

Coach Green's

The Training Report



College Bound Athlete

Website Recruiting Research

Student-athletes (and their parents) who are interested in competitive sports beyond high school, need to learn the rules and understand the requirements for participation in collegiate athletics. I recommend starting the research process as early as the freshmen year of high school. Listed below are the websites that should be reviewed in detail including a brief description of each:

ncaa.org

NCAA.org is the website for the National Collegiate Athletic Association; which is the governing body for all NCAA athletic teams and divisions (*D1, D2, and D3*). There are more than 1000 schools and 435,000 student-athletes competing in the NCAA. This website contains a wealth of information including the rules; mission statements; athletic and academic requirements; recruiting calendar; conferences and school website information; types of scholarships offered; financial aid; and more.

ncaaeligibilitycenter.org

The website for the NCAA clearing house which performs final certification of amateur status including: the verification of transcripts, plus core curriculum and SAT requirements in relationship to GPA averages. Completing the eligibility requirements are mandatory rules for D1 and D2 athletic participation. D3 participation clearance is not required by the clearing house because college athletic scholarships are not allowed in this division; however each school in D3 performs their own academic and amateur review of athletes. Note: over 80% of division 3 schools are considered academically excellent to elite universities and colleges, and they do offer merit (*academic*) scholarships, stipends, grants, and financial aid.

naia.gov

NAIA.gov is the website for the National Association of Intercollegiate Athletics; which is the governing body for all NAIA athletic teams and divisions (*1 and 2*). There are almost 300 schools and 60,000 student-athletes competing in the NAIA.

playnaia.org

The clearing house for the NAIA including final certification of amateur status, the verification of grades, core curriculum, and SAT test scores are mandatory requirements for division 1 and 2 athletic participation.



njcaa.org

NJCAA.org is the website for the National Junior College Athletic Association; which is the governing body for all NJCAA athletic teams and divisions (1, 2, and 3). There are over 500 schools and 60,000 athletes competing in the NCJAA. They have an Eligibility Conner listed on this website with specific forms which must be completed by incoming athletes. The NCJAA also uses the NCAA Eligibility Center for obtaining final amateur certification, including transcripts and test score verification, which are requirements to be approved for college athletic participation.

collegeboard.org

The website for the non-profit membership association representing more than 5,900 colleges, universities, and schools, the College Board is a leader in national and international efforts to improve access and readiness to higher education. It is a very reputable service which conducts and reports PSAT, SAT, ACT, AP, and SAT subject II test scores to schools (*high schools, colleges, and universities*) and to the eligibility centers.

fafsa.ed.gov

The website for the Office of Federal Student Aid which is part of the U.S. Department of Labor provides grants, loans, and work-study funds for college or career schools. Millions of students, including athletes who do not have either a full athletic or academic scholarship, or the combination of the two, utilize this service to help pay for their college. There is more than \$150 billion available each year to help millions of students pay for their higher education.

In addition to my website recruiting research, go on-line to every university or college that interests you and review the following:

History of the University

Admissions Requirements

Application Dates

Majors and Minors Offered

Available Scholarships and Grants, plus Financial Aid

Recruiting Questionnaires

Position Coach and Recruiting Coordinator contact information

Head Coach and their History

Team Roster and Conference Affiliation

Elite Camps

Important Tips to Remember

Be proactive! It is not your high school coach's responsibility to help you get recruited. That said some will be helpful, but it is your responsibility to create as many opportunities as possible.

College coaches are only interested in varsity film highlights and elite team footage. They want to see you against the best competition.

It is the college position coach that sells you to the college head coach. The head coach typically will not meet with you unless you are being actively recruited.

An athletic college scholarship offer is only official and binding when the head coach sends it to you in written form, and you subsequently sign in writing.

An academic college scholarship offer is only official once you've been accepted into a university, and it is received in writing from the admissions department.

Often misunderstood, there is no such thing as a guaranteed four year scholarship. All college scholarships, both athletic and academic, are based on one year increments. They are renewable each year, provided the student-athlete meets the requirements of their scholarship, and the school honors their commitment.

Contact by any university alumni, outside of the acceptable NCAA time frame, is a violation of the rules. The NCAA considers it tampering. Unless you already know the alumni personally, do not talk with them, or accept any gifts from them.

Do not accept any money or gifts from any sports agent, or club coach, ever!

Never post anything on social media that portrays you in a negative light.

Receiving a "general" invitation to attend a sports camp does not mean you are being recruited! After you have been in contact with a coach that has expressed sincere interest in you, then that is a different story.

Blindly going to a camp or tournament without the recruiting coordinator and/or position coach expecting to see you is a waste of time.

College coaches seldom recruit a student-athlete based on their parent's affiliation with a school. The college coaches are simply trying to get the most talented student-athletes that fit well into their program, can help them win, and they have the ability to complete the academic requirements for graduation.

Only 3% of high school football, 3% of high school basketball, and 6% of high school baseball athletes move on to compete in college, on any level. That said only 10% of the student-athletes who compete in college, do so for a big NCAA Division One school.

Dream big but be a realist. Only 1 in 100,000 high school athletes (in a given sport) will ever play in the NFL, NBA, or for a Major League baseball team. Bottom line: Pick a university or college for their academics first! The sports program is the gravy. **GET YOUR DEGREE!**