Patient Information

TODAY'S DATE:

Patie	nt information					
NAME:	AGE:DATE OF BIRTH:					
ADDRESS:	SEX: MARITAL STATUS:					
CITY:STATEZIP	email:					
DID YOU SEE OUR WEBSITEYesNo	SOCIAL SEC #:					
ARE WE IN YOUR PLAN DIRECTORY?YesNo	DRIVERS LICENSE # State					
	PERMANENT ADDRESS:					
EMPLOYER:	CITY/ST/ZIP:					
ADDRESS:	HOME PHONE #:					
CITY/ST/ZIP:	WORK PHONE #:					
PHONE #:	MOBILE PHONE#:					
Responsibl	e Party Information					
NAME:	RELATION TO PATIENT:					
ADDRESS:	EMPLOYER:					
CITY/ST/ZIP:	ADDRESS:					
HOME PHONE:	CITY/ST/ZIP:					
SOCIAL SECURITY #:	WORK PHONE:					
Primary Insurance (Please give y	your insurance card(s) to the receptionist)					
INSURANCE CO.:	POLICYHOLDER'S NAME:					
ADDRESS:	POLICYHOLDER SSN:					
CITY/ST/ZIP:	POLICYHOLDER D.O.B:					
PHONE #	POLICY #:					
Effective dates: through	GROUP #:					
PLAN NAME COPAY \$	RELATION TO PATIENT:					
	POLICYHOLDER'S EMPLOYER:					
	Secondary Insurance					
	DLICYHOLDER'S NAME:					
ADDRESS:	POLICYHOLDER SSN:					
CITY/ST/ZIP:	POLICYHOLDER D.O.B:					
PHONE #	POLICY #:					
Effective dates: through	GROUP #:					
PLAN NAME COPAY \$	RELATION TO PATIENT:					
	POLICYHOLDER'S EMPLOYER:					
Mis	scellaneous					
In case of emergency, notify	Relation to natient					
Home phone	Relation to patient Work phone					
	Signature					
The undersigned verifies that the above information is true and corr	ect.					
Signature:	Date:					

(If patient is a minor - signature of parent/guardian)

Patient Communication Authorization

Date: _____

Patient's Name:_____

Patient's Date of Birth: _____

We must call on occasion to discuss confidential protected health information. Below is a list of potential ways for us to communicate this information. Please indicate how you would like us to get this information to you:

\square It's okay to call my home phone number.	Okay to leave a message? □yes	⊡no
\square It's okay to call my mobile phone number.	Okay to leave a message? ⊐yes	⊡no
□ It's okay to call my work phone number	Okay to leave a message? ⊐yes	□no
Call only this number	Okay to leave a message? ⊐yes	⊡no

Do not speak to family members

I give permission to the individual(s) listed below to receive protected health information:

This authorization can be revoked or modified by notifying us IN WRITING at any time.

