

# Upminster Methodist Church

29th March 2026



## Sunday 29th March Palm Sunday

**10am** - Local Arrangement led by Mr Ricky Bull and assisted by the stewards



**10am**  
**Zoom Link**



## Sunday 5th April Easter Sunday

**10am** - Rev Rohama Asif including the Sacrament of Holy Communion



## Church Flowers



This week the flowers have been donated by Chris and Mick Hughes



Last weeks flowers were actually donated by Marilyn and Andrew Milne In celebration of Marilyn's 70th birthday, apologies for my mistake.

## Easter Arrangements

**Maundy Thursday 2 April** - service at CMOP at noon to 1.30pm including a light lunch or at Rainham Methodist Church at 7.30pm

**Good Friday 3 April** - procession of witness leaving from our church with Trinity Church and RCCG at 10am, and joining other churches (processing from UBC, St Josephs and Clockhouse) for a service in the park at 10.30am.

**Easter Sunday 5 April** - 10am led by Rev Rohama Asif and including the Sacrament of Holy Communion



## Let us pray together

- for the good work of the local foodbanks and all who are able to donate.
- for all those living in poverty who need to use the facilities of the Foodbank
- for our Ministers as they prepare for the Easter period.

### **Church Family Members**

Please remember all our friends who are still in Queens Hospital, Jim and Eunice and Chris P, we pray for a quick recovery and discharge soon.

Ray is now recuperating at Meadowbanks Care Home, he would welcome visitors. Please let Gill or Caroline know if you are planning to visit.

### **Monday Prayer Group**

Please note there will be no prayer meeting on 6 April or 4 May.

Plans for a new time are under discussion.

### **Race for Life Sponsorship**

I was all signed up to do the Brentwood Half Marathon again on 22nd March, but didn't feel ready after not having done any training during my trip to New Zealand.

However I am planning to run the 10k Race for Life on 16th May, in Weald Country Park in Brentwood, at 10am.

Raising money towards Cancer Research is very important to me as cancer is what took my Mum and both my son Ian and his girlfriend Lisa are currently being treated for it.

If you are able to sponsor me please do so using the following link [Peter's Race for Life](#) but, if you aren't able to do so, please think/pray for me on the day.

It is my intention to keep up my training this year so that I am fit enough to do the Brentwood Half Marathon next year.

Thank you.  
Peter H

### **Link for Hope Shoebboxes**

It is now time to start collecting items for this year's shoeboxes.

We hope to beat our record of 55 shoeboxes this year.

This month we are collecting:  
**toothbrushes and toothpaste**

Please add these items to the box under the table at the back of the church in the welcome area.

Thank you.



### **Rainham Foodbank - Thank you**

Thank you for the increase in gifts for the Foodbank recently. Emma collected 5 boxes this week, a boot full!

Thank you to Emma for transporting our gifts to the foodbank regularly.

Please remember if you are able to donate gifts, particularly with the school holidays upon us when parents have to find extra food to feed their children who are not getting a hot meal at school every day.

Tinned meat, fish, fruit and desserts are always needed.

Thank you

### Contact details and Further Information

Rev Rohama Asif  
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Facebook: [www.facebook.com/upminstermethodist](http://www.facebook.com/upminstermethodist)

Website: [upminstermethodistchurch.org](http://upminstermethodistchurch.org)

To submit event details or news for the weekly newsletter, please send the information to [upminster.newsletter@gmail.com](mailto:upminster.newsletter@gmail.com) by Friday morning. Thank you.

### Contactless Card Machine

We have a card machine set up at the back of the Church. This allows you to donate to Church funds without having to use cash.

All you need to do is select your amount, tap your card and you can Gift Aid your donation too!

The URL for the Dona website to make gifts to UMC is:  
<https://donate.mydona.com/upminster-methodist-church>



The QR code to do the same is:

HORNCHURCH PASSION PLAY

**EASTER 2026**

BE PART OF  
THE STORY AS  
IT UNFOLDS



FRIDAY 3RD APRIL  
SATURDAY 4TH APRIL  
SUNDAY 5TH APRIL

7.30pm

ON THE GREEN NEXT TO QUEEN'S THEATRE  
HORNCHURCH RM11 1QT

[hornchurchpp.co.uk](http://hornchurchpp.co.uk)

Admittance free