




ODE CNP CACFP Menu Form



January 17-21, 2022

Sponsor name/site name Gentog Menu C 2022

Month and Year

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods		Yogurt w/granola Toast (WW) Peaches Whole or 1% Milk	Orange Rolls Cheerios Fruit Cocktail Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Applesauce Whole or 1% Milk	Cereal Toast (WW) Pineapple Whole or 1% Milk
AM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains		English Muffins Melted Cheese	Ritz Crackers Sliced Cheddar Cheese	String Cheese Pineapple	Yogurt Peaches
Lunch • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods	<p style="text-align: center;">Center Closed</p>	Cheeseburgers (Meat, Cheese, Lettuce & Tomatoes) French Fries Peas Pear Slices Whole or 1% Milk	Pancakes Scrambled Eggs Sausage Links Hash Browns Applesauce Whole or 1% Milk	Chicken Pot Pie w/Mixed Vegetables (HM) Bread (WG) Fruit Cocktail Whole or 1% Milk	Hamburger Tacos/Taco Salad Corn Corn Chips (WG) Refried Beans Peaches Whole or 1% Milk
PM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains		Rice Cakes Orange Slices	Teddy Grahams Whole or 1% Milk	Bananas Graham Crackers	Ritz Crackers Cheddar Cheese Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.