Patient's Signature	Date

Date _____

PATIENT QUESTIONNAIRE

Patient's Name												Birth	n Date		_Sex_		S. M.	LTP	. W. D
Address										Tel. N	No								
Insurance Co.				□HMO Copay \$ □PPO Copay \$ Referred By						Occupation									
Mail Claim To				Policy No															
Instructions:	Put 🖌 I	n Tho:	se B	oxes Applicab	е То	You A	nd In ⁻	The "Y	es" O	r "No"	Spac								
							Far	nily H		ry	•								
	Fath	er		Mother		1	other T	r .		1	ster T	1	Spouse/ Partner	<u> </u>	1	1	dren	<u> </u>	Τ_
Age (if Living)			+		1	2	3	4		2	3	4	raine	1	2	3	4	5	6
Health (G) Good (B) Bad										 	\mathbf{T}						1		+
Cancer																			
Tuberculosis																			
Diabetes																			
Heart Trouble																			
High Blood Pressure																			
Stroke						ļ													
Epilepsy			_			ļ	ļ									<u> </u>			
Nervous Breakdown			_				<u> </u>				<u> </u>				ļ				
Asthma, Hives, Hay Fever Blood Disease			+								-								<u> </u>
Age (At Death)			+			<u> </u>			<u> </u>	<u> </u>		+							+
Cause Of Death			+			.I	1	I	<u> </u>			1				I			L
			1					onal	listo										
Have You Ever Had		No N	(es	Have You	Ever	Had	• • •			1	lo Y		Have You Ever					No	Yes
Scarlet Fever				Jaundice							-+		Broken Bones		ked Bon	les			
Diphtheria				Epilepsy									Recurrent Disloca						
Smallpox					Migraine Headaches						—								
Pneumonia				Tuberculosis Ever Been Knocked Unconscious						—									
				Diabetes Diabetes Diabetes Diabetes Diabetes						1									
Rheumatic Fever Heart Disease		_		Cancer Explain							_								
Arthritis Rheumatism				Colonoscopy / Sigmoidoscopy Latex Sensitivity								-							
		-+		Nervous Bre				essur			_		Chronic Fatigue Syndrome Any Other Disease					+	
Bursitis Sciatica Lumbago		+		Hay Feve			a						Explain					+	-
□ Polio □ Meningitis				Hives															
☐Gonorrhea ☐Syphilis ☐H!V				Frequent		Colds	[Sore	+ Thro	at		V	Weight: Now One Yr. Ago						
Anemia				Frequent		nfectio		Boil					Maximum When						
						-		llerg	ies		, h		V 10	Ŧ					
Are You Allergic To		No Y	′es	Are You Al Any Other D		<u>c IO.</u>	••				lo Y		Are You Allergi	. 10	,				Yes
Aspirin Codeine Morphine		-+	_	Explain	iugə						+		Any Foods Explain					+	+
Mycins Other Antibiotics				lodine Or Ra	diolo	aic D	/e					- <u> </u> -						+	+
Tetanus Antitoxin Serums				Adhesive Ta		ر ت				+	+		Nail Polish	Other C	osmetic	s		+	+
•								Surge	ry							-			
Have You Had Removed	[]	NO Y	'es	Have You			oved.			N	lo Y		Have You					No	Yes
Tonsils		+									Had Hernia Repa					–	┼──┤		
Appendix				Hemorrhoids		<u> </u>				_	_		Had Any Other O						+
Gall Bladder Uterus		-	-	Ever Have A			n			-	_		Been Hospitalize Explain	I For Ar	ny Illness	3			┿╍┥
								X-Ray	/s										
Ever Have X-rays Of	[No Y	'es	Date							D	iseas	e Present						
		+	-																
Gall Bladder																			
Extremities		+															<u></u> .		
Back																			
Mammogram																			
Sigmoidoscopy / Barium Enema Other		_	-																

	Re	view	Of Systems				
Do You Now Have Or Have You Ever Had	No					No	Yes
Eye Disease Eye Injury Impaired Sight			Kidney Disease Stones				
Ear Disease Ear Injury Impaired Hearing	+	+	Bladder Disease				┝──
Any Trouble With Nose Sinuses Mouth Throat			Blood In Urine			├	
	+	+	Protein Sugar Pus Other In Urine			\vdash	
Fainting Spells	+	+					
Paralysis			Narrowed Urinary Stream	<u>.</u>		┼──	
		+	Abnormal Thirst				┢───
Headaches: Frequent Severe	+		Prostate Trouble			┼──	
Enlarged Glands	+	-					
Thyroid: Overactive Underactive Enlarged	+	+					
	+						┣
Enlarged Goiter						┝──	
	<u> </u>	<u> </u>		<u> </u>			┣──
Chest Pain Angina Pectoris			Colitis Other Bowel Disease				┣───
Spitting Up Blood	<u> </u>		Hemorrhoids Rectal Bleeding				┟
Night Sweats			Black Tarry Stools				
Shortness Of Breath		↓	Constipation Diarrhea				
Palpitation Fluttering Heart	<u> </u>		Parasites Worms	·		ļ	L
Swelling Of 🗌 Hands 🗍 Feet 🗌 Ankles			Any Change In Appetite Eating Habits				
Varicose Veins	<u> </u>	ļ	Any Change In Bowel Action Stools				L
Extreme 🗌 Tiredness 🗌 Weakness			Explain ation - EKG				
Have You Had			Have You Had			No	Yes
Smallpox Vaccination (Within Last 7 Years)			Polio Shots (Within Last 2 Years)				
Tetanus Shot (Not Antitoxin)	+		An Electrocardiogram When				_
Hepatitis Vaccination	1						
			l History				
Do You	No	Yes	Do You Use Ne	ver Occ.	Freq.	D	aily
Exercise Adequately			Laxatives				
How?	<u> </u>	ļ	Vitamins			_	
Awaken Rested			Sedatives				
Sleep Well			Tranquilizers				
Average 8 Hours Sleep (Per Night)							
			Sleeping Pills			_	
Have Regular Bowel Movements			Sleeping Pills Aspirins				
Sex - Entirely Satisfactory							
			Aspirins				
Sex - Entirely Satisfactory			Aspirins Cortisone				
Sex - Entirely Satisfactory Like Your Work (Hours Per Day) □Indoors □Outdoors			Aspirins Cortisone Alcoholic Beverages				
Sex - Entirely Satisfactory Like Your Work (Hours Per Day) Indoors Outdoors Watch Television (Hours Per Day)			Aspirins Cortisone Alcoholic Beverages Tobacco: Cigarettes (Pks Per Day)				
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Five Points Health Center

