



Swamp Sunflower

Helianthus angustifolius



- Size: 5-7'
- Culture: Prefers full sun and moist to wet soils
- Flower: Yellow in Fall
- Uses: Naturalizing, meadow, rain garden, bog garden, showy, birds, butterflies, pollinators, supports over 70 caterpillar species, high wildlife value, cut flower, drought tolerant, deer resistant