



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev Fr Patrick Massang, C.Ss.R. (Parish Priest)
Rev Fr Philip Lai, C.Ss.R. (Assistant Parish Priest)

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Due to Covid-19 Conditional Movement Control Order (CMCO), has been extended from Friday, 19 February TILL Thursday, 4 March, 2021;

All activities, prayer groups, Weekday and Weekend masses are cancelled. These guidelines may be revised from time to time in line with updates and additional SOPs issued by the authorities.

EVENING FOR THE ENGAGED 2021

Couples planning to get married in the year 2021, please take note of the EE Weekends in English during the year. You are requested to register six (6) weeks before the weekend dates.

Stella Maris, Tg. Bungleh/online Penang	* EE 126 5 – 7 Mar 2021 * EE 127 28-30 May 2021 * EE 128 27-29 Aug 2021 * EE 129 19 – 21 Nov 2021
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Application forms can be obtained from your Parish Priest or on the website: www.ceepenang.org

Please see your Parish Priest for registration.

TAMIL MARRIAGE PREPARATION

WEEKEND - 2021 Closing date for registration (T): on 1st day of each month.

Dormitory	Feb -26,27,28
St.Anne, Bukit Mertajam	May 28,2930 Aug. 27,28,29 Nov.26, 27, 28

Novena Devotees to Our Mother of Perpetual Help.

Log onto our website omhip.org every Saturday at 9 am to attend the online Novena devotion.

NEW REGISTRATION

Sunday Catechism at OMPH church, Ipoh, for year 2021

Parents who wish to register their child for Sunday catechism may go online at omhip.org and fill in the **E-Form** for your child registration for Primary/Secondary catechism 2021.

.....2021 Sunday Catechism will be mostly online classes. Priority classes will be given to children in preparation for Sacrament of the Eucharist and Confirmation (Std. 3, Form 3 & 4).

Meeting of students from other classes will be on rotation. Your class teacher will get in-touch with you. These classes will be grouped in a smaller number.

A copy of the year's catechism planner will be given.

Catechesis@Home OMPH:

Children aged 3 to 6 are welcome to join us for these Zoom catechesis sessions held on Sundays at 5.30pm. If you would like your child to attend please call Monica Dicom 0125280405 or email <monicadicom@hotmail.com> for more details .

(food for thought) (Bulletin 21 February, 2021)

Gospel: Mark 1: 12-15. *"Now is the Acceptable Time"*

Life-changing transformations don't happen easily. They require interior fortitude and determination, courage, persistence and more -- an interior change of heart and mind... what the Scriptures call "Metanoia." And so, we again enter into the invitation and the challenge of Lent, well aware that we have been asked to commit our lives fully to the coming reign of God. "Metanoia" and "Repentance" are not to be simple cosmetic or superficial changes.

The message of Jesus was - and continues to be: "Rejoice! The Kingdom of God is here!" His was an invitation - a call to experience the presence of the Father in our every moment, our every breath, in the "now" of our every encounter by repentance and metanoia.

The gospel for Ash Wednesday gives us the blueprint. Here, Mark gives us the threefold method of achieving Metanoia: Prayer, Fasting and Giving Alms.

If we are honest with ourselves, we know that we try our best to avoid the desert places of our lives. During this Pandemic, it is easy to feel that God has deserted us. So much sickness, so much suffering and death, so many lives turned upside-down! We have all experienced "the desert" in our lives - for some, much more so than others. The desert is where we are forced to see ourselves as we are, without filter or finery. It is there we wander and wait to encounter the holy. Like Jesus, we are sometimes driven against our will, by the Holy Spirit, to the wild places we would rather not go.

But if we are truly honest with ourselves, we know deep down inside that we need the desert. The desert is where we as individuals and as a community must go, because out of the wild comes the change of heart that leads to new life.