

# MEC NORTH VANCOUVER RACE THREE:15K/55K

## Overall Finish List

### 55 k Run

### Female

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Heather Moore		73543	6:05:38	6:39/K
2	Katharine Mills		73542	6:36:54	7:13/K
3	Alicia Woodside		73569	6:37:34	7:14/K
4	Katie Munro		73545	7:24:39	8:05/K
5	Krista Powell		73550	8:04:45	8:49/K
6	Natalie Taylor		73564	8:06:58	8:51/K
7	Stephanie McGregor		73540	8:06:58	8:51/K
8	Erica Hakonson		73522	8:18:49	9:04/K
9	Jacqueline Hudson		73529	8:19:46	9:05/K
10	Mary Parrotta		73548	8:28:38	9:15/K
11	Hilary Spires		73559	8:54:03	9:43/K
12	Lisa Steele		73560	9:08:09	9:58/K
13	Sarah Cuff		73513	9:14:39	10:05/K
14	Pargol Lakhan		73534	9:39:45	10:32/K
15	Lisandre Tessier		73565	9:46:22	10:40/K
16	Rachel Spinelli		73558	9:52:43	10:47/K
17	Lisa Warren		73566	10:06:05	11:01/K

MEC NORTH VANCOUVER RACE THREE:15K/55K

Overall Finish List

**55 k Run**

**Male**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Adam Luzsicza		73537	5:52:48	6:25/K
2	Evgeny Sotnikov		73557	6:05:02	6:38/K
3	Frederick Franken		73519	6:05:38	6:39/K
4	Cam Klassen		73533	6:09:19	6:43/K
5	Brandon Mewhort		73541	6:24:09	6:59/K
6	Darren Tannas		73563	6:26:14	7:01/K
7	Jamie Arbeau		73501	6:30:29	7:06/K
8	Brady Faught		73517	6:36:52	7:13/K
9	Deven Azevedo		73504	6:39:13	7:16/K
10	Ray Barrett		73506	6:40:29	7:17/K
11	Wes Kirk		73532	6:43:01	7:20/K
12	Doug Brown		73507	7:10:53	7:50/K
13	Steve Baia		73505	7:14:17	7:54/K
14	Jake Wetzal		73567	7:17:43	7:58/K
15	Stuart Ashman		73503	7:24:41	8:05/K
16	Vance Culbert		73574	7:31:43	8:13/K
17	Brennan Sekora		73554	7:35:45	8:17/K
18	Mike Heiliger		73526	7:35:46	8:17/K
19	Brandon Wiebe		73568	7:38:22	8:20/K
20	John Hightower		73573	8:07:45	8:52/K
21	David Hirst		73527	8:13:50	8:59/K
22	John Marshall		73539	8:18:42	9:04/K
23	James Hawes		73524	8:52:29	9:41/K
24	Ben Lloyd		73535	8:52:32	9:41/K
25	Colin Cameron		73509	9:09:35	10:00/K
26	Kelvin Chao		73510	9:37:16	10:30/K
27	Derek Stevenson		73561	9:55:09	10:49/K
28	Craig Slagel		73556	9:58:51	10:53/K
29	Sean Chung		73511	10:06:04	11:01/K
30	Brian Floyd		73518	10:11:04	11:07/K

