

# IFS Advanced Workshop: Working with Extreme Parts

Presented by Frank Anderson, M.D.

## Workshop Details

**Nov 20, 2020**

**9am – 4pm ET**

**Convert to your Time Zone**

(<https://www.timeanddate.com/worldclock/converter.html>)

## Location

**Online Live Stream  
Event**

## Fees:

Early-Bird Rate: \$175 + HST

After October 19: \$200 + HST

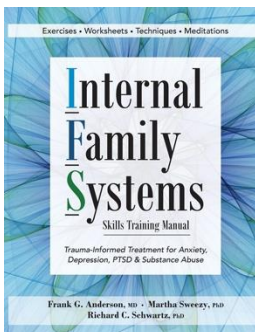
Registration Deadline:

November 18 at 12 pm ET

*\*Discounted rates are available for groups of 5+ people registering together OR for individuals registering for more than one workshop\**

## Registration

Register online at  
**[missionempowerment.ca](http://missionempowerment.ca)**



## About the Workshop

Many clinicians have been introduced to the core concepts of Internal Family Systems (IFS), a scientifically validated approach that has been gaining traction rapidly as more and more therapists attest to its' transformative and lasting effects. In this advanced workshop led by Dr. Frank Anderson, one of the most respected and world-renowned IFS trainers, participants will further their skills in IFS to develop more sophisticated and targeted interventions for working with "extreme parts" of their clients including:

- Suicidal parts
- Substance Abusing parts
- Self-Harming parts
- Shame-based parts
- Dissociative parts

In this workshop, Dr. Anderson will provide a clear roadmap for how to quickly get to the root of your client's extreme reactions and determine which neuroscience-informed and attachment-informed IFS interventions will best help your client get beyond these reactions — leading to faster, long-lasting healing outcomes.

**\*\*Please note that this advanced workshop assumes prior training in IFS; it is not designed to introduce the clinical method itself.**

## About the Presenter

Frank Anderson, MD, completed his residency and was a clinical instructor in psychiatry at Harvard Medical School. He is both a psychiatrist and psychotherapist who specializes in the treatment of trauma and dissociation. Dr. Anderson is a lead trainer at the IFS Institute with Richard Schwartz and maintains a long affiliation with, and trains for, Bessel van der Kolk's Trauma Center. He has lectured extensively on the neurobiology of PTSD and dissociation and recently co-authored the Internal Family Systems Skills Training Manual. He maintains a private practice in Concord, MA. Frank is passionate about teaching brain-based psychotherapy and integrating current neuroscience knowledge with the IFS model of therapy.

# mission: empowerment!

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