Clinic Policies

Patient name: _

Five Points Wellness Center is a medical marijuana recommendation center. A visit to our center does not constitute a doctor-patient relationship for any other reason than to determine if a recommendation for medical marijuana is right for you.

Our doctors are alternative medicine specialist, practicing under their naturopathic or homeopathic and integrative medical licenses. The services we offer are not reimbursed by medical insurance, and we will not offer assistance with filing an insurance claim.

As a matter of policy, our doctors will not consult with you about your medical condition, other than to determine if you qualify for a recommendation for medical marijuana. All of the medical records you submit to us will be placed in your chart. Our doctors do not normally review any medical records older than twelve months. Our doctors will review your presented medical records for the past twelve months to determine if you qualify for a recommendation for medical marijuana. Your medical records will not typically be examined by us for any other diagnoses, disease, or conditions; and should be evaluated more thoroughly by your primary care physician. We reserve the right to consult with your physicians to inform them of your medical care.

I have been presented with a copy of the clinics "Notice of Privacy Policies", detailing how my information may be used and disclosed as permitted under federal and state law. I understand the contents of the Notice, and I place no additional restrictions concerning my personal medical information. I acknowledge that all of the information supplied by me in person and on the patient information forms is true and correct to the best of my knowledge.

Signed:

_____ Date:_____

(If patient is a minor - signature of parent/guardian)



Five Points Health Center

Medical Records Statement

Patient name: DOB:

The Arizona Department of Health requires our physicians to review your medical records, 1) including medical records from other treating physicians you may have seen in the past twelve months, 2) note your response to conventional medications and medical therapies, and 3) review your profile on the Arizona Board of Pharmacy Controlled Substances Prescription Monitoring Program Database; before we can recommend medical marijuana or cannabis for your debilitating medical condition.

The most common qualifying condition is severe and chronic pain; persisting for greater than three months, and severe enough to rate at least a number 7, 8, 9, or 10 (on a 0-10 scale). For pain that is less than severe and chronic, please see your primary care physician for treatment, and not a medical marijuana certification specialist.

Please check one of the boxes below:

□ I have not seen a physician within the past twelve months, so there are no medical records that exist from this time period. Any prescription(s) less than one year old that were submitted to the Arizona Prescription Monitoring Program Database are refills from an original doctor's prescription(s) written more than a year ago.

□ I have seen a physician within the past twelve months for which I have presented all my medical records that exist from this time period.

□ I have seen other physician(s) within the past twelve months. I do not have a complete set of medical records with me at this time. I will request to have them sent to your office before my next visit, or I will bring them into the office with me during my next visit.

Signed:		Date:	
	(If patient is a minor - signature of parent/guardian)		

Marijuana

What Is It?

Marijuana is a mixture of the fried and shredded leaves, stems, seeds, and flowers of the hemp plant. The mixture can be green, brown, or gray. Hemp's scientific name is Cannabis sativa.

