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The following instructions are given with your safety in mind. Please read and follow all recommendations that are given to you from this office.

All Patients need to be there at least one and one-half hours prior to the time the procedure is scheduled. This allows time for registration and for the nurses to get the patient ready for the procedure.

We also require that each patient be accompanied to the facility by a responsible adult. This person must remain at the facility during your procedure and be able to drive you home. Following any procedure in which you have been sedated, we highly recommend that you have someone stay with you for several hours after you return home. We understand that this may be an inconvenience for your family or friends, but it is for your safety that we ask you to do this.

STOP ANY AND ALL ASPIRIN products such as: (for 5-7 days unless directed otherwise by the Physician)

IRON therapy BLOOD THINNERS ANTIPLATELET DRUGS

STOP ANY ARTHRITIS MEDICATION for 3 days Prior to Procedure

- You may take ANY TYLENOL PRODUCT for minor pain or headache.

If you forget to stop these drugs, notify the office as soon as you realize so that your procedure can be rescheduled if necessary.

Prescription Meds to be held:

Aggrenox	Coumadin/Warfarin	Indocin	Pletal	Pradaxa
Agrylin	Daypro	Ketoprofen	Naprosyn	Relafen
Anaprox	Diclofenac	Lodine	Celebrex	Trental
Ansaid	Feldene	Lovenox	Persantine	Ticlid
Arthrotec	Heparin	Mobic	Plavix	Xarelto

Non-prescription Meds to be held:

Actron	Alka Seltzer	Fishoil	Naproxyn
Aspirin Products	BC Powder	Halfprin	Nuprin
Advil	Ecotrin	Ibuprofen	Orudis
Aleve	Excedrin	Motrin	Gingko Biloba

If Dr. Clarke removes a polyp from your colon during a colonoscopy, you **MUST** avoid these medications for at least fourteen (14) days unless Dr. Clarke instructs you differently (some essential anticoagulation and antiplatelets may be resumed earlier)

depending on cardiovascular risk). Taking these medications within 10 days of your procedure may **significantly increases your chances of bleeding** following the removal of a polyp.