

Goulds Recreation

SOCCER

2025

Hello and a huge welcome to those interested in our Soccer Program! We are excited to have lead volunteer – Neil Trahey back with us again this summer, and Colin Heffernan will be taking the lead with him! Our aim is to run the Soccer program this summer under Goulds Recreation and then before next summer, for the Goulds to have their own Soccer Association again! So, while Soccer falls under our Association, we want you to know that we put much value into our program planning and want to ensure that what we offer are quality programs. Our priority is to provide a safe and fun environment for our participants, while offering quality programming. If you have any questions, do not hesitate to contact us at gouldsrecinfo@gmail.com or by phone at 709-745-7575. If your questions revolve around a confidential nature, please contact our Recreation Coordinator, Nicole, through email at gouldsrecreation@gmail.com or by phone at 709-745-7504. Those who register for soccer will receive follow up from our soccer email.

Volunteers are crucial to this program. If you are a parent/guardian who is interested in volunteering some time for this upcoming soccer season, please let us know by email!

We have some exciting news about this soccer season! We are exploring the possibility of entering into a tournament or two with the qualifying age groups! More details to come on this!

AGES of CHILDREN:

Our program is open to children ages 4-9 years. Children MUST be turning 4 in 2025 and have or will be turning 9 in 2025. The program will be broken up into 4 age groups, 4, 5-6, 7-8 and 9.

At least 1 Parent/Guardians MUST stay on site during their child's session.

REGISTRATION:

Registration will start 9am, Wednesday, May 7th, 2025.

Where to find the link:

- www.gouldsrecreation.com and click on **Goulds Rec 2024 Summer Sports & Programs Registration**
- Goulds Recreation Facebook Page will have a current post containing link as well, on that day.

Please ensure that when you register on-line, you put in the correct contact information. Under the contact information section is where the parent or legal guardian puts their information. Under child registration is where you put the required information on your child. Please note that email under child registration will be the parent/guardian's email again. We are unable to bypass this request. Under additional adult, please consider another adult that we may contact should we not be able to get in touch with the main contact.

Important note on Registration:

A follow up email will go out to those registered who are in the age groups that qualify for the MEGA tournament with NLSA and the Sunsplash tournament in Paradise. We will be asking if your child is interested in these tournaments and other information we require. There will be an additional fee for those entering these tournaments to cover off the costs, such as tournament fees and jerseys.

TENTATIVE SCHEDULE:

Program will be 8 weeks, and will be **Wednesday** evenings, starting July 2nd and ending August 20th. There will be no program on Regatta Day.

Location of the program is our Mini Pitches and our Eric Williams Pitch. Both are located at the back of the softball fields. You can drive down to these locations by driving past the playground, skate and basketball court.

This schedule can change at any point due to registration numbers and other factors that may be out of our control.

Age 4: (turning 4 2025)
Wednesdays, 5:30-6:30pm

Ages 5-6: (turning 5 or 6 in 2025)
Wednesdays, 5:30-6:30pm

Ages 7-8: (turning 7 or 8 in 2025)
Wednesdays, 6:45-7:45pm

Age 9: (turning 9 in 2025)
Wednesdays, 6:45-7:45pm

COST:

\$80/child; \$75 for each additional child in the same household (this includes the affiliation fee for NLSA)

Fee must be paid by June 18th (two weeks prior to program start time). Fees are preferably paid through e-transfer to gouldsrecreg@gmail.com. Please ensure you place your child's name and SOCCER in the message section of the transfer. Refunds will not be issued passed the June 18th. All refunds for Goulds Rec programs will be subject to a \$15 administration fee. Full refunds will only be issued if Goulds Rec cancels a program/event.

PROGRAM ACTIVITIES:

- Program will be an outdoor program and at least 1 parent/guardian must stay on site with your child.
- The program will consist of fundamental movements of soccer, with age-appropriate skill development incorporated into fun games, which will be led by our lead volunteers and summer counselors, with assistance from our volunteer parents/guardians.
- The program is meant to have a social component, of very low risk.
- We will provide all equipment necessary.
- Regular handwashing/bathroom routines will be in place as part of the daily routine. We strongly recommend that you encourage your child to use the washroom before coming to the program. The closest washrooms are the public washroom by the skate park. This walk can take away a good portion of your hour program.
- Participants will be receiving a Timbits jersey kit. Pick up times will be emailed out to parent/guardians. Please do not inquire about jersey kits. We will email you! Included in this kit is a soccer ball. You can leave this ball at home, as we will have plenty on site!

DROP-OFF/PICK-UP:

Drop-off is NOT an option for this program under any circumstances.

WHAT TO BRING:

- A labelled bottle of HAND SANITIZER (at least 60% alcohol based).
- Suitable clothing for the sport. This includes sneakers that can be tied snugly, and proper "gym" clothes to easily move around in. Non-metal cleats are great, but absolutely not necessary! Participants should wear their jerseys each week.
- We recommend you put sunblock 30+ on your child before coming to the program. The sun can be very strong at that time in the evening!
- Labelled hat
- Water in a labelled water bottle
- Ensure all personal items are marked with yours or your child's name
- There are no benches/bleachers. You may want to bring a blanket or fold up chair for anyone that may need to sit down during the hour program.