A bunch of leaves seems harmless, right? But think again. Marijuana has a chemical in it called tetrahydrocannabinol. Better known as THC. A lot of other chemicals are found in marijuana too-about 400 of them, some of which can cause lung cancer. But THC is the main active ingredient.¹

What Are the Common Street Names?

There are more than 200 slang terms for marijuana including:

- Pot
- Herb
- Weed
- Boom
- Mary Jane
- Gangster
- Chronic
- Bud
- Sinsemilla, ganja,hashish and hash oil (stronger forms of marijuana).

How Is It Used?

Marijuana is used in many ways. Some users brew it as tea or mix it with food. Others smoke bluntscigars hollowed out and filled with the drug. And sometimes marijuana is smoked through a water pipe called a bong. The most common method is smoking loose marijuana rolled into a cigarette called a joint or nail.²

Short-term Effects of Using Marijuana

- Memory Problems
- Impaired Coordination
- Distortions in senses of sight, hearing, touch, time and depth.

Long-term Effects of Using Marijuana

- Increasing tolerance-The need for increasing amounts to feel effects.
- Permanent damage to thinking and reasoning ability.
- Chronic bronchitis, frequent chest colds, and pneumonia.
- Increased risk of lung or oral cancer.
- Weakened immune system.
- Damage to the reproductive system and infertility in both sexes.
- Miscarriage or brain damage to fetuses.

Addiction

Here's the thing: Once dopamine starts flowing, a user feels the urge to smoke marijuana again, and then again, and then again. Repeated use could lead to addiction, and addiction is a brain disease.

Smoking Marijuana Can Make Driving Dangerous

The cerebellum is the section of our brain that does most of the work on balance and coordination. When THC finds its way into the cerebellum, it makes scoring a goal in soccer or hitting a homerun pretty tough.

THC also does a number on the basal ganglia, another part of the brain that's involved in movement control.

These THC effects can spell disaster on the highway. Research shows that drivers on marijuana have slow reaction times, impaired judgment, and problems responding to signals and sounds on the road. In one study of 150 reckless drivers, 33 tested positive for marijuana.^{1,4}

Smoking Marijuana May Lead to Lung Cancer

The list of negative effects goes on and on. Smoking marijuana may increase the risk of heart attack. Smoking marijuana may cause lung cancercausing substances as tobacco. Plus, marijuana smokers tend to inhale more deeply and hold their breath longer than cigarette smokers do. So more smoke enters the lungs. Puff for puff, smoking marijuana may increase the risk of cancer even more than smoking cigarettes does.⁴

What About Medical Marijuana?

THC, the main active ingredient in marijuana, produces effects that potentially can be useful for treating a variety of medical conditions. It is the main ingredient in a pill that is currently used to treat nausea in cancer. It is the main ingredient in a pill that is currently used to treat nausea in cancer chemotherapy patients and to stimulate appetite in patients with wasting due to AIDS. Scientists are continuing to investigate other potential medical uses for cannabinoids.

However, smoking marijuana is difficult to justify medically because the amount of THC in marijuana is not always consistent. It would be difficultif not impossible –to come up with a safe and effective use of the drug because you could never be sure how much THC you were getting. Moreover, the negative effects of marijuana smoke on the lungs will offset the helpfulness of smoked marijuana for some patients.



Medical Marijuana Program Qualifying Patient Application Information

Please note that application information and other instructions may change. Please refer back to the ADHS website for the most current information.

Please read this information before beginning the application process.

