55th ANNUAL BULLDOG INVITATIONAL

DATE: Friday, September 5, 2025

SITE: McCarty Park – 8214 W. Cleveland Ave., West Allis

TEAMS: Brown Deer, Cristo Rey Jesuit, Delvan-Darien, Franklin, Grafton, Greendale,

Greenfield, Kenosha Bradford, Kettle Moraine Lutheran, Martin Lutheran, Menomonee Falls, N. B. West, Nicolet, Oak Creek, Pius XI, St. Thomas More, Waukesha North,

W. A. Central, Whitewater, Wisconsin Lutheran

VANS LEAVES: 1:30 pm **VANS RETURNS**: around 7:50 pm

EXCUSED FROM CLASS: 1:15 pm

TIME SCHEDULE: 4:00 pm – Boys JV

4:35 pm – Girls Varsity 5:05 pm – Boys Varsity 5:35 pm – Girls JV

6:15 pm - Awards Presentation

MEET PROCEDURES: 2:05 - arrive at course

2:40 – everyone walks course

3:10 – Boys JV jog 12 minutes, stretch, sprints 3:45 – Girls Varsity jog 14 minutes, stretch, sprints

3:45 - Boys JV at the Starting Line

4:15 - Boys Varsity jog 14 minutes, stretch, sprints

4:20 - Girls Varsity at Starting Line

4:45 - Girls JV jog 12 minutes, stretch, sprints

4:50 – Boys Varsity at Starting Line 5:20 – Girls JV at Starting Line

Start post race procedure 10 minutes after your race.

Live Results at Tracksidetiming.com

No watches are to be worn by runners during the race.

THE ONLY WAY OF DISCOVERING THE LIMITS OF POSSIBLE IS TO VENTURE INTO THE IMPOSSIBLE!!!