

# Appointment Request

In order to be ready for an appointment, keep these below in your mind:

1. Have a list of your health issues.
2. Have the reports of the related examinations and tests you have done.
3. Have the list of the medication you are taking.
4. Bring your glasses with you if you need them to read.
5. Keep your Care Card number with you.
6. Allow your stomach has a small amount food in. Not be hungry nor too full.
7. Arrive 10 minutes before your appointment time to fill out a registration form.
8. The most important is: Trust and faith in TCM are the key for you to benefit acupuncture most.
9. Allow your body takes time to do the healing work after acupuncture sessions. Do not expect changes occur immediately.

## Reservation

The time is reserved specially for you once you book an appointment with us.

We value your business and wish you respect our time also. Should you need to cancel or reschedule your appointment, please notify us more than 24 hours in advance to avoid any unnecessary charges.