- 1. Print and review the Qualifying Patient Checklist. This checklist will assist you in compiling the required information and supporting documentation in order to complete the online application process.
- 2. Visit the ADHS Medical Marijuana Frequently Asked Questions (FAQs) webpage for more detailed information and specifics regarding qualifying patients. <u>http://www.azdhs.gov/medicalmarijuana/faqs/</u>
- 3. Print the *Medical Marijuana Physician Certification* form from the ADHS website <u>http://www.azdhs.gov/medicalmarijuana/physicians/</u>. This form must be downloaded, taken to your physician, and completed. If there are any areas that are not completed, ADHS will not accept the application. <u>You **must** use this form for your application; no other forms will be accepted.</u>
- 4. Print, sign, and date the *Medical Marijuana Patient Attestation*. This form must be downloaded from the ADHS website at <u>http://www.azdhs.gov/medicalmarijuana/patients/adult.htm</u>
- 5. Before you begin your online application, you will need specific images and other documents (including those listed in #3 and #4 above) that must be uploaded with your application. The required documents and formatting instructions are listed in the Qualifying Patient Checklist.
- 6. Once all information and documentation from the Qualifying Patient Checklist has been obtained and properly formatted, you may begin the online application. Ensure all information is completed. After completing the fields, you will be prompted to upload the required documentation.
- 7. You will need a MasterCard or Visa to pay your application fee. A credit card, debit card, or pre-paid cards are accepted. Please note that application fees are non-refundable.
- 8. Once you have successfully paid the application fee, press "Continue" to return to the ADHS online system to print out your completed application. You should retain your application so it is accessible to you. You will need the application number and submission date for the system to find your application in the future.
- 9. Once successfully submitted through the ADHS online system, ADHS will review your application. If approved, you will receive an automatically-generated email indicating your approval. If more information is needed or the application has deficiencies, you will be notified and provided with further instructions on how to correct and resubmit your application.
- 10. Upon approval, your registry identification card will be mailed to you at the address you provided in the application.

*Designating a Caregiver

If you have designated a caregiver within the ADHS online system, your caregiver must also apply. Your patient application <u>must be completed and approved</u> before your designated caregiver can apply through the ADHS online system. Your caregiver will need your Patient Application ID #, your full name and date of birth in order to begin the application process. Please note that your caregiver must also submit fingerprints to ADHS through the U.S. Mail as part of his or her application. Please direct your caregiver to the appropriate section on the ADHS website for more information: <u>http://www.azdhs.gov/medicalmarijuana/caregivers/</u>.



Medical Marijuana Program Qualifying Patient Checklist

Please note that this checklist information and other instructions may change. Please refer back to the ADHS website for the most current information.

Print out and review this checklist **prior to** submitting your Qualifying Patient Application in the ADHS online system. This checklist will assist you in compiling the required information and supporting documentation. Application requirements are also outlined in Arizona Administrative Code (A.A.C.) R9-17-202.

You will be asked to enter the following information and submit the following supporting documents:

1. Application Information:
□ The patient's
□ First name; middle initial, if applicable; last name; and suffix, if applicable
\Box Date of birth
□ Gender
□ The identifying number on the applicable card or document (see Section 2 below for list of identification
requirements and options). The patient must also enter the ID type, issuing state, and issued date.
□ The patient's residential address and county.
□ The patient's phone number.
□ The patient's email address where confidential information can be sent (free email address website links are
provided within the application).
□ The patient's mailing address. Patient can check box if same as residential address.
□ The name, address, and telephone number of the physician attesting for the patient. This information must be
obtained from the Medical Marijuana Physician Certification form.
□ The physician's license number, physician license state, and license type. This must be obtained from the
Medical Marijuana Physician Certification form.
□ The patient's Qualifying Health Conditions that apply. This information must be obtained from the <i>Medical</i>
Marijuana Physician Certification form.
□ If the patient is designating a caregiver, the following <u>caregiver</u> information:
□ First name; middle initial, if applicable; last name; and suffix, if applicable
\Box Date of birth
□ Gender
□ Address and county where caregiver resides
□ Whether the patient is requesting authorization to cultivate marijuana plants.
□ If the patient designated a caregiver, if the caregiver is requesting to cultivate marijuana plants.
□ Whether the patient would like notification of any clinical studies needing human subjects for research on the
medical use of marijuana.
□ If the patient is eligible for the Supplemental Nutrition Assistance Program (SNAP), documentation required.
□ If the patient is homeless, an address where the patient can receive mail.
2. Documentation Needed for Uploading
• The current photograph must be an image file (JPG, PNG, or GIF file format). The other
supporting documents can be PDF documents or image files (JPG, PNG, or GIF file format). The
recommended file type is PDF.
• The size of the each file should not exceed 2MB.
\Box A current photograph of the patient. Photograph must be taken no more than 60 calendar days before the
submission of the application. Photograph must be capable of producing an image:

