

**College Community Services  
Wellness Center Central Advisory Board  
MEETING MINUTES**

**Friday, February 17, 2017 – 1:00pm to 2:00pm**

**Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866**

Attendees: Adam Goldman, Kristen Pankratz, Frank Williams, Pennie Mack, Richard Jager.

Guest: Danisha Soto, Sohail Eftekhazadeh, Olivia Rocha, Deanna Lundberg.

**I. Call to Order – 1:00 pm**

- a) Welcome – Everyone asked to briefly introduce themselves.
- b) Approval of Agenda – The agenda was approved by Pennie Mack, seconded by Kristen Pankratz.
- c) Approval of Minutes – The minutes were approved by Pennie Mack, seconded by Richard Jager.

**II. Reports**

- a) Program Director Report- Sohail Eftekhazadeh
  - Sohail announced that 51 members attended the Lunar New Year event.
- b) President's Report- Adam Goldman
  - Adam commented that the Lunar New Year Event, went very well.
  - Adam stated that MAB is ready to help with the Black History Month Celebration in any way they can.
  - Adam requested a moment of silence for a member who recently passed away.
  - Adam would like the MAB to be more present at Wellness Center Central (WCC). He would also like MAB members to inform the WCC community what MAB is all about and talk about potential involvement with the MAB.
- c) Sub-Committee Reports:
  - Health and Wellness (Frank Williams)
    - The Health Fair will be held March 22, 2017 from 1:00pm-4:00pm.
    - Frank needs to meet with new staff member Ariel Konneker in order to start collaborating for the Health Fair.
  - Arts and Music (Richard Jager)
    - Richard will be participating in the Choir for the Black History Celebration.
  - Data and Outcomes (Adam Goldman)
    - Met with Danisha and Pennie for the APOD report.
    - There were 33 newly enrolled members in January 2017.
  - Evaluations and Surveys (Pennie Mack)
    - Pennie will meet with Danisha to discuss the Satisfaction Survey results.
  - Special Events (Johnny Case)
    - Tabled. Johnny Case not in attendance.
  - Membership Outreach (Kristen Pankratz)
    - The outreach at USC School of Social Work went very well; people were really interested in the social services that the WCC has to offer.
    - The outreach at College Hospital was very successful.
  - Comments and Suggestions (Johnny Case)
    - Tabled. Johnny Case not in attendance.

### Chat with MAB (Adam Goldman)

- A suggestion was made to add a LGBTQ support group.
- Members would like sanitary napkins in the Women's restroom.
- A suggestion was made to have raffles and prizes during the community meetings.
- Suggestion for an emergency/first aid day for safety.
- For Walkabout members would like to take a trip around the block, close to the WCC program.
- Member requested to have more peer staff available to assist with making phone calls.

### III. Unfinished Business

- a. Deanna Lundberg voted in the Member Advisory Board.
- b. MAB members created a schedule for March for Chat with MAB.
  - Richard-Wednesday, February 22, 2017.
  - Adam and Pennie-Wednesday, March 1, 2017.
  - Frank-Wednesday, March 8, 2017.
  - Adam-Wednesday, March 15, 2017.
  - Kristen and Pennie-Wednesday, March 22, 2017.
  - Deanna and Adam-Wednesday, March 29, 2017.
- c. Possibly have an incentive, to try and get members to participate in the Chat with MAB meetings.
- d. Twenty members attended Coffee and Doughnuts with MAB Friday 2/7/17.
  - Next time during Coffee and Doughnuts with MAB add some fruit, so there is half fruit and half doughnuts.
  - Try and encourage members to speak before eating.
  - A suggestion was made to have Breakfast with MAB. Possibly make it an outing out of it.
- e. Keep presenting MAB during the Community Meeting on Wednesdays.

### IV. New Business

- a. Wellness Center Central will be closed on Monday February 20, 2017.

### V. Announcements

- a. No announcements.

### VI. Open Forum (Visitors)

- a. No Visitors.

### VII. Upcoming Calendar

- a. MAB meeting Friday, March 17, 2017, from 1:00pm to 2:00pm.
- b. Health Fair Wednesday, March 22, 2017, from 1:00pm to 4:00pm
- c. Community Resource Fair, April 19, 2017, from 1:00pm to 4:00pm

### VIII. Adjournment

Adam adjourned the meeting at 1:44pm.