SAFETY MEASURES

- Participant information will be confirmed prior to the first day of the Soccer program through the on-line registration and follow-up through email will be made if needed. If there are any medical concerns or issues that counselors need to be aware of, please contact us prior to the start of the program.
- For the safety of participants, Goulds Recreation, as advised by the Royal Newfoundland Constabulary, will follow specific procedures should a parent/guardian arrive on site appearing to be under the influence alcohol or any other type of drug. Counselor will immediately contact their supervisor, as well as the RNC.

- All counselors are trained in the High Five Principles of Healthy Child Development (www.highfive.org), policies and procedures, supervision, safety/cleaning protocols and first aid.
- Our Association will stay up to date on recommendations/measures from Public Health in regards to the operation of our Soccer Program.
- Parents are encouraged to stay up to date on recommendations/measures from Public Health.
- it is recommended that those considered vulnerable to the effects of COVID-19 or other respiratory illnesses, or who have family members considered vulnerable to use discretion in availing of our programs.
- All staff, volunteers and adults will be expected to model and support children in good hygiene efforts such as handwashing, covering a cough and use of tissues or crease of elbow for coughing and sneezing.
- Equipment will be cleaned in accordance with public health recommendations.
- Should you or your child need to go to the washroom while engaged in the program, the public washrooms by the skatepark will be opened. The maintenance/cleaning/sanitizing of these washrooms is carried out by the City of St.John's, following their cleaning/sanitizing protocols.

UNEXPECTED CANCELLATIONS:

If a session has to be cancelled due to weather, a cancellation notice will be made on our Facebook page at least 1 hour prior to start time. Please note that our weather can change quickly. Due to this, there may be an occasional time that less than 1 hour notice is given of cancellation. Refunds will not be issued for cancellations and we cannot guarantee that make up sessions will take place.

MANAGING ILLNESS:

All participants (Children and Adults) MUST stay home if they feel sick (fever, sore throat, cold symptoms, headache, diarrhea, vomiting, etc).

- Parents/Guardians must ensure that you list yours or your child's underlying health conditions and/or symptoms due to allergies
- If a participant (adult or child) displays symptoms of concern during the program we kindly ask that you leave the premises. Materials used by you or your child will be removed and will be sanitized according to sanitization guidelines

MEDICATIONS/ALLERGY/ BEHAVIOURAL/DISABILITIES/NEURODIVERSE INFORMATION:

Please do not bring nuts or nut products, fish products, kiwi or avocado on site. We are also scent aware.

It is very important that you disclose to use information on your child in regards to medical, allergies, behavioural, disabilities, neurodiversity, etc. Your information is kept confidential! We do our best to provide an inclusive environment for all participants. With this disclosure, we are

able to take the necessary steps to ensure your child and all children in the program have the best experience. We want to work with you and your child. The key is OPEN COMMUNICATION.

COUNSELOR/STAFF CONTACT INFORMATION:

If you have any questions or concerns on our soccer program, please email gouldsrecinfo@gmail.com or call 709-745-7575 (please leave voicemail). If your questions or concerns are of a confidential matter, please email Recreation Coordinator, Nicole at gouldsrecreation@gmail.com or call her direct line at 709-745-7504 (please leave voicemail).

We kindly ask that you respect our staff and that that you do not send them private messages on their personal accounts.

*****This Soccer Package may be updated at any time***

Please review following behavioural guidelines.



P.O Box 40, Goulds, NL, A1S 1G3
509 Main Road, Goulds
Ph: 709-745-7575
Email: gouldsrecinfo@gmail.com

BEHAVIOURAL GUIDELINES

Goulds Recreation Association is committed to providing quality programs that promote positive social, cognitive, physical and emotional development. Based on this, we want to ensure that there is a mutual understanding of what is acceptable behaviour and unacceptable behaviour. Our staff will take every reasonable effort to ensure meaningful participation. Please read our guidelines for acceptable and unacceptable behaviours.

ACCEPTABLE BEHAVIOURS: Goulds Recreation counselors/staff, patrons, participants and guardians are expected to exhibit the following behaviour while participating in programs and services:

- respect	- kindness	- safety
- honesty	- responsibility	- healthy choices

UNACCEPTABLE BEHAVIOR: behaviour with the intent to harm others, property or which would otherwise negatively impact program quality is unacceptable and will not be tolerated. The group will review daily behaviour expectations in the form of “Promises”. Counselors will use discretion to take appropriate action if unacceptable behaviour occurs. Our general process of addressing unacceptable behaviour is as follows:

- Unacceptable behaviour will be discussed with the participant
- Depending on behaviour, parent/guardian of the participant will be notified of the unacceptable behaviour and may be asked to arrange immediate pick-up of the participant.

First occurrence: Lead staff and/or Rec Coordinator will work with the participants and Parent/Guardian (if applicable) to identify solutions to assist the participant in displaying expected behaviours in the future.

Second occurrence: The participant may be re-introduced to the program following a meeting, with parents/guardians (if applicable) to establish an individualized plan to prevent further unacceptable behaviour and encourage positive behaviour

Third occurrence: The participant may be removed from the program on a part-time or full-time basis.

If Goulds Recreation is unable to ensure the safety and well-being of patrons, participants, other, the security of property or program quality, we reserve the right to remove the patron/participant displaying unacceptable behaviour from the program or area.

*****This Soccer Package may be updated at any time in relation to COVID-19 public health measures and other possible situations that require changes*****