

POLAND
Warsaw & Kraków
September 28-October 6, 2019
\$4,999 (based on double occupancy)
\$799 (Single supplement)



CAREER ENRICHMENT
Dental Health Journey

Explore the lovely cities of Warsaw & Kraków, Poland on this professional journey. Experience the heart of central Europe as you explore the culture, history and people of the region. Following WWII, Soviet domination lasted throughout the region including Poland until 1989, when they gained independence and later their places in the European Union.

Program Highlights

- 7 nights / 9-day journey through Poland
- Interact with **dental professionals** from a variety of facilities and practices in Warsaw and Kraków.
- **Accompanying guest program** – alternate activities will be provided for those who do not wish to attend the meetings.
- **Optional post-program extension** to Prague, Czech Republic.

Focus on dental & healthcare systems

- **Interact with professional counterparts** to discuss issues of specific concern to the population of Poland including the influence of diet and other factors in the oral health of the population, the effect of the local diet in dental disease and efficacy of dental therapy programs.
- Explore dental education with a visit to a local university and **establish meaningful interaction and collaboration** with your professional counterparts in the dental health arena.

Focus on the community & culture

- Giving back and **engaging with the community** is an important part of your journey. You will have an opportunity to interact with a local community center or non-profit. We are working with local staff in Poland to provide hands-on opportunities to share and give back to the local people.
- Get to know the culture and local cuisine during a **cooking lesson** as you make traditional Polish dishes such as pierogi, kluski, schabowy, golabki, placki and gulasz.
- Learn about Poland during Nazi occupation as you **explore wartime landmarks**, such as the former Jewish Ghetto.

Program Leader: Paula Shannon Jones, DDS, FAGD

Dr. Paula Jones has been involved with the Academy of General Dentistry (AGD) since her graduation from Case Western Reserve School of Dental Medicine in 1984. She has served the AGD in many capacities including: Council Chair for Membership for five years; Regional Director for Illinois; National AGD Board of Trustees representative for Illinois; member of the AGD's Foundation Board of Directors (two terms); AGD's first female President (2008-2009); President, Academy of General Dentistry Foundation (2011-2013). She has been a SmileLine Online volunteer since its inception and has been a spokesperson for the organization since 1994. She was awarded the AGD Distinguished Service Award for her work with new dentists in 1995.



Why Nanda Journeys?
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