## MEC NORTH VANCOUVER RACE THREE:15K/55K

Race Date

June 11, 2016

Overall Finish List**15 k Run****Female**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Lauren Powell		33942	1:12:20	4:49/K
2	Molly Howes		33869	1:13:21	4:53/K
3	Vanessa Woznow		33997	1:15:33	5:02/K
4	Roanne Greiff		33854	1:20:19	5:21/K
5	Karen Bond		11660	1:22:59	5:32/K
6	Vanessa Minke-Martin		33917	1:23:38	5:35/K
7	Katherine Lavoie		33889	1:25:12	5:41/K
8	Trine Butler		33523	1:25:12	5:41/K
9	Stacey Strike		33970	1:25:51	5:43/K
10	Nicki Seaborn		33955	1:26:11	5:45/K
11	Kimberly Rawland		11673	1:27:07	5:48/K
12	Harriet Jarvis		11677	1:28:01	5:52/K
13	Simrin Purher		11668	1:28:27	5:54/K
14	Katie Ratz		33945	1:28:44	5:55/K
15	Samantha Daigneault		33822	1:28:50	5:55/K
16	Lynne Bosquet		33519	1:29:11	5:57/K
17	Leanne Fells		33841	1:29:15	5:57/K
18	Sabrina Liak		33892	1:29:21	5:57/K
19	Catherine Steer		11676	1:30:54	6:04/K
20	Kate Hogg		33866	1:31:24	6:06/K
21	Marissa Jean		33874	1:31:36	6:06/K
22	Aili Rauk		11664	1:32:08	6:09/K
23	Stephanie Blain		33516	1:32:31	6:10/K
24	Jasmine Shum		33960	1:34:19	6:17/K
25	Mary Schwieger		33953	1:34:55	6:20/K
26	Kimberly Helps		33863	1:35:59	6:24/K
27	Junko Kosugi		33885	1:36:34	6:26/K
28	Anita Leonhard		11654	1:36:40	6:27/K
29	Meridith Harman		33860	1:37:16	6:29/K
30	Antonia Garcia		33847	1:38:02	6:32/K
31	Stephanie Snider		33964	1:38:07	6:32/K
32	Chritina Price		33943	1:38:09	6:33/K
33	Clara Hanson		11675	1:38:12	6:33/K
34	Heather Lischak		33893	1:38:33	6:34/K
35	Nicole Pajak		33933	1:39:05	6:36/K
36	Maria Yaguara		11658	1:40:50	6:43/K
37	Alice Zhao		11661	1:41:16	6:45/K
38	Louise Southwood		33965	1:42:09	6:49/K
39	Nikol Marconova		33902	1:42:19	6:49/K
40	Maria Whitehead		33991	1:43:32	6:54/K
41	Tracy Rowbotham		33950	1:44:03	6:56/K
42	Marie-Michele Girard		33850	1:44:13	6:57/K
43	Dana Spittal		33966	1:44:28	6:58/K
44	Kaelie Forzani		33843	1:44:55	7:00/K
45	Jenn Nurse		11662	1:45:45	7:03/K
46	Michelle Degrazio		33826	1:45:47	7:03/K
47	Cara Hudson		33870	1:45:47	7:03/K

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Race Date

June 11, 2016

Overall Finish List**15 k Run****Female**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
48	Miranda Holroyd		33868	1:46:07	7:04/K
49	Andra Vowles		33986	1:46:07	7:04/K
50	Deanna Sim		33962	1:46:47	7:07/K
51	Paula Garcia		33848	1:46:50	7:07/K
52	Christine Birkett		33515	1:47:26	7:10/K
53	Julia Bigford		33514	1:47:39	7:11/K
54	Linda Munro		33921	1:47:56	7:12/K
55	Carolyn Lewis		33890	1:48:01	7:12/K
56	Danielle Lussier		33898	1:48:02	7:12/K
57	Edda Goold		33852	1:48:06	7:12/K
58	Caoimhe Murray		33922	1:49:43	7:19/K
59	Michelle Lorentzen		11667	1:50:17	7:21/K
60	Tessa May Marr		33904	1:55:03	7:40/K
61	Teresa McKinley		33912	1:55:58	7:44/K
62	Sophie Fugulin		33845	1:56:02	7:44/K
63	Stephanie Korelin		33884	1:57:28	7:50/K
64	Joanne Bernardi		33513	1:57:29	7:50/K
65	Kendra Archer		33503	1:57:50	7:51/K
66	Adeline Chin		33805	1:58:30	7:54/K
67	Genesis Hiles		33864	1:58:47	7:55/K
68	Lori Kittelberg		33882	1:58:49	7:55/K
69	Elais Ponton		33941	1:58:50	7:55/K
70	Yvonne Kwok		33887	1:58:59	7:56/K
71	Christine Fox		33844	1:59:27	7:58/K
72	Eileen Jue		33877	1:59:33	7:58/K
73	Karen Young		34000	1:59:33	7:58/K
74	Allison Tai		11665	2:00:03	8:00/K
75	Angela Whalen		33989	2:00:21	8:01/K
76	Jen Veasey		33981	2:02:45	8:11/K
77	Felicisima (sam Voth		33985	2:03:26	8:14/K
78	Michelle Reid		33946	2:04:01	8:16/K
79	Kim Nguyen		33926	2:05:15	8:21/K
80	Sarah Heim		11655	2:06:10	8:25/K
81	Tessa Ramburn		33944	2:06:10	8:25/K
82	Garland Lam		11670	2:06:52	8:27/K
83	Lisa Harrington		11656	2:08:40	8:35/K
84	Marianne Williams		33993	2:13:30	8:54/K
85	Heather Kitson		11669	2:13:31	8:54/K
86	Shuk Ling Ngai		33925	2:15:38	9:03/K
87	Anna Maria Rossi		33949	2:24:57	9:40/K
88	Kimberly Burgess		33521	2:31:58	10:08/K
89	Veronika Smolik		33963	2:32:10	10:09/K
90	Michelle Kearns		11657	2:44:42	10:59/K
91	Tina Faulkner		33839	2:44:43	10:59/K