- 2 inches by 2 inches in size with minimum dimensions of 600x600 pixels and maximum dimensions of 1200x1200 pixels.
- In natural color
- That is a front view of the individual's full face, without a hat or headgear that obscures the hair or hairline, with a plain white or off-white background
- That has between 1 and 1 3/8 inches from the bottom of the chin to the top of the head

\Box A copy of the patient's:

- □ Arizona driver's license issued on or after October 1, 1996; **OR**
- □ Arizona identification card issued on or after October 1, 1996; OR
- □ Arizona registry identification card; **OR**
- □ Photograph page in the patient's U.S. passport; **OR**

□ An Arizona driver's license or identification card issued before October 1, 1996 **AND** one of the following:

- □ Birth certificate verifying U.S. citizenship
- □ U.S. Certificate of Naturalization
- □ U.S. Certificate of Citizenship

□ Signed and dated *Medical Marijuana Patient Attestation*. This must be downloaded from the ADHS website at <u>http://www.azdhs.gov/medicalmarijuana/patients/adult.htm</u>.

□ Physician-completed *Medical Marijuana Physician Certification Form*. This must be downloaded from the ADHS website at <u>http://www.azdhs.gov/medicalmarijuana/physicians/</u>.

□ SNAP documentation (if applicable): a copy of an eligibility notice or an electronic benefits transfer card demonstrating current participation in the U.S. Department of Agriculture Food and Nutrition Services, Supplemental Nutrition Assistance Program.

□ A valid and current Visa or MasterCard for payment. A credit card, debit card, or pre-paid cards are accepted.



ARIZONA DEPARTMENT OF HEALTH SERVICES MEDICAL MARIJUANA PROGRAM

MEDICAL MARIJUANA PATIENT ATTESTATION

I, _____, attest that:

I will not divert marijuana to any individual who or entity that is not allowed to possess marijuana pursuant A.R.S. Title 36, Chapter 28.1 and that the information provided in the application is true and correct.

Signature

Date Signed

We will use your health information for regular health operations.

For example: Members of the medical staff, the risk or quality improvement manager, or members of the quality improvement team may use information in your health record to assess the care and outcomes in your case and others like it. This information will then be used in an effort to continually improve the quality of care.

Business associates: There are some services provided in our organization through contacts with business associates. Examples include physician services in the emergency department and radiology, certain laboratory tests, billing services, and a copy service we may use when making copies of your health record. When these services are contracted, we may disclose your health information to our business associate so that they can perform the job we've asked them to do and bill you or your third-party payer for services rendered. To protect your health information, we require the business associate to safeguard your information.

Directory: Unless you notify us that you object, we will use your name, location in the facility, general condition for directory purposes. This information may be provided to people who ask for you by name.

Notification: We may use or disclose information to notify or assist in notifying a family member, personal representative, or another person responsible for your care, your location, and general condition.

Communication with family: Health professionals, using their best judgment, may disclose to a family member, other relative, close personal friend or any other person you identify, health information relevant to that person's involvement in your care or payment related to your care.

Research: We may disclose information to researchers when their research has been approved by an institutional review board that has reviewed the research proposal and established protocols to ensure the privacy of your health information.

Funeral directors: We may disclose health information to funeral directors consistent with applicable law to carry out their duties.

Organ procurement organizations: Consistent with applicable law, we may disclose health information to organ procurement organizations or other entities engaged in the procurement, banking, or transplantation of organs for the purpose of tissue donation and transplant.

Marketing: We may contact you to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you.

Food and Drug Administration (FDA): We may disclose to the FDA health information relative to adverse events with respect to food, supplements, product and product defects, or post marketing surveillance information to enable product recalls, repairs, or replacement.

Workers compensation: We may disclose health information to the extent authorized by and to the extent necessary to comply with laws relating to workers compensation or other similar programs established by law.

Public health: As required by law, we may disclose your health information to public health or legal authorities charged with preventing or controlling disease, injury, or disability.

Law enforcement: We may disclose health information for law enforcement purposes as required by law or in response to a valid subpoena.

