

FOR INGREDIENT LIST FOR JUNE 2020 MENUS

- JUNE - 1** **CHICKEN PATTY – CHICKEN, BREADING, VEG OIL**
HASH BROWNS – SHREDDED POTATOES, VEG. OIL
- JUNE 2** **TURKEY TETRAZINNI – DICED TURKEY, PASTA, WHITE SAUCE,**
MUSHROOMS
DINNER ROLL-FLOUR, YEAST, WATER
- JUNE 3** **MEATLOAF- HAMBURGER, ONIONS, EGGS, BREAD CRUMBS**
AUGRATIN POTATOES-DEHY. POTATOES, CHEESE, ONIONS, SUGAR
PUDDING- CORNSTARCH, COCOA, MILK
- JUNE 4** **PORK CHOP- PORK**
MASHED POTATOES- DEHY. POTATOES, WATER
GRAVY- FLOUR, ONION POWDER, PORK BASE, WATER
DINNER ROLL – FLOUR, YEAST, WATER
- JUNE 5** **CREAMED CHIPPED BEEF-DRIED BEEF, MARGARINE, WATER, FLOUR,**
ONIONS, MILK, SOY
BISCUIT- FLOUR, BUTTERMILK, MILK, SUGAR, CORNSTARCH
GRAHAM CRACKERS- FLOUR, HONEY, SOYBEAN OIL

JUNE 8 COUNTRY FRIED STEAK – BEEF, WHEAT FLOUR, ONION POWDER,
VEG OIL, SALT

HASH BROWNS – SHREDDED POTATOES, VEG. OIL

GRAVY – FLOUR, ONION POWDER, BEEF STOCK

JUNE 9 BEEF POT ROAST- BEEF, ONIOS, CARROTS, POTATOES, GRAVY

DINNER ROLL- FLOUR, YEAST, WATER

ANIMAL CRACKERS- FLOUR, SUGAR, OIL, BAKING SODA

JUNE 10 SWISS STEAK IN GRVY-BEEF, TOMATOES, BELL PEPPERS, ONIONS,
FLOUR, WATER

MASHED POTATOES- DEHY POTATOES, WATER

JUNE 11 SWEET+SOUR CHICKEN-CHICKEN, CORN SYRUP, VINEGAR,

PINEAPPLE JUICE, CORNSTARCH, BELL PEPERS, PAPRIKA

ORIENTAL BLEND VEGS- BROCCOLI, FRENCH CUT GREEN BEANS,

ONIONS, MUSHROOMS, RED PEPPERS

VANILLA WAFERS- FLOUR, SUGAR, MILK, EGGS, BAKING SODA

DINNER ROLL-FLOUR, YEAST, WATER

JUNE 12 ITALIAN SPAGHETTI -SPAG PASTA, SPAG SAUCE, BEEF, ONIONS
MIXED VEGS- GREEN BEANS, CORN, LIMAS, POTATOES, PEAS
GARLIC ROLL- FLOUR, YEAST, WATER, GARLICPOWDER,MARGARINE
CAKE - FLOUR, SUGAR, EGGS, MARG.,MILK

JUNE 15 HOT DOG-BEEF
BAKED BEANS-WHITE BEANS, BROWN SUGAR, VINEGAR, ONIONS,
BACON, KETCHUP, WATER
GRAHAM CRACKERS- FLOUR, HONEY, SOYBEAN OIL
POUND CAKE- FLOUR, SUGAR, EGGS, MARG., MILK

JUNE 16 CREAMED CHICKEN-DICED CHICKEN, CHICKEN STOCK, FLOUR,
WATER
MASHED POTATOES- DEHY. POTATOES, WATER
CAKE- FLOUR, SUGAR, EGGS, MARG., MILK
DINNER ROLL – FLOUR, YEAST, WATER

JUNE 17 HAM AND BEAN SOUP –NORTHERN BEANS, DICED HAM, ONIONS,
WATER
CORNBREAD- CORNMEAL, FLOUR, EGGS, WATER, SUGAR, SOYBEAN
OIL
CHICKEN SALAD- CHICKEN, MAYO, EGG, ONIONS
PUDDING-CORNSTARCH, COCOA, MILK

JUNE 18 SLOPPY JOE- BEEF, KETCHUP, ONIONS, SUGAR, WATER
FRENCH FRIES- POTATOES, VEG. OIL
SEASONED MIXED VEGS- PEAS, CORN, LIMAS, CARROTS, POTATOES
CINNAMON MUFFIN-FLOUR, CINNAMON, EGGS, SUGAR, MILK

JUNE 19 SWISS STEAK IN GRAVY- BEEF, TOMATOES, BELL PEPPERS, ONIONS,
FLOUR, WATER
MASHED POTATOES- DEHY POTATOES, WATER
GRAVY- FLOUR, ONION POWDER, BEEF BROTH
VANILLA WAFERS-FLOUR, SUGAR, MILK, EGGS, BAKING SODA
DINNER ROLL-FLOUR, YEAST, WATER

JUNE 22 SALISBURY STEAK-BEEF, BELL PEPPERS, ONIONS
SCALLOPED POTATOES- DEHY POTATOES, ONIONS, SUGAR, WATER
GRAHAM CRACKERS- FLOUR, HONEY, SOYBEAN OIL
DINNER ROLL- FLOUR, YEAST, WATER

JUNE 23 STUFFED PEPPER-BEEF, BELL PEPPERS, ONIONS, RICE, BREAD
CRUMBS, WATER, CELERY, EGGS, MILK
AU GRATIN POTATOES- POTATOES, CHEESE, ONIONS, SUGAR, H2O
DINNER ROLL- FLOUR, YEAST, WATER
CINNAMON MUFFIN- CINNAMON, FLOUR, EGGS, SUGAR, MILK

JUNE 24 RANCH CHICKEN CASSEROLE- CHICKEN, RANCH SEASONING, SOUR
CREAM, POTATOES, CHEESE, FLOUR, CHICKEN BROTH, ONIONS
DINNER ROLL-FLOUR, YEAST, WATER
PUDDING-CORNSTARCH, COCOA, MILK

JUNE 25 ROAST PORK- PORK
MASHED POTATOES- DEHY.POTATOES, WATER
GRAVY-FLOUR, ONION POWDER, PORK BROTH, WATER
POUND CAKE-FLOUR, SUGAR, EGGS, MARG., MILK
DINNER ROLL-FLOUR, YEAST, WATER

JUNE 26 CUBE STEAK/GRAVY-BEEF, FLOUR, YEAST, WATER, BEEF BASE
GRAHAM CRACKERS-FLOUR, HONEY, M SOYBEAN OIL
DINNER ROLL-FLOUR, YEAST, WATER

JUNE 29 CHICKEN TENDERS- CHICKEN, SEASONED BREADING
FRIES- POTATOES, VEG. OIL
SUCCOTASH-LIMAS AND CORN
PUDDING-CORNSTARCH, COCOA, MILK
DINNER ROLL- FLOUR, YEAST, WATER

JUNE 30 SWEET POTATO CASSEROLE- YAMS, BUTTER
VANILLA WAFERS-FLOURO, SUGAR, MILK, EGGS, BAKING SODA