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Race Date

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Overall Finish List**15 k Run****Male**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Curtis Jung		33878	1:04:19	4:17/K
2	Riccardo Tortini		33977	1:09:20	4:37/K
3	Rob Short		33959	1:10:02	4:40/K
4	David Albert-Lebrun		33501	1:11:05	4:44/K
5	Nick Dobbie		11678	1:11:37	4:46/K
6	Alexandre Thissen		33972	1:11:58	4:48/K
7	Matthew Ehrenreich		33837	1:13:58	4:56/K
8	Connell O'Reilly		33930	1:14:09	4:57/K
9	Mark Peters		33940	1:16:46	5:07/K
10	Sam Gregory		11666	1:18:26	5:14/K
11	Stephen Park		33937	1:18:44	5:15/K
12	Michael Martin		33905	1:18:45	5:15/K
13	Eoin O'Raghallaigh		33929	1:19:26	5:18/K
14	Ben Porteous		11674	1:20:08	5:21/K
15	Sidney Forstrom		33842	1:21:32	5:26/K
16	Colin Mingus		33916	1:22:46	5:31/K
17	Kirk Jacobson		33872	1:22:52	5:31/K
18	Dane Low		33517	1:23:07	5:32/K
19	Adam Goluboff		33851	1:23:14	5:33/K
20	Serguei Makarevski		33901	1:24:40	5:39/K
21	Brian Davis		33825	1:25:10	5:41/K
22	Alberto Ramirez		11652	1:26:01	5:44/K
23	Cam Garner		33849	1:26:34	5:46/K
24	Jaimie Miller		33914	1:26:36	5:46/K
25	Lawrence Bernales		33511	1:27:07	5:48/K
26	Gian D'Ottone		33830	1:27:13	5:49/K
27	Jacky Wu		11653	1:27:30	5:50/K
28	Frank Novinc		33927	1:27:38	5:51/K
29	Nicholas Guidobono		33856	1:28:35	5:54/K
30	Siddhant Modi		33918	1:29:09	5:57/K
31	Fisal Elstone		11663	1:29:15	5:57/K
32	John Paterson		33938	1:29:15	5:57/K
33	Jo McInis		33910	1:31:09	6:05/K
34	Everett Romain		33947	1:31:21	6:05/K
35	Adam Coulter		33814	1:31:26	6:06/K
36	Guy Caplan		33528	1:31:37	6:06/K
37	Julian D'Souza		33831	1:33:18	6:13/K
38	Miguel Salas		33952	1:34:33	6:18/K
39	Richard Luk		33897	1:34:42	6:19/K
40	Robert Shaw		33957	1:35:22	6:21/K
41	Sony Gawley		11671	1:37:15	6:29/K
42	Tom Sherlock		33958	1:37:20	6:29/K
43	Mike Cancilla		33527	1:38:52	6:35/K
44	Danny Stritch		11672	1:39:59	6:40/K
45	Simon Couture		33815	1:40:06	6:40/K
46	Philip Harris		11651	1:40:09	6:41/K
47	Stephen Clarke		33808	1:40:11	6:41/K

MEC NORTH VANCOUVER RACE THREE:15K/55K

Overall Finish List

**15 k Run**

**Male**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
48	Benjamin Last		33888	1:43:26	6:54/K
49	Al Harman		33859	1:44:29	6:58/K
50	Sean Gray		33853	1:46:01	7:04/K
51	Bryan Ko		33883	1:46:12	7:05/K
52	James Thomas		33973	1:46:37	7:06/K
53	Jonathan Weresch		33987	1:48:04	7:12/K
54	Jordan Timmer		33974	1:48:33	7:14/K
55	Gregg McKibbin		33911	1:53:54	7:36/K
56	Aaron Bernardi		33512	1:57:34	7:50/K
57	Julian Archer		33504	1:57:50	7:51/K
58	James Whalen		33990	2:00:33	8:02/K
59	Rene Boddeveld		33518	2:02:38	8:11/K
60	Geordie Cree		33817	2:11:58	8:48/K
61	Chun Pong Liu		33894	2:15:39	9:03/K
62	Giuseppe Tortini		33976	2:24:57	9:40/K
63	Angelo Oltolini		33928	2:40:43	10:43/K