Federal law makes provision for your health information to be released to an appropriate health oversight agency, public health authority or attorney, provided that a work force member or business associate believes in good faith that we have engaged in unlawful conduct or have otherwise violated professional or clinical standards and are potentially endangering one or more patients, workers or the public.

NOTICE OF PRIVACY POLICIES

Revision Number 1.0. January 2009

THIS NOTICE DESCRIBES HOW INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Introduction

At our clinic, we are committed to treating and using your protected health information responsibly. This Notice of Health Information Practices describes the personal information we collect, and how and when we use or disclose that information. It also describes your rights as they relate to your protected health information. This Notice is effective April 2003, and applies to all protected health information as defined by federal regulations.

Understanding Your Health Record/Information

Each time you are seen at our clinic, a record of your visit is made. Typically, this record contains your symptoms, examination and test results, diagnoses, treatment, and a plan for future care or treatment. This information, often referred to as your health or medical record, serves as a:

- Basis for planning your care and treatment,
- Means of communication among the many health professionals who contribute to your care,
- Legal document describing the care you received,
- Means by which you or a third-party payer can verify that services billed were actually provided,
- A tool in educating health professionals,
- A source of data for medical research,
- A source of information for public health officials charged with improving the health of this state and the nation,
- A source of data for our planning and marketing,
- A tool with which we can assess and continually work to improve the care we render and the outcomes we achieve,

Understanding what is in your record and how your health information is used helps you to: ensure its accuracy, better understand who, what, when, where, and why others may access your health information, and make more informed decisions when authorizing disclosure to others

Your Health Information Rights

Although your health record is the physical property of our clinic, the information belongs to you. You have the right to:

- Obtain a paper copy of this notice of information practices upon request,
- Inspect and copy your health record as provided for in 45 CFR 164.524,
- Amend your health record as provided in 45 CFR 164.528,
- Obtain an accounting of disclosures of your health information as provided in 45 CFR 164.528,
- Request communications of your health information by alternative means or at alternative locations,
 - Request a restriction on certain uses and disclosures of your information as provided by 45 CFR 164.522, and
 - Revoke your authorization to use or disclose health information except to the extent that action has already been taken.

Our Responsibilities

We are required to:

- Maintain the privacy of your health information,
- Provide you with this notice as to our legal duties and privacy practices with respect to information we collect and maintain about you,
- Abide by the terms of this notice,
- Notify you if we are unable to agree to a requested restriction, and
- Accommodate reasonable requests you may have to communicate health information by alternative means or at alternative locations.

We reserve the right to change our practices and to make the new provisions effective for all protected health information we maintain. Should our information practices change, we will mail a revised notice to the address you've supplied us, or if you agree, we will email the revised notice to you.

We will not use or disclose your health information without your authorization, except as described in this notice. We will also discontinue to use or disclose your health information after we have received a written revocation of the authorization according to the procedures included in the authorization.

For More Information or to Report a Problem

If have questions, please contact the practice's Privacy Officer/Office Manager for additional information.

If you believe your privacy rights have been violated, you can file a complaint with the practice's Privacy Officer or with the Office for Civil Rights, U.S. Department of Health and Human Services. There will be no retaliation for filing a complaint with either the Privacy Officer or the Office for Civil Rights. The address for the OCR is listed below:

Office for Civil Rights

U.S. Department of Health and Human Services 200 Independence Avenue, S.W. Room 509F, HHH Building Washington, D.C. 20201

Examples of Disclosures for Treatment, Payment and Health Operations

We will use your health information for treatment.

For example: Information obtained by a nurse, physician, or other member of your health care team will be recorded in your record and used to determine the course of treatment that should work best for you. Your physician will document in your record his or her expectations of the members of your health care team. Members of your health care team will then record the actions they took and their observations. In that way, the physician will know how you are responding to treatment.

We will also provide your physician or a subsequent health care provider with copies of various reports that should assist him or her in treating you once you're discharged from this hospital.

We will use your health information for payment.

For example: A bill may be sent to you or a third-party payer. The information on or accompanying the bill may include information that identifies you, as well as your diagnosis, procedures, and supplies used.