, SR	25:51.1	8:19				
39	Adelia Good F, JR	26:08.9	8:25				
40	Paula Schwan F, FR	26:24.4	8:30				
41	Kilee Gutierrez F, SO	27:08.5	8:44				
42	Anna Tryon F, JR	27:27.2	8:50				
	Emily Smith F, SR	27:39.5	8:54				
	Maggie Menster F, SO	29:34.8	9:31				
	Alexis Knuppel F, FR	32:44.5	10:32				
	Julia Cuerdo Gonzalez F, SR	32:59.7	10:37				
	Carmen Lopez Gomez F, SR	35:44.7	11:30				

Incomplete Teams: